

# Evaluation of scattered radiation dose received by medical staff during uterine artery embolization in the operating room

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## Abstract.

**BACKGROUND:** The air kerma radiation doses have gained much attention since the operating room interventional radiology is a place where medical staff are exposed to a fluoroscopy environment and gain a cumulative dose during the uterine artery embolization procedure.

**OBJECTIVE:** We aimed to evaluate the radiation dose received by medical staff by applying a flat X-ray machine in the surgical room during uterine artery embolization.

**METHODS:** An ATOM humanoid model was laid on the operating table and simulated a patient. The scattered radiation dose received by the radiologist, anesthetist and radiologic technologist was evaluated. The scintillation detector was adopted. The measurement points were 50 cm, 100 cm and 150 cm above the floor, representing the limbs, abdomen and thyroid level, respectively. We compared the X-rays under different tube voltages of 70, 80, and 90, respectively and frames per second (FPS) of 30, 15, and 7.5, respectively. We configured the dose level per pulse of 40 nGy with a fixed detector.

**RESULTS:** In Section 1, when the tube voltage was 70 kVp and 7.5 FPS, the average radiation doses of limbs, abdomen and thyroid level was 0.48, 1.3 and 1.9  $\mu\text{Sv}/\text{min}$  respectively. When the tube voltage was 80 kVp and the fluoroscopy decreases from 30 FPS to 7.5 FPS, 58% of the radiation dose was reduced. When the tube voltage was 90 kVp, the radiation dose in the lead garment increased 31–177% in comparison to when the tube voltage was 80 kVp. Sections 2 and 3 were far away from the central ray, so the highest radiation dose 100 cm above the floor were 0.05 and 0.02  $\mu\text{Sv}/\text{min}$ .

**CONCLUSIONS:** Lead garment can effectively reduce medical staff from occupational doses with an average attenuation rate of 90%. 80 kVp was most commonly used. Fluoroscopy 7.5 FPS was used 100 cm above the floor in A section and the lowest radiation dose was 1.33  $\mu\text{Sv}/\text{min}$ . The operator should decrease the duration of X-rays or adopt suspended lead shielding to decrease the radiation dose received by the operator. When kVp increases, the penetration increases. Decreasing FPS cannot decrease occupational doses of medical staff.

Keywords: Interventional, uterine artery embolization, scattered radiation, radiation dosimeters

## 1. Introduction

Medical radiation is widely used in medical imaging diagnosis and treatment. With the development of the mobile X-ray imaging system, digital imaging can help doctors to make an instant diagnosis of discomfort in cardiopulmonary and chest, emphysema, hemothorax, cardiopulmonary resuscitation and

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follow-up care of intraoperative and postoperative patients [1]. Mobile X-ray equipment is commonly used in the normal ward, intensive ward and operating room, especially for patients who cannot leave the room [2–7]. However, the mobile X-ray can only produce a single image. The C-arm mobile X-ray can produce a dynamic image, and provide angiography in interventional operation. While using the C-arm mobile X-ray, medical staff needs to examine the X-ray and wear lead garments to protect themselves from radiation. In interventional therapy, medical staff cannot avoid scattered radiation. Though the amount of radiation is low, they can get a radiation injury during long-time exposure [8]. According to the International Commission on Radiological Protection (ICRP) Report No. 160 in 2006, medical radiation increased from 15% in 1980 to 45% [9], with 5% from diagnostic X-ray radiation and 50% from natural radiation. In 2008 in Taiwan, 551 out of every 1,000 people received X-ray radiation [10]. According to the Radiation Safety Standard, the annual radiation dose per person is exclusive of natural radiation and medical radiation. Annual natural radiation in Taiwan is 2mSv. According to the United National Scientific Committee on the Effects of Atomic Radiation (UNSCEAR), medical radiation accounts for 98.2% of artificial radiation. In 2007, ICRP set up three principles for radiation protection. First, the X-ray should be used legally and the use of retrospective image reduces fluoroscopy time. Second, radiation protection should be optimized, remind radiologists of the continuous fluoroscopy time, and radiation dose between patients and staff must be reduced. Third, radiation doses should be regulated, check whether staff members are wearing lead protective clothing and affix personal doses to the inside of the leading garment [11]. ICRP principles are on quantitative standard and optimized precondition. Since the risk is different in different radiation conditions, radiation protection changes accordingly. We must follow as low as reasonably achievable (ALARA) principle, and adopt the lowest X-ray dose to satisfy the required medical imaging examination [12,13]. Radiation technologists provide the best image parameters in the operating room operating X-ray machines. Thus, the radiation dose received by medical staff and patients can be reduced.

