

Effect of aging on 5-hydroxymethylcytosine in the mouse hippocampus

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Abstract. Purpose: Aging is believed to affect epigenetic marking of brain DNA with 5-methylcytosine (5mC) and possibly via the 5mC to 5-hydroxymethylcytosine (5hmC) conversion by TET (ten-eleven translocation) enzymes. We investigated the impact of aging on hippocampal DNA 5-hydroxymethylation including in the sequence of aging-susceptible 5-lipoxygenase (5-LOX) gene.

Methods: Hippocampal samples were obtained from C57BL6 mice. Cellular 5hmC localization was determined by immunofluorescence. The global 5mC and 5hmC contents were measured with the corresponding ELISA. The 5-LOX 5hmC content was measured using a glucosyltransferase/enzymatic restriction digest assay. TET mRNA was measured using qRT-PCR.

Results: Global hippocampal 5hmC content increased during aging as did the 5hmC content in the 5-LOX gene. This occurred without alterations of TET1-3 mRNAs and without changes in the content of 8-hydroxy-2-deoxy-guanosine, a marker of non-enzymatic DNA oxidation.

Conclusions: The aging-associated increase of hippocampal 5hmC content (global and 5-LOX) appears to be unrelated to oxidative stress. It may be driven by an altered activity but not by the increased expression of the three TET enzymes. Global 5hmC content was increased during aging in the absence of 5mC decrease, suggesting that 5hmC could act as an epigenetic marker and not only as an intermediary in DNA demethylation. Further research is needed to elucidate the functional implications of the impact of aging on hippocampal cytosine hydroxymethylation.

Keywords: Epigenetic, 5-methylcytosine (5mC), 5-hydroxymethylcytosine (5hmC), 5-lipoxygenase (5-LOX), aging, hippocampus, ten-eleven translocation (TET)

Abbreviations

AD	Alzheimer's disease
DG	dentate gyrus
DNMTs	DNA methyltransferases
8-OH-dG	8-hydroxy-2-deoxy-guanosine
5hmC	5-hydroxymethylcytosine
5-LOX	5-lipoxygenase

5mC	5-methylcytosine
qRT-PCR	quantitative real time PCR
TET	ten-eleven translocation

1. Introduction

In addition to the dynamic and coordinated electrical activity of a multitude of cells, the dynamic and coordinated regulation of gene transcription is a hallmark of neuronal activity and brain functioning. Mechanisms of epigenetic marking of the genome, both nuclear (Riccio, 2010) and mitochondrial (Manev

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et al., in press), including neuronal activity-modified nuclear DNA methylation in the adult brain (Guo et al., 2011a), are emerging as key players in synaptic plasticity, learning and memory (Day and Sweatt, 2011; Miller and Sweatt, 2007), and in the pathobiology of neurological and psychiatric disorders (Franklin and Mansuy, 2011; Guidotti and Grayson, 2011). Genomic DNA methylation that occurs at the 5' carbon position of a base cytosine to form 5-methylcytosine (5mC) is catalyzed by DNA methyltransferases (DNMTs). This 5mC marking of DNA is a gene regulation mechanism (Bird, 2002), typically viewed as a pathway to gene silencing, although recent data suggest a more complex role for 5mC, which also includes stimulation of gene expression (Wu et al., 2010).

Both increases and decreases of DNA methylation have been observed during aging (Richardson, 2003). In the human brain, distinct DNA methylation changes have been shown to correlate with chronological age (Hernandez et al., 2011). In mice, changes in DNA methylation patterns have been documented in models of brain aging *in vivo* (Chouliaras et al., 2011; Dzitoyeva et al., 2009; Takasugi, 2011) and neuronal aging *in vitro* (Imbesi et al., 2009). Furthermore, pathological DNMT activity and aberrant 5mC formation have been linked to neurodegeneration and apoptotic neuronal death (Chestnut et al., 2011; Hernandez and Singleton, 2011). In these studies, neuroprotection was provided by DNMT inhibitors (Chestnut et al., 2011).

