

# Supplementary Material

## Non-Genetic Risk Factors for Parkinson's Disease: An Overview of 46 Systematic Reviews

### Search strategy

EMBASE (3 June 2020)

|   |  |        |
|---|--|--------|
| 1 | exp Parkinson disease/cn, dm, dt, su, th [Congenital Disorder, Disease Management, Drug Therapy, Surgery, Therapy] | 37739  |
| 2 | systematic review.tw.  | 191823 |
| 3 | meta-analysis.tw.  | 192694 |
| 4 | 2 or 3   | 306688 |
| 5 | 1 and 4  | 517    |
| 6 | limit 5 to (human and yr="2011 -Current")  | 372    |

MEDLINE (3 June 2020)

|   |   |        |
|---|---|--------|
| 1 | exp Parkinson Disease/cn, dh, de, dt, mo, nu, pc, px, rt, rh, tu, th [Congenital, Diet Therapy, Drug Effects, Drug Therapy, Mortality, Nursing, Prevention & Control, Psychology, Radiotherapy, Rehabilitation, Therapeutic Use, Therapy] | 29977  |
| 2 | MEDLINE.tw.   | 96611  |
| 3 | systematic review.tw.   | 118739 |
| 4 | meta analysis.pt.   | 115325 |
| 5 | 2 or 3 or 4   | 230777 |
| 6 | 1 and 5   | 615    |
| 7 | limit 6 to (humans and yr="2011 -Current")  | 409    |

PsycIFNO (3<sup>rd</sup> June, 2020)

|   |   |        |
|---|---|--------|
| 1 | exp Parkinson's Disease/                  | 24713  |
| 2 | meta-analysis.tw.                         | 29989  |
| 3 | search:.tw.                               | 99948  |
| 4 | 2 or 3                                    | 121684 |
| 5 | 1 and 4                                   | 872    |
| 6 | limit 5 to (human and yr="2011 -Current") | 612    |

## AMSTAR 2

### 1. Did the research questions and inclusion criteria for the review include the components of PICO?

|   |  |                              |
|---|--|------------------------------|
| For Yes:                                  | Optional (recommended)                           |                              |
| <input type="checkbox"/> Population       | <input type="checkbox"/> Timeframe for follow-up | <input type="checkbox"/> Yes |
| <input type="checkbox"/> Intervention     |  | <input type="checkbox"/> No  |
| <input type="checkbox"/> Comparator group |  |                              |
| <input type="checkbox"/> Outcome          |  |                              |

### 2. Did the report of the review contain an explicit statement that the review methods were established prior to the conduct of the review and did the report justify any significant deviations from the protocol?

|  |  |                                      |
|--|--|--------------------------------------|
| For Partial Yes:<br>The authors state that they had a written protocol or guide that included ALL the following: | For Yes:<br>As for partial yes, plus the protocol should be registered and should also have specified: |                                      |
| <input type="checkbox"/> review question(s)  | <input type="checkbox"/> a meta-analysis/synthesis plan, if appropriate, <i>and</i>                    | <input type="checkbox"/> Yes         |
| <input type="checkbox"/> a search strategy   | <input type="checkbox"/> a plan for investigating causes of heterogeneity                              | <input type="checkbox"/> Partial Yes |
| <input type="checkbox"/> inclusion/exclusion criteria  | <input type="checkbox"/> justification for any deviations from the protocol                            | <input type="checkbox"/> No          |
| <input type="checkbox"/> a risk of bias assessment   |  |                                      |

### 3. Did the review authors explain their selection of the study designs for inclusion in the review?

|   |                              |
|---|------------------------------|
| For Yes, the review should satisfy ONE of the following:                        |                              |
| <input type="checkbox"/> <i>Explanation for</i> including only RCTs             | <input type="checkbox"/> Yes |
| <input type="checkbox"/> OR <i>Explanation for</i> including only NRSI          | <input type="checkbox"/> No  |
| <input type="checkbox"/> OR <i>Explanation for</i> including both RCTs and NRSI |                              |

### 4. Did the review authors use a comprehensive literature search strategy?

|  |  |                                      |
|--|--|--------------------------------------|
| For Partial Yes (all the following):   | For Yes, should also have (all the following):   |                                      |
| <input type="checkbox"/> searched at least 2 databases (relevant to research question) | <input type="checkbox"/> searched the reference lists/bibliographies of included studies | <input type="checkbox"/> Yes         |
| <input type="checkbox"/> provided key word and/or search strategy                      | <input type="checkbox"/> searched trial/study registries                                 | <input type="checkbox"/> Partial Yes |
| <input type="checkbox"/> justified publication restrictions (eg, language)             | <input type="checkbox"/> included/consulted content experts in the field                 | <input type="checkbox"/> No          |
|  | <input type="checkbox"/> where relevant, searched for grey literature                    |                                      |
|  | <input type="checkbox"/> conducted search within 24 months of completion of the review   |                                      |

### 5. Did the review authors perform study selection in duplicate?

|  |                              |
|--|------------------------------|
| For Yes, either ONE of the following:  |                              |
| <input type="checkbox"/> at least two reviewers independently agreed on selection of eligible studies and achieved consensus on which studies to include                               | <input type="checkbox"/> Yes |
| <input type="checkbox"/> OR two reviewers selected a sample of eligible studies <u>and</u> achieved good agreement (at least 80 per cent), with the remainder selected by one reviewer | <input type="checkbox"/> No  |

### 6. Did the review authors perform data extraction in duplicate?

|   |                              |
|---|------------------------------|
| For Yes, either ONE of the following:   |                              |
| <input type="checkbox"/> at least two reviewers achieved consensus on which data to extract | <input type="checkbox"/> Yes |

|   |   |
|---|---|
| <p>from included studies</p> <p><input type="checkbox"/> OR two reviewers extracted data from a sample of eligible studies <u>and</u> achieved good agreement (at least 80 per cent), with the remainder extracted by one reviewer</p>  | <input type="checkbox"/> No   |
| <b>7. Did the review authors provide a list of excluded studies and justify the exclusions?</b>   |   |
| <p>For Partial Yes:</p> <p><input type="checkbox"/> provided a list of all potentially relevant studies that were read in full text form but excluded from the review</p>   | <p>For Yes, must also have:</p> <p><input type="checkbox"/> Justified the exclusion from the review of each potentially relevant study</p>  |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> Partial Yes<br><input type="checkbox"/> No   |   |
| <b>8. Did the review authors describe the included studies in adequate detail?</b>  |   |
| <p>For Partial Yes (ALL the following):</p> <p><input type="checkbox"/> described populations</p> <p><input type="checkbox"/> described interventions</p> <p><input type="checkbox"/> described comparators</p> <p><input type="checkbox"/> described outcomes</p> <p><input type="checkbox"/> described research designs</p> | <p>For Yes, should also have ALL the following:</p> <p><input type="checkbox"/> described population in detail</p> <p><input type="checkbox"/> described intervention and comparator in detail (including doses where relevant)</p> <p><input type="checkbox"/> described study's setting</p> <p><input type="checkbox"/> timeframe for follow-up</p> |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> Partial Yes<br><input type="checkbox"/> No   |   |
| <b>9. Did the review authors use a satisfactory technique for assessing the risk of bias (RoB) in individual studies that were included in the review?</b>  |   |
| <b>RCTs</b>   |   |
| <p>For Partial Yes, must have assessed RoB from</p> <p><input type="checkbox"/> unconcealed allocation, <i>and</i></p> <p><input type="checkbox"/> lack of blinding of patients and assessors when assessing outcomes (unnecessary for objective outcomes such as all cause mortality)</p>                                    | <p>For Yes, must also have assessed RoB from:</p> <p><input type="checkbox"/> allocation sequence that was not truly random, <i>and</i></p> <p><input type="checkbox"/> selection of the reported result from among multiple measurements or analyses of a specified outcome</p>  |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> Partial Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> Includes only NRSI  |   |
| <b>NRSI</b>   |   |
| <p>For Partial Yes, must have assessed RoB:</p> <p><input type="checkbox"/> from confounding, <i>and</i></p> <p><input type="checkbox"/> from selection bias</p>  | <p>For Yes, must also have assessed RoB:</p> <p><input type="checkbox"/> methods used to ascertain exposures and outcomes, <i>and</i></p> <p><input type="checkbox"/> selection of the reported result from among multiple measurements or analyses of a specified outcome</p>  |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> Partial Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> Includes only RCTs  |   |
| <b>10. Did the review authors report on the sources of funding for the studies included in the review?</b>  |   |
| <p>For Yes</p> <p><input type="checkbox"/> Must have reported on the sources of funding for individual studies included in the review. Note: Reporting that the reviewers looked for this information but it was not reported by study authors also qualifies</p>   |   |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> No   |   |
| <b>11. If meta-analysis was performed did the review authors use appropriate methods for statistical combination of results?</b>  |   |
| <b>RCTs</b>   |   |
| <p>For Yes:</p> <p><input type="checkbox"/> The authors justified combining the data in a meta-analysis</p> <p><input type="checkbox"/> AND they used an appropriate weighted technique to combine study results and adjusted for heterogeneity if present</p>  |   |
| <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> No meta-analysis  |   |

|   |  |
|---|--|
| <input type="checkbox"/> AND investigated the causes of any heterogeneity   | conducted  |
| <b>For NRSI</b>   |  |
| For Yes:  |  |
| <input type="checkbox"/> The authors justified combining the data in a meta-analysis  | <input type="checkbox"/> Yes   |
| <input type="checkbox"/> AND they used an appropriate weighted technique to combine study results, adjusting for heterogeneity if present   | <input type="checkbox"/> No  |
| <input type="checkbox"/> AND they statistically combined effect estimates from NRSI that were adjusted for confounding, rather than combining raw data, or justified combining raw data when adjusted effect estimates were not available | <input type="checkbox"/> No meta-analysis conducted  |
| <input type="checkbox"/> AND they reported separate summary estimates for RCTs and NRSI separately when both were included in the review  |  |
| <b>12. If meta-analysis was performed, did the review authors assess the potential impact of RoB in individual studies on the results of the meta-analysis or other evidence synthesis?</b>   |  |
| For Yes:  |  |
| <input type="checkbox"/> included only low risk of bias RCTs  | <input type="checkbox"/> Yes   |
| <input type="checkbox"/> OR, if the pooled estimate was based on RCTs and/or NRSI at variable RoB, the authors performed analyses to investigate possible impact of RoB on summary estimates of effect                                    | <input type="checkbox"/> No<br><input type="checkbox"/> No meta-analysis conducted                                 |
| <b>13. Did the review authors account for RoB in individual studies when interpreting/discussing the results of the review?</b>   |  |
| For Yes:  |  |
| <input type="checkbox"/> included only low risk of bias RCTs  | <input type="checkbox"/> Yes   |
| <input type="checkbox"/> OR, if RCTs with moderate or high RoB, or NRSI were included the review provided a discussion of the likely impact of RoB on the results   | <input type="checkbox"/> No  |
| <b>14. Did the review authors provide a satisfactory explanation for, and discussion of, any heterogeneity observed in the results of the review?</b>   |  |
| For Yes:  |  |
| <input type="checkbox"/> There was no significant heterogeneity in the results  |  |
| <input type="checkbox"/> OR if heterogeneity was present the authors performed an investigation of sources of any heterogeneity in the results and discussed the impact of this on the results of the review                              | <input type="checkbox"/> Yes<br><input type="checkbox"/> No  |
| <b>15. If they performed quantitative synthesis did the review authors carry out an adequate investigation of publication bias (small study bias) and discuss its likely impact on the results of the review?</b>                         |  |
| For Yes:  |  |
| <input type="checkbox"/> performed graphical or statistical tests for publication bias and discussed the likelihood and magnitude of impact of publication bias   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No<br><input type="checkbox"/> No meta-analysis conducted |
| <b>16. Did the review authors report any potential sources of conflict of interest, including any funding they received for conducting the review?</b>  |  |
| For Yes:  |  |
| <input type="checkbox"/> The authors reported no competing interests OR   | <input type="checkbox"/> Yes   |
| <input type="checkbox"/> The authors described their funding sources and how they managed potential conflicts of interest   | <input type="checkbox"/> No  |

**Supplementary Table 1. Summary results of included systematic reviews with meta-analysis which included not only prospective studies<sup>a</sup>**

| Author, year              | Study design | Risk factor                                  | No. of studies<br>(No. of PD cases) | Pooled results<br>(95% CI) | I <sup>2</sup><br>(%) | p<br>(heterogeneity) |
|---------------------------|--------------|--|-------------------------------------|----------------------------|-----------------------|----------------------|
| <b>Habits</b>             |              |  |                                     |                            |                       |                      |
| Zhang et al.<br>2014 [40] | CC, Co       | Alcohol intake<br>(highest vs. lowest level) | 32 (9994)                           | RR: 0.75 (0.66, 0.85)      | 52.3                  | NR                   |
| Noyce et al.<br>2012 [22] | CC, Co       | Smoking<br>(ever vs. never)                  | 67 (17856)                          | RR: 0.64 (0.60, 0.69)      | 49.6                  | <0.01                |
| Noyce et al.<br>2012 [22] | CC, Co       | Smoking<br>(current vs. never)               | 33 (13271)                          | RR: 0.44 (0.39, 0.50)      | 33.8                  | 0.03                 |
| Noyce et al.<br>2012 [22] | CC, Co       | Smoking<br>(past vs. never)                  | 31 (13405)                          | RR: 0.78 (0.71, 0.85)      | 52.9                  | <0.01                |
| Noyce et al.<br>2012 [22] | CC, Co       | Coffee<br>( drinking vs. non-drinking)       | 19 (5801)                           | RR: 0.67 (0.58, 0.76)      | 42.9                  | 0.03                 |
| Qi et al.<br>2014 [37]    | CC , Co, NCC | Tea<br>(highest vs. lowest category)         | 8 (1929)                            | RR: 0.63 (0.49, 0.81)      | 51.7                  | NR                   |
| Qi et al.<br>2014 [37]    | CC, Co, NCC  | Caffeine<br>(highest vs. lowest category)    | 7 (2659)                            | RR: 0.55 (0.43, 0.71)      | 53.0                  | NR                   |
| Shen et al.<br>2015 [45]  | CC           | Outdoor work<br>(with vs. without)           | 2 (4266)                            | OR: 0.72 (0.63, 0.81)      | 0.0                   | 0.93                 |

