Supplementary Material

Psychosocial Effects of COVID-19 Measures on (Pre-)Dementia Patients During Second Lockdown

Covid-19 survey patient and caregiver. Survey is directly translated from Dutch

Covid-19 Survey - patient

Thank you for participating in this survey!

These questions focus on your life in times of Covid-19. In this way, we can learn how institutions can support people even better in times of Covid-19.

At this moment, are you infected with Covid-19, or have you been infected with Covid-19 previously?	☐ No☐ Yes☐ I do not know
2. Have you been tested for Covid- 19?	□ No □ Yes
2b) What was the test result?	☐ I was infected with Covid-19☐ I was not infected with Covid-19☐ I do not know
3. Have you been ill as a result of the Covid-19 infection?	□ No □ Yes
3a) Have you been hospitalized as a result of the Covid-19 infection?	☐ No☐ Yes, at the general hospital unit☐ Yes, at the intensive care (IC) unit

4.	Are you afraid of getting infected		Yes
	by Covid-19?		No
			I do not know
5.	Are you feeling alone during Covid-		Yes
٥.	19 times?		No
	25 (111.66)		I do not know
		_	T do Hot Miow
	Why are you feeling along?		Late wet are now shill due to any manage
6.	Why are you feeling alone?		I do not see my children anymore
	You may choose more than one	_	I do not see my family anymore
	answers.		I do not see my friends anymore
			I do not see my neighbors anymore
			I am not going outside anymore
			Other, (write down);
7.	What is it like for you to feel alone?		I like it
			I do not like it, and it does not bother me
			It does bother me
8.	Sometimes, the Covid-19		Then I feel more alone
	restrictions are more strict. Are you		Then I feel the same
	then feeling more alone?		Then I feel less alone
9.	The following questions focus on who	or wha	t helped you through Covid-19 times.
	5 .		
Ha	ve family and friends helped you		Yes
	ough Covid-19 times? For example,		No
	calling you.		I do not have family and friends
	ve neighbors helped you through		Yes
	vid-19 times?		No
			I have no contact with my neighbors
Has	s the case manager helped you		Yes
thr	ough Covid-19 times?		No
			I have no case manager
Has	s sports helped you through Covid-		Yes
19	times?		No
			I do not sport
Has	s music helped you through Covid-19		Yes
	ies?		No
			I do not play music and I do not listen to music
Hav	ve other hobbies helped you through		Yes
Cov	vid-19 times?		No
			I have no other hobbies

10. The following questions focus on who	ether you receive more or less support in times of Covid-19.
Do you receive more or less support	☐ I receive more support
from your GP in times of Covid-19?	☐ He/she does the same as always
monifyed of memos of covid 15.	☐ I receive less support
	☐ I did not have had contact with my GP in times of
	Covid-19
Do you receive more or less support	☐ I receive more support
from your district nurse or home care	☐ He/she does the same as always
in times of Covid-19?	☐ I receive less support
	☐ I have no district nurse or home care
Do you receive more or less support	☐ I receive more support
from your case manager in times of	☐ He/she does the same as always
Covid-19?	☐ I receive less support
	☐ I have no case manager
Do you receive more or less support	☐ I receive more support
from your day care in times of Covid-	☐ They do the same as always
19?	☐ I receive less support
	☐ I have no day care
Do you receive more or less support	☐ I receive more support
from volunteers in times of Covid-19?	☐ They do the same as always
	☐ I receive less support
	☐ I have no contact with volunteers
Do you receive more or less support	☐ I receive more support
from neighbors in times of Covid-19?	☐ They do the same as always
	☐ I receive less support
	☐ I have no contact with my neighbors
Do you receive more or less support	☐ I receive more support
from family and friends in times of	They do the same as always
Covid-19?	☐ I receive less support
	☐ I have no (contact with) family and friends
11. Do you receive enough support in	Yes, I receive enough support in times of Covid-19
times of Covid-19?	☐ No, I need more support in times of Covid-19
11a) From whom would you like to	☐ Health care professionals. For example the GP
receive more support in times of Covid-	District nurses or home care
19?	☐ Family and friends
You may choose more than 1 answer	☐ Other, (write down)
In times of Covid-19, some health care as appointments only continue by phone or	opointments continue, for example at home. Other health care video calls.
12. In times of Covid-19, have you had	□ No
an appointment with a health care	☐ Yes, that was a comfortable experience
professional, at (general) practice	Yes, that was not a comfortable, neither an
or at home?	uncomfortable experience
	Yes, that was an uncomfortable experience

