Liver function, quantified by the LiMAx test, as a predictor for the clinical outcome of critically ill patients treated with linezolid

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Abstract.

BACKGROUND: Critically ill patients commonly suffer from infections that require antimicrobial therapy. In previous studies, liver dysfunction was shown to have an essential impact on the dose selection in these patients. This pilot study aims to assess the influence of liver dysfunction, measured by the novel LiMAx test, on clinical outcomes in critically ill patients treated with linezolid.

METHODS: Twenty-nine critically ill patients were included and treated with linezolid. Indications for linezolid therapy were secondary or tertiary peritonitis (46.7%), bloodstream infection (6.7%) and 46.7% were other infections with gram-positive bacteria. Linezolid C_{min} , maximal liver function capacity (LiMAx test) and plasma samples were collected while linezolid therapy was in a steady-state condition. Furthermore, potential factors for the clinical outcome were investigated using logistic regression analysis. Clinical cure was defined as the resolution or significant improvement of clinical symptoms without using additional antibiotic therapy or intervention.

RESULTS: Cured patients presented lower median linezolid C_{min} yet a significantly higher mean LiMAx-value compared to the clinical failure group (1.9 mg/L vs. 5.1 mg/L) (349 μ g/kg/h vs. 131 μ g/kg/h). In the logistic regression model, LiMAx < 178 μ g/kg/h was the only independent predictor of clinical failure with a sensitivity of 77% and specificity of 93%.

CONCLUSIONS: The LiMAx test predicts clinical failure more precisely than linezolid trough levels in critically ill surgical patients. Therefore liver failure may have a stronger impact on the outcome of critically ill surgical patients than low linezolid C_{\min} . While linezolid C_{\min} failed to predict patient's outcome, LiMAx results were the only independent predictor of clinical failure.

Keywords: Linezolid, dosage, liver function test, clinical outcome

1. Introduction

Patients from the intensive care unit (ICU) frequently suffer from bacterial infections resulting in high

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mortality rates between 20% to 50% [1–5]. Thus, finding the optimal antimicrobial therapy with an appropriate dosage regime in ICU patients is of the utmost necessity to achieve a fast treatment response with high success rates.

Linezolid, an oxazolidinone antibiotic, remains an essential antimicrobial agent against most grampositive bacteria, including resistant strains, which are particularly frequent in intensive care units [6–10]. While reasonable data regarding a successful therapy with linezolid were obtained in less severely ill patients, clinical observations in ICU patients have shown treatment failure by up to 30%. Further, 15% to 30% of critically ill patients receiving linezolid, have suffered from adverse effects (e.g., elevated liver enzymes, gastrointestinal disturbances, haematological toxicity) [11–13].

Linezolid is metabolised non-enzymatically and enzymatically by liver enzymes into two major inactive metabolites [14,15]. The clearance of linezolid is approximately 65% non-renal, with up to 30% excreted unchanged in the urine [15]. Based on these data, a high variability of linezolid in patients with hepatic impairment is not expected. However, some studies showed a wide interindividual variability of linezolid plasma concentrations during treatment with the recommended flat dosing of 600 mg twice daily [11,16]. Moreover, patients with liver dysfunction are reported to have a significantly higher risk of developing side effects, which could contribute to inadequate antimicrobial treatment [17].

The role of the liver as a modulator of drug-pharmacokinetics is well known. Some previous studies reported an alteration in serum trough concentrations of antibiotics in patients suffering from liver dys-function [18–20]. Due to the lack of reliable liver function tests, no existing data can describe the impact of the degree of liver function on the pharmacokinetics of linezolid and the patient's clinical outcome. In a recent pilot study, we demonstrated pharmacokinetic variability in linezolid serum concentrations depending on hepatic function using the maximal liver function capacity (LiMAx test) [21]. Patients with LiMAx values in the normal range showed significantly lower linezolid serum concentration. In this prospective observational study, we therefore aim to evaluate the clinical outcome of critically ill patients treated with linezolid depending on the hepatic function. Furthermore, potential factors predicting the outcome of these patients were investigated using a logistic regression model.

2. Methods

2.1. Study design

The study was approved by the ethics review board of the Charité medical faculty in accordance with the provisions of the Declaration of Helsinki. Written informed consent was obtained from all participants or their responsible legal representatives prior to study inclusion (ethics board approval number EA4/022/13).

