Supplemental Table 1. Brief description of the items of MFM-D3-UL and CHFS.

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| MFM-D3-UL |  |
| Item 17 | to pick up 10 coins successively with one hand, one at a time, and to hold them at the same hand |
| Item 18 | to go round the edge of a CD with a finger |
| Item 19 | to pick up a pencil and draw loops inside a rectangular frame |
| Item 20 | to tear at least 4 cm a sheet of paper folded in 4, 2 or unfolded |
| Item 21 | to pick up a tennis ball, to raise it, and then to turn the hand |
| Item 22 | to place a finger successively on eight drawings |
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| CHFS |  |
|  | *In the kitchen* |
| Item 1 | Can you hold a bowl? |
| Item 2 | Can you seize a full bottle and raise it? |
| Item 3 | Can you hold a plate full of food? |
| Item 4 | Can you pour liquid from a bottle into a glass? |
| Item 5 | Can you unscrew the lid from a jar opened before? |
| Item 6 | Can you cut meat with a knife? |
| Item 7 | Can you prick things well with a fork? |
| Item 8 | Can you peel fruit? |
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|  | *Dressing* |
| Item 9 | Can you button your shirt? |
| Item 10 | Can you open and close a zipper? |
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|  | *Hygiene* |
| Item 11 | Can you squeeze a new tube of toothpaste? |
| Item 12 | Can you hold a toothbrush efficiently? |
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|  | *At the office* |
| Item 13 | Can you write a short sentence with a pencil or ordinary pen? |
| Item 14 | Can you write a letter with a pencil or ordinary pen? |
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|  | *Other* |
| Item 15 | Can you turn a round door knob? |
| Item 16 | Can you cut a piece of paper with scissors? |
| Item 17 | Can you pick up coins from a table top? |
| Item 18 | Can you turn a key in a lock? |