Another epigenetic mark, 5-hydroxymethylcytosine (5hmC), appears to be particularly susceptible to developmental and aging-associated modifications (for review, see Flax and Soloway, 2011). Although 5hmC can be produced by an action of free radicals on 5mC in artificial conditions (Castro et al., 1996), recently, a pathway was discovered (Tahiliani et al., 2009) that includes TET (ten-eleven translocation) enzymes (TET1, TET2, TE3) which catalyze the conversion of 5mC into 5hmC. Measurements of 8-hydroxy-2-deoxy-guanosine (8-OH-dG) are used as evidence of non-enzymatic DNA oxidation (Izzotti et al., 1999). In the brain, the formation of 5hmC has been demonstrated in the absence of 8-OH-dG alterations (Kriaucionis and Heintz, 2009). The exact nature of the physiological implications of 5mC to 5hmC conversion is currently being investigated. On one hand, 5hmC is viewed as an intermediary in DNA demethylation (Nabel and Kohli, 2011). On the other, it has been proposed that, similar to 5mC DNA marking, genomic DNA 5hmC marking may function

as an epigenetic mechanism by itself (Branco et al., 2011). For example, 5hmC located in gene bodies was found to be associated with higher levels of gene transcription (Jin et al., 2011; Song et al., 2011). In the brain, 5hmC appears to be particularly abundant in the cerebellum (e.g., in Purkinje neurons) (Kriaucionis and Heintz, 2009) and the hippocampus (Münzel et al., 2010). The pattern of 5hmC localization in DNA extracted from human and mouse brain is highly susceptible to aging-associated modifications (Münzel et al., 2011; Song et al., 2011; Szulwach et al., 2011). It has been observed that brain 5hmC accumulates at discrete loci and that 5hmC interacts with DNA methyl-binding protein MeCP2, which is an important transcriptional regulator (Szulwach et al., 2011). Thus, aging-associated 5hmC alterations appear to be a likely participant in neuroplasticity of aging brain.

In this work, we used a mouse model of aging to investigate the impact of aging on hippocampal DNA 5-hydroxymethylation. In addition to measurements of global DNA modifications, we investigated DNA modifications in the mouse 5-lipoxygenase (5-LOX) gene. In mice, hippocampal 5-LOX expression increases during aging (Chinnici et al., 2007). Furthermore, in mouse models of aging-associated Alzheimer's disease (AD) an overexpression of brain 5-LOX is associated with worsening of AD-like phenotypes (Chu et al., 2012) whereas 5-LOX knockdown reduces AD-like pathology (Firuzi et al., 2008).

2. Material and methods

2.1. Animals

Hippocampal samples were obtained from three cohorts of C57BL6 mice. In cohort A, mouse pups (2-day-old) and 2-week-old mice were obtained from Jackson Laboratories (Bar Harbor, ME). In cohort B, 2-month-old and 22-month-old male mice were obtained from the National Institute on Aging (Bethesda, MD). They were housed in groups of 4 to 6 in a temperature-controlled room and had free access to laboratory chow and water. Hippocampal samples were obtained following application of lethal anesthesia (160 mg/kg ketamine; Sigma, St. Louis, MO) and transcardial perfusion with 0.9% ice-cold saline to remove the circulating blood cells (i.e., until the outflow from the right atrium was clear). In cohort C, whole brains of 4-month-old and 24-month-old male

mice were obtained from the Aged Rodent Tissue Bank (National Institute on Aging, Bethesda, MD). The main purpose of including this second cohort of young and old mice was to verify the reproducibility of observations made in cohort B. Animal procedures were conducted in accordance with the National Institutes on Health guidelines for the use of experimental animals and were approved by the University of Illinois Animal Care and Use Committee.

2.2. 5hmC immunofluorescence

The brains for immunofluorescence were obtained after a transcardial perfusion with 4% paraformaldehyde, postfixation overnight, and cryoprotection in 30% sucrose in a phosphate buffer saline at 4°C for a week (Chen et al., 2010). For visualizing the localization of 5hmC in the mouse hippocampus, 30 µm sagittal brain sections of 4-month old C57BL/6 mice were used. Sections were treated with 1N HCl for 15 min and incubated overnight at 4°C with primary antibodies [rabbit anti-5hmC (1 : 200, Active Motif)] in 10% donkey serum and 0.25% Triton X-100. For secondary detection, we used rhodamine-conjugated donkey anti-rabbit (1 : 200, Jackson ImmunoResearch, West Grove, PA) antibodies. As a negative control, sections were processed in the absence of the primary antibody – no staining was observed (not shown). Images were captured using a fluorescence microscope (Carl Zeiss) equipped with a 5X objective lens.