Patients from the surgical intensive care unit (SICU) of the Charité University Hospital were included in the study. Inclusion criteria were a medical indication (proven infection with suspected or proven involvement of gram-positive bacteria) for intravenous anti-infective therapy with linezolid and an age between 18 and 99 years. Exclusion criteria were an allergy against linezolid or methacetin, co-medication with substances metabolized by cytochrome P450 1A2 or with substances affecting the clearance of linezolid and missing informed consent.

Included patients (n = 29) were treated with the recommended standard dosing of 600 mg linezolid twice a day by an infusion duration of 30 min. In order to measure linezolid C_{min} in a steady state condition, the day of measurement and probe sampling was carried out ≥ 36 and < 72 hours after the first dosage of the drug. On the same day, a LiMAx test was performed, a serum sample, a 24-hours urine

sample and a dialysate sample in patients on continuous venovenous hemodialysis were taken and routine blood parameters were measured. The serum sample was obtained from a 10 mL blood sample drawn from a central venous or arterial line 15 min prior to administration of the next linezolid dose. Serum aliquots were stored at -80° C after centrifugation at 4000 rpm for 5 min within one hour after blood sampling. Serum linezolid concentrations were determined using a previously described high-performance liquid chromatography method (HPLC) [22]. The target concentration range for linezolid C_{min} was defined according to recently published findings. The lower threshold of the target concentration range was set as 2 mg/L and the upper threshold was set at 8 mg/L [11,16]. Biochemical parameter of the liver function such as aspartate aminotransferase (AST), alanine aminotransferase (ALT), gamma-glutamyl transferase (GGT), pseudocholinesterase (PCHE), glutamate dehydrogenase (GLDH), total bilirubin, lactate, platelets count and international normalized ratio (INR) were evaluated at the beginning of the therapy as a baseline and on the day of measurement. Patients' severity of illness was investigated using the Acute Physiology and Chronic Health Evaluation (APACHE II) score [23], the Sepsis Organ Failure Assessment (SOFA) score [24], the Simplified Acute Physiology Score II (SAPS II) [25] and Model for End-Stage Liver Disease (MELD) [26,27]. Demographic and clinical characteristics presumably affecting linezolid therapy such as age, sex, Body mass index (BMI), creatinine clearance ($CL_{CR} = (C_{urine} * V_{urine}) : C_{serum}$ corrected according to the body surface area obtained from the height and weight of the patient) and albumin level score were investigated.

2.2. LiMAx

The LiMAx test was performed using the FLIPTM Analyzer (Humedics GmbH, Berlin, Germany). ¹³C-labelled methacetin was injected intravenously (2 mg/kg body weight). The substrate was metabolized by the liver enzyme cytochrome P450 1A2 into acetaminophen and ¹³C-labelled C, which was then transported into the lungs and exhaled as ¹³CO₂. From the exhaled breath, a baseline of the patient's individual ¹³CO₂/¹²CO₂ ratio was detected and the Liver function capacity was calculated from the kinetic analysis of ¹³CO₂:¹²CO₂ ratio over a period of 60 minutes. The normal range was defined as > 31 µg/kg/h [28,29].

2.3. Determination of clinical outcome

Clinical outcome was assessed until seven days after the end of therapy. Clinical cure was defined as the resolution or significant improvement of clinical symptoms evaluated by an intensivist compared to the beginning of therapy such that no additional antibiotic therapy or intervention was necessary [30,31]. Clinical failure was defined as death due to treated infection, persistence or recurrence of infection during linezolid therapy (inadequate response) and new or persistent symptoms at least 7 days after the end of therapy. The need for a change in antibiotic therapy due to adverse effects or clinical worsening and a positive culture for gram-positive bacteria at the site of primary infection reported at the end of therapy was also considered a clinical failure [32]. An uncertain outcome was recorded when there was insufficient information available to determine the outcome or the patient died from causes other than an infection.

2.4. Statistical analysis

Patients were divided into two groups determined by their clinical outcome. Continuous variables are shown as the median and interquartile range. Categorical variables were investigated with Fisher's exact test and are shown as frequencies. Depending on the distribution, tested by the Kolmogorov-Smirnov

test in combination with the Shapiro-Wilk test, comparisons between clinical failure and clinical cure were performed using the Mann-Whitney U test or the independent test for non-connected samples. A P-value of < 0.05 was considered statistically significant.

