

Systematic Review

Efficacy, Effectiveness, and Safety of Interventions for Von Hippel-Lindau Associated Renal Cell Carcinoma: A Systematic Literature Review

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Abstract.

Background: A small proportion of renal cell carcinoma (RCC) are associated with hereditary syndromes such as von Hippel-Lindau disease (VHL) and are commonly treated with surgical interventions. More recently, systemic treatments for VHL-associated RCC have been assessed as an alternative to surgery.

Methods: A systematic literature review was conducted by searching MEDLINE, EMBASE, and Cochrane Registry of Controlled Trials to collect and interpret published evidence on treatments for VHL-associated RCC patients to better understand the treatment landscape.

Results: This review identified 32 primary studies, comprised of single-arm clinical trials and real-world studies assessing systemic, surgical, radiological, or image guided ablation interventions. In clinical trials, treatment with sunitinib and pazopanib showed an objective response in 33% and 52% of RCC lesions respectively. For patients treated with belzutifan, 64% of patients showed an objective response, of which 7% were complete response and 57% were partial responses with a 24-month PFS rate of 96%. In real-world studies, treatment with sunitinib, pazopanib, axitinib, and sorafenib showed an objective response in 40%, 0%, 33%, and 25% of RCC lesions respectively, and all the responses were partial. In the studies assessing surgical, radiological, or image guided ablation interventions primary failure/re-intervention rates ranged from 2% to 84%.

Conclusion: Local procedures are still a mainstay in the management of patients with non-metastatic VHL-associated RCC although multiple procedures incur an increasing rate of complications. A limited number of clinical trials and real-world studies evaluated VEGF-TKIs for the treatment of VHL-RCC, while responses were observed, long term treatment was limited by toxicities.

Keywords: Von Hippel Lindau, renal cell carcinoma, VEGF, TKI, systematic literature review

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INTRODUCTION

Renal Cell Carcinoma (RCC) accounts for approximately 3% of all cancers in adults and 85% of malignant kidney tumors; roughly 5% of RCCs have a hereditary basis [1, 2]. There are several histologic subtypes of RCC, most common histologic subtype is clear cell RCC, making up nearly 70% of cases of RCC. The remainder sub-types are called as “non clear cell” or “variant histologies” and encompass papillary, chromophore, translocation, medullary, oncocytoma [1, 3–5]. Most clear cell carcinomas (95%) are sporadic and the remaining 5% are associated with hereditary syndromes like von Hippel-Lindau (VHL) disease [5, 6].

VHL disease is a rare hereditary, autosomal dominant syndrome, with an estimated incidence of 1 in 36,000 people [1, 7, 8]. Individuals with VHL disease are at an increased risk of developing recurrent cysts and lesions that may progress to RCC, specifically with a clear cell histological subtype which is a major cause of death for VHL disease patients [2, 9]. VHL disease is classified into type 1 (the result of a nonsense mutation or deletion is the cause) or type 2 (the result of a missense mutation, based on adrenal involvement) [9]. While families with Type 1 phenotype have a low risk of pheochromocytoma, this phenotype has a higher risk of developing retinal hemangioblastoma, Central Nervous System (CNS) hemangioblastoma, RCC, and pancreatic neoplasms and cysts. All type 2 phenotypes have pheochromocytoma, however, Type 2A families have an increased risk of retinal hemangioblastoma, CNS hemangioblastoma, while Type 2B families have an increased risk for retinal hemangioblastomas, CNS hemangioblastomas, RCC, and pancreatic neoplasms and cysts [9, 10]. Type 2C families experience only pheochromocytomas, without any additional neoplastic manifestations associated with VHL (i.e. retinal hemangioblastomas, CNS hemangioblastomas, RCC, and pancreatic neoplasms and cysts) [10].

For patients with diagnosed VHL disease, active surveillance is recommended every six to 12 months [9]. Surgical interventions are the most used treatments in patients with VHL disease-associated RCC. Generally, RCC tumors are routinely monitored until the size reaches approximately 3 centimeters before being resected [11]. Several surgical procedures are utilized for treatment, including nephron sparing surgery (NSS), enucleation, and partial or radical nephrectomy [11–13]. Care is taken when

applying surgical techniques in order to minimize need for subsequent multiple resections and potential complications. The other treatment options for VHL disease-associated RCC include radiofrequency ablation (RFA), cryosurgery, molecularly targeted therapy [11–13]. Most recently, the United States Food and Drug Administration (US FDA) approved belzutifan, an orally active inhibitor of hypoxia-inducible factor-2alpha (HIF-2 α), first in its class for the treatment of VHL disease-associated RCC [14].

We performed a systematic literature review (SLR) to collect and interpret published evidence on the efficacy, effectiveness, and safety of interventions in VHL disease-associated RCC patients to better understand the treatment landscape.

METHODS

Literature searches and eligibility criteria

A systematic literature search was conducted in MEDLINE, EMBASE, and the Cochrane Registry of Controlled Trials (through the OVID portal) on February 10, 2023 (see Tables S1-S3 for search strategies). Conferences from the past three years, including the American Society for Clinical Oncology (ASCO 2020, 2021, and 2022), European Society for Medical Oncology (ESMO for 2020, 2021, and 2022) were also searched. Hand searches were also conducted in clinicaltrials.gov to identify clinical trials that have not been published but are potentially eligible for inclusion.