2.3. Quantitative real time PCR (qRT-PCR) mRNA assay

Total RNA was extracted from brain samples with TRIzol Reagent (Invitrogen, Carlsbad, CA) and treated with DNase (Ambion Inc., Austin, TX). RNA was reverse transcribed with M-MLV Reverse Transcriptase (Invitrogen). The qRT-PCR was performed on a Stratagene MX3005P QPCR System (Agilent Technologies, Santa Clara, CA) machine with a Maxima SYBR Green/ROX Master Mix (Fermentas Inc., Glen Burnie, MD). Data were normalized against

a cyclophilin internal control and presented as a coefficient of variation, calculated with the formula $2^{-[\Delta Ct(target) - \Delta Ct(input)]}$ as previously described (Dzi-toyeva et al., 2009). The list of primers used is reported in Table 1.

2.4. Enzyme-linked immunosorbent assay (ELISA) of global DNA 5hmC and 5mC contents

The 5hmC content of extracted DNA was measured by a hydroxymethylated DNA quantification kit (Epigentek, Brooklyn, NY). Briefly, 100 ng DNA was bound to a 96-well plate. The hydroxymethylated fraction of DNA was detected using its respective capture and detection antibodies and quantified colorimetrically by reading the absorbance at 450 nm in a microplate spectrophotometer (Bio-Rad, Model 550, Hercules, CA). For measurement of 5mC contents, an alternative (methylated DNA quantification) kit from Epigentek was utilized. The results are expressed in units calculated according to the manufacturer's manual.

2.5. ELISA assay of DNA 8-hydroxy-2-deoxy-guanosine (8-OH-dG) content

The DNA content of 8-OH-dG was measured with a kit (Cayman Chemical, Ann Arbor, MI) following the corresponding manual. Briefly, 600 ng DNA was digested by nuclease P1 for 30 min at 37°C and incubated with alkaline phosphatase for another 30 min. After boiling for 10 min, the DNA samples were loaded into a 96-well plate and incubated overnight at 4°C. The plate was developed for 2 h in the dark and read at 405 nm.

2.6. Sequence-specific DNA 5hmC assay

The 5hmC modifications of 5-LOX DNA sequences were quantified using an assay that involves a 5hmC-sensitive enzymatic restriction digest combined with glucosylation and qRT-PCR. The principle

Table 1
The list of primers used for a qRT-PCR mRNA assay

Gene and PCR product size (nt)	Primer sequence – forward	Primer sequence – reverse
Cyclophilin A; NM.008907 (162)	5'-agcatcacaggtcctggcatcttgt-3'	5'-aaacgtccatggcttcccaatg-3'
TET1; NM.027384 (182)	5'-acgtctggaacaagtgttagccata-3'	5'-tgaacgtttgggtcttggaggtct-3'
TET2; NM.001040400 (140)	5'-gccctttgaatgaatccagcagca-3'	5'-tgcctcccaagactcttcatgtt-3'
TET3; NM.183138 (179)	5'-aacagaacccaaggtcagtagt-3'	5'-ttgatcttctgtgcgtgctcagt-3'

of this method has been recently described by Davis and Vaisvila (2011). We have modified this assay by selecting a different set of restriction enzymes. Hence, we identified multiple recognition sites for a number of 5hmC-sensitive restriction enzymes in the 5'UTR/promoter and first exon/intron regions of the mouse 5-LOX gene. The following enzymes were selected based on their published characteristics (REBASE Methylation Sensitivity: <http://rebase.neb.com/rebase/rebms.html>) and their recognition sequences are indicated in parentheses: TseI [GCWGC], NmeAIII [GCCGAG (21/19)], EciI [GGCGGA (11/9)], SfaNI [GCATC (5/9)], and EcoP15I [CAGCAG (25/27)] (New England Biolabs; Ipswich, MA). The principle of the method has been described by Davis and Vaisvila (2011). Prior to restriction digestion, DNA was glucosylated with T4 glucosyl transferase (New England Biolabs) and aliquots were digested with the indicated enzymes in separate reactions. Reaction conditions were selected according to the manufacturer's instructions. Upon completion, the reaction mixes were diluted with water and an aliquot, approximately 100 ng of digested DNA, was used in qRT-PCR as described above. Undigested DNA was used as an input control. The following are the primers used in this assay. 5'UTR/promoter: forward 5'-agaaggagagaaggatgcgt-3', reverse 5'-catgactccgggcaagtgagtct-3'; first exon/intron: forward 5'-agcactcactgcccggagtcag-3', reverse 5'-agtcacaggaagtctagggtgcct-3'; these primers amplify a 230 nt and a 378 nt fragment, respectively. Data are presented as units of coefficient of variation (units) (Dzitoyeva et al., 2009).

