

# Red blood cell microrheological effects of some antitumor chemotherapy drugs: *In vitro* study

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**Abstract.** In consequence of limitation of capillary dilatation reserve the role of erythrocyte membrane elasticity and their microrheological properties is very important for the tissue perfusion. The drugs that enter blood flow could be as signaling molecules and their action can lead to alteration of red blood cell aggregation and whole cell deformability. Therefore the subject of this study was to estimate the effect of some antitumor chemotherapy drugs on red blood cell aggregation (RBCA) and deformability (RBCD). It was found that an exposure of red blood cells (RBCs) to cisplatin and epoetin alfa led to significant positive changes in the RBC microrheological properties. It was shown that cisplatin could activate tyrosine protein kinase (TPK). Preincubation of RBCs with the inhibitor of EGF-R and Src kinase lavendustin A was accompanied by a significant decrease of the cisplatin effect. It was found RBC aggregation rise after cell incubation with 5-fluorouracil. This effect was removed with Ca<sup>2+</sup> chelation with EGTA and also with pentoxifylline. The drug for the targeted antitumor therapy sunitinib raised RBCA markedly. Whereas RBC deformability index was altered only slightly. The combination of two chemicals: sunitinib and cisplatin led to an elimination of proaggregative effect of sunitinib.

Examination of the effects of some antitumor drugs on red blood cell microrheological properties has enabled us to suggest that the observed changes in red cell aggregation and deformability may be partly related to the effects of tyrosine protein kinase activation. It is accompanied by the alteration of red blood cell microrheology and the blood transport efficacy.

Keywords: Red blood cells, deformability, aggregation, chemotherapy, cisplatin, sunitinib, 5-fluorouracil, epoetin alfa

## 1. Introduction

In chemotherapy and immunotherapy, blood flow plays an important role in the delivery of appropriate pharmacological agents. In consequence of limitation of capillary dilatation reserve the role of erythrocyte membrane elasticity and their microrheological properties is very important for the tissue perfusion [8]. The drugs that enter blood flow under systemic chemotherapy could be as signaling molecules and their action can lead to an alteration of red blood cell microrheological properties and blood transport efficacy [16, 17, 19]. If the microrheological response on drug is positive then it is possibility to improve the drug transport and delivery into the tumor microvascular network. Cisplatin is one of the most potent antitumor agents known, displaying clinical activity against a wide variety of solid tumors [22, 29]. It can act as the tyrosine protein kinase (TPK) activator [9, 23]. The last decade has seen the introduction of several new classes of targeted anticancer therapies for routine clinical use [10, 28]. These small molecules typically block pathways that are continuously activated in cancer cells. The tyrosine kinase inhibitors are the most common and work by inhibiting kinases that phosphorylate key proteins to activate signal transduction pathways [25]. It is known that red cell membrane

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contains tyrosine protein kinase [9, 13, 14, 18]. Therefore we can suppose that drugs with TPK activity can act directly on the red blood cell microrheological properties. Even though 5-fluorouracil (FU) is one of the oldest anticancer drugs, its use in cancer chemotherapy continues to increase. Epoetin, administered at standard dosages has been shown to significantly increase hemoglobin levels, decrease transfusion requirements, and improve quality-of-life parameters in patients undergoing chemotherapy [7]. It is known epoetin activates many distinct signal transduction cascades, including a stimulation of tyrosine kinase – JAK-kinases [2, 31]. These chemicals induce protein tyrosine phosphorylation of a number of cellular proteins, which suggests involvement of protein tyrosine kinases in the activation process of red cell membrane [5, 16, 27]. Therefore the subject of this study was to estimate the effect of above-mentioned chemotherapy drugs on red blood cell deformability, aggregation and their suspension fluidity.

## 2. Materials and methods

### 2.1. Preparation of blood samples

Venous blood samples (15 ml) were drawn via sterile venipuncture using heparin (5 IU/ml) as anti-coagulant. The study was approved by the local ethic committee at the Yaroslavl State Pedagogical University, and an informed consent of all the subjects were obtained according to the recommendations of the Declaration of Helsinki (The International Response to Helsinki VI, The WMA's Declaration of Helsinki on Ethical Principles for Medical Research Involving Human Subjects, as adopted by the 52nd WMA General Assembly, Edinburgh, October, 2000).