Variables related to the clinical outcome were analyzed by univariate analysis using Pearson's chisquared test. Multivariable logistic regression was performed on candidate predictor variables to identify independent risk factors for clinical cure. The receiver operating characteristic (ROC) curve was applied to calculate the best cut-off value of minimum LiMAx during linezolid therapy for the prediction of clinical outcome. Further ROC-curve analysis was performed on Bilirubin, Platelet count and INR in order to compare it with the LiMAx ROC-curve. Statistical analysis was performed with SPSS Statistics 22 (SPSS Inc., Chicago, IL, USA).

3. Results

3.1. Demographic and characteristics of patient groups

A total of twenty-nine patients were observed in our clinical study. Twenty-eight patients were divided into two arms according to their evaluated clinical outcome. One remaining male patient (age 61 years) was documented as the indeterminate response due to death from reasons outside of infection. Fifteen patients were cured of the infection (11 males, 4 females, median age 57 years) and therefore included in the clinical cure group. Thirteen patients (7 males, 6 females, median age 71 years) showed a treatment failure and were included in the clinical failure group. In almost 47% of the patients, the indication of linezolid therapy was secondary or tertiary peritonitis, in nearly 7% a bloodstream infection and in the rest of the patient' other source of infection was detected (46.7%). Gram-positive bacteria were observed in 89.3% of the patients, while in 28.6% of all cases a co-infection with multidrug-resistant gram-negative bacteria (MRGN) was observed (Table 1).

No significant differences were observed between the two groups at the beginning of therapy regarding disease severity (SOFA-, SAPSII-, APACHEII score), gamma-glutamyl transferase (GGT), white blood cells count (WBC), platelet counts and serum creatinine. Patients with clinical failure showed significantly higher values for age, lactate, total bilirubin, aspartate aminotransferase (AST), alanine aminotransferase (ALT) and MELD score. The baseline characteristics of both groups are shown in Table 1.

3.2. Comparisons of liver function and linezolid serum concentration depending on the clinical outcome

Patients with clinical cure had a mean LiMAx-value of 349 μ g/kg/h (normal range > 315 μ g/kg/h). LiMAx-values in the clinical failure group were significantly lower with a mean value of 131 μ g/kg/h (p < 0.01). Platelet counts, lactate blood levels, INR and total bilirubin, showed a significant difference between the two arms with higher values in the clinical failure group (p < 0.001). AST (p = 0.062), ALT (p = 0.146), GGT (p = 0.928), PCHE (p = 0.247) and GLDH (p = 0.096) were not significantly different in the two groups. Mean CL_{CR} in the clinical cure group was significantly higher than in the clinical failure group (87.3 mL/min vs. 29.4 mL/min, p = 0.006) (Table 2).

The median linezolid C_{min} in the clinical cure group was lower compared to the clinical failure group (1.9 mg/L vs. 5.1 mg/L, n. s.). Whilst median C_{min} in the clinical cure group was under the lower range, median C_{min} in the clinical failure group remained within the therapeutic range (2 mg/L–8 mg/L). In the clinical cure group, 54% of linezolid C_{min} was found outside the therapeutic range (47% < 2 mg/L and 7% > 8 mg/L). In the clinical failure arm, 60% of linezolid C_{min} was found outside the therapeutic range (30% > 8 mg/L and 30% < 2 mg/L) (Fig. 1).

