# Ascorbic acid-catalyzed degradation of cyanidin-3-O- $\beta$ -glucoside: Proposed mechanism and identification of a novel hydroxylated product

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### Abstract.

**BACKGROUND:** Many brightly colored fruits and vegetables owe their pigmentation and beneficial health effects to anthocyanins. Unfortunately, anthocyanins in the presence of ascorbic acid are readily degraded over juice processing and storage, which adversely affects color stability and potential health benefits.

**OBJECTIVE:** This project focused on the effect of ascorbic acid as a catalyst in anthocyanin degradation.

**METHODS:** The project involved searching for novel pigmented compounds in a simple model system composed of the most common anthocyanin cyanidin-3-O- $\beta$ -glucoside and ascorbic acid, and a second model system consisting of blackberry extract supplemented with ascorbic acid. Degradation products were identified by HPLC-PDA and HPLC-MS. ESR was used to monitor hydroxyl radical formation in the model systems.

**RESULTS:** Over 72 hours at ambient temperature, 67% of cyanidin-3-O- $\beta$ -glucoside was lost in the model system during which time an unknown pigmented compound was formed. The unknown compound was also formed in a more complex model system consisting of blackberry extract and ascorbic acid. HPLC with PDA monitoring at 510 nm was used to detect a novel compound and HPLC-ESI-MS<sup>3</sup> allowed a proposed structure to be built based on the fragmentation patterns. The unknown structure formed via oxidation of cyanidin 3-O- $\beta$ -glucoside by ascorbic acid was identified as 6-hydroxy-cyanidin-3-O- $\beta$ -glucoside. The mechanism was substantiated with malvidin-3-O- $\beta$ -glucoside and ascorbic acid, which produced a hydroxylated malvidin-3-O- $\beta$ - glucoside. Production of hydroxyl radical in the base and blackberry model systems was confirmed by ESR.

**CONCLUSIONS:** We propose that the pigmented compound is formed from hydroxyl radicals via the Haber-Weiss reaction. The addition of food grade hydroxyl radical scavengers to juices may be a viable treatment to prevent ascorbic acid-catalyzed degradation of anthocyanins.

Keywords: Anthocyanin, ascorbic acid, blackberry, cyanidin-3-O-β-glucoside, degradation product, hydroxyl radical, tandem mass spectrometry

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# 1. Introduction

The vibrant blue, red, and purple colors of berries and many other fruits are due to anthocyanins. In addition to serving as pigments, anthocyanins are thought to afford protection against chronic diseases through antioxidant, anti-inflammatory, and anti-cancer activities [1]. Fresh berry consumption is limited by seasonal availability and short shelf life. Therefore, many berries are processed and consumed in shelf stable products such as juices, jellies, and jams. Unfortunately, anthocyanins are susceptible to degradation during berry processing and storage of processed products at ambient temperature [2]. Anthocyanin losses have been attributed to many factors including exposure to heat, oxygen, enzymes, metals, and ascorbic acid [3–6]. Oxidation by secondary oxidizing agents, such as hydroxyl radicals and superoxide, are thought to be contributing factors to color deterioration [7].

Many studies report that anthocyanins and the color of processed berry products are unstable in the presence of ascorbic acid [8–11]. Two different mechanisms have been proposed for ascorbic acid (Asc) catalyzed degradation of anthocyanins. The first involves a condensation reaction between anthocyanins and other components, such as ascorbic or organic acids [3, 8], and the second involves a radical mechanism leading to cleavage of the anthocyanin into phenolic acids [11, 12]. Much of the research related to structural changes in anthocyanins has been conducted on wine. Pyranoanthocyanins, which are anthocyanin conjugates with an additional pyran ring between C-4 and the 5-OH have been identified in several studies [13–15]. Pyranoanthocyanins can be formed from reactions between anthocyanins and fermentation products, such as acetaldehyde, pyruvic and acetoacetic acids [13, 16], as well as hydroxycinnamic acids [17, 18]. These compounds, which are consistent with the condensation product hypothesis proposed by Jurd [8] appear more pH stable [19] and have been detected in wine stored for several years [20]. Other than pyranoanthocyanins, polymeric pigments are a potential source of long-term color stability [21]. Polymeric pigments are the condensation product of anthocyanins and flavanols [22] and most often detected by MALDI-TOF-MS [23–25].