Studies were included based on the PICOS (Population, Intervention, Comparator, Outcomes, Study design) criteria, as defined in Table S4. In summary, eligible studies included clinical trials (randomized, non-randomized and single-arm) and real-world studies (prospective and retrospective cohorts) reporting efficacy or effectiveness and/or safety of interventions in the treatment of VHL-associated RCC.

Data screening and extraction

All abstracts were screened according to the PICOS criteria. Relevant abstracts were screened again by viewing the full-text study publication to determine a final inclusion status as outlined by the PICOS criteria. Data was then extracted as reported from these studies, including: study characteristics (study design, intervention, geographic location, study design, study duration and period),

participant characteristics (age, sex, ECOG, clear cell histology status, VHL disease diagnosis method and VHL type), and outcomes (objective response rate, complete response, partial response, stable disease, progressive disease, primary failure/re-intervention rate, time to surgery, five and ten year repeat surgery rates, five and ten year survival rates, progression free survival, one year progression free survival rate, adverse events, surgical complications).

Study screening and data extraction were performed independently by two reviewers. These reviewers compared their completed work to identify any discrepancies and resolve these through consensus, including a third reviewer if needed. The PRISMA guidelines was used to ensure completeness of all reported items [15].

RESULTS

A total of 883 citations were identified through searching the bibliographic databases and conference proceedings. After excluding 160 duplicates, a total of 723 citations were screened, resulting in the inclusion of 33 citations representing 32 unique studies. Study and patient characteristics for all included studies are presented in Table 1.

Of the 32 unique studies, three studies were single-arm clinical trials that assessed systemic treatments in patients with VHL disease-associated RCC: belzutifan 120 mg once daily until disease progression or intolerable toxicity in LITESPARK-004. In Jonasch et al. 2011, sunitinib 50 mg was given once daily for 28 days with a 14-day break between the cycles for up to four cycles. In Jonasch et al. 2018, pazopanib 800 mg was given daily for 28 days of treatment up to six cycles of treatment (Table 1). The mean/median age at treatment initiation/diagnosis was around 40 years, and the proportion of men included in these studies was around 50%. Only LITESPARK-004 reported data on ECOG status, with 82% of patients with a score of 0 (Table 1).

Systemic treatments for VHL disease-associated RCC

Overall response rate

Response rates were reported in all three clinical trials (Table 2). Jonasch et al. 2011 and Jonasch et al. 2018 reported response by lesions whereas LITESPARK-004 reported response by patients. In a study by Jonasch et al. 2011, sunitinib treatment showed a partial response in 33% of RCC lesions,

stable disease in 56% of RCC lesions, and progressive disease in 11% of RCC lesions. In Jonasch et al. 2018 study, pazopanib treated patients reported an objective response of 52% in RCC lesions, with 3% of lesions exhibiting complete response and 49% of RCC lesions exhibiting partial response. In patients treated with belzutifan (LITESPARK-004), 64% patients showed an objective response, with 7% ($n=4$) of patients achieving complete response and 57% ($n=35$) of patients achieving partial response. The median duration of response was not reached with belzutifan treatment, the median time to response was 11.1 months (range: 2.7–30.5), the other two studies with systemic treatments did not report data on median duration and median time to response. One real-world study assessed the use of tyrosine kinase inhibitors (TKI). Ma et al. 2019 assessed the use of sunitinib, sorafenib, axitinib, and pazopanib and reported response by lesions. Treatment with sunitinib showed a partial response in 40% of RCC lesions, stable disease in 33% of RCC lesions, and progressive disease in 27% of RCC lesions. Sorafenib treated individuals showed a partial response in 25% of RCC lesions, stable disease in 42% of RCC lesions, and progressive disease in 33% of RCC lesions. Patients treated with axitinib showed a partial response in 33% of RCC lesions and stable disease in 67% of RCC lesions. Treatment with pazopanib showed no response in any RCC lesions and stable disease in 100% of RCC lesions. No complete responses were reported in any of the TKIs (Table 2).

Progression-free survival

The 24-month PFS rate was 96% in patients treated with belzutifan. PFS for patients receiving sunitinib and pazopanib were not reported (Table 3).

Toxicities

In patients receiving belzutifan, 85% of patients continued treatment with no dose reduction due to adverse events. The most common grade 3 toxicities experienced in patients treated with belzutifan was anemia (8%), hypertension (8%), and fatigue (5%). One patient each (2%) experienced a grade 4 adverse event (retinal detachment) and grade 5 adverse event (acute toxic effects of fentanyl), however, both were determined to be unrelated to treatment. Treatment discontinuation due to toxicity was observed in one patient (2%) due to grade 1 dizziness.