Baseline charact	tensues before start of fi	nezonu merapy	
	Clinical cure	Clinical failure	$P^{\mathrm{a,b,c}}$
Patients (<i>n</i>)	15	13	
Age (y)	57 (50-62)	71 (63.0-80.5)	0.004°
Gender (m/f)	11/4	7/6	0.433 ^b
BMI (kg/m^2)	24.2 (20.3-27.8)	26.8 (24.4-30.5)	0.442 ^c
Lactate (mmol/L)	0.92 (0.67-1.29)	2.11 (1.27-3.50)	0.019 ^c
INR	1.37 (1.20–1.43)	1.37 (1.24–1.99)	0.060°
Total bilirubin (mmol/L)	0.03 (0.01-0.06)	0.17 (0.05–0.36)	0.002^{a}
Platelet counts (/nL)	254.0 (202.0-369.0)	103.0 (43.5–311.0)	0.072 ^c
AST (IU/L)	36.0 (30.0-64.0)	85.0 (56.5-215.5)	0.006^{a}
ALT (IU/L)	25.0 (17.0-36.5)	39.0 (28.5–139.0)	0.043 ^a
GGT (IU/L)	152.0 (29.0-328.0)	120.0 (54.5-267.0)	0.964 ^a
WBC (/nL)	16.01 (9.34-26.10)	17.67 (11.17-31.45)	0.464 ^c
CRP (mmol/L)	7.72 (5.22–14.87)	11.25 (3.34–12.30)	0.418^{a}
Serum creatinine (mmol/L)	0.04 (0.03-0.07)	0.08 (0.05-0.14)	0.280°
MELD-score	13 (9–16)	24 (10-30)	0.017 ^c
SOFA score	12 (8-12)	11 (8–16)	0.519 ^a
SAPS II score	70 (37–78)	69 (58-85)	0.350^{a}
APACHE II score	32 (19-33)	28 (26-37)	0.519 ^a
Indication for linezolid, <i>n</i> (%)			
Secondary peritonitis	6 (40)	5 (38.5)	> 0.99
Tertiary peritonitis	1 (6.7)	3 (23.1)	0.625
Blood stream infection	1 (6.7)	1 (7.7)	> 0.99
Other	7 (46.7)	4 (30.7)	0.549
Microbiological isolate, n (%)			
Enterococcus faecalis	2 (13)	2 (15.4)	> 0.99
Enterococcus faecium	1 (6.7)	1 (7.7)	> 0.99
Gemella sp,	1 (6.7)	0 (0)	> 0.99
Lactococcus lactis	1 (6.7)	0 (0)	> 0.99
MRSA	0 (0)	1 (7.7)	> 0.99
Staphylococcus epidermidis	2 (13)	0 (0)	0.500
Streptococcus mitis	2 (13)	0 (0)	0.500
Streptococcus salivarius	2 (13)	0 (0)	0.500
VRE	2 (13)	8 (61.5)	0.109
MDRGN	5 (33)	3 (23.1)	0.727
Co-treatment, n (%)			
Colistin	0 (0)	1 (7.7)	> 0.99
Meropenem	15 (100)	13 (100)	> 0.99
Tobramycin	0 (0)	1 (7.7)	> 0.99

	Table 1	
Baseline characteristics	before start	of linezolid therapy

Data are presented as median and interquartile range (25th to 75th percentile) or frequencies. BMI: Body mass index; INR: International normalized ratio; AST: Aspartate aminotransferase; ALT: Alanine aminotransferase; GGT: Gamma-glutamyl transferase; WBC: White blood cell count; CRP: C-reactive protein; MELD: Model for end-stage liver disease; SOFA: Sequential organ failure assessment; SAPS: Simplified acute physiology score; APACHE II: Acute physiology and chronic health evaluation; MRSA: Methicillin-resistant staphylococcus aureus; VRE: Vancomycin-resistant enterococci; MDRGN: Multidrug-resistant gramnegative bacteria. ^aMann-Whitney-U-test; ^bFisher's-exact-test; ^cIndependent-*t*-test.

3.3. Independent predictors of clinical deterioration

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The univariate analysis showed that LiMAx-value (p < 0.01), creatinine clearance (p < 0.01), platelet counts (p < 0.01), lactate (p < 0.01), total bilirubin (p = 0.03) and linezolid C_{min} (p = 0.03) were associated with the clinical outcome of the patient cohort (Table 3). The correlated matrix of potential predictors was examined to ensure that there was no collinearity of independent variables within each

Table 2 Comparisons between patients with clinical cure and clinical failure ≥ 36 and < 72 after beginning of linezolid therapy

	Clinical cure $(n = 15)$	Clinical failure $(n = 13)$	$P^{\mathrm{a,b}}$
LiMAx (µg/kg/h)	326 (204–444)	131 (60–190)	0.000^{b}
Lactate (mmol/L)	0.67 (0.50-0.94)	1.67 (0.94–3.44)	0.000^{b}
INR	1.25 (1.14-1.35)	1.39 (1.22–1.94)	0.043 ^b
Total bilirubin (mmol/L)	0.03 (0.02-0.04)	0.23 (0.07-0.38)	0.003 ^a
Platelet count (/nL)	219 (168-274)	72 (33–175)	0.001 ^b
AST (IU/L)	52 (27-88)	102 (47–304)	0.062^{a}
ALT (IU/L)	27 (19–67)	45 (24–143)	0.146^{a}
GGT (IU/L)	218 (48–511)	283 (53–346)	0.928 ^a
PCHE (kU/L)	2.5 (1.7-2.8)	2.6 (1.6–3.9)	0.247^{b}
GLDH (IU/L)	8.1 (3.8–26.8)	24.4 (6.6–124.4)	0.096 ^b
MELD-score	10 (9–17)	28 (10-33)	0.046^{a}
Linezolid C_{\min} (mg/L)	1.9 (0.5-3.9)	5.1 (1.8–9.1)	0.720^{b}
Creatinine clearance (mL/min)	86.40 (38.70-114.20)	11.50 (1.85-42.00)	0.006^{b}
Duration of therapy (days)	10 (7–14)	10 (9–14)	0.677 ^b
SOFA score	14 (12–19)	14 (10–18)	0.767^{a}
SAPS score	80 (68–95)	79 (68–92)	1.000^{a}