## Environmental agents

|                             |        |  |         |                       |      |    |
|-----------------------------|--------|--|---------|-----------------------|------|----|
| Pezzoli et al.<br>2013 [32] | CC, Co | Pesticides<br>(exposure vs. no exposure)       | 51 (NR) | OR: 1.76 (1.56, 2.04) | 67.3 | NR |
| Pezzoli et al.<br>2013 [32] | CC, Co | Herbicides<br>(exposure vs. no exposure)       | 19 (NR) | OR: 1.33 (1.08, 1.65) | 55.0 | NR |
| Pezzoli et al.<br>2013 [32] | CC, Co | Insecticides<br>(exposure vs. no exposure)     | 18 (NR) | OR: 1.53 (1.12, 2.08) | 78.8 | NR |
| Pezzoli et al.<br>2013 [32] | CC     | Fungicides<br>(exposure vs. no exposure)       | 12 (NR) | OR: 0.97 (0.69, 1.38) | 35.4 | NR |
| Pezzoli et al.<br>2013 [32] | CC     | Rodenticides<br>(exposure vs. no exposure)     | 4 (NR)  | OR: 0.99 (0.53, 1.66) | 0.0  | NR |
| Pezzoli et al.<br>2013 [32] | CC, Co | Solvents<br>(exposure vs. no exposure)         | 16 (NR) | OR: 1.35 (1.09, 1.67) | 35.5 | NR |
| Pezzoli et al.<br>2013 [32] | CC, Co | Organochlorines<br>(exposure vs. no exposure)  | 5 (NR)  | OR: 1.39 (0.77, 2.50) | 60.6 | NR |
| Pezzoli et al.<br>2013 [32] | CC, Co | Organophosphates<br>(exposure vs. no exposure) | 7 (NR)  | OR: 1.27 (0.82, 1.98) | 68.9 | NR |
| Pezzoli et al.<br>2013 [32] | CC     | Paraquat<br>(exposure vs. no exposure)         | 7 (NR)  | OR: 2.19 (1.48, 3.26) | 51.1 | NR |
| Pezzoli et al.<br>2013 [32] | CC     | Maneb/mancozeb<br>(exposure vs. no exposure)   | 4 (NR)  | OR: 1.49 (0.85, 2.63) | 13.8 | NR |

|                              |        |   |            |                       |      |       |
|------------------------------|--------|---|------------|-----------------------|------|-------|
| Pezzoli et al.<br>2013 [32]  | CC     | DDT<br>(exposure vs. no exposure)                   | 5 (NR)     | OR: 1.03 (0.80, 1.34) | 0.0  | NR    |
| Pezzoli et al.<br>2013 [32]  | CC, Co | Farming<br>(exposure vs. no exposure)               | 24 (NR)    | OR: 1.30 (1.14, 1.49) | 43.2 | NR    |
| Pezzoli et al.<br>2013 [32]  | CC     | Well water drinking<br>(exposure vs. no exposure)   | 37 (NR)    | OR: 1.34 (1.16, 1.55) | 66.4 | NR    |
| Pezzoli et al.<br>2013 [32]  | CC     | Rural living<br>(exposure vs. no exposure)          | 30 (NR)    | OR: 1.32 (1.15, 1.51) | 75.2 | NR    |
| Kasdagli et al.<br>2019 [14] | CC, Co | PM <sub>2.5</sub><br>(per 10 µg/m <sup>3</sup> )    | 8 (205764) | RR: 1.06 (0.99, 1.14) | 86.0 | <0.01 |
| Kasdagli et al.<br>2019 [14] | CC, Co | PM <sub>2.5</sub><br>(high vs. low exposure)        | 4 (3045)   | RR: 1.05 (0.92, 1.21) | 0.0  | 0.41  |
| Kasdagli et al.<br>2019 [14] | CC, Co | PM <sub>10</sub><br>(per 10 µg/m <sup>3</sup> )     | 6 (27895)  | RR: 0.99 (0.96, 1.01) | 58.0 | 0.03  |
| Kasdagli et al.<br>2019 [14] | CC, Co | PM <sub>10</sub><br>(high vs. low exposure)         | 6 (15222)  | RR: 1.00 (0.86, 1.18) | 73.0 | <0.01 |
| Kasdagli et al.<br>2019 [14] | CC, Co | PM <sub>2.5-10</sub><br>(per 10 µg/m <sup>3</sup> ) | 3 (14162)  | RR: 0.97 (0.93, 1.01) | 47.0 | 0.15  |
| Kasdagli et al.<br>2019 [14] | CC, Co | PM <sub>2.5-10</sub><br>(high vs. low exposure)     | 3 (1494)   | RR: 0.90 (0.74, 1.10) | 0.0  | 0.96  |
| Kasdagli et al.<br>2019 [14] | CC, Co | NO <sub>2</sub><br>(per 10 µg/m <sup>3</sup> )      | 7 (68249)  | RR: 1.06 (0.93, 1.20) | 83.0 | <0.01 |
| Kasdagli et al.<br>2019 [14] | CC, Co | NO <sub>2</sub><br>(high vs. low exposure)          | 4 (4748)   | RR: 1.06 (0.93, 1.20) | 14.0 | 0.32  |

|                              |        |   |            |                       |      |       |
|------------------------------|--------|---|------------|-----------------------|------|-------|
| Kasdagli et al.<br>2019 [14] | CC, Co | NOx<br>(per 10 µg/m <sup>3</sup> )              | 4 (26977)  | RR: 1.04 (0.98, 1.11) | 81.0 | <0.01 |
| Kasdagli et al.<br>2019 [14] | CC, Co | NOx<br>(high vs. low exposure)                  | 3 (12613)  | RR: 1.04 (0.98, 1.11) | 0.0  | 0.55  |
| Kasdagli et al.<br>2019 [14] | CC, Co | CO<br>( per 1 mg/m <sup>3</sup> )               | 3 (13873)  | RR: 1.34 (0.85, 2.10) | 82.0 | <0.01 |
| Kasdagli et al.<br>2019 [14] | CC, Co | CO<br>(high vs. low exposure)                   | 2 (12177)  | RR: 1.04 (0.97, 1.11) | 0.0  | 0.73  |
| Kasdagli et al.<br>2019 [14] | CC, Co | O <sub>3</sub><br>( per 5 ppb)                  | 5 (64026)  | RR: 1.01 (1.00, 1.02) | 0.0  | 0.69  |
| Kasdagli et al.<br>2019 [14] | CC, Co | O <sub>3</sub><br>(high vs. low exposure)       | 2 (12177)  | RR: 1.01 (0.81, 1.26) | 77.0 | 0.04  |
| Kasdagli et al.<br>2019 [14] | CC, Co | SO <sub>2</sub><br>(high vs. low exposure)      | 2 (12177)  | RR: 0.98 (0.79, 1.21) | 79.0 | 0.03  |
| Huss et al.<br>2015 [42]     | CC, Co | ELF-MF<br>(higher vs. lowest exposure)          | 11 (63096) | RR: 1.05 (0.93, 1.13) | 45.9 | 0.05  |
| Huss et al.<br>2015 [42]     | CC, Co | ELF-MF<br>(highest-longest vs. lowest exposure) | 9 (29257)  | RR: 1.05 (0.92, 1.20) | 14.8 | 0.31  |
| Mortimer et al.<br>2012 [29] | CC, Co | Welding<br>(exposure vs. no exposure)           | 9 (3001)   | RR: 0.86 (0.80, 0.92) | 0.0  | 0.82  |
| Mortimer et al.<br>2012 [29] | CC, Co | Manganese<br>(exposure vs. no exposure)         | 3 (1278)   | RR: 0.76 (0.41, 1.42) | 62.2 | 0.07  |
| Palin et al.<br>2015 [44]    | CC     | Hydrocarbon<br>(exposure vs. no exposure)       | 14 (4483)  | OR: 1.36 (1.13, 1.63) | 29.0 | 0.15  |



|                          |    |  |         |                       |      |       |
|--------------------------|----|--|---------|-----------------------|------|-------|
| Zhou et al.<br>2019 [17] | CC | Sunlight<br>(exposure vs. no exposure) | 3 (295) | OR: 0.02 (0.00, 0.10) | 78.8 | <0.01 |
|--------------------------|----|--|---------|-----------------------|------|-------|

**Dietary factors**

|                            |            |   |          |                       |      |       |
|----------------------------|------------|---|----------|-----------------------|------|-------|
| Takeda et al.<br>2014 [38] | CC, Co, CS | Vitamin A (retinol) intake<br>(high vs. low level)    | 3 (624)  | OR: 1.09 (0.84, 1.42) | 0.0  | 0.42  |
| Takeda et al.<br>2014 [38] | CC, Co, CS | $\alpha$ -carotene intake<br>(high vs. low level)     | 3 (677)  | OR: 0.78 (0.54, 1.14) | 35.0 | 0.22  |
| Takeda et al.<br>2014 [38] | CC, Co, CS | $\beta$ -carotene intake<br>(high vs. low level)      | 6 (1395) | OR: 0.91 (0.70, 1.20) | 37.0 | 0.16  |
| Takeda et al.<br>2014 [38] | CC, Co, CS | $\beta$ -cryptoxanthin intake<br>(high vs. low level) | 3 (677)  | OR: 0.96 (0.66, 1.40) | 42.0 | 0.18  |
| Takeda et al.<br>2014 [38] | CC, Co, CS | Lutein intake<br>(high vs. low level)                 | 4 (804)  | OR: 1.49 (0.83, 2.68) | 78.0 | <0.01 |
| Takeda et al.<br>2014 [38] | CC, Co, CS | Lycopene intake<br>(high vs. low level)               | 3 (678)  | OR: 1.03 (0.64, 1.65) | 62.0 | 0.07  |
| Cheng et al.<br>2015 [41]  | CC, Co     | Iron intake<br>(moderate vs. low level)               | NR (NR)  | RR: 1.03 (0.83, 1.30) | 49.6 | 0.11  |
| Cheng et al.<br>2015 [41]  | CC, Co     | Iron intake<br>(high vs. low level)                   | 4 (2577) | RR: 1.08 (0.61, 1.93) | 82.4 | <0.01 |
| Cheng et al.<br>2015 [41]  | CC, Co     | Zinc intake<br>(moderate vs. low level)               | NR (NR)  | RR: 0.89 (0.36, 2.18) | 92.2 | <0.01 |

|                           |        |   |           |                       |      |       |
|---------------------------|--------|---|-----------|-----------------------|------|-------|
| Cheng et al.<br>2015 [41] | CC, Co | Zinc intake<br>(high vs. low level)               | NR (NR)   | RR: 0.69 (0.39, 1.23) | 48.4 | 0.16  |
| Cheng et al.<br>2015 [41] | CC, Co | Copper intake<br>(moderate vs. low level)         | NR (NR)   | RR: 0.94 (0.47, 1.87) | 86.9 | <0.01 |
| Cheng et al.<br>2015 [41] | CC, Co | Copper intake<br>(high vs. low level)             | NR (NR)   | RR: 0.96 (0.65, 1.42) | 0.0  | 0.32  |
| Wang et al.<br>2015 [47]  | CC, Co | Protein intake<br>(highest vs. lowest level)      | 7 (1570)  | RR: 1.13 (0.88, 1.44) | 30.4 | 0.20  |
| Wang et al.<br>2015 [47]  | CC, Co | Carbohydrate intake<br>(highest vs. lowest level) | 8 (1482)  | RR: 1.24 (1.05, 1.48) | 0.0  | 0.45  |
| Wang et al.<br>2015 [47]  | CC, Co | Cholesterol intake<br>(highest vs. lowest level)  | 7 (1713)  | RR: 0.97 (0.75, 1.26) | 62.4 | 0.01  |
| Wang et al.<br>2015 [47]  | CC, Co | Energy intake<br>(highest vs. lowest level)       | 8 (1553)  | RR: 1.39 (1.01, 1.92) | 83.8 | <0.01 |
| Wang et al.<br>2015 [47]  | CC, Co | Fat intake<br>(highest vs. lowest level)          | 13 (2936) | RR: 0.88 (0.74, 1.06) | 34.4 | NR    |
| Qu et al.<br>2019 [15]    | CC, Co | Total fat intake<br>(high vs. low level)          | 6 (4429)  | OR: 1.07 (0.91, 1.25) | 42.3 | 0.12  |

#### Medical history and comorbid diseases

|                            |             |                                   |            |                       |      |       |
|----------------------------|-------------|-----------------------------------|------------|-----------------------|------|-------|
| Jafari et al.<br>2013 [31] | CC, Co, NCC | Head trauma<br>(with vs. without) | 22 (18344) | OR: 1.57 (1.35, 1.83) | 61.0 | <0.01 |
|----------------------------|-------------|-----------------------------------|------------|-----------------------|------|-------|

|                           |        |   |            |                       |      |       |
|---------------------------|--------|---|------------|-----------------------|------|-------|
| Noyce et al.<br>2012 [22] | CC     | Any relative have PD<br>(with vs. without)      | 19 (3784)  | RR: 4.45 (3.39, 5.83) | 57.3 | <0.01 |
| Noyce et al.<br>2012 [22] | CC     | Only first degree have PD<br>(with vs. without) | 26 (6321)  | RR: 3.23 (2.65, 3.93) | 52.2 | <0.01 |
| Noyce et al.<br>2012 [22] | CC     | Family history of tremor<br>(with vs. without)  | 10 (1756)  | RR: 2.74 (2.10, 3.57) | 0.0  | 0.74  |
| Noyce et al.<br>2012 [22] | CC, Co | Prior mood disorder<br>(with vs. without)       | 13 (16211) | RR: 1.86 (1.64, 2.11) | 68.2 | <0.01 |
| Noyce et al.<br>2012 [22] | CC, Co | Diabetes<br>(with vs. without)                  | 13 (20025) | RR: 0.91 (0.72, 1.15) | 70.9 | <0.01 |
| Lu et al.<br>2014 [21]    | CC     | Diabetes<br>(with vs. without)                  | 14 (21395) | OR: 0.75 (0.58, 0.98) | 75.0 | <0.01 |
| Noyce et al.<br>2012 [22] | CC     | Cancer<br>(with vs. without)                    | 7 (9693)   | RR: 1.01 (0.94, 1.09) | 50.4 | 0.06  |
| Noyce et al.<br>2012 [22] | CC, Co | Hypertension<br>(with vs. without)              | 12 (5993)  | RR: 0.74 (0.61, 0.90) | 76.5 | <0.01 |
| Noyce et al.<br>2012 [22] | CC     | Gastric ulcer<br>(with vs. without)             | 3 (406)    | RR: 1.37 (0.36, 5.31) | 81.0 | 0.05  |
| Noyce et al.<br>2012 [22] | CC     | General anaesthetic<br>(with vs. without)       | 6 (1571)   | RR: 1.10 (0.77, 1.58) | 74.2 | 0.02  |