Table 1
Study and patient characteristics of the included studies

Study	Study design	Intervention	N	Age (in years), mean/median (range)	Male, <i>n</i> (%)	ECOG 0, <i>n</i> (%)	Clear cell histology, <i>n</i> (%)	VHL type	Prior surgery <i>n</i> (%)
Systemic treatments									
Jonasch et al. 2011 [18]	Single-arm trial	Sunitinib 50 mg	12	36 (22, 57)*	–	–	12 (100)	–	–
Jonasch et al. 2018 [17]	Single-arm trial	Pazopanib 800 mg	32	38 (32-42)*	14 (44)	–	–	–	–
LITESPARK-004 [19]	Single-arm trial	Belzutifan 120 mg	61	41 (19-66)*	32 (52)	50 (82)	–	1 (<i>n</i> = 51); 2A (<i>n</i> = 2); 2B (<i>n</i> = 6); missing (<i>n</i> = 2)	–
Ma 2019 [20]	Real-world	Sunitinib 50 mg; Sorafenib 400 mg; Axitinib 5 mg; Pazopanib 800 mg	32	41.5 (21-66)	18 (56)	–	–	–	–
Local treatments									
Asthasgiri et al. 2010 [25]	Real-world	Stereotactic radiosurgery	20	37.5 (13–67)*	10 (50)	–	–	–	15 (75)
Capitanio et al. 2021 [26]	Real-world	Surgery	96	38 (32–47)*	51 (53.1)	–	96 (100)	–	(90.7)
Chan et al. 2022 [27]	Real-world	Image-guided ablation (Radiofrequency ablation, Cryoablation, Irreversible electroporation)	17	43.9 (13.6)	65 (6)	–	17 (100)	–	10 (59)
Chang et al. 1998 [28]	Real-world	Linear accelerator-based radiosurgery	13	40 (31–57)	10 (76.9)	–	–	–	11 (84.6)
Cvek et al. 2022 [29]	Real-world	Stereotactic body radiotherapy	5	22 (18–60)*	3 (60)	–	–	–	–
Eggerer et al. 2004 [30]	Real-world	Nephrectomy	12	–	0 (0)	–	–	–	–
Frydenberg et al. 1993 [31]	Real-world	Nephrectomy	19	40.3 (15–65)	8 (73)	–	–	–	5 (26.32)
Goldfarb et al. 1997 [32]	Real-world	Renal transplant	32	36 (19–59)	23	–	–	–	32 (100)
Hidaka et al. 2022 [33]	Real-world	Surgery	58	36 (24–41)*	34 (58.6)	–	–	–	–
Hwang et al. 2003 [34]	Real-world	Surgery	29	32 (14, 54)	14 (48.3)	–	29 (100)	–	9 (31)
Iwamoto et al. 2011 [35]	Real-world	Radiofrequency Ablation	3	41	–	–	3 (100)	–	–

Jayanth et al. 2021 [36]	Real-world	Nephron sparing surgery	17	39 (23-41)	12 (70)	–	17 (100)	1 (n = 10); 2B (n = 5); 2C (n = 2)	–
Jilg et al. 2012 [16]	Real-world	Nephron sparing surgery, Nephrectomy, RFA	54	38.5 (18–73) [^]	24 (44.4)	–	54 (100)	–	29 (54)
Lund et al. 1994 [37]	Real-world	Nephron sparing surgery	10	33 (23–49)**	–	–	9 (90)	–	–
Kano et al. 2015 [38]	Real-world	Stereotactic radiosurgery	80	38*	36 (45)	–	–	–	70 (87.5)
Kano et al. 2008 [39]	Real-world	Stereotactic radiosurgery	13	40.2*	7 (53.8)	–	–	–	13 (100)
Koh et al. 2007 [40]	Real-world	Fractionated external beam radiotherapy	5	31 (25–41)	–	–	–	–	–
Morgan et al. 1990 [41]	Real-world	Nephrectomy and/or enucleation	6	–	–	–	–	–	–
Novick et al. 1992 [42]	Real-world	Nephron sparing surgery	9	NR (26–67)	–	–	9 (100)	–	–
Peng et al. 2019 [43]	Real-world	Nephrectomy	49	–	82 (54.67)	–	72 (100)	1 (n = 12); 2 (n = 30)	–
Persad et al. 1997 [6]	Real-world	Nephrectomy	11	42 (31–62)	7 (64)	–	–	–	30 (53.6)
Ploussard et al. 2007 [44]	Real-world	Nephron sparing surgery	18	38.5 (24–69)	–	–	(98.8)	–	–
Roupret 2003 [45]	Real-world	Nephron sparing surgery	56	37.2**	26 (46.4)	–	–	–	–
Simone et al. 2011 [46]	Real-world	Infratentorial craniospinal radiation therapy (ICSRT)	7	–	–	–	–	–	–
Steinbach et al. 1995 [21]	Real-world	Nephron sparing surgery	65	39 (15–67)**	39 (60)	–	(89)	–	18 (28)
Wessendorf et al. 2021 [47]	Real-world	Radiofrequency ablation	9	–	–	–	–	–	–
Yousef et al. 2019 [48]	Real-world	Surgery	20	–	15 (75)	–	–	–	–
Yao et al. 2002 [49]	Real-world	Nephrectomy with adjuvant postoperative interferon and/or chemotherapy	78	–	–	–	–	–	56 (60)

*Median age was reported; **age at diagnosis; [^]Calculated (mean age was 37 years in males (range 18–66 years) and 40 years in females (range 21–73 years)). Abbreviations: ECOG, Eastern Cooperative Oncology Group; N, number of patients; RFA, radiofrequency ablation; VHL, Von Hippel-Landau.