2.7. Statistical analysis

For statistical analysis, we used SPSS software (version 18.0). Data were analyzed by ANOVA followed by an independent sample *t*-test. Results are expressed as the mean \pm standard error mean (SEM). $P < 0.05$ values were accepted as statistically significant.

3. Results

3.1. Hippocampal global 5hmC DNA content increases during development and aging

Using 5hmC immunostaining, we evaluated the distribution and localization of 5hmC immunoreac-

tivity in the mouse hippocampus. We observed a heterogeneous 5hmC distribution with a strong 5hmC immunofluorescence in the dentate gyrus and in the CA1 region (Fig. 1). Previous work using a quantitative liquid chromatography-mass spectrometry method for 5hmC measurement found that hippocampal 5hmC content increases during mouse development; e.g. from post-natal day 1 to 90 days of age (Münzel et al., 2010). Using the ELISA method for global 5hmC quantification, we found significantly higher content of hippocampal 5hmC in samples from 2-week-old mice compared to samples from 2-day-old pups (Fig. 2). The effect of aging on hippocampal global 5hmC content was measured in two cohorts of young and old mice (Fig. 3). In both cohorts, 5hmC content was greater

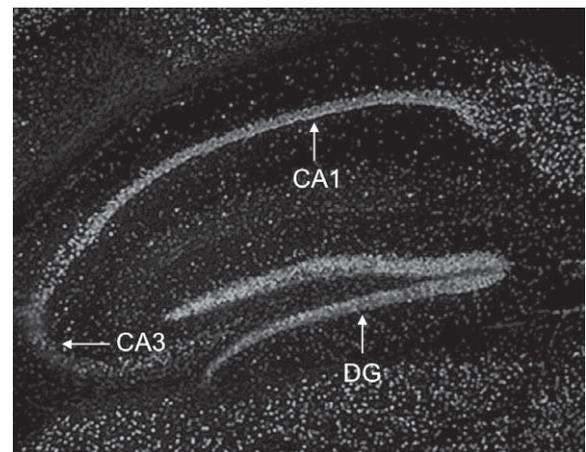


Fig. 1. 5hmC immunofluorescence in the hippocampus of adult mice. The fluorescence of the rhodamine-conjugated secondary antibody was captured at a 5X objective lens. No signal was obtained in the absence of the primary 5hmC antibody (not shown). Strong 5hmC immunolabelling was found in the dentate gyrus (DG) and in the CA1 region.

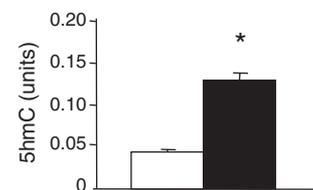


Fig. 2. Global 5hmC content in the hippocampus increases during mouse development. DNA was extracted from hippocampal samples of 2-day-old mouse pups (open bar) and 2-week-old mice (filled bar). DNA was analyzed with a 5hmC ELISA assay. Results are expressed in units (mean \pm SEM; $n = 6$; * $P < 0.05$ compared to the corresponding 2-day-old pups).