13. In times of Covid-19, have you had	□ No
an appointment with a health care	Yes, that was a comfortable experience
professional by phone or video call?	Yes, that was not a comfortable, neither an
	uncomfortable experience
	☐ Yes, that was an uncomfortable experience
14. In times of Covid-19, have you	☐ Yes
been to day care?	□ No
	☐ I never go to day care
15. In some cases, day care stopped in	☐ Yes, (write down what you received):
times of Covid-19. Did you receive	☐ No, I did not receive an alternative
an alternative? For example	
conversations by video call. Or	
alternatives to do at home.	
16. In times of Covid-19, are you less	☐ Yes
interested in other persons?	□ No
	☐ I do not know
	☐ I am not interested in other persons
17. In times of Covid-19, has your	☐ Yes
sleeping rhythm changed? For	□ No
example, getting up earlier or	☐ I do not know
taking more naps during the day.	
18. In times of Covid-19, are you	Yes
worried for getting more memory	□ No
problems?	☐ I do not know
	☐ I always have problems with my memory
19. In times of Covid-19, are you	☐ Yes
feeling more lonely?	☐ No, less lonely
	☐ I feel the same
	☐ I do not know
	□ I am never lonely
20. In times of Covid-19, are you more	☐ Yes
afraid?	☐ No, less afraid
	☐ I feel the same
	☐ I do not know
	☐ I am never afraid
21. In times of Covid-19, are you	☐ Yes
feeling more insecure?	☐ No, less insecure
	☐ I feel the same
	☐ I do not know
	☐ I am never insecure
22. In times of Covid-19, are you	☐ Yes
feeling more depressed?	☐ No, less depressed
	☐ I feel the same
	☐ I do not know
	☐ I am never depressed

