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## From the Editor

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This issue heralds in the sixth year of WORK and a change from publishing four to six issues a year. The world of health care is changing, too. Practitioners are affected by its vulnerabilities as well as its strengths. Managed care contracting, insurance and legislative reform are currently at the forefront of this changing health care environment internationally. Practitioners must have a clear understanding of these issues and concepts, if they are to position their services appropriately and be prepared for the future. Change as a *constant* is something you can depend on!

Mary Kay Shenley wrote in her book, *She Taught Me to Eat Artichokes*, the following:

“We are most comfortable with the things we know the best. But if we always avoid the unfamiliar, how will we ever know what riches may be waiting for us deep within the heart!”

I encourage you all to embrace the challenge of change.

*Karen Jacobs*