Red blood cells (RBCs) were separated by centrifugation at 1,400 g for 20 min and washed 3 times with 10 mM phosphate buffered saline (pH = 7.4). The washed RBCs were then resuspended in the final medium (Dextran-200 and Ringer's solution in ratio 3:7) at a hematocrit of  $40.0 \pm 0.3\%$  for incubation with drugs and without ones (control). After an incubation period the supernatant was removed by centrifugation and cell suspensions were ready for red blood cell aggregation and deformability measurements.

### 2.2. Protocols for *in vitro* aggregation studies

It was organized three research sessions. In the first one RBC suspension was divided into three aliquots and exposed to: 1) Cisplatin (cis-dichlorodiammine platinum), a potent chemoimmunotherapeutic drug ( $3.0 \mu\text{M}$ ). It induces protein tyrosine phosphorylation of a number of cellular proteins suggesting the involvement of protein tyrosine kinase(s) in the activation process of the cells [23]; 2) 5-fluorouracil (5-FU,  $5.0 \mu\text{M}$ ) is one of the oldest anticancer drugs, its use in cancer chemotherapy continues to increase; 3) The red blood cells, incubated in Ringer's solution without any drugs, were used as a control.

In the second research session RBC suspension was divided into two aliquots and exposed to: 1) sunitinib (Sunitinib malate,  $1.0 \mu\text{M}$ ) – targeted antitumor drug, inhibitor of cellular signaling by targeting multiple receptor tyrosine kinases (RTKs); 2) epoetin alfa – recombinant human erythropoietin (10 U/ml).

In the third research session RBC suspension was divided into several aliquots and exposed to: 1) cisplatin alone and in combined with of lavendastin A (a selective tyrosine kinase inhibitor,  $3.0 \mu\text{M}$ ); 2) the combination of sunitinib and cisplatin; 3) the combination of 5-FU and EGTA (ethylene glycol tetraacetic acid) is a  $\text{Ca}^{2+}$  chelating agent ( $1.0 \text{mM}$ ); 4) the combination of 5-FU and pentoxifylline ( $1.0 \mu\text{M}$ ).

The cell shape was controlled with the light microscopy. The cell incubation was performed at 37°C for 30 min. The red blood cells, also incubated in the final medium (Dextran-200 and Ringer's solution in ratio 3:7) without any drugs, were used as a control. Stock solutions of drugs were prepared in DMSO or water. All analyses were completed within 4 h after the blood collection. Drugs and chemical compounds were mainly purchased from Sigma.

### 2.3. Hemorheological measurements

Red blood cell aggregation in native plasma was assessed by the Myrenne aggregometer which provides an index of RBC aggregation facilitated by low shear. In brief, the suspension was subjected to a short period of high shear to disrupt pre-existing aggregates, following which the shear was abruptly reduced to  $3 \text{ s}^{-1}$  and light transmission through the suspension that was integrated for ten seconds; the resulting index, termed «M1» by the manufacturer and «RBCA» herein, increased with enhanced RBC aggregation.

Two methods were used to measure red blood cell deformability (RBCD):

- 1) Suspension viscosity of red blood cells (SV) was measured with capillary viscometer. The reproducibility of the capillary viscometer system was ranged between 1.0–1.5% as indexed by the coefficient of variation for 10 repeated measurements of the same sample.
- 2) A parallel plate flow channel was used to estimate red blood cell deformability (for details see: [1]). In brief, the cells were attached to bottom part of the chamber with “one point” and then they were deformed by shear flow, under constant shear stress. The length (L) and width (W) of each of about hundred cells were measured and elongation index (EI) as an index of red cell deformability was calculated according to:  $EI = (L-W)/(L+W)$ , using special computer program.

### 2.4. Miscellaneous techniques

Red blood cell suspension hematocrits were determined via the microhematocrit methods (i.e.,  $12,000 \times g$  for 7 minutes). All analyses were completed within 4 h after the blood collection, at room temperature, about 200C.