No, feeling less good Ifeel the same Ido not know Inever feel good	23. In times of Covid-19, are you	☐ Yes
I do not know I never feel good Yes No, less stress I feel the same I do not know I never feel good Yes No, less stress I feel the same I do not know I am never stressed I feel the same I do not know I am never stressed I feel the same I do not know I am never stressed I feel the same I do not know I am never tired I feel the same I feel the same I do not know I am never tired I feel the same I do not know I am never tired I feel the same I do not know I am never tired I feel the same	feeling more good?	□ No, feeling less good
Inever feel good Yes No, less stress Ifeel the same Ido not know Iam never stressed Ifeel the same Ido not know Iam never stressed Ifeel the same Ido not know Iam never stressed Ifeel the same Ido not know Iam never stressed Ifeel the same Ido not know Iam never stressed Ifeel the same Ido not know Iam never stressed Ifeel the same Ido not know Iam never stred Ifeel the same Ido not know Iam never stred Ifeel the same Ido not know Iam never stred Ifeel stress is stread Ifeel stress is stread Ifeel stress is stread Ifeel stress is stread Ido not know Iam never stred Impart stress is stread Ido not know Iam never stread Ido not know Ido not know Iam never stread		☐ I feel the same
24. In times of Covid-19, are you feeling more stressed? No, less stress I feel the same I do not know I am never stressed		☐ I do not know
24. In times of Covid-19, are you feeling more stressed? No, less stress I feel the same I do not know I am never stressed		☐ I never feel good
I feel the same	24. In times of Covid-19, are you	☐ Yes
I do not know I am never stressed	feeling more stressed?	☐ No, less stress
lam never stressed 25. In times of Covid-19, are you feeling more tired?		☐ I feel the same
Yes No, less tired Ifeel the same Ido not know Iam never tired		☐ I do not know
feeling more tired? No, less tired Ifeel the same Ido not know Iam never tired		☐ I am never stressed
feeling more tired? No, less tired Ifeel the same Ido not know Iam never tired	25. In times of Covid-19, are you	☐ Yes
□ I feel the same □ I do not know □ I am never tired 26. The following question focus on the news. How often do you read, listen or watch the paper, radio or television in Dutch? □ Less than 1 time a day □ Between 1 and 5 times a day □ More than 10 times a day □ Between 6 and 10 times a day □ More than 10 times a day □ Between 6 and 10 times a day □ Between 6		☐ No, less tired
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Between 6 and 10 times a day More than 10 times a day Never Ess than 1 time a day Between 1 and 5 times a day More than 10 times a day Never Ess than 1 time a day Ess than 1 time a day Between 6 and 10 times a day More than 10 times a day More than 10 times a day Between 6 and 10 times a day More than 10 times a day Between 1 and 5 times a day Between 1 and 5 times a day Between 6 and 10 times a day Between 1 and 5 times a day Between 1 and 5 times a day Between 1 and	the paper, radio or television in another	☐ Less than 1 time a day
How often do you visit websites of the government, national institute of health and environment, and other websites focusing on Covid-19? How often do you read messages focusing on COVID-19 at Facebook, Twitter, Instagram or other social media? How often do you read messages focusing on Covid-19 at YouTube, discussion forums and other websites? □ More than 10 times a day □ Never □ Less than 1 time a day □ Between 1 and 5 times a day □ Between 1 and 5 times a day □ Between 1 and 5 times a day □ Between 6 and 10 times a day	language?	☐ Between 1 and 5 times a day
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More than 10 times a day	•	·
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focusing on COVID-19 at Facebook, Twitter, Instagram or other social media? Between 1 and 5 times a day Between 6 and 10 times a day More than 10 times a day How often do you read messages focusing on Covid-19 at YouTube, discussion forums and other websites? Between 1 and 5 times a day Less than 1 time a day Never Between 1 and 5 times a day Between 1 and 5 times a day More than 10 times a day Nore than 10 times a day More than 10 times a day Less than 1 time a day	Herria da verria da massa da	
Twitter, Instagram or other social media? Between 1 and 5 times a day Between 6 and 10 times a day More than 10 times a day How often do you read messages focusing on Covid-19 at YouTube, discussion forums and other websites? Between 1 and 5 times a day Less than 1 time a day Between 6 and 10 times a day Between 6 and 10 times a day More than 10 times a day Never Focusing on Covid-19? Never Less than 1 time a day	•	
media? □ Between 6 and 10 times a day □ More than 10 times a day How often do you read messages focusing on Covid-19 at YouTube, discussion forums and other websites? □ Less than 1 time a day □ Between 1 and 5 times a day □ Between 6 and 10 times a day □ More than 10 times a day □ More than 10 times a day □ Never □ Less than 1 time a day	_	
☐ More than 10 times a day	=	,
How often do you read messages focusing on Covid-19 at YouTube, discussion forums and other websites? □ Between 1 and 5 times a day □ Between 6 and 10 times a day □ More than 10 times a day □ Never focusing on Covid-19? □ Less than 1 time a day	media:	·
focusing on Covid-19 at YouTube, discussion forums and other websites? Between 1 and 5 times a day Between 6 and 10 times a day More than 10 times a day How often do you use other media focusing on Covid-19? Less than 1 time a day Less than 1 time a day Between 1 and 5 times a day Between 6 and 10 times a day Less than 1 time a day	How often do you read messages	
discussion forums and other websites? Between 1 and 5 times a day Between 6 and 10 times a day More than 10 times a day How often do you use other media focusing on Covid-19? Between 1 and 5 times a day Between 1 and 5 times a day More than 10 times a day	•	
□ Between 6 and 10 times a day □ More than 10 times a day How often do you use other media focusing on Covid-19? □ Less than 1 time a day	=	
☐ More than 10 times a day How often do you use other media focusing on Covid-19? ☐ Never ☐ Less than 1 time a day		·
How often do you use other media focusing on Covid-19? ☐ Never Less than 1 time a day		•
focusing on Covid-19?	How often do you use other media	·
		·

	☐ Between 6 and 10 times a day ☐ More than 10 times a day
27.	
In your opinion, what is worst in times of Covid-19? (write 1 sentence)	
In your opinion, what supports you in times of Covid-19? (write 1 sentence)	
In your opinion, what support would you receive most preferably in times of Covid-19? (write 1 sentence)	

Thank you very much for participating in the Covid-19 survey!