Data are presented as median and interquartile range (25th to 75th percentile). LiMAx: Maximal liver function capacity; INR: International normalized ratio; AST: Aspartate aminotransferase; ALT: Alanine aminotransferase; GGT: Gammaglutamyl transferase; PCHE: Pseudocholinesterase; GLDH: Glutamate dehydrogenase; MELD: Model for end-stage liver disease; SOFA: Sequential organ failure assessment; SAPS: Simplified acute physiology score. ^aMann-Whitney-U-test, ^bIndependent-*t*-test.

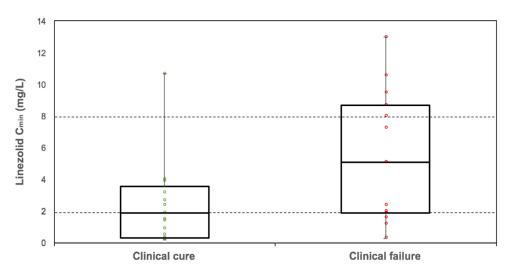


Fig. 1. Linezolid serum trough concentration depending on clinical outcome. Data are presented as box-and-whisker plots showing median with interquartile range. Linezolid overlaid with dot plot of the linezolid trough serum concentration of each patient belong to each group. Dotted lines define the lower and upper plasma target range.

other. Variables and interaction terms were analyzed in the multivariable binary logistic regression using the stepwise method.

The final multivariable binary logistic regression model found only the LiMAx test as an independent predictor of clinical cure (Table 3). The Omnibus tests of model coefficients indicated that this model was

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Predictors associated with clinical outcome					
	Univariate analysis	Multivariate analysis			
	Sig.	OR	CI 95%		Sig.
			Upper	Lower	
Linezolid C _{min} (mg/L)	0.03				
LiMAx value (μ g/kg/h)	< 0.01	1.022	1.003	1.042	0.025
Platelet count (cells/nL)	< 0.01				
Lactate (mg/dL)	< 0.01				
Billirubin (mg/dL)	0.03				
INR	0.03				
Cl _{Cr} (mL/min)	< 0.01				

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Table 3
Predictors associated with clinical outcome

LiMAx: Maximal liver function capacity; INR: International normalized ratio; Cl_{Cr}: Creatinine clearance.

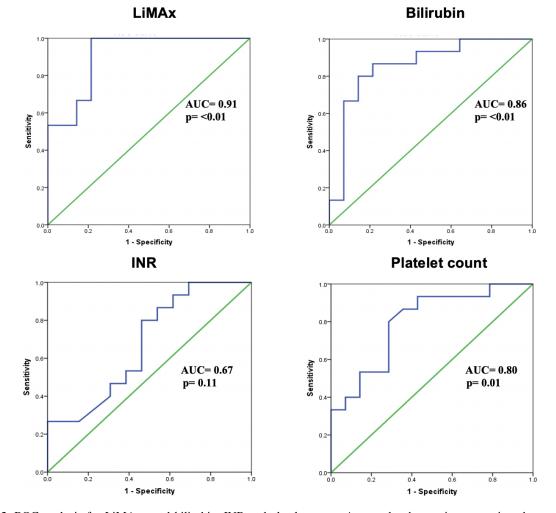


Fig. 2. ROC analysis for LiMAx, total bilirubin, INR and platelet count. Area under the receiver operating characteristic (AUROC) of LiMAx is 0.903 ± 0.6 (95% CI 0.787–1.00, p < 0.01). A LiMAx value $< 177 \mu g/kg/h$ show a sensitivity of 77% and a specificity of 93% to detect clinical failure in critically ill patients treated with linezolid.