### 2.5. Statistics and data presentation

The results are presented as mean  $\pm$  standard deviation (SD). Comparisons were made using paired *t*-tests, and a two-tailed *p* value of  $p < 0.05$  was considered to be significant; given the exploratory nature of these studies, *p* values are reported as determined.

## 3. Results

Microrheological characteristics for patients prior to and after incubation with cisplatin and 5-FU presented in Table 1. Cisplatin increased markedly RBCD and both RBCA and red cell suspension viscosity were decreased. It was found 17% rise of red cell deformability and 24% drop in cell aggregation ( $p < 0.05$ ). As for 5-FU it was shown small positive RBCD effect together with a significant increase of RBCA by 12% ( $p < 0.05$ ).

The drug for the targeted antitumor therapy sunitinib raised red cell aggregation by 22% ( $p < 0.05$ ) together with the red cell suspension viscosity increase by 13% (Table 2). RBC deformability index (EI) was altered only slightly after cell incubation with sunitinib. Its decrease was less than 3% and was not statistically significant.

Table 1

The RBC microrheological alterations after cell incubation with anticancer drugs: cisplatin and 5-fluorouracil (5-FU) (M ± SD; n = 30)

Parameter	Control	Cisplatin (3.0 μM)	5-FU(5.0 μM)
Suspension viscosity, mPa·s	3.42 ± 0.21	3.02 ± 0.16*	3.28 ± 0.16
RBCD	0.242 ± 0.019	0.288 ± 0.031*	0.244 ± 0.028
RBCA	8.72 ± 0.36	6.61 ± 0.44*	9.79 ± 0.56*

5-FU – 5-fluorouracil; RBCA – red blood cell aggregation; RBCD – red blood cell deformability; \**p* < 0.05 versus control.

Table 2

The RBC microrheological alterations after cell incubation with targeted drug sunitinib and epoetin alfa (M ± SD; n = 30)

Parameter	Control	Sunitinib (1.0 μM)	Epoetin alfa (10 M.E./MJ)
Suspension viscosity, mPa·s	3.45 ± 0.18	3.90 ± 0.17*	2.92 ± 0.16*
RBCD	0.252 ± 0.023	0.249 ± 0.031	0.282 ± 0.030*
RBCA	8.14 ± 0.44	9.92 ± 0.40*	7.33 ± 0.32*

RBCA – red blood cell aggregation; RBCD – red blood cell deformability, \**p* < 0.05 versus control.

After RBC incubation with epoetin alfa it was found statistically significant increase in RBC deformability (Table 2). Its rise was by 12% (*p* < 0.05) together with RBC suspension viscosity and RBCA decrease by 15 and 10% (*p* < 0.05) accordingly.

#### 4. Discussion

At present it is known the mature erythrocytes retain a number of molecular components of signaling and/or regulatory pathways [12–14]. Of these, particular interest has been focused on erythrocyte protein kinases and phosphatases, because of their possible roles in the modulation of erythrocyte morphology, deformability and metabolic functions [12, 15, 17, 24]. *In vitro* study showed that cisplatin has a direct positive microrheological effect. It can be supposed that cisplatin acts on RBC membrane molecular target. It is known that red cell membrane contains tyrosine protein kinase (TPK) [3, 4, 18]. Therefore cisplatin can activate these enzymes (Lyn protein tyrosine kinase of Src family [20, 23, 30, 32]). Indeed, there was a significant RBCA decrease together with RBCD rise after cisplatin treatment (Fig. 1A and 1B). In our observations it was detected that this specific TPK inhibitor lavendustin A eliminated positive changes of RBCA and RBCD (Fig. 1).

This compound induces protein tyrosine phosphorylation of numbers of cellular proteins, which suggests involvement of protein tyrosine kinases in the activation process of red cell membrane [20, 23, 30, 32]. The protein kinase activation is expected to lead to a dissociation of ternary complex (band 3 – band 4.1 R – spectrin) and an increase of red cell membrane plasticity (Fig. 2) [12, 26]. In addition it was also observed that Ca<sup>2+</sup>/calmodulin and calmodulin-dependent kinases are involved in the regulation of cisplatin-induced Lyn expression and activation in erythrocytes [5, 24].