|                                |        |   |            |                       |      |       |
|--------------------------------|--------|---|------------|-----------------------|------|-------|
| Noyce et al.<br>2012 [22]      | CC, Co | Oophorectomy<br>(with vs. without)                                | 5 (775)    | RR: 0.76 (0.52, 1.13) | 58.8 | 0.05  |
| Ungprasert et al.<br>2015 [46] | CC, Co | Gout<br>(with vs. without)  | 5 (235299) | RR: 0.93 (0.79, 1.09) | 87.0 | <0.01 |
| Adams et al.<br>2015 [49]      | CC, Co | Premorbid constipation<br>(with vs. without)                      | 9 (11242)  | OR: 2.27 (2.09, 2.46) | 18.1 | 0.28  |
| Adams et al.<br>2015 [49]      | CC, Co | Constipation of duration $\geq 10$<br>years<br>(with vs. without) | 4 (8567)   | OR: 2.13 (1.27, 2.56) | 0.0  | 0.76  |
| Lv et al.<br>2017 [55]         | CC, Co | Age at menarche<br>(highest vs. lowest category)                  | 7 (2134)   | RR: 1.03 (0.84, 1.26) | 25.5 | 0.23  |
| Lv et al.<br>2017 [55]         | CC, Co | Age at menopause<br>(highest vs. lowest category)                 | 8 (2206)   | RR: 0.98 (0.75, 1.29) | 49.8 | 0.05  |
| Lv et al.<br>2017 [55]         | CC, Co | Fertile lifespan<br>(highest vs. lowest category)                 | 5 (1379)   | RR: 0.98 (0.77, 1.25) | 8.0  | 0.36  |
| Lv et al.<br>2017 [55]         | CC, Co | Parity<br>(highest vs. lowest category)                           | 8 (2211)   | RR: 0.99 (0.79, 1.25) | 42.8 | 0.09  |
| Lv et al.<br>2017 [55]         | CC, Co | Type of menopause<br>(surgical vs. natural)                       | 7 (1857)   | RR: 0.93 (0.68, 1.29) | 74.8 | <0.01 |
| Milani et al.<br>2017 [56]     | CC     | Bullous pemphigoid<br>(with vs. without)                          | 10 (749)   | OR: 3.06 (1.97, 4.77) | 0.0  | >0.45 |

|                              |        |   |         |                       |      |       |
|------------------------------|--------|---|---------|-----------------------|------|-------|
| Wang et al.<br>2018 [61]     | CC, Co | Depression<br>(with vs. without)                    | 11 (NR) | OR: 2.20 (1.87, 2.58) | 35.1 | 0.19  |
| Zhou et al.<br>2019 [16]     | CC, Co | Latent infection of T. gondii<br>(with vs. without) | 7 (448) | OR: 1.17 (0.86, 1.58) | 40.5 | 0.11  |
| Zhou et al.<br>2019 [16]     | CC, Co | Acute infection of T. gondii<br>(with vs. without)  | 3 (221) | OR: 1.13 (0.30, 4.35) | 0.0  | 0.49  |
| Faustino et al.<br>2020 [19] | Co, CS | Bipolar disorder<br>(with vs. without)              | 6 (NR)  | OR: 3.35 (2.00, 5.60) | 92.0 | <0.01 |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of HP<br>(with vs. without)               | 9 (NR)  | OR: 1.65 (1.43, 1.92) | 0.7  | 0.43  |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of HCV<br>(with vs. without)              | 7(NR)   | OR: 1.20 (1.01, 1.41) | 79.0 | <0.01 |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of malassezia<br>(with vs. without)       | 2 (NR)  | OR: 1.69 (1.37, 2.10) | 0.0  | 0.88  |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of pneumoniac<br>(with vs. without)       | 2 (NR)  | OR: 1.60 (1.02, 2.49) | 17.5 | 0.27  |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of measles<br>(with vs. without)          | 3 (NR)  | OR: 0.79 (0.53, 1.19) | 60.2 | 0.08  |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of influenza virus<br>(with vs. without)  | 4 (NR)  | OR: 1.95 (0.77, 4.94) | 93.1 | <0.01 |
| Wang et al.<br>2020 [20]     | CC, Co | Infection of herpes virus<br>(with vs. without)     | 4 (NR)  | OR: 1.52 (0.61, 3.78) | 77.1 | 0.04  |

|                           |        |   |           |                        |      |       |
|---------------------------|--------|---|-----------|------------------------|------|-------|
| Wang et al.<br>2020 [20]  | CC, Co | Infection of HBV<br>(with vs. without)            | 6 (NR)    | OR: 0.96 (0.72, 1.29)  | 90.5 | <0.01 |
| Wang et al.<br>2020 [20]  | CC, Co | Infection of scarlet fever<br>(with vs. without)  | 2 (NR)    | OR: 2.08 (0.34, 12.91) | 79.0 | 0.03  |
| Wang et al.<br>2020 [20]  | CC, Co | Infection of mumps virus<br>(with vs. without)    | 3 (NR)    | OR: 1.66 (0.57, 4.83)  | 94.6 | <0.01 |
| Wang et al.<br>2020 [20]  | CC, Co | Infection of chicken pox<br>(with vs. without)    | 3 (NR)    | OR: 0.76 (0.61, 0.95)  | 0.0  | 0.99  |
| Wang et al.<br>2020 [20]  | CC, Co | Infection of pertussis<br>(with vs. without)      | 2 (NR)    | OR: 2.97 (0.19, 46.11) | 85.1 | 0.01  |
| Wang et al.<br>2020 [20]  | CC, Co | Infection of German measles<br>(with vs. without) | 2 (NR)    | OR: 1.31 (0.82, 2.12)  | 0.0  | 0.68  |
| <b>Drugs</b>              |        |   |           |                        |      |       |
| Lv et al.<br>2017 [55]    | CC, Co | Oral contraceptives<br>(ever vs. never use)       | 7 (1997)  | RR: 1.00 (0.79, 1.28)  | 61.8 | 0.02  |
| Lang et al.<br>2015 [43]  | CC, Co | Calcium channel blocker<br>(use vs. no use)       | 5 (6709)  | RR: 0.76 (0.68, 0.84)  | 10.7 | 0.35  |
| Wang et al.<br>2014 [39]  | CC, Co | HRT<br>(use vs. no use)                           | 14 (2944) | RR: 1.00 (0.84, 1.20)  | 50.3 | 0.02  |
| Noyce et al.<br>2012 [22] | CC, Co | NSAIDs<br>(use vs. no use)                        | 9 (9064)  | RR: 0.83 (0.72, 0.95)  | 50.9 | 0.04  |

|                           |            |   |            |                              |      |       |
|---------------------------|------------|---|------------|------------------------------|------|-------|
| Noyce et al.<br>2012 [22] | CC, Co     | Aspirin<br>(use vs. no use)   | 6 (2781)   | RR: 1.11 (0.93, 1.32)        | 55.1 | 0.05  |
| Noyce et al.<br>2012 [22] | CC, Co     | Acetaminophen/Paracetamol<br>(use vs. no use)                             | 2 (1671)   | RR: 1.02 (0.76, 1.36)        | 74.5 | 0.05  |
| Noyce et al.<br>2012 [22] | CC         | Beta blocker<br>(use vs. no use)  | 3 (5774)   | RR: 1.28 (1.19, 1.39)        | 0.0  | 0.97  |
| Bykov et al.<br>2017 [53] | CC, Co     | Statin use <sup>b</sup><br>(use vs. no use)                               | 6 (NR)     | RR: 0.75 (0.60, 0.92)        | 92.0 | <0.01 |
| Bykov et al.<br>2017 [53] | CC, Co     | Statin use <sup>c</sup><br>(use vs. no use)                               | 4 (NR)     | RR: 0.91 (0.68, 1.22)        | 75.0 | <0.01 |
| Bai et al.<br>2016 [50]   | CC, Co     | Statin use<br>(use vs. no use)  | 11 (21011) | RR: 0.81 (0.71, 0.92)        | 64.5 | <0.01 |
| Bai et al.<br>2016 [50]   | CC, Co     | Long-term statin use <sup>d</sup><br>(yes vs. no)                         | 4 (3711)   | RR: 0.77 (0.56, 1.07)        | 64.2 | 0.04  |
| <b>Biomarkers</b>         |            |   |            |                              |      |       |
| Shen et al.<br>2015 [45]  | CC, Co, CS | Serum vitamin D level<br>(deficient and insufficient vs.<br>normal level) | 6 (966)    | OR: 1.50 (1.31, 1.71)        | 55.9 | 0.05  |
| Luo et al.<br>2018 [60]   | CC, Co, CS | Serum vitamin D level <sup>e</sup><br>(PD patient vs. control)            | 11 (2346)  | WMD: -3.96 (-5.00,<br>-2.92) | 82.6 | <0.01 |

|                             |            |  |           |                            |      |       |
|-----------------------------|------------|--|-----------|----------------------------|------|-------|
| Luo et al.<br>2018 [60]     | CC, Co, CS | Serum vitamin D level<br>(insufficient vs. normal level)           | 6 (1613)  | OR: 1.73 (1.48, 2.03)      | 31.0 | 0.20  |
| Luo et al.<br>2018 [60]     | CC, Co, CS | Serum vitamin D level<br>(deficient vs. normal level)              | 10 (1879) | OR: 2.08 (1.35, 3.19)      | 84.7 | <0.01 |
| Gudala et al.<br>2013 [30]  | CC, Co     | Serum cholesterol<br>(highest to lowest level)                     | 8 (5488)  | RR: 0.87 (0.67, 1.13)      | 70.3 | <0.01 |
| Shen et al.<br>2013 [34]    | CC         | Serum uric acid levels <sup>e</sup><br>(PD patient vs. control)    | 6 (1217)  | SMD: -0.52 (-0.72, -0.31)  | 75.6 | <0.01 |
| Sheng et al.<br>2016 [52]   | CC, Co     | LDL-C level<br>( high vs. normal baseline<br>level)                | 3 (2336)  | RR: 0.58 (0.31, 1.07)      | 71.0 | <0.03 |
| Mostile et al.<br>2017 [57] | CC         | Serum iron level <sup>e</sup><br>(PD patient vs. control)          | 23 (1526) | SMD: -0.05 ( -0.30, -0.20) | 91.4 | <0.01 |
| Jin et al.<br>2018 [59]     | CC         | Serum Mg level <sup>e</sup><br>(PD patient vs. control)            | 12 (848)  | SMD: 1.09 (0.52, 1.66)     | 95.6 | <0.01 |
| Jin et al.<br>2018 [59]     | CC         | Peripheral blood Mg level <sup>e</sup><br>(PD patient vs. control) | 16 (1023) | SMD: 0.64 (0.10, 1.19)     | 96.2 | <0.01 |
| Jin et al.<br>2018 [59]     | CC         | CSF Mg level <sup>e</sup><br>(PD patient vs. control)              | 5 (180)   | SMD: 0.55 (0.21, 0.88)     | 50.4 | 0.09  |
| Jiang et al'<br>2019 [62]   | CC         | Serum BDNF level <sup>e</sup><br>(PD patient vs. control)          | 9 (838)   | SMD: -1.03 (-1.83, -0.23)  | 97.5 | <0.01 |
| Qiu et al.<br>2019 [63]     | CC         | CRP in blood Level <sup>e</sup><br>(PD patient vs. control)        | 20 (2360) | SMD: 1.07 (0.72, 1.45)     | 96.2 | <0.01 |



|                         |    |   |           |                        |      |       |
|-------------------------|----|---|-----------|------------------------|------|-------|
| Qiu et al.<br>2019 [63] | CC | CRP in serum Level <sup>e</sup><br>(PD patient vs. control) | 12 (1574) | SMD: 1.12 (0.62, 1.61) | 96.7 | <0.01 |
| Qiu et al.<br>2019 [63] | CC | CRP in CSF Level <sup>e</sup><br>(PD patient vs. control)   | 4 (306)   | SMD: 1.13 (0.13, 2.12) | 95.2 | <0.01 |

BDNF, brain-derived neurotrophic factor; CC, case-control study; CI, confidence interval; Co, cohort study; CRP, C-reactive protein; CS, cross-sectional study; CSF, central nervous system; DDT, dichloro-diphenyl-trichloroethane; ELF-MF, extremely-low frequency magnetic fields; HBV, hepatitis B virus; HCV, hepatitis C virus; HP, Helicobacter pylori; HRT, hormone replacement therapy; LDL-C, low-density lipoprotein cholesterol; MD, mean difference; NCC, nested case control; NR, not reported; NSAIDs, nonsteroidal anti-inflammatory drugs; OR, odds ratio; PD, Parkinson's disease; RR, relative risk; SMD, standardized mean difference; WMD, weighted mean difference.

<sup>a</sup> Prospective study including cohort study, nested case control study.

<sup>b</sup> Statin use c and PD in studies that did not adjust for cholesterol.

<sup>c</sup> Statin use d and PD in studies that adjusted for cholesterol

<sup>d</sup> The definitions of long-term statin use were at least 4 years, 5 years, or 6 years, respectively.

<sup>e</sup> Continuous variable.

**Supplementary Table 2. Subgroup analyses of included systematic reviews with meta-analyses**

| <b>Author,<br/>Year</b>     | <b>Subgroup</b>                                  | <b>Primary<br/>studies, n</b> | <b>Pooled results<br/>(95% CI)</b> | <b>I<sup>2</sup></b> | <b>P<br/>(heterogeneity)</b> |
|-----------------------------|--|-------------------------------|------------------------------------|----------------------|------------------------------|
| <b>Habits</b>               |  |                               |                                    |                      |                              |
| Zhang et al.<br>2014 [40]   | <b>Alcohol intake (highest vs. lowest level)</b> |                               |                                    |                      |                              |
|                             | <b>Study design</b>                              |                               |                                    |                      |                              |
|                             | Prospective studies                              | 8                             | RR: 0.86 (0.75, 1.00)              | 14.5                 | NR                           |
|                             | Matched case-control studies                     | 17                            | RR: 0.72 (0.61, 0.86)              | 50.5                 | NR                           |
|                             | Unmatched case-control studies                   | 7                             | RR: 0.67 (0.46, 1.01)              | 68.7                 | NR                           |
|                             | <b>Quality of studies (NOS)</b>                  |                               |                                    |                      |                              |
|                             | 7 to 8 stars                                     | NR                            | RR: 0.85 (0.76, 0.96)              | 0.6                  | NR                           |
|                             | 6 stars  | NR                            | RR: 0.73 (0.57, 0.93)              | 69.5                 | NR                           |
|                             | 4 to 5 stars                                     | NR                            | RR: 0.62 (0.49, 0.78)              | 44.2                 | NR                           |
|                             | <b>Region</b>                                    |                               |                                    |                      |                              |
|                             | Europe   | NR                            | RR: 0.60 (0.46, 0.77)              | 71.8                 | NR                           |
|                             | The United States                                | NR                            | RR: 0.86 (0.77, 0.96)              | 0.0                  | NR                           |
|                             | Asia   | NR                            | RR: 0.89 (0.69, 1.16)              | 43.6                 | NR                           |
| Jiménez et al.<br>2019 [13] | <b>Alcohol intake (never vs. ever level)</b>     |                               |                                    |                      |                              |
|                             | <b>Study design</b>                              |                               |                                    |                      |                              |
|                             | Case control studies                             | 26                            | OR: 1.33 (1.20, 1.48)              | NR                   | NR                           |
|                             | Cohort studies                                   | 5                             | OR: 1.04 (0.98, 1.22)              | NR                   | NR                           |
|                             | <b>Study design and gender</b>                   |                               |                                    |                      |                              |
|                             | Man in case-control studies                      | 6                             | OR: 1.36 (1.06, 1.75)              | NR                   | NR                           |
|                             | Woman in case-control studies                    | 6                             | OR: 1.21 (0.98, 1.49)              | NR                   | NR                           |
|                             | Man in cohort studies                            | 2                             | OR: 1.05 (0.68, 1.63)              | NR                   | NR                           |
|                             | Woman in cohort studies                          | 2                             | OR: 1.16 (0.96, 1.40)              | NR                   | NR                           |