The fate of anthocyanins in the presence of Asc is unclear. This study was undertaken to identify novel degradation products of anthocyanins formed via Asc mediated oxidation using a cyanidin-3-O- $\beta$ -glucoside (C3G) model system and blackberry model system.

### 2. Materials and methods

### 2.1. Materials

Cyanidin-3-*O*- $\beta$ -glucoside standard (>95%) was purchased from Chromadex (Irvine, CA, USA). Malvidin-3-*O*- $\beta$ -glucoside standard (>95%) was purchased from Extrasynthese (Genay, France). HPLC grade methanol was purchased from EMD Millipore (Billerica, MA, USA) and formic acid from Fischer-Scientific (Fair Lawn, NJ, USA). ACS grade L-ascorbic acid was obtained from VWR International (Radnor, PA, USA), Dimethyl sulfoxide (DMSO) was obtained from Sigma-Aldrich (St. Louis, MO, USA). High-purity  $\alpha$ -(4-pyridyl-1-oxide)-N-tert-butylnitrone (POBN) was purchased from Alexis Biochemicals (San Diego, CA, USA). The University of Arkansas Horticulture department provided frozen blackberries. Alstroemeria flowers were purchased from a local florist.

### 2.2. Formulation of model systems

### 2.2.1. Formulation of base model system and blackberry model system for HPLC and HPLC/MS analyses

The base model system contained C3G (200  $\mu$ g/mL) and ascorbic acid (320  $\mu$ g/mL) dissolved in water acidified to pH 3.6 by HCl. Each 4 mL replicate was injected once every 70 minutes based on the HPLC gradient duration over 72 hours. The aqueous blackberry extract was concentrated to 200  $\mu$ g/mL C3G and supplemented to contain 320  $\mu$ g/mL Asc forming the blackberry model system. A model system containing malvidin-3-*O*- $\beta$ -glucoside

(M3G) (200 µg/mL) and Asc (320 µg/mL) dissolved in water acidified to pH 3.6 by HCl was used to validate the process. Duplicates of each system were performed.

# 2.2.2. Formulation of base model system and blackberry model system for ESR analysis

 $500 \,\mu$ L of  $200 \,\mu$ g/mL blackberry extract solution (or  $200 \,\mu$ g/mL C3G solution) was mixed with  $5 \,\mu$ L of Asc stock solution ( $32 \,m$ g/mL) to generate  $320 \,\mu$ g/mL final concentration in the sample. In order to trap free radicals generated from the system,  $50 \,m$ M POBN and  $10 \,m$ M DMSO was added to the sample. The system was maintained at room temperature. After mixing the Asc, DMSO, POBN and blackberry extract (or C3G), the samples were injected into the ESR instrument for analysis.

# 2.3. Anthocyanin analysis

### 2.3.1. Blackberry extraction

Frozen blackberries (18.74 g) were thawed at room temperature and triple extracted with 20 mL methanol/water/formic acid (60:37:3 v/v/v), followed by 20 mL acetone/water/acetic acid (70:29.5:0.5 v/v/v) using an IKA-T18 Ultra-Turrax (Wilmington, NC, USA) [26]. After filtering through Miracloth (CalBiochem, La Jolla, CA), the combined filtrates were evaporated to dryness in a Speed Vac Plus SC210A (Cambridge Scientific, Cambridge, MA) and brought up into 1 mL acidified water (pH 3.6 via HCl).