It is known that any changes in intracellular Ca<sup>2+</sup> in erythrocytes are accompanied by red cell aggregation alterations [17]. This change mechanism was probably involved in the marked RBCA alteration after cell incubation with 5-FU. Our experimental data indicated that the chelation of Ca<sup>2+</sup>

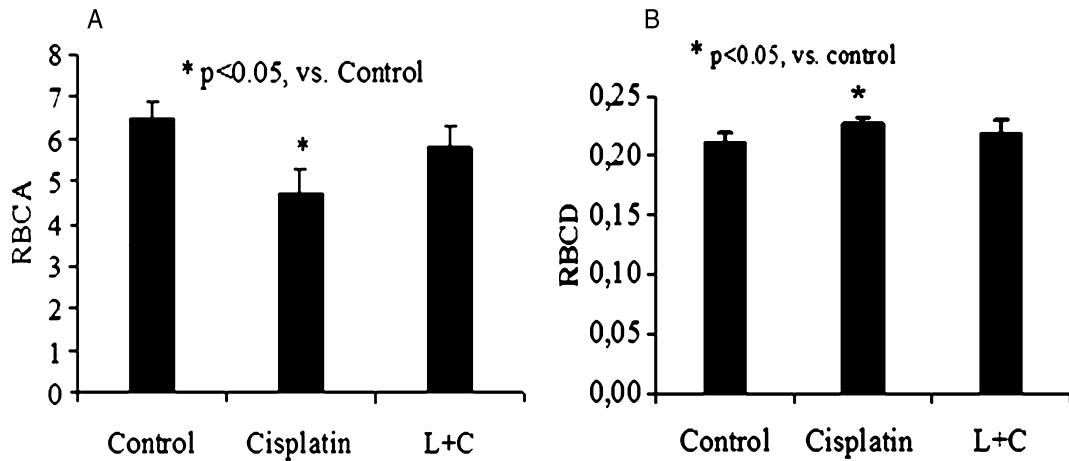


Fig. 1. The alteration of RBCA (A) and RBCD (B) under their incubation with cisplatin and with drug combination of lavendastin and cisplatin. (RBCA – red blood cell aggregation; RBCD – red blood cell deformability; L – lavendastin A; C – cisplatin).

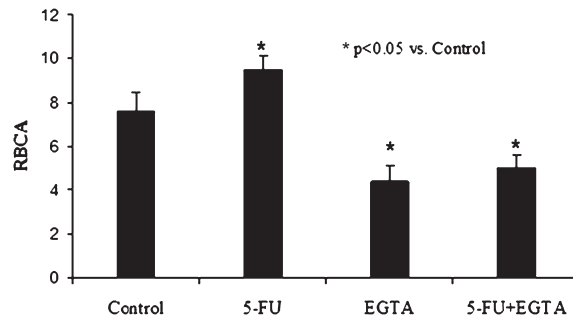


Fig. 2. The alteration of RBCA after cell incubation with 5-fluorouracil (5-FU) and with drug combination of 5-FU and EGTA ( $10^{-3}$  M). (RBCA – red blood cell aggregation).

in the cell incubation medium by EGTA caused a significant decrease RBCA followed by its significant rise due to 5-FU application (Fig. 2).

A lowered red cell aggregation effect was also observed when RBCs were incubated with pentoxifylline and what is more the latter almost removed proaggregation activity of 5-FU (Fig. 3).

Taken as a whole RBCA reduction was on the averaged 25% after cell incubation with pentoxifylline. An application of two drug combination (5-FU and pentoxifylline) was accompanied by 16% RBC aggregation lowering ( $p < 0.05$ , vs. Control, Fig. 4).

The antitumor targeted drug – sunitinib did not significant change red cell deformability whereas RBCA was increased markedly after cell incubation with it (Fig. 4). As stated above cisplatin, as a stimulator of the TPK [9, 24]. It was not so strange the combination of two these chemicals was accompanied by an elimination of proaggregative effect of sunitinib (Fig. 4). On the other hand the red cell deformability was decreased a little after sunitinib incubation, whereas after its combination with TPK stimulator cisplatin RBCD was a significant rise by 7% ( $p < 0.05$ , Fig. 5).