Uterine artery embolization (UAE) is an effective way to control postpartum hemorrhage [14,15]. The neonate will not be exposed to radiation exposure during uterine artery embolization examination. This experience led to the broader application of UAE as an alternative to surgery. Medical staff uses the C-arm mobile X-ray machine to conduct interventional therapy. Surgeon and medical staff occupation doses are strongly dependent on a number of factors, including the clinical condition of the patient, X-ray quality, fluoroscopy time and number of digital subtraction angiography (DSA) radiographs, physician skill and others. The measurement medical staff occupation doses usually use thermoluminescence dosimeters (TLD) and optically stimulated luminescence dosimeters (OSLD) but single examination of cumulative scattered radiation below in the protective clothing prevents dosimeter measurement [16]. However, there is no research on the radiation dose received by medical staff using the C-arm mobile X-ray machine during UAE, or scattered radiation data in different frames per second. Therefore, this research aims to evaluate radiation exposure of medical staff in UAE. We used a scintillation detector to simulate experiments with different X-ray sequences and tube voltages. The medical staff wore protective clothing, i.e. 0.5 mm-Pb-equivalent apron, thyroid collar and lead loaded glasses, which reduced the scatter radiation doses. This shows that radiation exposure levels can be reduced through the use of personal protective equipment.

## 2. Materials and methods

### 2.1. X-ray machines

The flat mobile X-ray machine was used in this study. The size of the screen is 30 × 30 cm. The

Table 1  
Phantom study estimation of the scattered radiation dose received by medical staff X-ray parameter set

| Parameter                                     | Set protocols |
|---|---------------|
| Detector pulse (nGy)                          | 40            |
| Tube voltage (keV)                            | 70; 80; 90    |
| Tube current                                  | Auto control  |
| Frames per second                             | 30; 15; 7.5   |
| Above the floor (cm)                          | 50; 100; 150  |
| Fluoroscopy time (s)                          | 60            |
| Background dose ( $\mu\text{Sv}/\text{min}$ ) | 0.0013        |

anode target angle is 10 degrees. We used 0.3 focus and 3 mm thickness for the aluminum flat filter and 75 kVp/0.1 mm of thickness for the copper.

## 2.2. ATOM phantom

In the present work, the CIRS ATOM female phantom (Model number 702-D, Computed Imaging Reference Systems Inc., Norfolk, USA) is an anthropomorphic. The selected prosthesis was female, with a height and weight of 160 cm and 55 kg, respectively. The prosthesis had no hands or feet and consisted of a human skeleton and soft tissues with densities similar to the human body, and was placed on an operating table for exposure to radiation.

## 2.3. Radiation dosimeters

We employed a radiation dosimeter AT1121 scintillation detector to test the scattered radiation received by the medical staff. The tube voltages were 70, 80, 90 kVp, respectively. The average power ranged between 35 to 45 kVp. The X-ray spectrum of 70 to 90 kVp spread from 0–80 keV, with most X-rays between 25 to 70 keV. Hence, the power in such conditions is about 1.0 to 1.2. In this work, 1.1 was adopted. The scintillation detector was checked by Taiwan Atomic Energy Committee Nuclear Energy Institute, so the accuracy of the data is guaranteed. On 24 July 2017, the adjusted value of this machine was 0.88, which means that the reading value should multiplied by 0.88 to get the real value. The minimum detectable dose of AT1121 scintillation detector is 50 nSv and the minimum dose rate is 50 nSv/h. The adopted dose we used in this work is 82 nSv for 65 minutes, so the background dose rate is 0.0013  $\mu\text{Sv}/\text{min}$ .

