Appendix: Search strategy in PubMed

#1 “low back pain” [Mesh])

#2 chronic low back pain

#3 back pain

#4 backache

#5 spine pain

#6 spinal pain

#7 lumbago

#8 sciatica

#9 #1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8

#10 “Breathing Exercises” [Mesh]

#11 Exercise, Breathing

#12 Respiratory Muscle Training

#13 Muscle Training, Respiratory

#14 Training, Respiratory Muscle

#15 inspiratory muscle training

#16 expiratory muscle training

#17 inspiratory training

#18  expiratory training

#19 respiratory training

#20 breath therapy

#21 #10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20

#22 (randomized controlled trial [Publication type])

#23 "randomized controlled trials as topic"[MeSH Terms]

#24 "randomized controlled trials"[All Fields]

#25 "controlled clinical trial"[All Fields]

#26 "randomized"[All Fields]

#27 "placebo"[All Fields]

#28 "randomly"[All Fields]

#29 "trial"[All Fields]

#30 "groups"[All Fields]

#31 #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29

OR #30

#32 #9 AND #21 AND #31