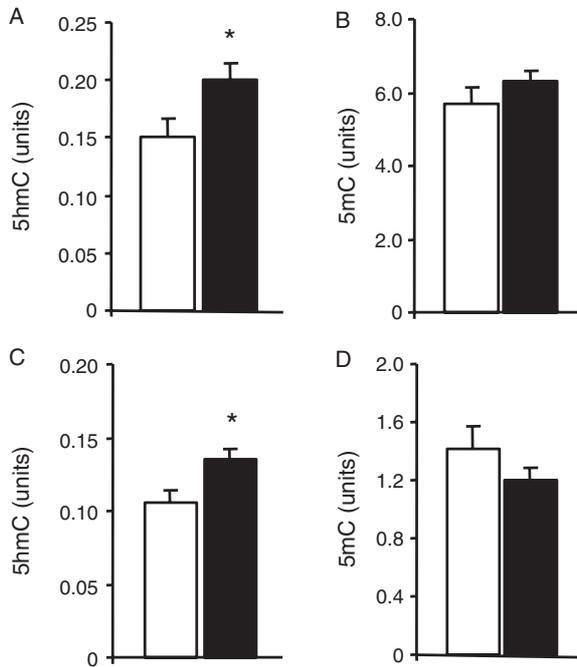


Fig. 3. Global 5hmC and 5mC content in the hippocampus of young and old mice. DNA was extracted from hippocampal samples of 2- and 22-month-old mice (A, B), and 4- and 24-month-old mice (C, D). DNA was analyzed with 5hmC and 5mC ELISA assays. Results (open bars, young mice; filled bars, old mice) are expressed in units (mean \pm SEM; $n=5-6$; * $P<0.05$ compared to the corresponding young group).

in the hippocampi of old vs. corresponding young mice, whereas the content of global 5mC did not differ between the age groups. Furthermore, the hippocampal content of global 8-OH-dG, a marker of non-enzymatic DNA oxidation (Nicolle et al., 2001), did not differ between the age groups (4-month-old: 14.4 ± 1.4 ; 24-month-old: 13.2 ± 1.0 ; pg/ μ g DNA; $n=5$).

3.2. Aging increases 5hmC content in hippocampal 5-LOX DNA sequences

Previous reports found that 5-LOX expression in the brain increases during aging (Chinnici et al., 2007; Uz et al., 1998) and in Alzheimer's disease (Firuzi et al., 2008; Ikonovic et al., 2008; Wang et al., 2011), but the aging-affected methylation status of the mouse 5-LOX gene has not been consistently related with the rate of 5-LOX transcription (Dzitoieva et al., 2009). It has been noticed that global 5hmC changes do not necessary reflect the same type

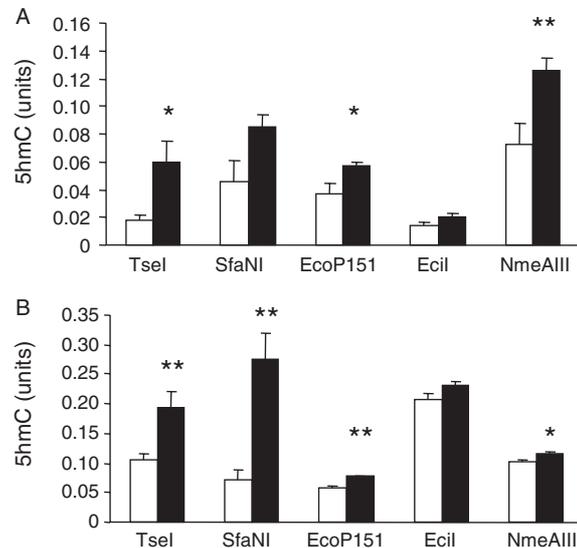


Fig. 4. Effect of aging on hippocampal 5hmC content in the 5'UTR/promoter sequence of the mouse 5-LOX gene. DNA was extracted from hippocampal samples of 2- and 22-month-old mice (A), and 4- and 24-month-old mice (B). The sequence-specific 5hmC content was assayed with the five indicated enzymes (TseI, SfaNI, EcoP15I, EciI, and NmeAIII) as described in the text. Results (open bars, young mice; filled bars, old mice) are expressed in units (mean \pm SEM; $n=5-6$; * $P<0.05$, ** $P<0.01$ compared to the corresponding young group).

of 5hmC changes in individual gene sequences. To test whether aging affects gene-specific 5hmC content, we analyzed two areas of the mouse 5-LOX gene, a 5'UTR/promoter region and a first exon/intron region. The selected 5-LOX 5'UTR/promoter region contains restriction sites for all five enzymes used in our assay of sequence-specific 5hmC content. Aging increased 5hmC content in the 5-LOX promoter in both cohorts of aging mice (Fig. 4). The increase was more prominent in 24-month-old vs. 4-month-old mice (in 4 out of 5 restriction sites; Fig. 4B) than in 22-month-old vs. 2-month-old mice (in 3 out of 5 restriction sites; Fig. 4A). The selected 5-LOX exon/intron region contains restriction sites for only two of the enzymes used in our assay. Also, in this region the 5hmC content increased during aging (Fig. 5).