## 2.4. Experimental data for clinical exposure

This study was approved by the Chang Gung Memorial Hospital, Taiwan and approval was granted by the Chang Gung Hospital Institutional Review Board under number 201800590B0. All the data was collected in one surgery room at Kaohsiung Chang Gung Hospital, Taiwan. The ATOM female phantom laid on its back on the operating table, which was 100 cm above the floor, which was according to the clinical practice, radiologists' height and the minimum operating height of the C-arm X-ray machine. Theoretically, the operating bed height will affect the scattered radiation received at different heights of the medical staff. The density structure of the model's body is highly similar to the human bone and soft tissue, so it is commonly used for scattered radiation experiments [17,18]. Radiologist in Section 1, anesthetist in Section 2 and radiologic technologist in Section 3 received different doses of radiation so

Table 2

Estimated upper abdominal dose from 100 cm away from the ground, obtained dose of each point from the scintillation detector dose rate (DR), and predicted exposure dose to human tissue Personnel dose (PD) at Sections 1–3

| Location | kVp | 70  |      | 80   |      | 90   |      |      |
|----------|-----|-----|------|------|------|------|------|------|
|          |     | FPS | DR   | PD   | DR   | PD   | DR   | PD   |
| A        | 30  |     | 1.83 | 2.00 | 3.19 | 3.49 | 3.12 | 3.41 |
|          | 15  |     | 0.37 | 0.40 | 1.55 | 1.69 | 2.95 | 3.22 |
|          | 7.5 |     | 1.3  | 1.42 | 1.35 | 1.48 | 2.54 | 2.78 |
| B        | 30  |     | 0.01 | 0.01 | 0.02 | 0.02 | 0.05 | 0.05 |
|          | 15  |     | 0.01 | 0.01 | 0.03 | 0.03 | 0.05 | 0.05 |
|          | 7.5 |     | 0.01 | 0.01 | 0.02 | 0.02 | 0.05 | 0.05 |
| C        | 30  |     | 0.01 | 0.01 | 0.01 | 0.01 | 0.02 | 0.02 |
|          | 15  |     | 0.01 | 0.01 | 0.02 | 0.02 | 0.02 | 0.02 |
|          | 7.5 |     | 0.01 | 0.01 | 0.01 | 0.01 | 0.02 | 0.02 |

$\mu\text{Sv}/\text{min}$ .



Fig. 1. The distribution in the operating room. Sections 1 and 2 represent the scattered radiation received by the radiologist and anesthetist, respectively. Section 3 represents the scattered radiation received by radiologic technologist.

that the differences could be compared. They were 35 cm, 200 cm and 180 cm away from the central ray. As shown in Fig. 1, using the CIRS ATOM female phantom can represent the scattered radiation that is produced from the patient's X-ray. The mobile C-arm X-ray machine uses the automatic control parameter. The clinical examination tube voltage varied from 70 to 90 kVp, depending on the patient's figure. The tube voltage and current was automatically controlled. Fluoroscopy was set at 30 FPS. The tube voltage of the mobile C-arm X-ray machine was clinically set to 70, 80 and 90 kVp. Phantom study estimation of the scattered radiation dose received by medical staff X-ray parameter is listed in Table 1. The fluoroscopies are 30, 15 and 7.5 FPS and were configured with a fixed detector dose level per pulse of 40 nGy. The exposure doses were tested in three different body heights, 50 cm above the floor representing the legs, 100 cm above the floor representing the abdomen and 150 cm above the floor representing the thyroid. Simulative medical staff wear lead garments including protective collar, waistcoat and apron 0.5 mm of Pb equivalent. The area outside lead (OL) garment represents medical staff without protection, and inside lead (IL) garment represents medical staff with protection. We collected the scattered radiation dose of both garments.