|                             |   |    |                       |      |       |
|-----------------------------|---|----|-----------------------|------|-------|
| Jiménez et al.<br>2019 [13] | <b>Alcohol intake (heavy + moderate vs. lack of exposure + light)</b> |    |                       |      |       |
|                             | <b>Study design</b>   |    |                       |      |       |
|                             | Case-control studies  | 19 | OR: 0.74 (0.64, 0.85) | NR   | NR    |
|                             | Cohort studies  | 4  | OR: 1.00 (0.90, 1.10) | NR   | NR    |
|                             | <b>Study design and gender</b>  |    |                       |      |       |
|                             | Man in case-control studies   | 4  | OR: 0.44 (0.24, 0.80) | NR   | NR    |
|                             | Woman in case-control studies   | 3  | OR: 0.69 (0.38, 1.26) | NR   | NR    |
|                             | Woman in cohort studies   | 2  | OR: 1.07 (0.83, 1.39) | NR   | NR    |
| Noyce et al.<br>2012 [22]   | <b>Smoking (ever vs. never)</b>                                       |    |                       |      |       |
|                             | <b>Study design</b>   |    |                       |      |       |
|                             | Case-control  | 61 | RR: 0.64 (0.60, 0.69) | 48.4 | <0.01 |
| Noyce et al.<br>2012 [22]   | <b>Smoking (current vs. never)</b>                                    |    |                       |      |       |
|                             | <b>Study design</b>   |    |                       |      |       |
|                             | Cohort  | 6  | RR: 0.44 (0.39, 0.50) | 63.8 | 0.02  |
| Noyce et al.<br>2012 [22]   | <b>Smoking (past vs. never)</b>                                       |    |                       |      |       |
|                             | <b>Study design</b>   |    |                       |      |       |
|                             | Cohort  | 7  | RR: 0.47 (0.40, 0.56) | 49.8 | 0.06  |
| Noyce et al.<br>2012 [22]   | <b>Smoking (past vs. never)</b>                                       |    |                       |      |       |
|                             | <b>Study design</b>   |    |                       |      |       |
|                             | Cohort  | 5  | RR: 0.75 (0.69, 0.81) | 55.1 | 0.06  |
| Noyce et al.<br>2012 [22]   | <b>Coffee drinking (drinking vs. non-drinking)</b>                    |    |                       |      |       |
|                             | Case-control  | 13 | RR: 0.68 (0.57, 0.82) | 47.6 | 0.03  |

|                          |  |                       |                       |      |      |  |
|--------------------------|--|-----------------------|-----------------------|------|------|--|
| Qi et al.<br>2014 [37]   | Cohort   | 6                     | RR: 0.66 (0.57, 0.77) | 29.0 | 0.03 |  |
|                          | <b>Tea drinking (highest vs. lowest consumption)</b>         |                       |                       |      |      |  |
|                          | <b>Study design</b>  |                       |                       |      |      |  |
|                          | Prospective study  | 4                     | RR: 0.64 (0.50, 0.82) | 16.2 | NR   |  |
|                          | Case-control study   | 4                     | RR: 0.61 (0.38, 1.00) | 72.5 | NR   |  |
|                          | <b>Gender</b>  |                       |                       |      |      |  |
|                          | Men  | NR                    | RR: 0.64 (0.43, 0.95) | 0.0  | NR   |  |
|                          | Women  | NR                    | RR: 0.68 (0.44, 1.06) | 29.7 | NR   |  |
|                          | <b>Region</b>  |                       |                       |      |      |  |
|                          | USA  | 4                     | RR: 0.85 (0.68, 1.07) | 47.1 | NR   |  |
| Asia                     | 2  | RR: 0.60 (0.45, 0.79) | 38.1                  | NR   |      |  |
| Qi et al.<br>2014 [37]   | <b>Caffeine (highest vs. lowest consumption)</b>             |                       |                       |      |      |  |
|                          | <b>Study design</b>  |                       |                       |      |      |  |
|                          | Prospective study  | 4                     | RR: 0.54 (0.34, 0.84) | 59.7 | NR   |  |
|                          | Case-control study   | 3                     | RR: 0.55 (0.44, 0.69) | 27.2 | NR   |  |
|                          | <b>Gender</b>  |                       |                       |      |      |  |
|                          | Men  | NR                    | RR: 0.57 (0.33, 0.98) | 70.7 | NR   |  |
|                          | Women  | NR                    | RR: 0.64 (0.46, 0.89) | 0.0  | NR   |  |
|                          | <b>Region</b>  |                       |                       |      |      |  |
|                          | USA  | 3                     | RR: 0.45 (0.21, 0.96) | 69.2 | NR   |  |
|                          | Asia   | 3                     | RR: 0.50 (0.40, 0.64) | 0.0  | NR   |  |
| Fang et al.<br>2018 [58] | <b>Total physical activity (highest vs. lowest category)</b> |                       |                       |      |      |  |
|                          | <b>Gender</b>  |                       |                       |      |      |  |
|                          | Male   | 5                     | RR: 0.68 (0.56, 0.82) | 0.0  | NR   |  |
|                          | Female   | 4                     | RR: 0.91 (0.72, 1.14) | 0.0  | NR   |  |
|                          | <b>Location</b>  |                       |                       |      |      |  |
| US                       | 6  | RR: 0.82 (0.69, 0.98) | 0.0                   | NR   |      |  |

|                             |  |    |                       |      |    |
|-----------------------------|--|----|-----------------------|------|----|
|                             | Europe   | 2  | RR: 0.70 (0.52, 0.94) | 0.0  | NR |
|                             | <b>Follow-up</b>   |    |                       |      |    |
|                             | >10 years  | 4  | RR: 0.77 (0.59, 1.01) | 26.3 | NR |
|                             | ≤ 10 years   | 3  | RR: 0.82 (0.66, 1.01) | 0.0  | NR |
|                             | <b>Participants</b>  |    |                       |      |    |
|                             | >50000   | 4  | RR: 0.74 (0.61, 0.90) | 0.0  | NR |
|                             | ≤50000   | 4  | RR: 0.87 (0.68, 1.11) | 0.0  | NR |
|                             | <b>Study quality(NOS)</b>                                  |    |                       |      |    |
|                             | Score>8  | 3  | RR: 0.86 (0.61, 1.20) | 31.1 | NR |
|                             | Score≤8  | 5  | RR: 0.77 (0.64, 0.92) | 0.0  | NR |
| Fang et al.<br>2018 [58]    | <b>Physical activity (with vs. without)</b>                |    |                       |      |    |
|                             | <b>Type of physical activity</b>                           |    |                       |      |    |
|                             | Light physical activity                                    | 3  | RR: 0.86 (0.60, 1.23) | 37.5 | NR |
|                             | Moderate to vigorous physical activity                     | 7  | RR: 0.71 (0.58, 0.87) | 30.7 | NR |
|                             | <b>Exposure to toxic environmental agents</b>              |    |                       |      |    |
| Pezzoli et al.<br>2013 [32] | <b>Pesticides (exposure vs. no exposure)<sup>a</sup></b>   |    |                       |      |    |
|                             | <b>NOS score</b>   |    |                       |      |    |
|                             | <7   | 33 | OR: 1.88 (1.52, 2.32) | 72.2 | NR |
|                             | ≥7   | 18 | OR: 1.58 (1.34, 1.86) | 45.1 | NR |
| Pezzoli et al.<br>2013 [32] | <b>Herbicides (exposure vs. no exposure)<sup>a</sup></b>   |    |                       |      |    |
|                             | <b>NOS score</b>   |    |                       |      |    |
|                             | <7   | 9  | OR: 1.44 (0.90, 2.30) | 68.0 | NR |
|                             | ≥7   | 10 | OR: 1.36 (1.11, 1.66) | 33.3 | NR |
| Pezzoli et al.<br>2013 [32] | <b>Insecticides (exposure vs. no exposure)<sup>a</sup></b> |    |                       |      |    |
|                             | <b>NOS score</b>   |    |                       |      |    |

|                             |   |    |                       |      |    |
|-----------------------------|---|----|-----------------------|------|----|
|                             | <7  | 8  | OR: 2.03 (1.06, 3.89) | 79.7 | NR |
|                             | ≥7  | 80 | OR: 1.31 (0.92, 1.86) | 79.2 | NR |
| Pezzoli et al.<br>2013 [32] | <b>Fungicides (exposure vs. no exposure)<sup>a</sup></b>          |    |                       |      |    |
|                             | <b>NOS score</b>  |    |                       |      |    |
|                             | <7  | 7  | OR: 1.12 (0.56, 1.26) | 0.0  | NR |
|                             | ≥7  | 5  | OR: 0.94 (0.61, 1.43) | 54.2 | NR |
| Pezzoli et al.<br>2013 [32] | <b>Solvents (exposure vs. no exposure)<sup>a</sup></b>            |    |                       |      |    |
|                             | <b>NOS score</b>  |    |                       |      |    |
|                             | <7  | 10 | OR: 1.26 (0.92, 1.73) | 44.9 | NR |
|                             | ≥7  | 6  | OR: 1.58 (1.23, 2.04) | 0.0  | NR |
| Pezzoli et al.<br>2013 [32] | <b>Paraquat (exposure vs. no exposure)<sup>a</sup></b>            |    |                       |      |    |
|                             | <b>NOS score</b>  |    |                       |      |    |
|                             | <7  | 2  | OR: 3.22 (2.42, 4.30) | 0    | NR |
|                             | ≥7  | 5  | OR: 1.72 (1.28, 2.32) | 0    | NR |
| Pezzoli et al.<br>2013 [32] | <b>Farming (exposure vs. no exposure)<sup>a</sup></b>             |    |                       |      |    |
|                             | <b>NOS score</b>  |    |                       |      |    |
|                             | <7  | 19 | OR: 1.43 (1.18, 1.72) | 42.7 | NR |
|                             | ≥7  | 15 | OR: 1.18 (0.98, 1.43) | 44.0 | NR |
| Pezzoli et al.<br>2013 [32] | <b>Well water drinking (exposure vs. no exposure)<sup>a</sup></b> |    |                       |      |    |
|                             | <b>NOS score</b>  |    |                       |      |    |
|                             | <7  | 27 | OR: 1.53 (1.27, 1.84) | 67.5 | NR |
|                             | ≥7  | 10 | OR: 1.00 (0.85, 1.17) | 17.2 | NR |
| Pezzoli et al.<br>2013 [32] | <b>Rural living (exposure vs. no exposure)<sup>a</sup></b>        |    |                       |      |    |
|                             | <b>NOS score</b>  |    |                       |      |    |

|                              |  |    |                       |      |       |
|------------------------------|--|----|-----------------------|------|-------|
|                              | <7   | 26 | OR: 1.35 (1.16, 1.58) | 76.7 | NR    |
|                              | ≥7   | 4  | OR: 1.14 (0.81, 1.62) | 62.0 | NR    |
| Kasdagli et al.<br>2019 [14] | <b>PM<sub>2.5</sub> (per 10 µg/m<sup>3</sup>)</b>  |    |                       |      |       |
|                              | <b>Study design</b>                                |    |                       |      |       |
|                              | Cohort   | 6  | RR: 1.06 (0.98, 1.15) | 91.0 | <0.01 |
|                              | Case-control                                       | 3  | RR: 1.19 (0.71, 1.97) | 29.0 | 0.25  |
| Kasdagli et al.<br>2019 [14] | <b>NO<sub>2</sub> (Per 10 µg/m<sup>3</sup>)</b>    |    |                       |      |       |
|                              | <b>Study design</b>                                |    |                       |      |       |
|                              | Cohort   | 3  | RR: 1.00 (0.97, 1.03) | 92.0 | <0.01 |
|                              | Case-control                                       | 5  | RR: 1.07 (0.97, 1.08) | 71.0 | <0.01 |
| Huss et al.<br>2015 [42]     | <b>ELF-MF (higher to lowest exposure)</b>          |    |                       |      |       |
|                              | <b>The type of exposure assessment</b>             |    |                       |      |       |
|                              | Occupational records                               | 4  | RR: 1.07 (0.87, 1.33) | 47.2 | 0.13  |
|                              | Censuses   | 2  | RR: 1.04 (0.99, 1.09) | 0.0  | 0.33  |
|                              | Interviews/questionnaires                          | 2  | RR: 0.98 (0.72, 1.32) | 76.4 | 0.04  |
|                              | Death certificates                                 | 3  | RR: 1.06 (0.93, 1.20) | 65.9 | 0.05  |
| Huss et al.<br>2015 [42]     | <b>ELF-MF (highest-longest to lowest exposure)</b> |    |                       |      |       |
|                              | <b>The type of exposure assessment</b>             |    |                       |      |       |
|                              | Occupational records                               | 4  | RR: 1.07 (0.75, 1.52) | 36.9 | 0.19  |
|                              | Censuses   | 2  | RR: 1.05 (0.92, 1.20) | 0.0  | 0.94  |
|                              | Interviews/questionnaires                          | 2  | RR: 0.91 (0.72, 1.16) | 0.0  | 0.90  |
|                              | Death certificates                                 | 1  | RR: 1.50 (1.02, 2.20) | NA   | NA    |
| Mortimer et al.<br>2012 [29] | <b>Welding (exposure vs. no exposure)</b>          |    |                       |      |       |
|                              | <b>Study design</b>                                |    |                       |      |       |
|                              | Cohort   | 2  | RR: 0.91 (0.84, 0.99) | NR   | NR    |

|                            |  |   |                       |      |       |
|----------------------------|--|---|-----------------------|------|-------|
|                            | Case-control   | 6 | RR: 0.82 (0.67, 1.01) | NR   | NR    |
|                            | Mortality studies  | 1 | RR: 0.87 (0.78, 0.97) | NA   | NA    |
| <b>Dietary factors</b>     |  |   |                       |      |       |
| Takeda et al.<br>2014 [38] | <b>Vitamin A (high vs. low level of intake)</b>                        |   |                       |      |       |
|                            | <b>Study design</b>  |   |                       |      |       |
|                            | Case-control studies   | 2 | OR: 0.92 (0.53, 1.59) | 17.0 | 0.27  |
|                            | Cohort studies   | 1 | RR: 1.16 (0.85, 1.58) | NA   | NA    |
| Takeda et al.<br>2014 [38] | <b><math>\alpha</math>-carotene (high vs. low level of intake)</b>     |   |                       |      |       |
|                            | <b>Study design</b>  |   |                       |      |       |
|                            | Case-control studies   | 1 | OR: 0.61 (0.36, 1.03) | NA   | NA    |
|                            | Cohort studies   | 1 | RR: 0.91 (0.64, 1.29) | NA   | NA    |
| Takeda et al.<br>2014 [38] | <b><math>\beta</math>-carotene (high vs. low level of intake)</b>      |   |                       |      |       |
|                            | <b>Study design</b>  |   |                       |      |       |
|                            | Case-control studies   | 5 | OR: 0.92 (0.64, 1.33) | 50.0 | <0.01 |
|                            | Cohort studies   | 1 | RR: 0.90 (0.63, 1.29) | NA   | NA    |
| Takeda et al.<br>2014 [38] | <b><math>\beta</math>-cryptoxanthin (high vs. low level of intake)</b> |   |                       |      |       |
|                            | <b>Study design</b>  |   |                       |      |       |
|                            | Case-control studies   | 2 | OR: 1.22 (0.80, 1.85) | 0.0  | 0.72  |
|                            | Cohort studies   | 1 | RR: 0.74 (0.53, 1.03) | NA   | NA    |
| Takeda et al.<br>2014 [38] | <b>Lutein (high vs. low level of intake)</b>                           |   |                       |      |       |
|                            | <b>Study design</b>  |   |                       |      |       |
|                            | Case-control studies   | 3 | OR: 1.85 (1.19, 2.87) | 27.0 | 0.26  |
|                            | Cohort studies   | 1 | RR: 0.78 (0.56, 1.09) | NA   | NA    |
| Takeda et al.<br>2014 [38] | <b>Lycopene (high vs. low level of intake)</b>                         |   |                       |      |       |



