

## From the Editor

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Although I am the editor of *WORK* and thoroughly enjoy reading all the articles published in the journal as well as other professional chapters, books and journal articles, I totally enjoy reading literary fiction, too. Some of my recent favorite books are: *Invention of Wings*, *Finding Nouf*, *All the Light We Cannot See*, *The Cookbook Collector*, *The Nightingale*, *The Rosie Effect*, *The Anatomy Lesson* and *The Third Son*. I find that balancing my professional reading with literary reading has many benefits which are supported by the evidence literature such as:

- Amplifying your creativity
- Helping you to be more empathic
- Building your vocabulary
- Providing strategies to approach new obstacles
- Improving social perception and emotional intelligence
- Making you more comfortable with ambiguity

Now, take a moment to put down your literary fiction to read articles in this issue of *WORK*. This issue contains 26 very interesting articles which will advance knowledge in a variety of areas such as: the validity, reliability, objectivity and accuracy of measuring devices; psychosocial stress on muscle activity during computer work; resilience and mindfulness as preventative factors for psychological distress burnout; construction fatality due to electrical contact; a systematic review in search of correlates and predictors of musician playing-related pain; the influence of body mass index (BMI) on movement efficiency among firefighters; cognitive functioning and employment among people with schizophrenia in vocational rehabilitation among many other topics.

As discussed in previous issues of *WORK*, we are starting *Learn at WORK*, a complimentary webinar

series that I will moderate. Each webinar provides a presentation by and conversation with authors whose evidence-based research article was published in *WORK*. The easy to access platform makes the webinars available globally. Here are the other upcoming *Learn at WORK* webinars:

- June 21, 2016 from 1-2pm EST – Dr. Sara Dockrell will discuss *An investigation of schoolbag-related musculoskeletal pain in the context of schoolbag weight limit guidelines*.
- August 25, 2016; 1-2pm EST – Dr. Phil Rumrill and Dr. Malachi Bishop will discuss *Employment and Community Living Issues for People with Multiple Sclerosis*.
- October 17, 2016; 1-2pm EST – Dr. Julie Keysor & Dr. Rawan Alheresh will discuss, *The Work-It Study for People with Arthritis: Study Protocol and Baseline Sample Characteristics*.
- December 8, 2016; 1-2pm EST – Dr. Tom Albin will discuss, *Computer Ergonomics: State of the Art*.

You can learn more about *Learn at WORK* at: <http://www.iospress.nl/journal/work/>

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As always, I welcome hearing from you.

All my best  
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