# 2.3.2. Alstroemeria extraction

Dark red *Alstroemeria incaica* v. Veronica flowers (11 g) were extracted with 50 mL methanol/water/formic acid (60:37:3) using an IKA-T18 Ultra-Turrax (Wilmington, NC, USA). Samples were injected without further concentration for qualitative analysis and used the following HPLC-PDA and HPLC-ESI-MS<sup>3</sup> methodology.

### 2.3.3. HPLC-PDA analysis of anthocyanins and degradation products

Chromatographic analyses were performed using dual Waters 515 pumps, 717plus autosampler, and a Waters 996 photodiode array detector (Milford, MA, USA). A Waters Symmetry  $C_{18}$  column (4.6 × 250 mm; 5 µm) separated the analytes using a 1.2 mL/min flow rate with 5% formic acid in water (Solvent A) and methanol (Solvent B). The elution began with 5% B and rose to 15% B in 10 min, from 15% to 35% B in 35 min, from 35% to 100% B in 5 min, followed by an isocratic wash for 10 min at 100% B, then re-equilibration of the column with 5% B for 10 min. UV-visible spectra were monitored from 200–700 nm and peak areas were recorded at 510 nm.

# 2.3.4. HPLC-electrospray ionization tandem mass spectrometry (LC-ESI-MSn) analysis of degradation products

LC-ESI-MS<sup>n</sup> analysis was conducted using an HP 1000 series HPLC and a Bruker Esquire 2000 quadrapole ion trap mass spectrometer. Samples from both model system and blackberry extracts were separated using a Waters Symmetry ( $4.6 \times 250 \text{ mm}$ ; 5 µm) column and gradient as described above. The mass spectrometry analysis was performed in both positive and negative ion modes under the following conditions: capillary voltage at 4 kV with polarity [+] for negative ion mode and [–] for positive ion mode analysis, nebulizer gas pressure 32 psi, dry gas flow 12 L/min, and skim voltage at 53.7 V and again polarity switched for respective mode. Ions were isolated and fragmented in quadrapole ion trap with excitation amplitude of 1.2 volts.

# 2.3.5. Electron spin resonance (ESR) analysis

Electron spin resonance analyses were operated on a Bruker Elexsys spectrometer at 9.76 GHz and room temperature. ESR settings were modulation frequency, 100 kHz; modulation amplitude, 1.0 G; microwave power, 20 mW; receiver gain,  $2.5 \times 10^5$ ; sweep width, 70 G; and time constant, 0.65 s.

# 2.3.6. Color monitoring of model systems

The lightness (L), chroma (C), and hue (h) were measured on a Konica Minolta Chroma meter CR-400 and data processor DP-400 using the L\*C\*h color scheme. (Konica Minolta, Japan). Measurements were taken every 2 hours during 12 diurnal hours, with 12 nocturnal hours without readings, over 72 hours. Four different samples were monitored: C3G control, C3G with Asc, blackberry extract control, and blackberry extract with Asc.

# 3. Results and discussion

### 3.1. Unknown formation in base and blackberry model systems

C3G was selected for study in the model system since it is the most common anthocyanin in blackberries [27] and in nature [28]. The ascorbic acid:anthocyanin ratio used in the model system is similar to that found in strawberries [29, 30].

To search for potential degradation products of anthocyanins, the base model system containing C3G and Asc was scanned for emerging peaks at 510 nm. One salient peak appeared to increase as soon as one hour after addition of Asc to the base model system. The unknown peak continued to increase in area for approximately 30 hours before quickly falling to near zero area under the curve by 72 hours. Compound 1 had a  $\lambda_{max}$  of 500.6 nm; therefore Fig. 1 displays the PDA signals of Compound 1 and C3G at 500 nm at 30 hrs. Compound 1 demonstrated greater hydrophilicity than C3G eluting about 10 minutes earlier than C3G. The same peak in the blackberry system also had an earlier retention time and lower  $\lambda_{max}$  than C3G, but had nearly a 10-fold drop in peak area (Fig. 2). The greater number of polyphenolic, radical-scavenging analytes in the blackberry system likely quenched the reaction mechanism resulting in protracted formation and lower production of Compound 1.