Table 3  
Scattered radiation received by radiologist in different X-ray parameters

| Measure-<br>ment<br>location | FPS | kVp | cm  | Attenua-<br>tion<br>rate |             |     | kVp          | Attenua-<br>tion<br>rate |     |                | Attenua-<br>tion<br>rate |     |
|------------------------------|-----|-----|-----|--------------------------|-------------|-----|--------------|--------------------------|-----|----------------|--------------------------|-----|
|                              |     |     |     | OL                       | IL          | IL  |              | OL                       | IL  | IL             |                          |     |
| A                            | 30  | 70  | 50  | 15.09 ± 0.18             | 0.75 ± 0.01 | 95% | 90.72 ± 0.93 | 1.61 ± 0.01              | 98% | 127.54 ± 44.91 | 3.39 ± 1.26              | 97% |
|                              |     |     | 100 | 38.33 ± 1.56             | 1.83 ± 0.09 | 95% | 53.78 ± 2.88 | 3.19 ± 0.19              | 94% | 106.29 ± 38.59 | 3.12 ± 1.20              | 97% |
|                              |     |     | 150 | 3.90 ± 0.80              | 1.40 ± 0.03 | 64% | 9.41 ± 0.10  | 2.66 ± 0.20              | 72% | 17.50 ± 6.33   | 4.24 ± 1.55              | 76% |
|                              |     |     | 50  | 10.52 ± 0.11             | 0.61 ± 0.02 | 94% | 86.07 ± 1.74 | 1.66 ± 0.04              | 98% | 104.54 ± 7.96  | 3.52 ± 0.68              | 97% |
|                              |     |     | 100 | 13.02 ± 0.52             | 0.37 ± 0.04 | 97% | 11.66 ± 0.07 | 1.55 ± 0.01              | 87% | 85.26 ± 37.06  | 2.95 ± 1.08              | 97% |
|                              |     |     | 150 | 4.10 ± 0.25              | 1.70 ± 0.18 | 59% | 8.70 ± 1.01  | 4.06 ± 0.04              | 53% | 13.89 ± 4.97   | 4.13 ± 1.45              | 70% |
|                              | 7.5 | 70  | 50  | 9.38 ± 0.14              | 0.48 ± 0.02 | 95% | 12.43 ± 0.07 | 1.36 ± 0.08              | 89% | 12.73 ± 0.09   | 3.37 ± 0.77              | 74% |
|                              |     |     | 100 | 10.78 ± 0.14             | 1.30 ± 0.07 | 88% | 11.16 ± 0.16 | 1.35 ± 0.03              | 88% | 12.53 ± 4.33   | 2.54 ± 0.92              | 80% |
|                              |     |     | 150 | 11.78 ± 0.09             | 1.90 ± 0.06 | 84% | 6.52 ± 0.06  | 2.66 ± 0.09              | 59% | 10.80 ± 3.84   | 3.51 ± 1.22              | 68% |
|                              |     |     | 50  | 0.47 ± 0.00              | 0.06 ± 0.01 | 87% | 0.65 ± 0.02  | 0.08 ± 0.00              | 88% | 0.93 ± 0.33    | 0.12 ± 0.04              | 87% |
|                              |     |     | 100 | 0.85 ± 0.00              | 0.01 ± 0.00 | 99% | 1.24 ± 0.01  | 0.02 ± 0.00              | 98% | 1.74 ± 0.61    | 0.05 ± 0.02              | 97% |
|                              |     |     | 150 | 0.53 ± 0.00              | 0.02 ± 0.00 | 96% | 0.76 ± 0.00  | 0.04 ± 0.00              | 95% | 1.17 ± 0.41    | 0.07 ± 0.03              | 94% |
| B                            | 30  | 70  | 50  | 0.39 ± 0.01              | 0.02 ± 0.00 | 95% | 0.56 ± 0.00  | 0.05 ± 0.01              | 91% | 0.84 ± 0.30    | 0.09 ± 0.04              | 89% |
|                              |     |     | 100 | 0.78 ± 0.00              | 0.01 ± 0.00 | 99% | 1.27 ± 0.01  | 0.03 ± 0.00              | 98% | 1.70 ± 0.59    | 0.05 ± 0.02              | 97% |
|                              |     |     | 150 | 0.51 ± 0.01              | 0.02 ± 0.00 | 96% | 0.82 ± 0.00  | 0.03 ± 0.00              | 96% | 1.13 ± 0.39    | 0.07 ± 0.02              | 94% |
|                              |     |     | 50  | 0.31 ± 0.01              | 0.02 ± 0.00 | 94% | 0.55 ± 0.00  | 0.05 ± 0.00              | 91% | 0.74 ± 0.26    | 0.06 ± 0.02              | 92% |
|                              |     |     | 100 | 0.59 ± 0.01              | 0.01 ± 0.00 | 98% | 1.08 ± 0.00  | 0.02 ± 0.00              | 98% | 1.52 ± 0.53    | 0.05 ± 0.02              | 97% |
|                              |     |     | 150 | 0.37 ± 0.00              | 0.01 ± 0.00 | 97% | 0.71 ± 0.02  | 0.03 ± 0.00              | 96% | 0.94 ± 0.33    | 0.05 ± 0.02              | 95% |
|                              | 7.5 | 70  | 50  | 0.21 ± 0.01              | 0.03 ± 0.00 | 86% | 0.30 ± 0.01  | 0.07 ± 0.00              | 77% | 0.43 ± 0.15    | 0.08 ± 0.03              | 81% |
|                              |     |     | 100 | 0.18 ± 0.00              | 0.01 ± 0.00 | 94% | 0.28 ± 0.00  | 0.01 ± 0.00              | 96% | 0.40 ± 0.14    | 0.02 ± 0.01              | 95% |
|                              |     |     | 150 | 0.25 ± 0.00              | 0.01 ± 0.00 | 96% | 0.39 ± 0.01  | 0.02 ± 0.00              | 95% | 0.62 ± 0.22    | 0.05 ± 0.02              | 92% |
|                              |     |     | 50  | 0.15 ± 0.00              | 0.03 ± 0.00 | 80% | 0.25 ± 0.00  | 0.05 ± 0.00              | 80% | 0.33 ± 0.11    | 0.06 ± 0.02              | 82% |
|                              |     |     | 100 | 0.17 ± 0.00              | 0.01 ± 0.00 | 94% | 0.26 ± 0.00  | 0.02 ± 0.00              | 92% | 0.35 ± 0.12    | 0.02 ± 0.01              | 94% |
|                              |     |     | 150 | 0.23 ± 0.00              | 0.01 ± 0.00 | 96% | 0.40 ± 0.00  | 0.02 ± 0.00              | 95% | 0.54 ± 0.10    | 0.03 ± 0.01              | 94% |
| C                            | 7.5 | 70  | 50  | 0.11 ± 0.00              | 0.04 ± 0.00 | 64% | 0.22 ± 0.00  | 0.05 ± 0.00              | 77% | 0.29 ± 0.10    | 0.07 ± 0.03              | 76% |
|                              |     |     | 100 | 0.13 ± 0.00              | 0.01 ± 0.00 | 92% | 0.21 ± 0.00  | 0.01 ± 0.00              | 95% | 0.27 ± 0.09    | 0.02 ± 0.01              | 93% |
|                              |     |     | 150 | 0.18 ± 0.01              | 0.01 ± 0.00 | 94% | 0.33 ± 0.00  | 0.02 ± 0.00              | 94% | 0.46 ± 0.16    | 0.02 ± 0.01              | 96% |