It is very likely that cisplatin is strong enough to activate TPK in erythrocyte membrane in spite of the tyrosine kinase inhibitor presence or may be sunitinib is mostly acts as an inhibitor of vascular endothelial growth factor in this case [28]. Hypertension is one of the most common adverse effects of angiogenesis inhibitors [10] and so the of RBCA rise after cell treatment with sunitinib may increase

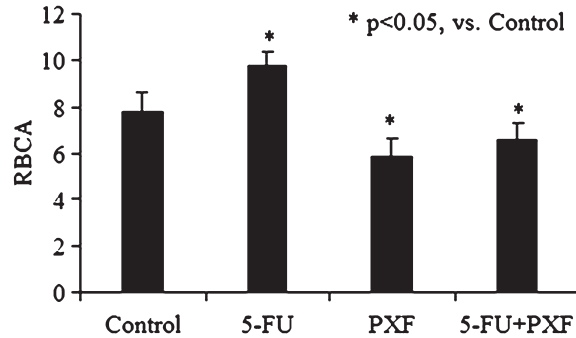


Fig. 3. The alteration of RBCA after cell incubation with 5-fluorouracil (5-FU), pentoxifylline (PXF) and with drug combination of 5-FU and pentoxifylline.

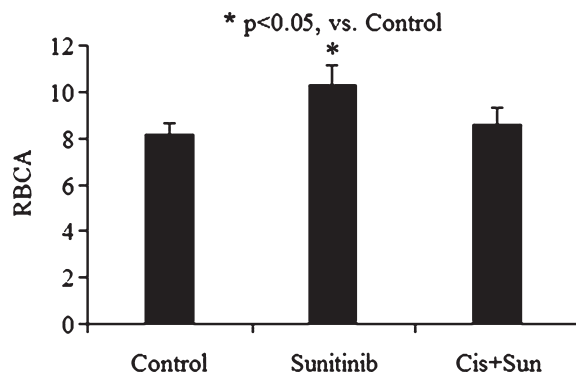


Fig. 4. The alteration of RBCA after cell incubation with sunitinib and with drug combination of sunitinib (Sun) and cisplatin (Cis).

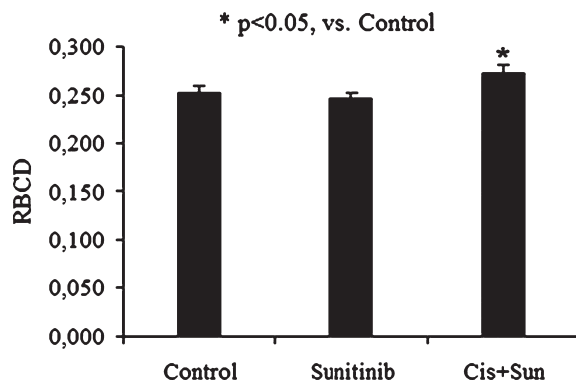


Fig. 5. The alteration of RBCD after cell incubation with sunitinib and with drug combination of sunitinib (Sun) and cisplatin (Cis).

attention to change in the RBC aggregability as a mechanism [11] involved in these process in the early stages of hypertension development.

The positive microrheological effect of epoetin alfa is probably connected with an activation many distinct signal transduction cascades, including a stimulation of tyrosine kinase – JAK-kinases [2, 5]. These chemicals induce protein tyrosine phosphorylation of a number of cellular proteins, which

suggests involvement of TPK in the activation process of RBC membrane band 3 [27, 31]. The latter is expected to lead to a dissociation of complex (band 3 – ankyrin – spectrin) and to an increase of red cell membrane plasticity [12, 21].

Examination of the effects of some antitumor drugs on red blood cell microrheological properties has enabled us to suggest that the observed changes in red cell aggregation and deformability may be partly related to the effects of tyrosine protein kinase activation. It is accompanied by the alteration of red blood cell microrheology and the blood transport efficacy.

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