The dramatic effect of Asc on the degradation of C3G is featured in Fig. 3. In the C3G control, the peak area remains nearly constant over 70 hours, while the addition of Asc resulted in a rapid decrease in C3G peak area. This agrees with the findings of other researchers that anthocyanins are readily degraded in the presence of Asc [10, 11].

The Asc had a minimal affect on lightness (L) and chroma (C) values signifying no change in lightness or saturation, respectively (data not shown). Hue (h) angle increased from 20.3 to 29.7 immediately after addition of Asc indicating a shift from red to a more orange color. Hue values changed very little over the time course of the model system, thus the formation of the unknown compound had little to no effect on color. The L, C,



Fig. 1. HPLC chromatogram (500 nm) of Compound 1 and C3G at 30 hours in the base model system.



Fig. 2. Time course of Compound 1 formation in base ( $\blacksquare$ ) and blackberry (O) model systems. Bars represent standard error (n = 2).



Fig. 3. Time course of C3G control ( $\blacksquare$ ) and C3G in base model system with ascorbic acid (O). Bars represent standard error (n = 2).

and h values did not change much in the blackberry model systems, with and without Asc addition, over the course of 72 hours. The mechanism responsible for the immediate color change is not clear; it could be caused by copigmentation between the anthocyanin and Asc. Further research needs to be performed to answer this question.

# 3.2. Structural elucidation of compound 1

Tandem mass spectrometry yielded beneficial data toward structural elucidation, as seen in Fig. 4. Electrospray and tandem mass spectrometry are excellent tools for anthocyanin identification [31]. Comparing spectra of C3G and Compound 1, it was clear that Compound 1 had an *m/z* value 16 amu greater than C3G. We suspect Compound



Fig. 4. LC-ESI-MS<sup>3</sup> analysis of C3G (A), Compound 1 (B), and 6-hydroxycyanidin (C).



Fig. 5. Cyanidin-3-O- $\beta$ -glucoside and proposed structure of Compound 1.

1 to contain an additional hydroxyl group on one of the unsubstituted carbons. Compound 1 eluted earlier than C3G, which demonstrates increased hydrophilicity, strengthening the argument for an additional hydroxyl group. Anthocyanins often form polymers with a C4 $\Rightarrow$ C8 linkage, but sometimes feature a C4 $\Rightarrow$ C6 [32]. The dearth of reactivity at C6 in polymers is likely due to steric hindrance, which is not an issue in the hydroxyl addition. A related compound is 6-hydroxy-cyanidin-3-rutinoside, which is found in *Alstroemeria* flowers and described as less stable than cyanidin [33]. Both the rutinoside and glucoside are found in Alstroemeria flowers, but the rutinoside is found in much greater quantities [34]. An extract of dark red Alstroemeria flowers was analyzed with LC-ESI-MS<sup>n</sup> and compared to the ESI-MS<sup>3</sup> of Compound 1 (Fig. 4). Although Alstroemeria contains a rutinoside, the sugar is fragmented by tandem mass spectrometry allowing a direct comparison of the aglycone: 6-hydroxycyanidin to Compound 1. Therefore we propose that Compound 1 is 6-hydroxy-cyanidin-3-O- $\beta$ glucoside (Fig. 5).

### 3.3. Proposed mechanism responsible for the formation of compound 1

Ascorbic acid can have varied effects on anthocyanin content. It has been reported that Asc can reduce enzymatic degradation of anthocyanins in grape juice [35]. Alternatively, Asc could produce hydrogen peroxide that would bleach anthocyanins [36–38]. Regardless of the presence of oxygen or nitrogen, Asc had a significant effect on anthocyanin degradation [3]. This finding led to an agreement with Jurd [8] that a condensation reaction occurred between the anthocyanin and Asc, which broke the conjugation and resulted in a loss of color. However, Jurd's condensation reaction mechanism includes a pentavalent carbon in the final product. The current research did not detect a condensation product between Asc and C3G while monitoring at 280 and 510 nm. The mass spectrometry data confirms that no condensation products were detected. In the absence of Asc, a nitrogen flush had a small protective effect on anthocyanin retention compared to an oxygen rich environment [3], demonstrating a greater effect of Asc than oxygen.