Table 2
Response outcomes in patients treated with systemic interventions

	N	ORR (%)	CR (%)	PR (%)	SD (%)	PD (%)
Clinical trials						
Belzutifan						
RCC (LITESPARK-004) [50]	61	64	7	57	–	–
Pazopanib						
RCC* (Jonasch et al. 2018) [17]	59	52	3	49	47	0
Sunitinib						
RCC* (Jonasch et al. 2011) [18]	18	33	0	33	56	11
Real-world studies						
Sunitinib						
RCC* (Ma et al. 2019) [20]	15	40	0	40	33	27
Sorafenib						
RCC* (Ma et al. 2019) [20]	12	25	0	25	42	33
Axitinib						
RCC* (Ma et al. 2019) [20]	6	33	0	33	67	0
Pazopanib						
RCC* (Ma et al. 2019) [20]	3	0	0	0	100	0

*Outcomes reported for number of lesions meeting criteria. Abbreviations: CR, Complete response; ORR, Overall response rate; PD, Progressive disease; PR, Partial response; SD, Stable disease.

In patients receiving pazopanib, 32% of patients continued treatment with no dose reduction due to adverse events. The most common grade 3 toxicities experienced in patients treated with pazopanib were an increase in aspartate aminotransferase (10%) and an increase in alanine aminotransferase (10%). Grade 4 and 5 toxicities included an increase in alanine aminotransferase (grade 4 : 3%) and a nervous system bleed due to head trauma from a fall (grade 5 : 3%). Treatment related serious adverse events included appendicitis and gastritis (one patient each). A total of 23% of patients discontinued pazopanib treatment due to toxicity for transaminitis (grade 3/4), back pain (grade 2), diarrhea and fatigue (grade 2), and abdominal pain, fatigue, and diarrhea (grade 2).

In patients receiving sunitinib, 33% of patients continued treatment with no dose reduction due to adverse events. The most common grade 3 toxicities experienced in patients treated with sunitinib included fatigue (33%), neutropenia (26%), hand–foot syndrome (13%), and nausea (13%). No sunitinib treated patients experienced grade 4 or 5 toxicities. Treatment with sunitinib resulted in one patient (7%) discontinuing due to toxicity (neutropenia).

Local treatments for VHL disease-associated RCC

Three real-world studies assessed image guided ablation techniques, seven studies assessed radiation-

based therapies, and the remaining 18 studies assessed surgical interventions.

Primary failure/re-intervention rate

In the three studies assessing image guided ablation techniques the median duration of follow up was 79 months in Chan et al. 2022 and 20.3 months in Iwamoto et al. 2011. The mean follow up was 34 months for Wessendorf et al. 2021. Chan et al. 2022 assessed a combination of image guided ablation techniques (i.e., radiofrequency ablation, cryoablation, irreversible electroporation), whereas Wessendorf et al. 2021 and Iwamoto et al. 2011 exclusively assessed radiofrequency ablation. The primary failure/re-intervention rate was 5.9% in Chan et al. 2022 and was not reported in Wessendorf et al. 2021 and Iwamoto et al. 2011 (Table 4).

In the seven studies assessing radiation-based therapies, the median duration of follow-up ranged from 50.1 months (Kano et al. 2008) to 114 months (Kano et al. 2015). The median time to next surgery was reported in two studies with median reported times of 32 months (Asthaigiri et al. 2010) and 55 months (Kano et al. 2015). The primary failure/re-intervention rate in radiation-based therapies ranged from 2% (Asthaigiri et al. 2010) to 84% (Kano et al. 2015).

In the 18 studies assessing surgical interventions, the median duration of follow-up ranged from 21 months (Hwang et al. 2003) to 100 months (Plous-

Table 3
Survival outcomes

Study	Intervention	N	Median TTS, months (95% CI)	5-year, repeat surgery rate, %	10-year, repeat surgery rate, %	Median OS, months (95% CI)	5-year, survival, %	10-year, survival, %	Median PFS, months (95% CI)	12-month, PFS rate, %	24-month, PFS rate, %	5-year, PFS, %	10-year, PFS, %
Systemic treatments													
Jonasch et al. 2011 [18]	Sunitinib 50 mg	12	27 (0.8-5.6)	-	-	-	-	-	-	-	91	83	61
Jonasch et al. 2018 [17]	Pazopanib 800 mg	32	-	-	-	-	-	-	-	-	-	-	-
LITESPARK-004 [19]	Belzutifan 120 mg	61	-	-	-	-	-	-	-	-	96	-	-
Ma et al. 2019 [20]	Sunitinib 50 mg; Sorafenib 400 mg; Axitinib 5 mg; Pazopanib 800 mg	32	-	-	-	-	-	-	-	-	-	-	-
Local treatments													
Asthagiri et al. 2010 [25]	Stereotactic radiosurgery	20	2.7 years (0.8-5.6)	-	-	-	-	-	-	-	-	-	-
Capitanio et al. 2021 [26]	Surgery	96	-	-	-	-	96	92.5	-	-	-	88.3	70.7
Chan et al. 2022 [27]	Image-guided ablation (Radiofrequency ablation, Cryoablation, Irreversible electroporation)	17	-	-	-	-	100	90	-	-	-	-	-
Chang et al. 1998 [28]	Linear accelerator-based radiosurgery	13	-	-	-	-	-	-	-	-	-	-	-
Cvek et al. 2022 [29]	Stereotactic body radiotherapy	5	-	-	-	-	-	-	-	-	-	-	-
Eggerer et al. 2004 [30]	Nephrectomy	12	-	-	-	-	-	-	-	-	-	-	-
Frydenberg et al. 1993 [31]	Nephrectomy	19	-	-	-	-	-	-	-	-	-	-	-
Goldfarb et al. 1997 [32]	Renal transplant	32	-	-	-	-	65	-	-	-	-	-	-
Hidaka et al. 2022 [33]	Surgery	58	-	-	-	-	-	-	-	-	-	-	-
Hwang et al. 2003 [34]	Surgery	29	-	-	-	-	-	-	-	-	-	-	-