|                           |  |                       |                       |      |      |
|---------------------------|--|-----------------------|-----------------------|------|------|
| Jiang et al.<br>2014 [36] | <b>Study design</b>                                    |                       |                       |      |      |
|                           | Case-control studies                                   | 2                     | OR: 1.13 (0.50, 2.55) | 66.0 | 0.08 |
|                           | Cohort studies   | 1                     | RR: 0.87 (0.63, 1.20) | NA   | NA   |
|                           | <b>Dairy food intake (highest vs. lowest category)</b> |                       |                       |      |      |
|                           | <b>Gender</b>  |                       |                       |      |      |
|                           | Men  | 4                     | RR: 1.66 (1.29, 2.14) | 0.0  | 0.60 |
|                           | Women  | 3                     | RR: 1.15 (0.85, 1.56) | 0.0  | 0.62 |
|                           | <b>Region</b>  |                       |                       |      |      |
|                           | Europe   | 2                     | RR: 1.29 (1.07, 1.56) | 0.0  | NR   |
|                           | USA  | 3                     | RR: 1.56 (1.19, 2.05) | 27.4 | NR   |
| Cheng et al.<br>2015 [41] | <b>Types of dairy food</b>                             |                       |                       |      |      |
|                           | Butter   | 2                     | RR: 0.76 (0.51, 1.13) | 0.0  | 0.78 |
|                           | Milk   | 5                     | RR: 1.45 (1.23, 1.73) | 16.1 | 0.31 |
|                           | Cheese   | 4                     | RR: 1.26 (0.99, 1.60) | 29.2 | 0.23 |
|                           | Yogurt   | 3                     | RR: 0.95 (0.76, 1.20) | 14.6 | 0.31 |
|                           | <b>Iron (moderate vs. low level of intake)</b>         |                       |                       |      |      |
|                           | <b>Region</b>  |                       |                       |      |      |
|                           | Western population                                     | NR                    | RR: 1.10 (0.95, 1.28) | 0.0  | 0.57 |
|                           | <b>Gender</b>  |                       |                       |      |      |
|                           | Male   | NR                    | RR: 1.07 (0.72, 1.59) | 75.4 | 0.04 |
| Female                    | NR   | RR: 1.16 (0.95, 1.41) | 0.0                   | 0.92 |      |
| Cheng et al.<br>2015 [41] | <b>Iron (high vs. low level of intake)</b>             |                       |                       |      |      |
|                           | <b>Region</b>  |                       |                       |      |      |
|                           | Western population                                     | NR                    | RR: 1.47 (1.17, 1.85) | 0.0  | 0.46 |
|                           | <b>Gender</b>  |                       |                       |      |      |
|                           | Male   | NR                    | RR: 1.43 (1.01, 2.01) | 37.4 | 0.21 |
| Female                    | NR   | RR: 1.22 (0.89, 1.66) | 0.0                   | 0.77 |      |

|                          |   |   |                       |      |      |
|--------------------------|---|---|-----------------------|------|------|
| Wang et al.<br>2015 [47] | <b>Protein intake (highest vs. lowest level of intake)</b>      |   |                       |      |      |
|                          | <b>Study design</b>   |   |                       |      |      |
|                          | Case-control  | 3 | RR: 0.93 (0.51, 1.68) | 16.0 | NR   |
|                          | Cohort  | 4 | RR: 1.18 (0.89, 1.56) | 44.9 | NR   |
| Wang et al.<br>2015 [47] | <b>Carbohydrate intake (highest vs. lowest level of intake)</b> |   |                       |      |      |
|                          | <b>Study design</b>   |   |                       |      |      |
|                          | Case-control  | 4 | RR: 1.62 (0.95, 2.76) | 20.1 | NR   |
|                          | Cohort  | 4 | RR: 1.19 (0.99, 1.43) | 0.0  | NR   |
| Wang et al.<br>2015 [47] | <b>Energy intake (highest vs. lowest level of intake)</b>       |   |                       |      |      |
|                          | <b>Study design</b>   |   |                       |      |      |
|                          | Case-control  | 4 | RR: 2.03 (0.81, 5.10) | 89.8 | NR   |
|                          | Cohort  | 4 | RR: 0.99 (0.92, 1.06) | 3.8  | NR   |
| Wang et al.<br>2015 [47] | <b>Cholesterol intake (highest vs. lowest level of intake)</b>  |   |                       |      |      |
|                          | <b>Study design</b>   |   |                       |      |      |
|                          | Case-control  | 4 | RR: 1.17 (0.61, 2.22) | 78.8 | NR   |
|                          | Cohort  | 3 | RR: 0.87 (0.74, 1.03) | 0.0  | NR   |
| Wang et al.<br>2015 [47] | <b>Fat intake (highest vs. lowest level of intake)</b>          |   |                       |      |      |
|                          | <b>Study design</b>   |   |                       |      |      |
|                          | Case-control  | 7 | RR: 1.06 (0.75, 1.52) | 46.7 | 0.08 |
|                          | Cohort  | 6 | RR: 0.80 (0.68, 0.95) | 3.0  | 0.40 |
| Qu et al.<br>2019 [15]   | <b>Fat intake (high vs. low level of intake)</b>                |   |                       |      |      |
|                          | <b>Fat subtypes</b>   |   |                       |      |      |
|                          | Saturated fatty acids   | 5 | OR: 1.01 (0.87, 1.18) | 0.0  | 0.62 |

|                          |   |                       |      |       |
|--------------------------|---|-----------------------|------|-------|
| MUFA                     | 5 | OR: 1.06 (0.91, 1.23) | 0.0  | 0.45  |
| PUFA                     | 4 | OR: 1.03 (0.88, 1.20) | 73.5 | 0.01  |
| n-6 PUFA                 | 3 | OR: 1.15 (0.96, 1.36) | 56.5 | 0.10  |
| Linoleic acid,           | 3 | OR: 1.11 (0.94, 1.32) | 65.9 | 0.06  |
| Arachidonic acid         | 2 | OR: 1.15 (0.97, 1.37) | 79.9 | 0.03  |
| n-3 PUFA                 | 3 | OR: 0.88 (0.73, 1.05) | 62.2 | 0.07  |
| $\alpha$ -linolenic acid | 3 | OR: 0.86 (0.72, 1.02) | 64.5 | 0.06  |
| n-3 to n-6 PUFA ratio    | 2 | OR: 0.89 (0.75, 1.06) | 0.0  | 0.46  |
| Cholesterol              | 3 | OR: 1.09 (0.92, 1.29) | 83.6 | <0.01 |

### Medical history and comorbid diseases

Noyce et al.  
2012 [22]

#### Prior mood disorder (with vs. without)

##### Study design

|              |    |                       |      |       |
|--------------|----|-----------------------|------|-------|
| Case-control | 11 | RR: 1.90 (1.62, 2.22) | 58.3 | <0.01 |
| Cohort       | 2  | RR: 1.79 (1.72, 1.87) | 0.0  | 0.35  |

Noyce et al.  
2012 [22]

#### Diabetes (with vs. without)

##### Study design

|              |   |                       |      |       |
|--------------|---|-----------------------|------|-------|
| Case-control | 9 | RR: 0.72 (0.54, 0.97) | 64.9 | <0.01 |
| Cohort       | 4 | RR: 1.31 (1.10, 1.57) | 34.7 | 0.20  |

Lu et al.  
2014 [21]

#### Diabetes (with vs. without)

##### Gender

|        |   |                       |      |       |
|--------|---|-----------------------|------|-------|
| Male   | 5 | OR: 0.71 (0.40, 1.23) | 74.0 | <0.01 |
| Female | 5 | OR: 0.79 (0.41, 1.49) | 68.0 | 0.01  |

##### Geographic location

|                      |   |                       |      |       |
|----------------------|---|-----------------------|------|-------|
| Europe               | 7 | OR: 0.94 (0.69, 1.28) | 77.0 | <0.01 |
| North America (U.S.) | 4 | OR: 0.61 (0.45, 0.83) | 0.0  | 0.85  |
| Asia                 | 3 | OR: 0.54 (0.23, 1.27) | 68.0 | 0.04  |

|                                |  |    |                       |      |       |
|--------------------------------|--|----|-----------------------|------|-------|
|                                | <b>Source of the control</b>           |    |                       |      |       |
|                                | Hospital setting                       | 7  | OR: 0.88 (0.62, 1.25) | 72.0 | <0.01 |
|                                | General population                     | 7  | OR: 0.63 (0.40, 0.99) | 75.0 | <0.01 |
|                                | <b>DM duration</b>                     |    |                       |      |       |
|                                | <10 years                              | 2  | OR: 0.90 (0.63, 1.30) | 0.0  | 0.34  |
|                                | ≥10 years                              | 2  | OR: 1.27 (0.79, 2.05) | 0.0  | 0.59  |
|                                | <b>Antidiabetes drug</b>               |    |                       |      |       |
|                                | Insulin prescription                   | 2  | OR: 1.18 (0.74, 1.89) | 0.0  | 0.93  |
|                                | <b>Smoking</b>                         |    |                       |      |       |
|                                | Ever                                   | 2  | OR: 0.67 (0.40, 1.13) | 0.0  | 0.33  |
|                                | Never                                  | 2  | OR: 0.37 (0.21, 0.66) | 0.0  | 0.97  |
|                                | <b>DM assessment</b>                   |    |                       |      |       |
|                                | Medical record                         | 6  | OR: 0.92 (0.70, 1.21) | 72.0 | <0.01 |
|                                | Questionnaire                          | 7  | OR: 0.57 (0.39, 0.85) | 54.0 | 0.04  |
| Noyce et al.<br>2012 [22]      | <b>Hypertension (with vs. without)</b> |    |                       |      |       |
|                                | <b>Study design</b>                    |    |                       |      |       |
|                                | Case-control                           | 10 | RR: 0.69 (0.55, 0.87) | 77.7 | <0.01 |
|                                | Cohort                                 | 2  | RR: 0.98 (0.82, 1.17) | 76.5 | <0.01 |
| Noyce et al.<br>2012 [22]      | <b>Oophorectomy (with vs. without)</b> |    |                       |      |       |
|                                | <b>Study design</b>                    |    |                       |      |       |
|                                | Case-control                           | 4  | RR: 0.77 (0.42, 1.43) | 69.1 | 0.02  |
|                                | Cohort                                 | 1  | RR: 0.75 (0.56, 1.00) | NA   | NA    |
| Ungprasert et al.<br>2015 [46] | <b>Gout (with vs. without)</b>         |    |                       |      |       |
|                                | <b>Study design</b>                    |    |                       |      |       |
|                                | Cohort studies                         | 2  | RR: 0.89 (0.57, 1.39) | 96.0 | <0.01 |
|                                | Case-control studies                   | 3  | RR: 0.97 (0.83, 1.13) | 55.0 | 0.11  |
|                                | <b>Gender</b>                          |    |                       |      |       |

|                                     |  |   |                       |      |      |
|-------------------------------------|--|---|-----------------------|------|------|
|                                     | Male   | NR  | RR: 0.89 (0.57, 1.39) | NR   | NR   |
|                                     | Female   | NR  | RR: 0.95 (0.76, 1.19) | NR   | NR   |
| Lv et al.<br>2017 [55]              | <b>Age at menarche (highest vs. lowest category)</b> |   |                       |      |      |
|                                     | <b>Study design</b>                                  |   |                       |      |      |
|                                     | Case-control   | 5   | RR: 1.05 (0.76, 1.45) | 46.7 | 0.11 |
|                                     | Cohort   | 2   | RR: 0.98 (0.75, 1.28) | 0.0  | 0.55 |
|                                     | <b>Adjusted for age</b>                              |   |                       |      |      |
|                                     | Yes  | 4   | RR: 1.11 (0.79, 1.56) | 46.8 | 0.13 |
|                                     | No   | 3   | RR: 0.97 (0.75, 1.24) | 1.7  | 0.36 |
|                                     | <b>Adjusted for caffeine intake</b>                  |   |                       |      |      |
|                                     | Yes  | 3   | RR: 1.05 (0.58, 1.87) | 74.5 | 0.02 |
|                                     | No   | 4   | RR: 1.02 (0.82, 1.28) | 0.0  | 0.98 |
|                                     | <b>Adjusted for smoking</b>                          |   |                       |      |      |
|                                     | Yes  | 6   | RR: 1.03 (0.80, 1.33) | 37.9 | 0.15 |
|                                     | No   | 1   | RR: 1.02 (0.70, 1.48) | NA   | NA   |
|                                     | Lv et al.<br>2017 [55]                               | <b>Age at menopause (highest vs. lowest category)</b> |                       |      |      |
| <b>Study design</b>                 |  |   |                       |      |      |
| Case-control                        |  | 6   | RR: 1.00 (0.72, 1.40) | 57.8 | 0.04 |
| Cohort                              |  | 2   | RR: 0.88 (0.48, 1.64) | 48.0 | 0.17 |
| <b>Adjusted for age</b>             |  |   |                       |      |      |
| Yes                                 |  | 3   | RR: 1.34 (0.92, 1.96) | 34.2 | 0.22 |
| No                                  |  | 5   | RR: 0.82 (0.60, 1.12) | 37.5 | 0.17 |
| <b>Adjusted for caffeine intake</b> |  |   |                       |      |      |
| Yes                                 |  | 3   | RR: 0.93 (0.69, 1.27) | 22.0 | 0.28 |
| No                                  |  | 5   | RR: 1.01 (0.65, 1.57) | 62.5 | 0.03 |
| <b>Adjusted for smoking</b>         |  |   |                       |      |      |
| Yes                                 |  | 6   | RR: 1.02 (0.74, 1.40) | 52.7 | 0.06 |
| No                                  |  | 2   | RR: 0.80 (0.33, 1.92) | 69.7 | 0.07 |