Covid-19 Survey - caregiver

Thank you for participating in this survey!

These questions focus on your life and the life of your loved one in times of Covid-19. In this way, we can learn how institutions can support people even better in times of Covid-19.

1. At this moment, are you infected with Covid-19, or have you been infected with Covid-19 previously?	☐ No☐ Yes☐ I do not know
2. Have you been tested for Covid- 19?	□ No □ Yes
2b) What was the test result?	☐ I was infected with Covid-19☐ I was not infected with Covid-19☐ I do not know
3. Have you been ill as a result of the Covid-19 infection?	□ No □ Yes
3a) Have you been hospitalized as a result of the Covid-19 infection?	□ No□ Yes, at the general hospital unit□ Yes, at the intensive care (IC) unit
4. Are you afraid of getting infected by Covid-19 yourself?	☐ Yes ☐ No ☐ I do not know
5. Are you afraid that you loved one is getting infected by Covid-19?	☐ Yes☐ No☐ I do not know
6. Are you feeling alone during Covid-19 times?	☐ Yes☐ No☐ I do not know

7. Why are you feeling alone?	☐ I do not see my children anymore
You may choose more than one	☐ I do not see my family anymore
answers.	☐ I do not see my friends anymore
	☐ I do not see my neighbors anymore
	☐ I am not going outside anymore
	☐ Other, (write down);
8. What is it like for you to feel	☐ I like it
alone?	☐ I do not like it, and it does not bother me
	☐ It does bother me
9. Sometimes, the Covid-19	☐ Then I feel more alone
restrictions are more strict. Are	☐ Then I feel the same
you then feeling more alone?	☐ Then I feel less alone
you then reening more alone:	- Their reeriess alone
10. The following questions focus on wh	l no or what helped you through Covid-19 times.
10. The following questions focus on wi	io of what helped you through Covid-19 times.
Have family and friends helped you	☐ Yes
through Covid-19 times? For example,	□ No
by calling you.	☐ I do not have family and friends
by culling you.	a rad not have family and menas
Have neighbors helped you through	☐ Yes
Covid-19 times?	□ No
	☐ I have no contact with my neighbors
	, c
Has the case manager helped you	☐ Yes
through Covid-19 times?	□ No
	☐ I have no case manager
Has sports helped you through Covid-	☐ Yes
19 times?	□ No
	☐ I do not sport
Haramania kalendari da	D V.
Has music helped you through Covid-	Yes
19 times?	□ No
	☐ I do not play music and I do not listen to music
Have other hobbies helped you	☐ Yes
. ,	│
through Covid-19 times?	
	☐ I have no other hobbies
11 The following questions focus on wh	I nether you receive more or less support in times of Covid-19.
TI. THE TOHOWING QUESTIONS TOCUS ON WI	iction you receive more or less support in times or covid-15.