(Continued)

Table 3
(Continued)

Study	Intervention	N	Median TTS, months (95% CI)	5-year, repeat surgery rate, %	10-year, repeat surgery rate, %	Median OS, months (95% CI)	5-year, survival, %	10-year, survival, %	Median PFS, months (95% CI)	12-month, PFS rate, %	24-month, PFS rate, %	5-year, PFS, %	10-year, PFS, %
Iwamoto et al. 2011 [35]	Radiofrequency Ablation	3	–	–	–	–	–	–	–	–	–	–	–
Jayanth et al. 2021 [36]	Nephron sparing surgery	17	–	–	–	–	–	–	–	–	–	–	–
Jilg et al. 2012 [16]	NSS, Nephrectomy, RFA	54	149.6	21	42	–	96.5	82.5	–	–	–	–	–
Lund et al. 1994 [37]	Nephron sparing surgery	10	–	–	–	–	–	–	–	–	–	–	–
Kano et al. 2015 [38]	Stereotactic radiosurgery	80	–	–	–	–	82	77	–	–	–	–	–
Kano et al. 2008 [39]	Stereotactic radiosurgery	13	55 (8–153)	–	–	–	90.9	77.9	–	97.4	–	–	97.4
Koh et al. 2007 [40]	Fractionated external beam radiotherapy	5	–	–	–	–	100	–	–	–	–	–	–
Morgan et al. 1990 [41]	Nephrectomy and/or enucleation	6	–	–	–	–	–	–	–	–	–	–	–
Novick et al. 1992 [42]	Nephron sparing surgery	9	–	–	–	–	–	–	–	–	–	–	–
Peng et al. 2019 [43]	Nephrectomy	49	–	–	–	–	–	–	–	–	–	–	–
Persad et al. 1997 [6]	Nephrectomy	11	–	–	–	–	–	–	–	–	–	–	–
Ploussard et al. 2007 [44]	Nephron sparing surgery	18	–	23.1	63.4	–	–	93.8	–	–	–	–	–
Roupret et al. 2003 [45]	Nephron sparing surgery	56	–	–	–	–	100	67	–	–	–	–	–
Simone et al. 2011 [46]	Infratentorial craniospinal radiation therapy	7	–	–	–	–	71.4	–	–	–	–	–	–
Steinbach et al. 1995 [21]	Nephron sparing surgery	65	–	–	–	–	87	68	–	–	–	–	–
Wessendorf et al. 2021 [47]	Radiofrequency ablation	9	–	–	–	NR	–	–	NR	–	–	–	–
Yousef et al. 2019 [48]	Surgery	20	–	–	–	–	–	–	–	–	–	–	–
Yao et al. 2002 [49]	Nephrectomy with adjuvant postoperative interferon and/or chemotherapy	78	–	–	–	–	–	–	–	–	–	–	–

Abbreviations: NR, Not reached; NSS, nephron sparing surgery; OS, Overall survival; PFS, Progression-free survival; RFA, radiofrequency ablation; TTS, Time to surgery.

Table 4
Surgical outcomes

Study	Intervention	N	Primary failure/re-intervention rate, %
Asthagiri et al. 2010 [25]	Stereotactic radiosurgery	20	2%
Capitanio et al. 2021 [26]	Surgery	96	8 years: 50%
Chan et al. 2022 [27]	Image-guided ablation (Radiofrequency ablation, Cryoablation, Irreversible electroporation)	17	3 years: 5.9%
Chang et al. 1998	Linear accelerator-based radiosurgery	13	–
Cvek et al. 2022 [29]	Stereotactic body radiotherapy	5	–
Eggener et al. 2004 [30]	Nephrectomy	12	3.2 years: 25%
Frydenberg et al. 1993 [31]	Nephrectomy	–	–
Goldfarb et al. 1997 [32]	Renal transplant	32	9%
Hidaka et al. 2022 [33]	Surgery	–	–
Hwang et al. 2003 [34]	Surgery	29	1.8 years: 28%
Iwamoto et al. 2011 [35]	Radiofrequency ablation	–	–
Jayanth et al. 2021 [36]	Nephron sparing surgery	13	6.5 years: 53%
Jilg et al. 2012 [16]	NSS, Nephrectomy, RFA	54	5.6 years: 55%
Lund et al. 1994 [37]	Nephron sparing surgery	10	3.25 years: 40%
Kano et al. 2015 [38]	Stereotactic radiosurgery	80	1 year: 7%; 3 years: 21%; 5 years: 43%; 10 years: 84%
Kano et al. 2008 [39]	Stereotactic radiosurgery	13	3.6 years: 80%
Koh et al. 2007 [40]	Fractionated external beam radiotherapy	5	40%
Morgan et al. 1990 [41]	Nephrectomy and/or enucleation	–	–
Novick et al. 1992 [42]	Nephron sparing surgery	9	5 years: 77.7%*
Peng et al. 2019 [43]	Nephrectomy	–	–
Persad et al. 1997 [6]	Nephrectomy	11	45.5%
Ploussard et al. 2007 [44]	Nephron sparing surgery	18	2 years: 14.5%; 5 years: 45.6%; 10 years: 83.7%
Roupret et al. 2003 [45]	Nephron sparing surgery	56	13 years: 46.4%
Simone et al. 2011	Infratentorial craniospinal radiation therapy	–	–
Steinbach et al. 1995 [21]	Nephron sparing surgery	49	51%
Wessendorf et al. 2021 [47]	Radiofrequency ablation	–	–
Yao et al. 2002 [49]	Nephrectomy	–	–
Yousef et al. 2019 [48]	Surgery	20	4.1 years: 65%*