|                          |   |                       |                       |      |       |
|--------------------------|---|-----------------------|-----------------------|------|-------|
| Lv et al.<br>2017 [55]   | <b>Parity (highest vs. lowest category)</b>     |                       |                       |      |       |
|                          | <b>Study design</b>                             |                       |                       |      |       |
|                          | Case-control                                    | 5                     | RR: 0.99 (0.69, 1.42) | 62.2 | 0.03  |
|                          | Cohort  | 3                     | RR: 1.02 (0.77, 1.35) | 0.0  | 0.49  |
|                          | <b>Adjusted for age</b>                         |                       |                       |      |       |
|                          | Yes   | 4                     | RR: 0.84 (0.66, 1.06) | 0.0  | 0.79  |
|                          | No  | 4                     | RR: 1.22 (0.79, 1.87) | 63.8 | 0.04  |
|                          | <b>Adjusted for caffeine intake</b>             |                       |                       |      |       |
|                          | Yes   | 3                     | RR: 1.13 (0.67, 1.90) | 75.1 | 0.02  |
|                          | No  | 5                     | RR: 0.92 (0.73, 1.15) | 0.0  | 0.44  |
|                          | <b>Adjusted for smoking</b>                     |                       |                       |      |       |
| Yes                      | 7   | RR: 1.04 (0.79, 1.36) | 46.2                  | 0.08 |       |
| No                       | 1   | RR: 0.81 (0.56, 1.17) | NA                    | NA   |       |
| Lv et al.<br>2017 [55]   | <b>Type of menopause (surgical vs. natural)</b> | 7                     | RR: 0.93 (0.68, 1.29) | 74.8 | <0.01 |
|                          | <b>Study design</b>                             |                       |                       |      |       |
|                          | Case-control                                    | 4                     | RR: 0.85 (0.45, 1.62) | 81.0 | <0.01 |
|                          | Cohort  | 3                     | RR: 1.00 (0.69, 1.45) | 73.6 | 0.02  |
|                          | <b>Adjusted for age</b>                         |                       |                       |      |       |
|                          | Yes   | 4                     | RR: 0.94 (0.67, 1.31) | 67.5 | 0.03  |
|                          | No  | 3                     | RR: 0.89 (0.34, 2.33) | 86.3 | <0.01 |
|                          | <b>Adjusted for caffeine intake</b>             |                       |                       |      |       |
|                          | Yes   | 3                     | RR: 0.67 (0.45, 0.99) | 58.6 | 0.09  |
|                          | No  | 4                     | RR: 1.25 (0.78, 2.01) | 77.2 | <0.01 |
|                          | <b>Adjusted for smoking</b>                     |                       |                       |      |       |
| Yes                      | 5   | RR: 0.77 (0.63, 0.94) | 27.1                  | 0.24 |       |
| No                       | 2   | RR: 1.91 (1.29, 2.83) | 1.5                   | 0.31 |       |
| Wang et al.<br>2018 [61] | <b>Depression (with vs. without)</b>            |                       |                       |      |       |

|                              |  |    |                       |      |      |
|------------------------------|--|----|-----------------------|------|------|
|                              | <b>Study design</b>                              |    |                       |      |      |
|                              | Case-control                                     | 5  | OR: 2.44 (1.97, 3.03) | 50.6 | 0.09 |
|                              | Cohort   | 6  | OR: 1.92 (1.66, 2.22) | 0.0  | 0.57 |
|                              | <b>Study location</b>                            |    |                       |      |      |
|                              | USA  | 4  | OR: 2.04 (1.70, 2.45) | 0.0  | 0.78 |
|                              | Europe   | 4  | OR: 2.19 (1.79, 2.68) | 15.3 | 0.32 |
|                              | Others   | 3  | OR: 2.04 (1.06, 3.95) | 78.4 | 0.01 |
|                              | <b>Assessment of depress</b>                     |    |                       |      |      |
|                              | Questionnaire                                    | 6  | OR: 1.92 (1.65, 2.24) | 0.0  | 0.53 |
|                              | ICD, DSM, ICPC                                   | 5  | OR: 2.55 (2.06, 3.15) | 25.9 | 0.25 |
|                              | <b>Quality of studies (NOS)</b>                  |    |                       |      |      |
|                              | High quality                                     | 7  | OR: 2.38 (1.92, 2.95) | 43.3 | 0.10 |
|                              | Medium quality                                   | 4  | OR: 1.92 (1.65, 2.24) | 20.9 | 0.29 |
| Faustino et al.<br>2020 [19] | <b>Bipolar disorder (with vs. without)</b>       |    |                       |      |      |
|                              | <b>Follow-up duration</b>                        |    |                       |      |      |
|                              | >9 years   | 2  | OR: 1.75 (1.36, 2.26) | 0.0  | 0.49 |
|                              | <9 years   | 4  | OR: 5.20 (4.26, 6.35) | 34.0 | 0.21 |
|                              | <b>Study design</b>                              |    |                       |      |      |
|                              | Cohort studies                                   | NR | OR: 3.12 (1.66, 5.88) | 95.0 | NR   |
|                              | Cross-sectional studies                          | NR | OR: 3.61 (2.33, 5.60) | 0.0  | NR   |
| Adams et al.<br>2015 [49]    | <b>Premorbid constipation (with vs. without)</b> |    |                       |      |      |
|                              | <b>Study design</b>                              |    |                       |      |      |
|                              | Cohort studies                                   | 4  | RR: 2.36 (2.00, 2.80) | NR   | NR   |
|                              | Case-control studies                             | 5  | OR: 2.24 (2.05, 2.46) | NR   | NR   |
| <b>Drugs</b>                 |  |    |                       |      |      |
| Lv et al.<br>2017 [55]       | <b>OCs (ever vs. never use)</b>                  |    |                       |      |      |
|                              | <b>Study design</b>                              |    |                       |      |      |

|                          |   |    |                       |      |       |
|--------------------------|---|----|-----------------------|------|-------|
|                          | Case-control  | 3  | RR: 1.15 (0.67, 1.99) | 79.2 | <0.01 |
|                          | Cohort  | 4  | RR: 0.97 (0.73, 1.29) | 48.9 | 0.12  |
|                          | <b>Adjusted for age</b>                             |    |                       |      |       |
|                          | Yes   | 4  | RR: 0.96 (0.63, 1.47) | 75.0 | <0.01 |
|                          | No  | 3  | RR: 1.09 (0.88, 1.35) | 0.0  | 0.69  |
|                          | <b>Adjusted for caffeine intake</b>                 |    |                       |      |       |
|                          | Yes   | 3  | RR: 0.96 (0.52, 1.75) | 79.0 | <0.01 |
|                          | No  | 4  | RR: 1.09 (0.91, 1.31) | 0.0  | 0.86  |
|                          | <b>Adjusted for smoking</b>                         |    |                       |      |       |
|                          | Yes   | 6  | RR: 1.00 (0.75, 1.32) | 67.3 | <0.01 |
|                          | No  | 1  | RR: 1.10 (0.69, 1.76) | NA   | NA    |
| Lang et al.<br>2015 [43] | <b>Calcium channel blocker use (use vs. no use)</b> |    |                       |      |       |
|                          | <b>Study design</b>                                 |    |                       |      |       |
|                          | Prospective cohort studies                          | 3  | RR: 0.74 (0.64, 0.85) | 42.6 | 0.16  |
|                          | Case-control studies                                | 2  | RR: 0.78 (0.67, 0.91) | 0.0  | 0.81  |
|                          | <b>Types of CCBs</b>                                |    |                       |      |       |
|                          | Dihydropyridines CCB users                          | 2  | RR: 0.73 (0.64, 0.83) | 0.0  | 0.51  |
|                          | Nondihydropyridines CCB users                       | 2  | RR: 0.70 (0.53, 0.93) | 0.0  | 0.55  |
| Wang et al.<br>2014 [39] | <b>HRT (use vs. no use)</b>                         |    |                       |      |       |
|                          | <b>Study design</b>                                 |    |                       |      |       |
|                          | Case-control studies                                | 10 | RR: 0.79 (0.62, 1.02) | 27.8 | 0.19  |
|                          | PBCC  | 5  | RR: 0.89 (0.70, 1.13) | 0.0  | 0.53  |
|                          | HBCC  | 5  | RR: 0.73 (0.45, 1.18) | 54.7 | 0.07  |
|                          | Cohort studies                                      | 4  | RR: 1.24 (1.10, 1.41) | 0.0  | 0.76  |
|                          | <b>Geographic region</b>                            |    |                       |      |       |
|                          | North America                                       | 7  | RR: 1.12 (0.92, 1.36) | 14.6 | 0.07  |
|                          | Europe  | 7  | RR: 0.86 (0.63, 1.16) | 34.8 | 0.16  |



|                           |   |    |                       |      |       |
|---------------------------|---|----|-----------------------|------|-------|
|                           | <b>Study quality (NOS)</b>                            |    |                       |      |       |
|                           | High  | 10 | RR: 1.16 (1.02, 1.31) | 14.6 | 0.31  |
|                           | Low   | 4  | RR: 0.58 (0.40, 0.82) | 0.0  | 0.63  |
|                           | <b>Adjusted for age</b>                               |    |                       |      |       |
|                           | Yes   | 10 | RR: 1.05 (0.88, 1.26) | 46.8 | 0.05  |
|                           | No  | 4  | RR: 0.87 (0.49, 1.53) | 60.1 | 0.06  |
|                           | <b>Type of HRT</b>                                    |    |                       |      |       |
|                           | ERT   | 9  | RR: 1.05 (0.79, 1.40) | 54.1 | 0.02  |
|                           | PRT   | 1  | RR: 3.41 (1.23, 9.47) | NA   | NA    |
| Noyce et al.<br>2012 [22] | <b>NSAIDs use (use vs. no use)</b>                    |    |                       |      |       |
|                           | <b>Study design</b>                                   |    |                       |      |       |
|                           | Case-control  | 5  | RR: 0.86 (0.77, 0.96) | 46.7 | 0.11  |
|                           | Cohort  | 4  | RR: 0.86 (0.66, 1.12) | 65.8 | 0.03  |
| Noyce et al.<br>2012 [22] | <b>Aspirin use (use vs. no use)</b>                   |    |                       |      |       |
|                           | <b>Study design</b>                                   |    |                       |      |       |
|                           | Case-control  | 4  | RR: 1.02 (0.74, 1.40) | 69.0 | 0.02  |
|                           | Cohort  | 2  | RR: 1.20 (1.04, 1.39) | 0.0  | 0.39  |
| Noyce et al.<br>2012 [22] | <b>Acetaminophen/paracetamol use (use vs. no use)</b> |    |                       |      |       |
|                           | <b>Study design</b>                                   |    |                       |      |       |
|                           | Case-control  | 1  | RR: 1.16 (1.00, 1.35) | NA   | NA    |
|                           | Cohort  | 1  | RR: 0.86 (0.67, 1.11) | NA   | NA    |
| Bai et al.<br>2016 [50]   | <b>Statin use (use vs. no use)</b>                    |    |                       |      |       |
|                           | <b>Study design</b>                                   |    |                       |      |       |
|                           | Case-control  | 5  | RR: 0.77 (0.62, 0.97) | 75.2 | <0.01 |
|                           | Cohort  | 6  | RR: 0.82 (0.68, 0.99) | 55.5 | 0.05  |
|                           | <b>Region</b>   |    |                       |      |       |

|   |   |                       |      |       |
|---|---|-----------------------|------|-------|
| North America                             | 6 | RR: 0.76 (0.54, 1.08) | 78.4 | <0.01 |
| Europe                                    | 4 | RR: 0.86 (0.80, 0.93) | 0.0  | 0.49  |
| Asia                                      | 1 | RR: 0.73 (0.60, 0.88) | NA   | NA    |
| <b>Adjusted for age</b>                   |   |                       |      |       |
| Yes                                       | 7 | RR: 0.75 (0.60, 0.95) | 74.1 | <0.01 |
| No  | 4 | RR: 0.86 (0.75, 0.99) | 34.7 | 0.20  |
| <b>Adjusted for gender</b>                |   |                       |      |       |
| Yes                                       | 7 | RR: 0.76 (0.59, 0.98) | 77.7 | <0.01 |
| No  | 4 | RR: 0.85 (0.79, 0.92) | 0.0  | 0.75  |
| <b>Quality of studies (NOS)</b>           |   |                       |      |       |
| High quality                              | 7 | RR: 0.71 (0.59, 0.87) | 65.4 | <0.01 |
| Medium quality                            | 4 | RR: 0.93 (0.78, 1.11) | 61.4 | 0.05  |
| <b>Individual statin use</b>              |   |                       |      |       |
| Atorvastatin                              | 4 | RR: 0.83 (0.66, 1.05) | 68.6 | 0.02  |
| Lovastatin                                | 2 | RR: 0.61 (0.16, 2.35) | 82.6 | 0.02  |
| Sivastatin                                | 4 | RR: 0.68 (0.45, 1.01) | 96.0 | <0.01 |
| Pravastatin                               | 3 | RR: 1.35 (0.58, 3.10) | 68.1 | 0.04  |
| Rosuvastatin                              |   |                       |      |       |
| <b>TZDs (TZDs vs. non-TZD treatments)</b> |   |                       |      |       |
| <b>TZDs</b>                               |   |                       |      |       |
| Only pioglitazone                         | 1 | OR: 0.86 (0.67, 1.10) | NA   | NA    |
| Any kind of TZDs                          | 4 | OR: 0.66 (0.44, 0.99) | 89.0 | <0.01 |
| <b>Ethnicity</b>                          |   |                       |      |       |
| White                                     | 3 | OR: 0.83 (0.72, 0.95) | 39.0 | 0.19  |
| Asian                                     | 2 | OR: 0.58 (0.26, 1.28) | 94.0 | <0.01 |
| <b>Follow-up duration</b>                 |   |                       |      |       |
| <10 years                                 | 2 | OR: 0.85 (0.68, 1.05) | 0.0  | 0.81  |
| >10 years                                 | 3 | OR: 0.63 (0.38, 1.03) | 92.0 | <0.01 |

Zhu et al.  
2019 [18]

**Biomarkers**Shen et al.  
2013 [33]**Serum urate (high vs. low level)****Gender**

|       |   |                       |      |      |
|-------|---|-----------------------|------|------|
| Men   | 4 | RR: 0.60 (0.40, 0.90) | 50.6 | 0.12 |
| Women | 3 | RR: 0.99 (0.59, 1.67) | 16.9 | 0.30 |

Shen et al.  
2015 [45]**Serum vitamin D level (deficient and insufficient vs. normal level)**

|  |   |                       |     |      |
|--|---|-----------------------|-----|------|
| Deficient vitamin D levels (serum 25(OH)D level <50 nmol/L)    | 3 | OR: 2.08 (1.63, 2.65) | 0.0 | 0.91 |
| Insufficient vitamin D levels (serum 25(OH)D level <75 nmol/L) | 3 | OR: 1.29 (1.10, 1.51) | 0.0 | 0.69 |

Wang et al.  
2015 [48]**BMI (per 5 kg/m<sup>2</sup> increase)****Region**

|        |   |                       |      |      |
|--------|---|-----------------------|------|------|
| USA    | 6 | RR: 0.97 (0.88, 1.08) | 47.3 | 0.09 |
| Europe | 3 | RR: 1.13 (0.89, 1.43) | 68.6 | 0.04 |