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statistically significant (Chi-square = 21.367, p < 0.01). Nagelkerke R square statistic showed that 71% of the variance of clinically cured patients treated with linezolid was predicted from LiMAx-value and the classification table revealed 86% of subject outcomes predicted correctly. Due to model calibration, the Hosmer and Lemeshow test showed a Chi-square of 3.714 (p = 0.812) suggesting that the model fits the data well.

The ROC and AUROC of LiMAx-value to predict early clinical deterioration were then constructed. The AUROC was 0.903 (96% CI 0.787–1.00) and the area under the curve was significantly different (p < 0.01), which was larger and more predictive than Bilirubin, platelet count and INR. This means that the logistic regression classifies the clinical outcome of the studied patients substantially better than by chance. Regarding the Youden index determination, LiMAx-value < 178 µg/kg/h gave the best sensitivity (77%) and specificity (93%) to predict clinical failure with linezolid therapy (Fig. 2).

4. Discussion

The present study investigated the correlation between enzymatic liver function, based on the LiMAx test, linezolid C_{min} and clinical outcome in critically ill surgical patients. The results clearly show that severe liver dysfunction leads to clinical failure in the vast majority of patients. There is also evidence that clinical outcome does not primarily depend on the linezolid Cmin, but on organ failure. Clinically cured patients showed significantly higher LiMAx values in comparison with those patients who experienced clinical failure. Interestingly, patients with higher LiMAx results presented in 47% linezolid C_{min} below the lower therapeutic range of 2 mg/L. However, these patients showed a better clinical outcome than patients with higher linezolid levels. The impact of linezolid Cmin on patient's outcome is not adequately described in the current literature. Most data investigating linezolid concerning clinical cure found a relationship between the 24-h area under the concentration-time curve to minimum inhibitory concentration (AUC24/MIC) ratio and clinical progress [33-35]. Only Dong and colleagues demonstrated that linezolid $C_{min} > 2 \text{ mg/L}$ resulted in a bacterial eradication of > 80%. However, the focus of their study was the investigation of linezolid therapy related thrombocytopenia [36]. One possible explanation in our research is the predominantly abdominal site of infection. Intra-abdominal infections are polymicrobial and Enterobacteriaceae, which are gram-negative pathogens, have the main impact on the clinical progression of the infection. Gram-positive bacteria (e.g., Enterococcus spp.) are often involved in nosocomial infections [37]. The results lead to the conclusion that in our patient group linezolid therapy of gram-positive strains was not the primary determinant of clinical outcome, rather than organ failure.

Ide and colleagues showed that patients with preserved renal function revealed lower linezolid C_{min} than patients with renal dysfunction or renal replacement therapy (1.95 µg/ml vs. 13.6 µg/ml vs. 13.7 µg/ml). Although they did not investigate clinical cure in their study, the authors concluded, that a dosing adjustment may be proposed to enhance treatment success [34]. Our findings are in line with these data. We found a significant lower CL_{CR} in patients with clinical failure and higher linezolid C_{min} (CL_{CR} 11.5 ml/min vs. 86.4 ml/mi; 5.1 mg/L vs. 1.9 mg/L).

Several research groups found substantial interindividual variability in the pharmacokinetics of linezolid, particularly in critically ill patients. While most authors described a relationship between linezolid drug levels and renal function, none of the studies investigated the findings systematically due to liver failure [15,38,39]. However, non-renal clearance accounts for approximately 65% of the total clearance of linezolid and the influence of liver function on linezolid pharmacokinetic is highly suspected [40]. In our previous study, we could demonstrate that liver dysfunction, measured by the LiMAx test, explained 30% of the interindividual variability in linezolid clearance. These findings showed precisely the correlation between liver function and linezolid pharmacokinetic [21].

Linezolid therapy is associated with thrombocytopenia and the results of several studies indicated that linezolid-associated thrombocytopenia mainly occurred in patients with higher linezolid C_{min} [31,41–43]. The mechanism of linezolid-related thrombocytopenia is not well-understood. One hypothesis is a direct toxicity of linezolid toward hematopoietic cells [44]. Since the formation of PNU-142586, one major metabolite of linezolid, is inhibited in severe liver-insufficient patients [45,46], Sasaki and colleagues presume an inhibition of the hepatic metabolism of PNU-142586 and a blocking of active transfer of linezolid to hepatocytes. They concluded that a low linezolid clearance in patients with liver failure causes linezolid accumulation in blood, resulting in a decrease in platelet count [47].