- (I)  $Fe^{3+} + O_2^{\cdot-} \rightleftharpoons Fe^{2+} + O_2$ (II)  $2O_2^{\cdot-} + 2H^+ \rightleftharpoons H_2O_2 + O_2$ (III)  $Fe^{2+} + H_2O_2 \rightleftharpoons OH + -OH + Fe^{3+}$

Hydrogen peroxide formed via the Haber-Weiss reaction (Equations 1-3) [39] of Asc and iron or copper is the likely catalyst in forming Compound 1 from C3G [40]. There is very little iron and copper in the water used in the model system, but it may be enough to initiate the Haber-Weiss reaction. Although iron is a more efficient catalyst than copper [37], the model system contains more copper. Martell found that extremely low levels  $(0.7 \,\mu\text{M})$  of copper still exhibited catalytic activity and led to hydroxyl radical production [41]. The water used in the model and blackberry systems contained  $0.2 \,\mu\text{M}$  copper, which is a comparable concentration. Several researchers have studied the degradation kinetics of anthocyanin by  $H_2O_2$  [42–45], but none reported the presence of Compound 1. Additionally, Tsuda et al. used a strong radical initiator in a model system with C3G, which resulted in the formation of protocatechuic acid and 4,6-dihydroxy-2-O- $\beta$ -glucosyl-3-oxo-2,3-dihydrobenzofuran [46]. However, neither of these compounds were detected at 280 nm in our model systems.

Figure 6 depicts our proposed mechanism of formation for Compound 1 involving the hydroxyl radical from hydrogen peroxide. Since Compound 1's  $\lambda_{max}$  is 500.6 nm, it must retain conjugation throughout the  $\pi$  system and the mechanism must agree with the preservation of conjugation. The hydroxyl radical likely attacks C-6 because that follows an ortho-addition between two hydroxyl groups on C-5 and C-7. Hydroxyl radical ortho-additions had the highest rate constants and lowest activation energy compared to meta- and para-additions to aromatic compounds [47]. There is potential for the hydroxyl group to add to C-8, but we do not see any peak separation or splitting via HPLC indicating a majority, if not the entire reaction proceeds to C-6 or the two positional isomers elute simultaneously. The instability of Compound 1 could be caused by the increase in o-quinone formation since the additional hydroxyl group allows o-quinone formation with either C-5 & C-6 or C-6 & C-7. Given the similarity in structure between C3G and Compound 1, their molar absorptivity constants would be similar



Fig. 6. Proposed mechanism of formation of Compound 1.

and allow comparison of their peak areas. In the model system, the area at Compound 1's  $C_{max}$  is 7.56 ± 0.53% of the area of C3G's degradation at that time. The blackberry system had even less of a conversion of C3G to Compound 1 with 1.03 ± 0.22% of the area converted. The low transformation rate is indicative of a radical mechanism. The fate of the remaining percentage of C3G is unknown at this time. As mentioned, no new peaks appeared while monitoring at neither 280 nor 510 nm. The fate of anthocyanin degradation should continue to be studied.