**Gender**

|       |   |                       |      |      |
|-------|---|-----------------------|------|------|
| Men   | 6 | RR: 1.03 (0.90, 1.18) | 64.0 | 0.02 |
| Women | 3 | RR: 1.04 (0.83, 1.30) | 68.6 | 0.02 |
| Both  | 5 | RR: 1.07 (0.90, 1.28) | 68.6 | 0.02 |

**Study duration**

|           |   |                       |      |      |
|-----------|---|-----------------------|------|------|
| >15 years | 5 | RR: 1.06 (0.91, 1.24) | 70.5 | 0.01 |
| <15 years | 5 | RR: 0.91 (0.75, 1.10) | 60.6 | 0.04 |

**Age at baseline**

|           |   |                       |      |       |
|-----------|---|-----------------------|------|-------|
| >60 years | 5 | RR: 0.95 (0.79, 1.13) | 60.7 | 0.04  |
| <60 years | 5 | RR: 1.03 (0.88, 1.22) | 60.6 | <0.01 |

**No. of cases**

|      |   |                       |      |      |
|------|---|-----------------------|------|------|
| >200 | 5 | RR: 1.05 (0.92, 1.20) | 71.3 | 0.01 |
| <200 | 5 | RR: 0.90 (0.72, 1.12) | 58.0 | 0.05 |

|                          |   |   |                       |      |       |
|--------------------------|---|---|-----------------------|------|-------|
|                          | <b>Statistical adjustment</b>                 |   |                       |      |       |
|                          | <b>Age</b>                                    |   |                       |      |       |
|                          | Yes   | 8 | RR: 0.97 (0.83, 1.14) | 71.7 | <0.01 |
|                          | No  | 2 | RR: 1.01 (0.91, 1.14) | 0.0  | 0.61  |
|                          | <b>Education</b>                              |   |                       |      |       |
|                          | Yes   | 4 | RR: 1.11 (0.95, 1.30) | 63.9 | 0.04  |
|                          | No  | 6 | RR: 0.92 (0.79, 1.06) | 58.0 | 0.28  |
|                          | <b>Energy intake</b>                          |   |                       |      |       |
|                          | Yes   | 2 | RR: 1.03 (0.93, 1.15) | 0.0  | 0.33  |
|                          | No  | 8 | RR: 0.98 (0.84, 1.14) | 71.3 | 0.28  |
|                          | <b>Smoking</b>                                |   |                       |      |       |
|                          | Yes   | 7 | RR: 1.00 (0.86, 1.16) | 72.0 | <0.01 |
|                          | No  | 3 | RR: 0.99 (0.84, 1.16) | 36.7 | 0.21  |
|                          | <b>Alcohol consumption</b>                    |   |                       |      |       |
|                          | Yes   | 4 | RR: 1.13 (0.99, 1.29) | 56.2 | 0.08  |
|                          | No  | 6 | RR: 0.90 (0.78, 1.04) | 50.1 | 0.08  |
|                          | <b>Physical activity</b>                      |   |                       |      |       |
|                          | Yes   | 5 | RR: 1.03 (0.85, 1.25) | 75.8 | <0.01 |
|                          | No  | 5 | RR: 0.97 (0.87, 1.08) | 21.4 | 0.28  |
|                          | <b>Coffee consumption</b>                     |   |                       |      |       |
|                          | Yes   | 6 | RR: 1.03 (0.88, 1.21) | 70.7 | <0.01 |
|                          | No  | 4 | RR: 0.95 (0.82, 1.10) | 39.5 | 0.18  |
| Chen et al.<br>2014 [35] | <b>BMI (BMI ≥ 30 vs. BMI &lt; 25)</b>         |   |                       |      |       |
|                          | <b>Study design</b>                           |   |                       |      |       |
|                          | Case-control                                  | 3 | OR: 0.73 (0.33, 1.61) | 87.0 | <0.01 |
|                          | Cohort  | 4 | RR: 1.16 (0.67, 2.01) | 92.0 | <0.01 |
| Chen et al.<br>2014 [35] | <b>BMI (25 ≤ BMI &lt; 30 vs. BMI &lt; 25)</b> |   |                       |      |       |
|                          | <b>Study design</b>                           |   |                       |      |       |

|                            |   |                           |                           |       |       |
|----------------------------|---|---------------------------|---------------------------|-------|-------|
| Chen et al.<br>2014 [35]   | Case-control  | 3                         | OR: 0.91 (0.70, 1.17)     | 20.0  | 0.29  |
|                            | Cohort  | 4                         | RR: 1.39 (1.04, 1.85)     | 90.0  | <0.01 |
|                            | <b>BMI ( BMI <math>\geq</math> 30 vs. 25 <math>\leq</math> BMI &lt; 30)</b> |                           |                           |       |       |
|                            | <b>Study design</b>   |                           |                           |       |       |
| Luo et al.<br>2018 [60]    | Case-control  | 3                         | OR: 0.81 (0.47, 1.41)     | 77.0  | 0.01  |
|                            | Cohort  | 4                         | RR: 0.84 (0.61, 1.15)     | 76.0  | <0.01 |
|                            | <b>Serum vitamin D levels (PD patient vs. control)</b>                      |                           |                           |       |       |
|                            | <b>Different latitude</b>   |                           |                           |       |       |
| Gudala et al.<br>2013 [30] | Higher latitude area  | 9                         | WMD: -4.20 (-5.66, -2.75) | 76.6  | <0.01 |
|                            | Lower latitude area   | 2                         | WMD: -3.45 (-5.75, -1.15) | 93.4  | <0.01 |
|                            | <b>Serum cholesterol (highest to lowest level)</b>                          |                           |                           |       |       |
|                            | <b>Study design</b>   |                           |                           |       |       |
| Shen et al.<br>2013 [34]   | Case-control  | 4                         | RR: 0.82 (0.59, 1.13)     | 54.9  | <0.01 |
|                            | Cohort  | 4                         | RR: 0.97 (0.62, 1.53)     | 84.7  | <0.01 |
|                            | <b>Gender</b>   |                           |                           |       |       |
|                            | Male  | 3                         | RR: 1.66 (1.12, 2.47)     | 46.6  | 0.15  |
|                            | Female  | 3                         | RR: 0.75 (0.16, 3.58)     | 85.2  | <0.01 |
|                            | <b>Quality of studies (NOS)</b>   |                           |                           |       |       |
|                            | High quality  | 3                         | RR: 1.08 (0.64, 1.83)     | 85.2  | <0.01 |
|                            | Medium quality  | 1                         | RR: 0.79 (0.41, 1.31)     | NA    | NA    |
|                            | Low quality   | 4                         | RR: 0.80 (0.60, 1.05)     | 36.0  | 0.19  |
|                            | <b>Serum uric acid levels (PD patient vs. control)</b>                      |                           |                           |       |       |
| <b>Gender</b>              |   |                           |                           |       |       |
| Men                        | 4   | SMD: -0.62 (-0.94, -0.31) | 84.2                      | <0.01 |       |
| Women                      | 4   | SMD: -0.56 (-0.72, -0.41) | 27.0                      | 0.25  |       |

Jin et al.  
2018 [59]

**Serum Mg levels (PD patient vs. control)**

|                        |   |                         |      |       |
|------------------------|---|-------------------------|------|-------|
| <b>Location</b>        | 5 | SMD: 2.22 (0.82, 3.63)  | 97.6 | <0.01 |
| Asia                   | 5 | SMD: 0.37 (-0.32, 1.06) | 91.6 | <0.01 |
| Europe                 | 1 | SMD: 0.08 (-0.33, 0.48) | NA   | NA    |
| America                | 1 | SMD: 1.18 (0.80, 1.55)  | NA   | NA    |
| Africa                 |   |                         |      |       |
| <b>Analysis method</b> | 8 | SMD: 1.55 (0.54, 2.57)  | 97.0 | <0.01 |
| ICP-MS/ICP-AES         | 3 | SMD: 0.55 (-0.04, 1.14) | 88.2 | <0.01 |
| AAS                    | 1 | SMD: 0.08 (-0.33, 0.48) | NA   | NA    |
| Colorimetry            | 5 | SMD: 2.22 (0.82, 3.63)  | 97.6 | <0.01 |

Jin et al.  
2018 [59]

**Peripheral blood Mg levels (PD patient vs. control)**

|                        |    |                          |      |       |
|------------------------|----|--------------------------|------|-------|
| <b>Location</b>        |    |                          |      |       |
| Asia                   | 6  | SMD: 1.78 (0.70, 2.86)   | 97.2 | <0.01 |
| Europe                 | 8  | SMD: -0.14 (-0.89, 0.62) | 94.9 | <0.01 |
| America                | 1  | SMD: 0.08 (-0.33, 0.48)  | NA   | NA    |
| Africa                 | 1  | SMD: 1.18 (0.80, 1.55)   | NA   | NA    |
| <b>Analysis method</b> |    |                          |      |       |
| ICP-MS/ICP-AES         | 10 | SMD: 1.13 (0.17, 2.09)   | 97.3 | <0.01 |
| AAS                    | 4  | SMD: 0.41 (-0.06, 0.89)  | 86.6 | <0.01 |
| Colorimetry            | 2  | SMD: -0.08 (-2.79, 1.04) | 95.6 | <0.01 |

Jiang et al'  
2019 [62]

**Serum BDNF level (PD patient vs. control)**

|                       |   |                           |      |       |
|-----------------------|---|---------------------------|------|-------|
| <b>Region</b>         |   |                           |      |       |
| Studies outside china | 5 | SMD: -0.43(-1.20, 0.34)   | 95.2 | <0.01 |
| Studies inside china  | 4 | SMD: -1.73 (-2.56, -0.91) | 93.9 | <0.01 |

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AAS, atomic absorption spectrometry; BDNF, brain-derived neurotrophic factor; BMI, body mass index; CCB, calcium channel blocker; CI, confidence interval; DM, diabetes; DSM, diagnostic and statistical manual of mental disorders; ELF-MF, extremely-low frequency magnetic fields; ERT, estrogen replacement

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therapy; HBCC, hospital-based case-control study; HRT, hormone replacement therapy; ICD, international classification of diseases; ICPC, international classification of primary care; ICP-AES, inductively coupled plasma-atomic emission spectrometer; ICP-MS, inductively coupled plasma-mass spectrometry; MUFA, monounsaturated fatty acid; NA, not applicable; NOS, Newcastle-Ottawa Scale; NR, not reported; NSAIDs, nonsteroidal anti-inflammatory drugs; OCs, oral contraceptives; OR, odds ratio; PBCC, population-based case-control study; PD, Parkinson's disease; PRT, progesterone replacement therapy; PUFA, polyunsaturated fatty acids; RR, relative risk; SMD, standardized mean difference; TZDs, thiazolidinediones; WMD, weighted mean difference.

<sup>a</sup> Subgroup analysis in case-control study

**Supplementary Table 3. Detailed information of method for exposure assessment and adjusted factors**

| Author, year                                  | Risk factor  | Methods for exposure assessment |
|---|--|---------------------------------|
| <b>Habits</b>                                 |  |                                 |
| Zhang et al.<br>2014 [40]                     | Alcohol intake<br>(highest vs. lowest level)                                   | Questionnaires                  |
| Noyce et al.<br>2012 [22]                     | Smoking<br>(ever vs. never)  | Questionnaire, interview        |
| Noyce et al.<br>2012 [22]                     | Smoking<br>(current vs. never)   | Questionnaire, interview        |
| Noyce et al.<br>2012 [22]                     | Smoking<br>(past vs. never)  | Questionnaire, interview        |
| Noyce et al.<br>2012 [22]                     | Coffee<br>( drinking vs. non-drinking)   | Questionnaire, interview        |
| Qi et al.<br>2014 [37]                        | Tea<br>(highest vs. lowest category)   | NR                              |
| Qi et al.<br>2014 [37]                        | Caffeine<br>(highest vs. lowest category)                                      | NR                              |
| Shen et al.<br>2015 [45]                      | Outdoor work<br>(with vs. without)   | NR                              |
| Fang et al.<br>2018 [58]                      | Total physical activity<br>(highest vs. the lowest category)                   | Self-report;                    |
| Fang et al.<br>2018 [58]                      | Light physical activity<br>(highest vs. the lowest category)                   | Self-report;                    |
| Fang et al.<br>2018 [58]                      | Moderate to vigorous physical<br>activity<br>(highest vs. the lowest category) | Self-report;                    |
| <b>Exposure to toxic environmental agents</b> |  |                                 |
| Pezzoli et al.<br>2013 [32]                   | Pesticides<br>(exposure vs. no exposure)                                       | Questionnaires                  |
| Pezzoli et al.<br>2013 [32]                   | Herbicides<br>(exposure vs. no exposure)                                       | Questionnaires                  |
| Pezzoli et al.<br>2013 [32]                   | Insecticides<br>(exposure vs. no exposure)                                     | Questionnaires                  |



|                              |   |                |
|------------------------------|---|----------------|
| Pezzoli et al.<br>2013 [32]  | Fungicides<br>(exposure vs. no exposure)            | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Rodenticides<br>(exposure vs. no exposure)          | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Solvents<br>(exposure vs. no exposure)              | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Organochlorines<br>(exposure vs. no exposure)       | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Organophosphates<br>(exposure vs. no exposure)      | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Paraquat<br>(exposure vs. no exposure)              | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Maneb/mancozeb<br>(exposure vs. no exposure)        | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | DDT<br>(exposure vs. no exposure)                   | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Farming<br>(exposure vs. no exposure)               | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Well water drinking<br>(exposure vs. no exposure)   | Questionnaires |
| Pezzoli et al.<br>2013 [32]  | Rural living<br>(exposure vs. no exposure)          | Questionnaires |
| Kasdagli et al.<br>2019 [14] | PM <sub>2.5</sub><br>(per 10 µg/m <sup>3</sup> )    | NR             |
| Kasdagli et al.<br>2019 [14] | PM <sub>2.5</sub><br>(high vs. low exposure)        | NR             |
| Kasdagli et al.<br>2019 [14] | PM <sub>10</sub><br>(per 10 µg/m <sup>3</sup> )     | NR             |
| Kasdagli et al.<br>2019 [14] | PM <sub>10</sub><br>(high vs. low exposure)         | NR             |
| Kasdagli et al.<br>2019 [14] | PM <sub>2.5-10</sub><br>(per 10 µg/m <sup>3</sup> ) | NR             |
| Kasdagli et al.<br>2019 [14] | PM <sub>2.5-10</sub><br>(high vs. low exposure)     | NR             |
| Kasdagli et al.<br>2019 [14] | NO <sub>2</sub><br>(per 10 µg/m <sup>3</sup> )      | NR             |
| Kasdagli et al.<br>2019 [14] | NO <sub>2</sub><br>(high vs. low exposure)          | NR             |

|                              |  |   |
|------------------------------|--|---|
| Kasdagli et al.<br>2019 [14] | NO <sub>x</sub><br>(per 10 µg/m <sup>3</sup> )     | NR  |
| Kasdagli et al.<br>2019 [14] | NO <sub>x</sub><br>(high vs. low exposure)         | NR  |
| Kasdagli et al.<br>2019 [14] | CO<br>( per 1 mg/m <sup>3</sup> )                  | NR  |
| Kasdagli et al.<br>2019 [14] | CO<br>(high vs. low exposure)                      | NR  |
| Kasdagli et al.<br>2019 [14] | O <sub>3</sub><br>( per 5 ppb)                     | NR  |
| Kasdagli et al.<br>2019 [14] | O <sub>3</sub><br>(high vs. low exposure)          | NR  |
| Kasdagli et al.<br>2019 [14] | SO <sub>2</sub><br>(high vs. low exposure)         | NR  |
| Huss et al.<br>2015 [42]     | ELF-MF<br>(higher vs. lowest exposure)             | Occupational records, censuses,<br>questionnaires, death certificates |
| Huss et al.<br>2015 [42]     | ELF-MF<br>(highest-longest vs. lowest<br>exposure) | Occupational records, censuses,<br>questionnaires, death certificates |
| Mortimer et al.<br>2012 [29] | Welding<br>(exposure vs. no exposure)              | Self-reported, medical Record,<br>questionnaire                       |
| Mortimer et al.<br>2012 [29] | Manganese<br>(exposure vs. no exposure)            | NR  |
| Palin et al.<br>2015 [44]    | Hydrocarbon<br>(exposure vs. no exposure)          | NR  |
| Zhou et al.<br>2019 [17]     | Sunlight<br>(exposure vs. no exposure)             | NR  |