Dose unit  $\mu\text{Sv}/\text{min}$ .

### 3. Results

The experiment was designed to analyze scattered dose received during UAE in different sections. The humanoid model received X-ray. Different heights of the medical staff model (50, 100 and 150 cm) simulate different parts of the body. Fluoroscopy was set at 30, 15, and 7.5 FPS, and tube voltages were set at 70, 80 and 90 kVp. Every tested point continuously received one-minute X-ray. The background radiation is 1.26 nSv/min specifically. Table 2 shows the scattered radiation exposure received by the radiologist in Section 1, on the right side of the patient, 35 cm from the central ray. When the wave sequence is 15 FPS, 100 cm above the floor, in 70 kVp, the exposure rate is lowest at 0.37  $\mu\text{Sv}/\text{min}$ ; in 80 kVp, the exposure rate is lowest at 1.55  $\mu\text{Sv}/\text{min}$ ; in 90 kVp, the exposure rate is lowest at 2.54  $\mu\text{Sv}/\text{min}$ . The exposure rate in all points ranges from 0.37 to 4.24  $\mu\text{Sv}/\text{min}$ . The scattered radiation exposure received by anesthetist in Section 2, on the head side of the patient, is 200 cm away from the central ray. The exposure rate in all points ranges from 0.01 to 0.09  $\mu\text{Sv}/\text{min}$ . The scattered radiation exposure received by the radiologic technologist in Section 3, on the left side of the patient, is 180 cm away from central ray. The exposure rate in all points ranges from 0.01 to 0.08  $\mu\text{Sv}/\text{min}$ .