### 3.4. Confirmation of hydroxyl radical in the formation of compound 1

Electron spin resonance (ESR) using POBN as a spin trapping agent was used to confirm the presence of hydroxyl radical in the base model system and blackberry model system supplemented with Asc. ESR can detect POBN spin adduct of methyl radical ('CH<sub>3</sub>) that is generated from the reaction of DMSO and HO' as the following reaction (DMSO+HO'  $\rightarrow$  CH<sub>3</sub>SO<sub>2</sub>H+'CH<sub>3</sub>) [47–50]. In Fig. 7, no ESR spectra were observed for 1) blackberry extract+DMSO+POBN, 2) blackberry extract+Asc+DMSO, 3) blackberry extract+Asc+POBN, or 4) Asc+DMSO+POBN. However, the ESR spectrum we see in 5) blackberry



Fig. 7. ESR spectra of POBN spin trapped radical adduct in blackberry model system. The reaction mixture contained 200  $\mu$ g/mL blackberry extract (BE) solution (or 200  $\mu$ g/mL C3G solution), 320  $\mu$ g/mL ascorbic acid, 50 mM POBN, and 10 mM DMSO. ESR spectrum of the reaction excluding: (A) ascorbic acid, (B) POBN, (C) DMSO, (D) blackberry extract, and (E-F) ESR spectra of the complete reaction system with blackberry and with pure C3G, respectively (a<sup>N</sup>  $\approx$  15.78 G, and a<sup>H</sup>  $\approx$  2.73 G).

extract + Asc + DMSO + POBN shows the signals of  $CH_3$  indicating HO<sup>•</sup> is formed from the system. The signals we see in 6) C3G + Asc + DMSO + POBN were stronger than those observed in 5) mainly due to the use of pure compound C3G. Additionally, the weaker signal observed in 5) could be attributed to the presence of other polyphenols in the blackberry extract capable of scavenging HO<sup>•</sup>. The generation of HO<sup>•</sup> from the reaction of blackberry extract and ascorbic acid support our proposed mechanism.

# 3.5. Validation of mechanism using malvidin-3-O- $\beta$ -glucoside

In order to substantiate the hydroxylation mechanism in anthocyanin degradation, M3G was used in a model system with Asc in the same ratios as C3G previously. As shown in Fig. 8, M3G area declines rapidly with the addition of Asc, but remains stable in the control at ambient temperature. While monitoring at 510 nm for new colored peaks, one appeared quickly and increased in area until approximately 50 hours, followed by rapid decline. This mirrored the growth pattern of 6-OH-C3G, although that compound reached a maximum area



Fig. 8. Time course of M3G (with Asc  $\blacksquare$ ), M3G control ( $\Delta$ ), 6-hydroxy-M3G ( $\blacklozenge$ ). Bars represent standard error (n = 2).



Fig. 9. LC-ESI-MS<sup>2</sup> analysis of M3G (A), 6-hydroxy-malvidin (B).

near 25 hours. The disparity could be explained by the relative stability differences of M3G to C3G. This peak represents a small percentage of the lost M3G (6.26%) over 50 hours, similar to 6-OH-C3G accounting for 7.56% of the degraded C3G. Tandem mass spectrometry assisted in the tentative identification using a 16 amu difference for multiple peaks between M3G and the unidentified peak (Fig. 9). The 16 amu mass difference was identical to the 16 amu differences between C3G and 6-hydroxy-C3G leading to the identification of this peak as 6-hydroxy-malvidin-3-O- $\beta$ -glucoside. This strengthens the hydroxylation radical mechanism for anthocyanins. Additional research is needed to determine if non-anthocyanin flavonoids are hydroxylated in the presence of Asc.

### 4. Conclusions

The addition of Asc led to an increased rate of degradation of C3G in a model system based on the Asc:C3G ratio found in strawberries. The degradation products of C3G were monitored for red colored compounds and the proposed structure of 6-hydroxy-cyanidin-3-O- $\beta$ -glucoside was detected and described based on tandem mass spectrometric results. The role of hydroxyl radicals in formation of the novel compound was confirmed by ESR analysis. The peak area of the degradation product accounted for less than 8% of the area of C3G degraded over time. Additional research is needed to identify other degradation products of anthocyanins catalyzed by ascorbic acid and to determine if hydroxylation of other polyphenols occurs via Asc catalyzed oxidation. The addition of food grade hydroxyl radical scavengers to berry juices may be a viable treatment to prevent ascorbic acid catalyzed degradation of anthocyanins.

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