Zhang and colleagues described an elevated risk of linezolid-associated thrombocytopenia in patients with acute-on-chronic liver failure. They concluded that severe liver failure reduces the clearance of linezolid by about 50%. This leads to an increase of free linezolid in plasma and tissue with a higher risk for developing thrombocytopenia as a toxic side effect [17]. In the present study, patients of the clinical failure group revealed significantly lower platelet counts in comparison with patients of the clinical cure group (72/nL vs. 219/nL, p = 0.001). Interestingly, patients with clinical failure demonstrated significantly higher values for lactate (1.67 mmol/L vs. 0.67 mmol/L, p < 0.001), total bilirubin (0.23 mmol/L vs. 0 mmol/L, p = 0.003), INR (1.39 vs. 1.25, p = 0.043), MELD score (28 vs. 10, p = 0.046) and especially LiMAx (131 μ g/kg/h vs. 326 μ g/kg/h). Further, differences regarding thrombocytopenia between the two groups were also observed at baseline (103/nL vs. 254/nL, p = 0.072). In addition to the assumed toxicity of linezolid, these results indicate a relationship between liver failure and thrombocytopenia. Grau and colleagues observed a higher risk to develop anemia and thrombocytopenia in patients on linezolid therapy with lower pre-treatment haematological values [48]. Dong and colleagues showed that lower baseline platelets are related to linezolid-associated thrombocytopenia. They concluded that linezolid Cmin between 2 and 6.3 mg/L may be the optimal dosage to achieve appropriate efficacy and avoid thrombocytopenia [36]. Linezolid C_{min} in the present study revealed mean values < 6.3 mg/L in the clinical failure group. Despite relatively low linezolid C_{min} patients demonstrated low platelet counts. Combined with the remarkable liver dysfunction in this group and low platelets at baseline, one possible explanation is that liver dysfunction was the main determinant for thrombocytopenia. Other authors described the association of chronic liver diseases and linezolid-related thrombocytopenia [17,49]. The impact of acute liver failure on platelet count in patients under linezolid therapy is not described so far. In the present study, patients with liver dysfunction developed acute liver failure based on the severity of illness. In many cases, acute liver failure itself leads to thrombocytopenia [50,51]. Our results indicated low platelet counts under linezolid therapy even with mean linezolid C_{min} in the normal range. These data indicate a relationship between liver dysfunction and thrombocytopenia under linezolid therapy. Since the LiMAx test is a reliable tool to determine liver function, we can conclude from our results that the influence of linezolid on thrombocytopenia may be overestimated and rather a result of liver failure.

Several studies showed the LiMAx test as a reliable tool to quantify liver dysfunction in different clinical settings including critically ill patients [28,52–54]. In summary, the findings revealed the LiMAx test being superior for predicting liver dysfunction compared to conventional liver function tests (e.g. dynamic indocyanine green test or static tests like bilirubin, INR, lactate etc.). Since the LiMAx test is a new diagnostic tool to measure the dynamic liver function, the costs are significantly higher than those of conventional tests (LiMAx test \in C 320 = approx. \$ 370). A cost effective study comparing the LiMAx test are superior to static tests for assessment of liver function and early and reliable detection of liver dysfunction may lead to an enhanced therapy with a shorter duration of stay in the ICU or hospital [55].

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There were several limitations to our study. First, the relatively small sample size (a total of 29 patients). Second, the uncontrolled nature of the study may include the risk of bias. Third, the small number of patients did not permit compelling statistical comparisons between groups. Therefore, future prospective studies that include pharmacokinetic analysis will be indispensable for determining the optimal individual linezolid strategy.

5. Conclusion

In patients with polymicrobial abdominal infections under linezolid therapy, the LiMAx test, as a marker of organ failure, can predict clinical failure more precisely than linezolid trough levels. Second, the influence of linezolid toxicity may be overestimated concerning thrombocytopenia. In critically ill patients, the impact of liver failure on the development of thrombocytopenia may be more relevant. Further prospective studies, investigating the correlation between linezolid, liver function and clinical outcome with a PK/PD design, are warranted to elucidate this issue.

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Conflict of interest

MS is the inventor of the LiMAx test and has the capital interest in Humedics GmbH (Berlin, Germany), the company marketing the LiMAx test. The remaining authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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