Table 3 shows the scattered radiation received by the radiologist in Section 1, by the anesthetist in Section 2 and by the radiologic technologist in Section 3. The occupational exposure dose was accepted at different regions and x-ray tube voltage parameters.

### 4. Discussion

The clinical data of four patients from June 2015 to May 2016 was collected. The average duration of the X-ray in UAE is  $45.9 \pm 16.84$  minutes. Cine fluorography was used for all patients during the surgery. The anesthetist, radiologist and radiologic technologist wore lead garments. Other medical staff left the operating room to avoid scattered radiation. All participants followed the ALARA principles. According to Taiwan's radiation-related regulations in accordance with ICRP 103 report recommendations, medical staff should receive an effective dose of no more than 100 mSv in continuous five years, no more than 50 mSv in any single year, and no more than 500 mSv for skin, arms or legs relatively. In Taiwan, the background radiation is 3.5  $\mu\text{Sv}/\text{day}$ . Suppose no attenuation occurs when the photon goes into human body. In 80 kVp, 15 FPS condition, radiologist's abdomen received the most scattered dose of 4.44  $\mu\text{Sv}/\text{min}$ . As medical staff should receive an effective dose of no more than 50 mSv in any single year, they should not receive radiation for more than 187 hours in one year. If they do not receive radiation for more than 20 mSv, they can be exposed to radiation for 75 hours at most. The average total duration of an X-ray for one patient is 46 minutes. Calculating the maximum values of each section, the radiologist receives 204.24  $\mu\text{Sv}$ , the anesthetist receives 2.3  $\mu\text{Sv}$ , and the radiologic technologist receives 2.3  $\mu\text{Sv}$ . Compared with Section 1, Sections 2 and 3 receive much less exposure. The scattered radiation IL garment is lower than background radiation, so the anesthetist and radiologic technologist receive doses less than background radiation. According to the ICRP 116 report, the radiation dose for thyroid in one year should not be over 300 mSv [19]. The point 150 cm above the floor representing the thyroid received 4.63  $\mu\text{Sv}/\text{min}$  at most. So the radiologist can receive radiation for 1079 hours at most. Among the three sections, Section 1 was 35 cm away from central ray and has the highest exposure rate, while Section 2 is 200 cm away from central ray and has the lowest exposure rate. The intensity of the X-ray has an inverse relation with square of distance. The farther from the central ray, the less scattered radiation.

In Section 1 with 80 kVp 15 fs, the points 50 cm, 100 cm and 150 cm above the floor represent leg, abdomen and thyroid respectively. The scattered radiations OL garment on these points are 86.07, 11.66,

and 8.7  $\mu\text{Sv}/\text{min}$  respectively, while IL garment are 1.66, 1.55 and 4.06  $\mu\text{Sv}/\text{min}$ . Lead garment reduced 87%, 98% and 53% of scattered radiation. The protection rate of lead garment for the point 150 cm above the floor is 67%. The possible reason is that the head of the scintillation detector was not covered in lead garment. Increasing kVp and decreasing wave sequence cannot reduce exposure rate IL garment. The fluoroscopy of 7.5, 15 and 30 FPS was 1:2:4 at the first rate. However, in the same height of Section 1, the rate IL garment is 1:1.1:2.4 in 80 kVp at 100 cm above the floor. When the wave sequence changes from 15 to 7.5 in 80 kVp, the exposure rate reduces by 28% IL garment. When the same change happens in 90 kVp, the exposure rate does not change. Hence, in a high kVp condition, decreasing the wave sequence has no clear effect on radiologist in Section 1. In this work, we only used one type of lead garment. We did not compare the protection of lead garment with different thicknesses or materials. According to the literature, the downside to lead garment is that it is heavy. Researchers are developing lighter replacements and are evaluating protection of three kinds of other materials. The tests are conducted in the most common range of tube voltage (60 to 110 keV). In 70 keV, the penetration rate of 0.254 mm lighter material suit is 5.4% and 0.25 mm lead garment is 7.1%. In 100 keV, the penetration rate of 0.508 mm lighter suit is 5% and 0.5 mm lead garment is 4.9% [20]. In this work, we used 0.5 mm lead garment. The protection rates in 70, 80 and 90 kVp were 90%, 93% and 67% respectively. Generally speaking, 0.5 mm lead garment can effectively avoid X-ray from damaging the human body. The protection rate in the abdomen is 90% and the overall average rate is 83%.