3.3. Aging does not affect hippocampal mRNA content of TET enzymes

Since TET enzymes play a crucial role in the conversion of 5mC to 5hmC, we measured the effect of aging on TET1, TET2, and TET3 mRNAs in the hippocam-

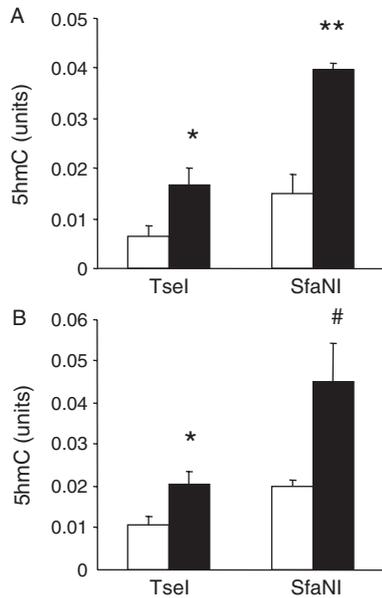


Fig. 5. Effect of aging on hippocampal 5hmC content in the first exon/intron sequence of the mouse 5-LOX gene. DNA was extracted from hippocampal samples of 2- and 22-month-old mice (A), and 4- and 24-month-old mice (B). Sequence-specific 5hmC content was assayed with the two indicated enzymes (TseI and SfaNI) as described in the text. Results (open bars, young mice; filled bars, old mice) are expressed in units (mean \pm SEM; $n=4-5$; * $P<0.05$, ** $P<0.01$ compared to the corresponding young group; #not significant; in 2 out of 5 samples we did not detect 5hmC with this assay).

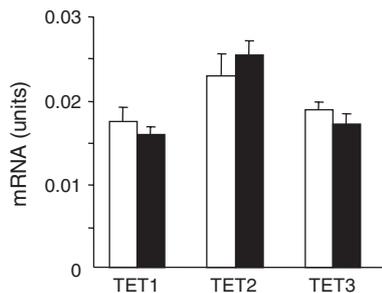


Fig. 6. TET mRNA content in the hippocampus of young and old mice. A qRT-PCR assay was used with hippocampal samples of 4-month-old (open bars) and 24-month-old (filled bars) mice. Results are expressed in units (mean \pm SEM; no significant differences were observed).

pus of young and old mice. The expression of none of the three TET mRNAs was significantly altered during aging (Fig. 6).

4. Discussion

In this work, we demonstrated that aging increases not only the global 5hmC content in hippocampal DNA but also 5hmC content in selected DNA sequences of the mouse 5-LOX gene. Generally, increased nucleic acid oxidation has been documented in aging-associated neurological disorders (Moreira et al., 2008). Although 5hmC can be produced by an action of free radicals on 5mC in artificial conditions (Castro et al., 1996), no evidence has been provided to support a direct physiological role for oxidative stress in the formation of 5hmC in the DNA of living systems. Using 8-OH-dG as a marker of oxidative DNA damage it was found that 8-OH-dG levels are increased in DNA samples extracted from total brain homogenates of old vs. young mice (Izzotti et al., 1999). Subsequent studies have shown that aging affects brain 8-OH-dG content in a region- and cell type-specific manner; in the hippocampus 8-OH-dG changes are most prominent in the dentate gyrus and in area CA1 (Nicolle et al., 2001). Furthermore, during normal hippocampal aging, increased DNA oxidation was evidenced by elevated levels of 8-OH-dG only in the hippocampi of a subset of old subjects; i.e., only in subjects with learning impairment whereas the hippocampal 8-OH-dG content did not differ between young and behaviorally unimpaired old subjects (Nicolle et al., 2001). The latter finding is similar to our observation of unaltered hippocampal 8-OH-dG content in old mice. Our findings that hippocampal 5hmC content increased without concomitant alterations of hippocampal 8-OH-dG content suggest that aging-associated 5hmC elevations can occur in the absence of non-specific oxidative DNA modifications.