### **Dietary factors**

|                            |  |                  |
|----------------------------|--|------------------|
| Takeda et al.<br>2014 [38] | Vitamin A (retinol)<br>(high vs. low intake) | Dietary estimate |
| Takeda et al.<br>2014 [38] | α-carotene intake<br>(high vs. low intake)   | Dietary estimate |
| Takeda et al.<br>2014 [38] | β-carotene intake<br>(high vs. low intake)   | Dietary estimate |

|                            |  |                  |
|----------------------------|--|------------------|
| Takeda et al.<br>2014 [38] | $\beta$ -cryptoxanthin intake<br>(high vs. low intake) | Dietary estimate |
| Takeda et al.<br>2014 [38] | Lutein intake<br>(high vs. low intake)                 | Dietary estimate |
| Takeda et al.<br>2014 [38] | Lycopene intake<br>(high vs. low intake)               | Dietary estimate |
| Jiang et al.<br>2014 [36]  | Dairy food intake<br>(highest vs. lowest category)     | NR               |
| Cheng et al.<br>2015 [41]  | Iron<br>(moderate vs. low intake)                      | FFQ, DHQ         |
| Cheng et al.<br>2015 [41]  | Iron<br>(high vs. low intake)                          | FFQ, DHQ         |
| Cheng et al.<br>2015 [41]  | Zinc<br>(moderate vs. low intake)                      | FFQ, DHQ         |
| Cheng et al.<br>2015 [41]  | Zinc<br>(high vs. low intake)                          | FFQ, DHQ         |
| Cheng et al.<br>2015 [41]  | Copper<br>(moderate vs. low intake)                    | FFQ, DHQ         |
| Cheng et al.<br>2015 [41]  | Copper<br>(high vs. low level of intake)               | FFQ, DHQ         |
| Hughes et al.<br>2017 [54] | Milk<br>(highest vs. lowest level of intake)           | Questionnaires   |
| Wang et al.<br>2015 [47]   | Protein<br>(highest vs. lowest level of intake)        | NR               |
| Wang et al.<br>2015 [47]   | Carbohydrate<br>(highest vs. lowest level of intake)   | NR               |
| Wang et al.<br>2015 [47]   | Cholesterol<br>(highest vs. lowest level of intake)    | NR               |
| Wang et al.<br>2015 [47]   | Energy<br>(highest vs. lowest level of intake)         | NR               |

|                          |   |                         |
|--------------------------|---|-------------------------|
| Wang et al.<br>2015 [47] | Fat<br>(highest vs. lowest level of intake) | NR                      |
| Qu et al.<br>2019 [15]   | Total fat<br>(high vs. low level of intake) | FFQ, DHQ, questionnaire |

### Medical history and comorbid diseases

|                            |   |   |
|----------------------------|---|---|
| Jafari et al.<br>2013 [31] | Head trauma<br>(with vs. without)                 | NR  |
| Noyce et al.<br>2012 [22]  | Family history any relative<br>(with vs. without) | Questionnaire, interview  |
| Noyce et al.<br>2012 [22]  | First degree relative<br>(with vs. without)       | Questionnaire, interview  |
| Noyce et al.<br>2012 [22]  | Family history of tremor<br>(with vs. without)    | Questionnaire, interview  |
| Noyce et al.<br>2012 [22]  | Prior mood disorder<br>(with vs. without)         | Questionnaire, interview  |
| Noyce et al.<br>2012 [22]  | Diabetes<br>(with vs. without)                    | Questionnaire, interview, drug prescriptions<br>in the database, medical record<br>Physician-diagnosed diabetes, use of<br>glucose-lowering medication, ICD codes,<br>ATC codes, questionnaire, medical record,<br>antidiabetes-drug use, diet recommendation<br>in the medical record, interview |
| Lu et al.<br>2014 [21]     | Diabetes<br>(with vs. without)                    | Interview, medical record review,<br>questionnaire, linked to Danish Cancer<br>Registry   |
| Noyce et al.<br>2012 [22]  | Cancer<br>(with vs. without)                      | Questionnaire, interview, drug prescriptions<br>in the database, medical record   |
| Noyce et al.<br>2012 [22]  | Hypertension<br>(with vs. without)                | Questionnaire, interview, drug prescriptions<br>in the database, medical record   |
| Noyce et al.<br>2012 [22]  | Gastric ulcer<br>(with vs. without)               | Questionnaire, interview  |
| Noyce et al.<br>2012 [22]  | General anaesthetic<br>(with vs. without)         | Questionnaire, interview  |

|                                |  |   |
|--------------------------------|--|---|
| Noyce et al.<br>2012 [22]      | Oophorectomy<br>(with vs. without)                             | Questionnaire, interview  |
| Ungprasert et al.<br>2015 [46] | Gout<br>(with vs. without)                                     | Diagnostic code of the database   |
| Adams et al.<br>2015 [49]      | Premorbid constipation<br>(with vs. without)                   | Questionnaire, coded in patient medical records, medication used to treat |
| Adams et al.<br>2015 [49]      | Constipation of duration $\geq 10$ years<br>(with vs. without) | Questionnaire, database review, general practice record review            |
| Lv et al.<br>2017 [55]         | Age at menarche<br>(highest vs. lowest category)               | NR  |
| Lv et al.<br>2017 [55]         | Age at menopause<br>(highest vs. lowest category)              | NR  |
| Lv et al.<br>2017 [55]         | Fertile lifespan<br>(highest vs. lowest category)              | NR  |
| Lv et al.<br>2017 [55]         | Parity<br>(highest vs. lowest category)                        | NR  |
| Lv et al.<br>2017 [55]         | Type of menopause<br>(surgical vs. natural)                    | NR  |
| Milani et al.<br>2017 [56]     | Bullous pemphigoid<br>(with vs. without)                       | Electronic databases  |
| Wang et al.<br>2018 [61]       | Depression<br>(with vs. without)                               | Self-report, questionnaire, ICD, DSM, ICPC, medical record                |
| Zhou et al.<br>2019 [16]       | Latent infection of <i>T. gondii</i><br>(with vs. without)     | NR  |
| Zhou et al.<br>2019 [16]       | Acute infection of <i>T. gondii</i><br>(with vs. without)      | NR  |
| Faustino et al.<br>2020 [19]   | Bipolar Disorder<br>(with vs. without)                         | Medical records   |
| Wang et al.<br>2020 [20]       | Infection of HP<br>(with vs. without)                          | NR  |

|                          |  |    |
|--------------------------|--|----|
| Wang et al.<br>2020 [20] | Infection of HCV<br>(with vs. without)             | NR |
| Wang et al.<br>2020 [20] | Infection of malassezia<br>(with vs. without)      | NR |
| Wang et al.<br>2020 [20] | Infection of pneumonia<br>(with vs. without)       | NR |
| Wang et al.<br>2020 [20] | Infection of measles<br>(with vs. without)         | NR |
| Wang et al.<br>2020 [20] | Infection of influenza virus<br>(with vs. without) | NR |
| Wang et al.<br>2020 [20] | Infection of herpes virus<br>(with vs. without)    | NR |
| Wang et al.<br>2020 [20] | Infection of HBV<br>(with vs. without)             | NR |
| Wang et al.<br>2020 [20] | Infection of scarlet fever<br>(with vs. without)   | NR |
| Wang et al.<br>2020 [20] | Infection of mumps virus<br>(with vs. without)     | NR |
| Wang et al.<br>2020 [20] | Infection of chicken pox<br>(with vs. without)     | NR |
| Wang et al.<br>2020 [20] | Infection of pertussis<br>(with vs. without)       | NR |
| Wang et al.<br>2020 [20] | Infection of German measles<br>(with vs. without)  | NR |

### Drugs

|                          |   |   |
|--------------------------|---|---|
| Lv et al.<br>2017 [55]   | OCs<br>(ever vs. never use)                 | NR  |
| Lang et al.<br>2015 [43] | Calcium channel blocker<br>(use vs. no use) | Self-reported, pharmacies<br>record   |
| Wang et al.<br>2014 [39] | HRT<br>(use vs. no use)                     | Medical record, in-person interview, self-<br>reported, telephone interview |

|                           |  |   |
|---------------------------|--|---|
| Noyce et al.<br>2012 [22] | NSAIDs<br>(use vs. no use)   | Medical record review, questionnaire, British Columbia Linked Health Database                                       |
| Gao et al.<br>2011 [28]   | Ibuprofen<br>(use vs. no use)  | Questionnaire, review of prescription records, pharmacy records   |
| Gao et al.<br>2011 [28]   | Aspirin<br>(use vs. no use)  | Questionnaire, review of prescription records, pharmacy records, review of medical records                          |
| Noyce et al.<br>2012 [22] | Aspirin<br>(use vs. no use)  | Medical record review, computer record review, GHC pharmacy database, questionnaire                                 |
| Gao et al.<br>2011 [28]   | Other NSAIDs<br>(use vs. no use)   | Questionnaire, review of prescription records   |
| Gao et al.<br>2011 [28]   | Acetaminophen<br>(use vs. no use)  | Questionnaire, review of prescription records   |
| Noyce et al.<br>2012 [22] | Acetaminophen/Paracetamol<br>(use vs. no use)  | Computer record review, questionnaire   |
| Noyce et al.<br>2012 [22] | Beta blocker<br>(use vs. no use)   | GHC pharmacy database, drug prescriptions in the database, National prescriptions database for statin prescriptions |
| Zhu et al.<br>2019 [18]   | TZDs use<br>(TZDs vs. non-TZD treatments)  | NR  |
| Bykov et al.<br>2017 [53] | Statin use and PD in studies that did not adjust for cholesterol<br>(use vs. no use) | NR  |
| Bykov et al.<br>2017 [53] | Statin use and PD in studies that adjusted for cholesterol<br>(use vs. no use)       | NR  |
| Bai et al.<br>2016 [50]   | Statin use<br>(use vs. no use)   | Reviewing medical records, self-report  |
| Bai et al.<br>2016 [50]   | Long-term statin use<br>(use vs. no use)   | Reviewing medical records, self-report  |

## Biomarkers

|                             |   |   |
|-----------------------------|---|---|
| Shen et al.<br>2015 [45]    | Serum vitamin D level<br>(deficient and insufficient vs.<br>normal level) | NR  |
| Luo et al.<br>2018 [60]     | Serum vitamin D level<br>(PD patient vs. control)                         | NR  |
| Luo et al.<br>2018 [60]     | Serum vitamin D level<br>(insufficient vs. normal level)                  | NR  |
| Luo et al.<br>2018 [60]     | Serum vitamin D level<br>(deficient vs. normal level)                     | NR  |
| Shen et al.<br>2013 [33]    | Serum urate<br>(high vs. low level)                                       | NR  |
| Gudala et al.<br>2013 [30]  | Serum cholesterol<br>(highest to lowest level)                            | Physician diagnosed, self- reported, usage of<br>cholesterol lowering agents, medical records |
| Shen et al.<br>2013 [34]    | Serum uric acid levels<br>(PD patient vs. control)                        | NR  |
| Wang et al.<br>2015 [48]    | BMI<br>(per 5 kg/m <sup>2</sup> increase)                                 | NR  |
| Gao et al.<br>2016 [51]     | Plasma/serum urate level in man<br>(highest vs. lowest quartiles)         | Colorimetric enzyme assay   |
| Gao et al.<br>2016 [51]     | Plasma/serum urate level in<br>woman<br>(highest vs. lowest quartiles)    | Colorimetric enzyme assay   |
| Sheng et al.<br>2016 [52]   | LDL-C level<br>( high vs. normal baseline level)                          | Review of medical records, database   |
| Mostile et al.<br>2017 [57] | Serum iron level<br>(PD patient vs. control)                              | NR  |
| Jin et al.<br>2018 [59]     | Serum Mg level<br>(PD patient vs. control)                                | Colorimetry, AAS, ICP-AES, ICP-MS   |
| Jin et al.<br>2018 [59]     | Peripheral blood Mg level<br>(PD patient vs. control)                     | Colorimetry, AAS, ICP-AES;  |
| Jin et al.<br>2018 [59]     | CSF Mg level<br>(PD patient vs. control)                                  | AAS, ICP-AES, ICP-MS, ICP-OES   |



|                           |  |    |
|---------------------------|--|----|
| Jiang et al'<br>2019 [62] | Serum BDNF level<br>(PD patient vs. control)   | NR |
| Qiu et al.<br>2019 [63]   | CRP in Blood level<br>(PD patient vs. control) | NR |
| Qiu et al.<br>2019 [63]   | CRP in Serum level<br>(PD patient vs. control) | NR |
| Qiu et al.<br>2019 [63]   | CRP in CSF level<br>(PD patient vs. control)   | NR |

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AAS, atomic absorption spectrometry; BDNF, brain-derived neurotrophic factor; BMI, body mass index; CRP, C-reactive protein; CSF, central nervous system; DDT, dichloro-diphenyl-trichloroethane; DHQ, diet history questionnaire; DSM, diagnostic and statistical manual of mental disorders; ELF-MF, extremely-low frequency magnetic fields; ELISA, enzyme-linked immunosorbent assay; FFQ, food frequency questionnaire; HBV, hepatitis B virus; HCV, hepatitis C virus; HP, helicobacter pylori; HRT, hormone replacement therapy; ICPC, international classification of primary care; ICD, international classification of diseases; ICP-AES, inductively coupled plasma-atomic emission spectrometer; ICP-MS, inductively coupled plasma-mass spectrometry; ICP-OES, inductively coupled plasma optical emission spectrometry; LDL-C, low-density lipoprotein cholesterol; LC-MS, liquid chromatography-tandem mass spectrometry; NR, not reported; NSAIDs, nonsteroidal anti-inflammatory drugs; OCs, oral contraceptives; PD, Parkinson's disease; RIA, radioimmunoassay; TZDs, thiazolidinediones.