*Number of tumours, Abbreviations: NR, Not reached; NSS, nephron sparing surgery; RFA, radiofrequency ablation.

sard et al. 2007). Jilg et al. 2012 was the only study that reported data on time to next surgery with a median time of 149.6 months [16]. The primary failure/re-intervention rate in surgery studies ranged from 9% (Goldfarb et al. 1997) to 83.7% (Ploussard et al. 2007). Two surgery studies determined the primary failure/re-intervention rate by number of tumours instead of by number of patients (Table 4).

Surgical complications

Complications due to surgery were reported in ten studies (Table 5). Operative mortality was not

observed in any of the studies. In the study by Jilg et al. 2012, nearly 50% patients reported hemorrhage, 11% patients reported retroperitoneal hematoma, 30% reported urinary leak, 7% reported perioperative hemodialysis, and 7% reported bleeding. In the study by Jayanth et al. 2021, 3% patients reported renal failure and urinary leakage. In the study by Hwang et al. 2003, 3% patients reported renal failure and urinary leakage. In the study by Hidaka et al. 2022, 1.7% patients reported hemorrhage and 2.7% reported stroke. In the study by Lund et al. 1994, 10% patients reported pleural effusion, bowel obstruction, pneu-

monia, and postoperative coagulopathy. Ploussard et al. 2007 reported a blood transfusion requirement in 22% of the patients and urinary fistula in 17% of patients. Steinbach et al. 1995 reported a patient for each of the following complications: blood transfusion, hemorrhage, pneumonia, renal failure, and retroperitoneal hematoma. Wessendorf et al. 2021 reported a patient for each of the following complications: asymptomatic pneumothorax, hemorrhage, skin burn, urinary bladder tamponade, and urinary tract infection.

DISCUSSION

This SLR identified a total of 32 primary studies, of which three were clinical trials assessing pharmacological interventions (belzutifan, sunitinib, pazopanib), one was a real-world study assessing VEGF-TKIs (sunitinib, pazopanib, sorafenib, axitinib). The remaining 28 were real-world studies assessing surgical, radiological, or image guided ablation interventions. All clinical trials with systemic therapies reported data on response rates, one study reporting outcomes by patients and the other two studies reporting outcomes by lesions. In clinical trials, treatment with sunitinib and pazopanib showed an objective response in approximately 30% and 50% of lesions respectively, and the majority were partial responses. The number of lesions assessed in patients treated with sunitinib was lower ($n=18$) than the number of lesions assessed in patients treated with pazopanib ($n=59$) [17, 18]. Treatment with belzutifan showed an objective response in 64% of patients with RCC lesions. In patients treated with belzutifan, the 24-month PFS rate was nearly 100%, and PFS was not reported for patients treated with pazopanib and sunitinib [17–19]. Real-world studies, with sunitinib and pazopanib treatment were only in part consistent with the clinical trial experience with these agents. The ORR of sunitinib was 40% whereas, pazopanib was 0% [20]. Differences in sample size may account for these differences in response rates. However, in the real-world study only three lesions were assessed in patients treated with pazopanib [20]. In the studies where local treatments were included, where reported, the 5-year repeat surgery rate was around 20% and the 5-year overall survival was around 90% for patients undergoing surgery.

Currently, surgery remains a mainstay in the management of patients with non metastatic VHL disease-associated RCC as it reduces the risk of

distant metastasis, however, it has acute and long-term complications. These patients require multiple tumor removals throughout their lifetime, which are limited by post-operative scarring and multiple procedures incur in increasing rates of complications. The re-intervention or failure rates observed in this work for the surgical procedures ranged from 9% to 84% indicating that in a majority of the patients multiple procedures are required. Multiple resections and surgeries may also result in progressive renal function deterioration and diminished quality of life, along with increased morbidity and mortality for each surgery. Jilg et al. 2012 found the NSS approach to be practical but highlighted the technical skill requirement and difficulty of repeat NSS, implementing a limit of up to three repeated NSS [16]. Complication rates for the first NSS was 53.6%, 44.4% for the second, and increased to 67% with a rise in the number of severe complications [16]. Steinbach et al. 1995 also reported better cancer-specific survival rates for patients undergoing NSS compared to radical nephrectomies [21]. Also, the cost of VHL-related surgeries will be an important factor to be considered in the management of patients with VHL-disease associated RCC. In a study by Wang et al., from the patients included in the LITESPARK-004 trial, the annual cost of VHL-related surgeries was US \$20,499 before the initiation of belzutifan treatment, while after the initiation of belzutifan the annual cost of VHL-related surgeries was US \$956. The corresponding annual costs for VHL-related surgical complications before and after belzutifan treatment were US \$36,760 and US \$1,580, showing a clear decrease in the costs related to surgeries and treatment of surgical complications post belzutifan initiation [22]. This highlights the importance of finding less invasive systemic therapies that reduce the surgical burden in these patients and carry a lower incidence of morbidity and mortality.