There are limitations to this work. First, we manually set the kVp but could not change mA, so our fixed detector dose level per pulse was 40 nGy. Also, the thickness of the model was fixed. We could not evaluate how different thicknesses of the body could affect scattered radiation. However, the machine can adjust mA with kVp to make a proper X-ray. We adopted kVp from 70 to 90, and mA changes from 42 to 68. In clinical condition, we still used automatic tube current. Second, values of different points could not be collected in one exposure, because the scattered radiation IL garment in one minute is too little, TLD is designed to test discontinuous radiation dose in one month. The sensitivity of TLD-100H (LiF: Mg, Cu, P) is 1  $\mu\text{Gy}$ , which means that the error is serious in radiation doses less than 1  $\mu\text{Gy}$ . In Taiwan, background radiation of gamma ray is 3.5  $\mu\text{Gy}/\text{day}$ . Hence, if the radiation dose is lower than 1.0  $\mu\text{Gy}$ , the error will be serious and meaningless. Take Section 2 as an example, the radiation dose in one minute is 0.02  $\mu\text{Gy}/\text{min}$ . TLD cannot provide an accurate result. If we use TLD to measure scattered radiation, the duration should be over 50 minutes, which is harmful to the X-ray machine. Radiation dosimeters AT1121 scintillation detector can receive scattered radiation larger than 50  $\mu\text{Sv}$ , which makes it a good tool to detect low dose scattered radiation. Third, in the neck part, the radiation dose is higher, possibly because the head of AT1121 scintillation detector is not covered in lead garment. Fourth, the model used in this work does not have arms or legs, so the value of scattered radiation may fluctuate. But the result is still worth of reference.

## 5. Conclusions

The research results show the possible radiation dose that medical staff will receive in UAE. By comparing different X-ray scattered radiations in different sections, we learned that higher kVp has more force of penetration. Using 15 FPS in Section 1 was 70, 80, 90 kVp respectively, and protective clothing inside radiation dose was 0.37, 1.55, 2.95  $\mu\text{Sv}/\text{min}$  respectively. When the 0.5 mm-Pb-equivalent lead garment was set at 90 kVp, the X-ray attenuation capability was 88%. When the tube voltage was 70 kVp, the wave sequence was 15 FPS, and the exposure dose rate was 0.89  $\mu\text{Sv}/\text{min}$ . When the tube voltage was 80 kVp, the wave sequence was 7.5 FPS, and the exposure dose rate was 1.79  $\mu\text{Sv}/\text{min}$ . When the

tube voltage was 90 kVp, the wave sequence was 15 FPS, and the exposure dose rate was 3.53  $\mu\text{Sv}/\text{min}$ . The results of our work are useful as a reference for medical staff to get acquainted with exposure rates in different sections during UAE. The operator in Section 1 is suggested to reduce X-ray duration if the blood vessel locations are clear. Also, if the lifting lead shielding device is applicable in the operating room, it can also help reduce the exposure rate.

The average exposure time for UAE for a procedure was  $45.9 \pm 16.84$  minutes. 50 cm above the floor represented the legs, 100 cm above the floor represented the abdomen and 150 cm above the floor represented the thyroid. Radiologist doses to the upper abdomen surface in clothing inside radiation dose were 18.36, 77.56, 147.79  $\mu\text{Sv}$  respectively, at X-ray parameters at 80 kVp and 15 FPS.

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### Conflict of interest

None to report.

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