Recent research has attributed the origin of 5hmC in genomic DNA to TET enzymatic activity (Branco et al., 2011; Ito et al., 2010, 2011; Tahiliani et al., 2009). TET proteins (TET1, TET2, TET3) are Fe(II)-oxoglutarate-dependent dioxygenases that oxidize 5mC. A TET1-mediated hydroxylation of 5mC has recently been shown to be capable of promoting active DNA demethylation in the adult brain (Guo et al., 2011b). Hence, TET-produced 5hmC may serve as an intermediary for the removal of methylated cytosines (Bhutani et al., 2011; Nabel and Kohli, 2011). In our experimental conditions, an increase in 5hmC was not accompanied by a 5mC decrease. This may have occurred because no subsequent demethylation had taken place in these hippocampal samples during

aging. Alternatively, as revealed by our immunolocalization of hippocampal 5hmC, this DNA marker appears not to be uniformly distributed in the hippocampus. Instead, 5hmC immunolabelling is most prominently present in the dentate gyrus and CA1 cells; similar localization of hippocampal 5hmC has been observed by others (Münzel et al., 2011). Thus, if the aging-induced 5hmC conversion was accompanied by a simultaneous 5mC reduction in a subset of 5hmC-positive cells, this 5mC reduction easily could have been missed by measurements of global 5mC content in DNA samples extracted from the entire hippocampus.

Our assay of global 5hmC measurements confirmed the previous results obtained with a different quantification technique (Münzel et al., 2010), which revealed significantly higher 5hmC levels in the hippocampus of 90-day-old mice compared to newborn mice. Similar to our results from our aging model, which revealed 5hmC elevations without concomitant changes (e.g., reduction) of 5mC levels, these authors noted that also during development, hippocampal 5hmC increases in the absence of 5mC changes (Münzel et al., 2010).

The expression rates of various TET enzymes are influenced by developmental stages. TET1 appears to be the primary TET enzyme in embryonic stem cells and TET3 is the most abundant TET enzyme in oocytes and zygotes (Branco et al., 2011). We found transcripts of all three TET enzymes in mouse hippocampus. However, the mRNA levels of these enzymes were not affected by aging. Thus, if TET enzymes are involved in the observed aging-increased 5hmC levels, their involvement would be through altered enzyme activity rather than through increased TET expression. Further research is needed to explore this possibility.

The aging-associated increase of global 5hmC content observed in our study is the reflection of the net-effect of aging on 5hmC content in the entire DNA. This net effect is likely a result of multiple and possibly even bidirectional changes in 5hmC content within individual genes and various other DNA sequences. In brain DNA, a number of 5hmC loci have been identified both in gene promoters and in gene bodies (Kinney et al., 2011; Jin et al., 2011; Song et al., 2011). As an example, we selected the 5-LOX gene, a known target of aging (Chinnici et al., 2007; Chu and Praticò, 2009; Uz et al., 1998), and found that both the promoter and the gene body contained higher levels of 5hmC in old vs. young hippocampal samples. The nature of the association between 5hmC levels and gene

expression is currently unclear. It was suggested that 5hmC may have a limited impact on the transcription of its directly associated genes (Xu et al., 2011). On the other hand, it was noted that 5hmC levels inversely correlate with MeCP2 levels and it was suggested that an interaction of methyl-binding proteins with 5hmC differs from their interaction with 5mC (Szulwach et al., 2011) indicating a possible mechanism of 5hmC-modified gene expression. In contrast to the human 5-LOX gene, which is regulated by epigenetic DNA methylation mechanisms (Katryniok et al., 2010; Zhang et al., 2004), the role of DNA methylation in the regulation of the mouse 5-LOX gene, which contains only a few CpG dinucleotides in the promoter region, is less clear (Dzitoyeva et al., 2009). On the other hand, it is possible that DNA hydroxymethylation of the 5-LOX gene may be less species-specific than DNA methylation. Namely, Szulwach et al. (2011) compared the 5hmC content of mouse and human cerebellum and found strong conservation of 5hmC targeting. Further studies are needed to evaluate the putative functional implications of the mouse 5-LOX DNA hydroxymethylation found in our experiments and to verify whether similar mechanisms apply to human 5-LOX gene and whether DNA hydroxymethylation plays a role in the recently observed association between 5-LOX and the pathobiology of Alzheimer's disease (Chu et al., 2012; Firuzi et al., 2008).

In conclusion, our results point to a stimulatory effect of aging on hippocampal global 5hmC content that appears to be unrelated to oxidative stress. This 5hmC increase occurred in the absence of 5mC changes, suggesting that 5hmC could act as an epigenetic marker and not only as an intermediate molecule in DNA demethylation. Further research is needed to elucidate the functional implications of the impact of aging on hippocampal cytosine hydroxymethylation, including in specific DNA sequences such as the 5-LOX gene.

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