As identified in this work, several systemic therapies have been studied in the patients with VHL-associated tumors, however, except belzutifan none of the therapies have been approved in the treatment of VHL disease. In the belzutifan study by Jonasch et al, the authors reported that patients included in the trial had undergone several surgical or ablative procedures before study entry, however, after initiation of belzutifan only three patients needed an intervention directed at a neoplasm associated with VHL disease [19]. Studies evaluating tyrosine kinase inhibitors showed some promise in the treatment of VHL associated tumors, however, these treatments

Table 5
Surgical complications

Study	Hidaka et al. 2022 [33]	Hwang et al. 2003 [34]	Iwamoto et al. 2011 [35]	Jayanth et al. 2021 [36]	Jilg et al. 2012 [16]	Lund et al. 1994 [37]	Novick et al. 1992 [42]	Ploussard et al. 2007 [44]	Steinbach et al. 1995 [21]	Wessendorf et al. 2021 [47]
Intervention	Surgery	Surgery	RFA	NSS	NSS, RFA or nephrec- tomy	NSS	NSS	NSS	NSS	NSS
N (%)	58	29	3	17	54	10	9	18	65	9
Asymptomatic pneumothorax	–	–	–	–	–	–	–	–	–	1 (11.1)
Atelectasis	–	–	–	–	–	–	–	–	1 (2)	–
Blood transfusion	–	–	–	–	–	–	–	4 (22)	–	–
Bowel obstruction (small)	–	–	–	–	–	1 (10)	–	–	–	–
Hematuria and urine leak in preparation for RFA	–	–	–	–	–	–	–	–	–	1 (11.1)
Hemorrhage/coagulopathy	1 (1.7)	–	–	1 (7)	28 (49)	1 (10)	–	–	1 (2)	–
Hemorrhage (post-op)	–	–	–	–	1 (2)	–	–	–	–	–
Hemorrhagic shock (post-op hemorrhage)	–	–	–	–	3 (6)	–	–	–	–	–
Operative mortality	0	0	0	–	0	0	0	0	0	–
Perioperative hemodialysis	–	–	–	1 (7)	–	–	–	–	–	–
Pleural effusion	–	–	–	–	1 (2)	1 (10)	–	–	–	–
Pneumonia	0	1 (3)	–	–	–	1 (10)	–	–	1(2)	–
Pseudomembranous colitis	–	1 (3)	–	–	–	–	–	–	–	–
Renal failure (acute)	–	1 (3)	–	–	2 (4)	–	–	0	1 (2)	–
Retroperitoneal hematoma	–	–	–	–	5 (11)	–	–	–	1 (2)	–
Skin burn	–	–	–	–	–	–	–	–	–	1 (11.1)
Stroke	2 (2.7)	–	–	–	–	–	–	–	–	–
Ureteropelvic junction obstruction following RFTA	–	–	–	–	1 (2)	–	–	–	–	–
Urinary bladder tamponade and hematuria	–	–	–	–	–	–	–	–	–	1 (11.1)
Urinary fistula	–	–	–	–	–	–	–	3 (17)	–	–
Urinary leakage	–	1 (3)	–	4 (30)	1 (2)	–	–	–	–	–
Urinary tract infections and hematuria	–	–	–	–	–	–	–	–	–	1 (11.1)
Urinoma	–	–	–	–	4 (8)	–	–	–	–	–
Wound infection	–	–	–	–	2 (4)	–	–	–	–	–

Abbreviations NSS, nephron sparing surgery; RFA, radiofrequency ablation; RFTA, radiofrequency thermal ablation.

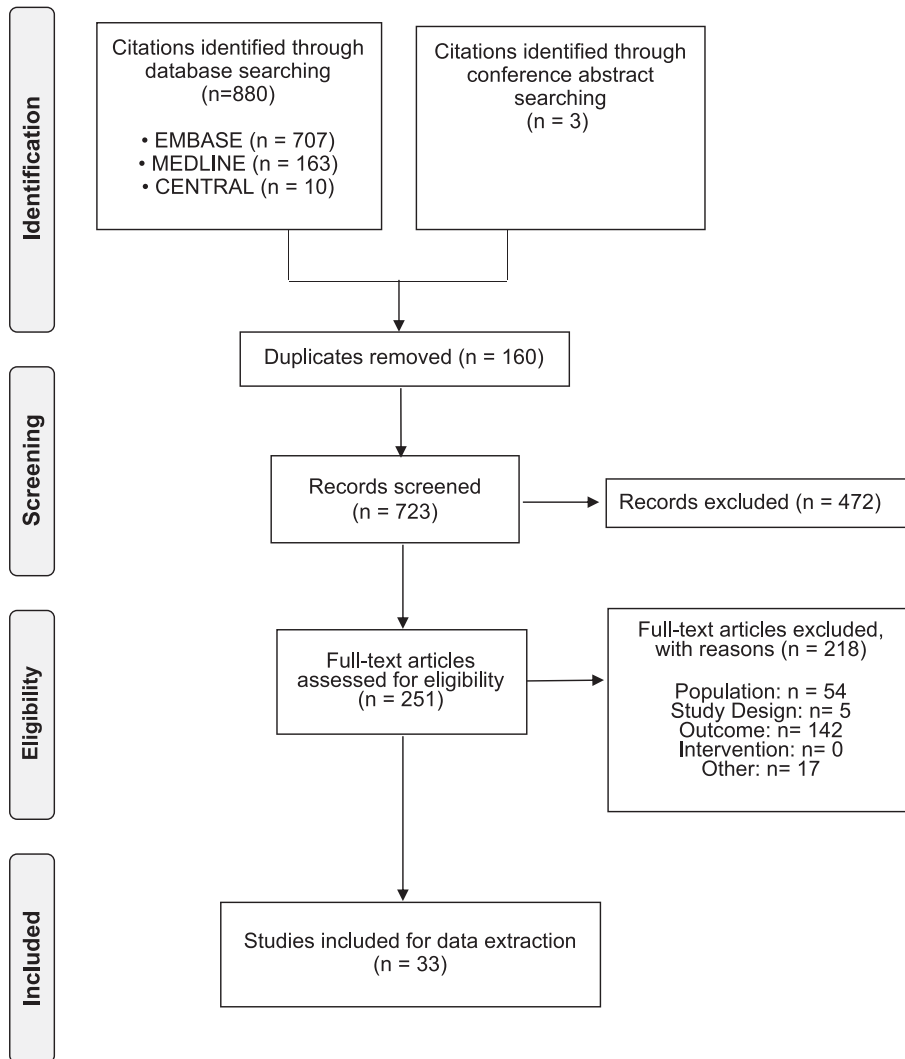


Fig. 1. PRISMA flow diagram of study selection.

resulted in adverse events that led to treatment discontinuations and dose reductions [23, 24]. In the pazopanib study by Jonasch et al, treatment discontinuation due to adverse events was 23% and only 32% patients received full dose of pazopanib with acceptable safety [17]. In contrast, in the belzutifan study by Jonasch et al, only 2% patients discontinued treatment due to adverse events, and 85% patients received full dose of belzutifan [19].

Overall, the clinical evidence base assessing VHL patients is limited and sparse making it challenging to generalize outcomes and apply them to current clinical practice. The lack of evidence also points to the underreporting of outcomes including adverse events, failure or re-intervention rates and surgical

complications (only 10 of the 18 surgical studies reported surgical complications). Furthermore, there is an underreporting of baseline characteristics for study participants, including VHL disease type, as Type 1 and 2B patients are shown to have a higher risk of RCC.

There are several strengths of the SLR approach. First, by systematically reviewing the literature, all available relevant evidence is pulled and condensed into one document, making the review of such evidence a much easier task for clinicians and decision makers. Our SLR did not identify any previously conducted systematic reviews of VHL associated RCC, therefore this evidence can serve as an important resource for future research purposes. Limitations of

this SLR include that it was restricted to published data only. There is potentially a degree of publication bias present since some clinical trials fail to be published while others are published in abstract form, but not as full reports and thus will present limited information. Publication of outcomes data was incomplete, absent, or disparate between studies making it challenging to interpret the data. Another important limitation of this SLR is that the number of patients in some studies is very small.

CONCLUSION

In non-metastatic VHL-associated RCC patients, local treatments are still the mainstay. A limited number of clinical trials and real-world studies evaluated VEGF-TKIs for the treatment of VHL-RCC, while responses were observed, long term treatment was limited by toxicities. In the absence of head-to-head comparison of systemic therapies studied in the VHL disease, this review highlights the importance of belzutifan approved by FDA based on a high response rate and manageable toxicity, being the only approved treatment in this indication as a treatment choice. Belzutifan might serve as an alternative treatment option to surgical interventions and other systemic therapies, mainly due to its low and manageable toxicity profile and promising efficacy when compared to other systemic therapies studied in this population. Belzutifan treatment can be helpful in reducing the tumor size therefore leading to fewer indications of local treatments for the patients and can prevent the decrease in the overall quality of life by avoiding the surgical complications in the patients with VHL disease. This review also highlights the unmet need for more treatments that are less invasive to treat these patients.

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AUTHOR CONTRIBUTIONS

Conception and design of the study: CB, MS

Acquisition, analysis, or interpretation of data: CB, KY, LG, JL

Writing: CB, KY, LG, JL

Supervision: EJ, CB, MS

CONFLICT OF INTEREST

CB, KY, LG, JL has no conflict of interest to disclose. MS is currently an employee at Merck. EJ is an Editorial Board Member of this journal but was not involved in the peer-review process of this paper, nor had access to any information regarding its peer-review. EJ has received research funding from Arrowhead, Merck, and NiKang, as well as honoraria from Aveo, Aravive, Calithera, Eisai, Exelixis, Ipsen, Merck, NiKang, Novartis, Pfizer, and Takeda.

DATA AVAILABILITY

The data for the systematic literature review, search strategies and PICOS criteria is available upon request.

SUPPLEMENTARY MATERIAL

The systematic literature review search strategies and PICOS criteria is available in the supplementary materials.

Supplementary material can be found here: <https://dx.doi.org/10.3233/KCA-230021>

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