Do you receive more or less support	☐ I receive more support
from your GP in times of Covid-19?	☐ He/she does the same as always
	☐ I receive less support
	☐ I did not have had contact with my GP in times of
	Covid-19
Do you receive more or less support	☐ I receive more support
from your district nurse or home care	☐ He/she does the same as always
in times of Covid-19?	☐ I receive less support
	☐ I have no district nurse or home care
Do you receive more or less support	☐ I receive more support
from your case manager in times of	☐ He/she does the same as always
Covid-19?	☐ I receive less support
	☐ We have no case manager
Do you receive more or less support	☐ I receive more support
from your day care in times of Covid-	☐ They do the same as always
19?	☐ I receive less support
	☐ My loved one has no day care
Do you receive more or less support	☐ I receive more support
from volunteers in times of Covid-19?	☐ They do the same as always
	☐ I receive less support
	☐ I have no contact with volunteers
Do you receive more or less support	☐ I receive more support
from neighbors in times of Covid-19?	☐ They do the same as always
_	☐ I receive less support
	☐ I have no contact with my neighbors
Do you receive more or less support	☐ I receive more support
from family and friends in times of	☐ They do the same as always
Covid-19?	☐ I receive less support
	☐ I have no (contact with) family and friends
12. In times of Covid-19, have you	☐ Yes
been very busy with taking care of	□ No
your loved one?	☐ I do not know
	☐ I am always very busy with taking care of my loved one
13. Do you receive enough support for	☐ Yes, I receive enough support in times of Covid-19
you loved one in times of Covid-	□ No, I need more support in times of Covid-19
19?	, 11
13a) From whom would you like to	☐ Health care professionals. For example the GP
receive more support in times of	☐ District nurses or home care
Covid-19?	☐ Family and friends
You may choose more than 1 answer	☐ Other, (write down)
In times of Covid-19 some health care a	annointments continue for example at home. Other health care

appointments only continue by phone or video calls.

 14. In times of Covid-19, has your loved one had an appointment with a health care professional, at (general) practice or at home? 15. In times of Covid-19, has your loved one had an appointment with a health care professional by phone or video call? 16. In times of Covid-19, has your loved one been to day care? 	 No Yes, that was a comfortable experience Yes, that was not a comfortable, neither an uncomfortable experience Yes, that was an uncomfortable experience No Yes, that was a comfortable experience Yes, that was not a comfortable, neither an uncomfortable experience Yes, that was an uncomfortable experience Yes, that was an uncomfortable experience No My loved one never goes to day care
28. In some cases, day care stopped in times of Covid-19. Did your loved one receive an alternative? For example conversations by video call. Or alternatives to do at home.	☐ Yes, (write down what you received):
17. In times of Covid-19, did you observe more behavioral problems in your loved one?	☐ Yes ☐ No ☐ I do not know ☐ My loved one has nog behavioral problems
18. In times of Covid-19, is your loved one less interested in other persons?	☐ Yes ☐ No ☐ I do not know ☐ My loved one is not interested in other persons
19. In times of Covid-19, does you loved one accept help less easily?	☐ Yes☐ No☐ I do not know☐ My loved one does not need help
20. In times of Covid-19, has your love one's sleeping rhythm changed? For example, getting up earlier or taking more naps during the day.	☐ Yes ☐ No ☐ I do not know
21. In times of Covid-19, does your loved one show more repetitive behavior? For example walking around without a purpose, fiddling with buttons, plucking, winding thread.	 ☐ Yes ☐ No ☐ I do not know ☐ My loved one does not show this behavior
22. In times of Covid-19, are you worried for your loved one getting more memory problems?	☐ Yes ☐ No ☐ I do not know

	☐ My loved one always has problems with his/her
	memory
The following questions focus on yo	ur own feelings.
7	0
22 1 60 140	
23. In times of Covid-19, are you	☐ Yes
feeling more lonely?	□ No, less lonely
	☐ I feel the same
	☐ I do not know
	I am never lonely
24. In times of Covid-19, are you more	Yes
afraid?	□ No, less afraid
	☐ I feel the same
	☐ I do not know
	☐ I am never afraid
25. In times of Covid-19, are you	Yes
feeling more insecure?	□ No, less insecure
	☐ I feel the same
	☐ I do not know
26 1 11 6 1140	☐ I am never insecure
26. In times of Covid-19, are you	Yes
feeling more depressed?	□ No, less depressed
	☐ I feel the same
	☐ I do not know
	☐ I am never depressed
27. In times of Covid-19, are you	☐ Yes
feeling more good?	□ No, feeling less good
	☐ I feel the same
	☐ I do not know
20 10 100 00 100 110 000 000	☐ I never feel good
28. In times of Covid-19, are you	☐ Yes
feeling more stressed?	□ No, less stress
	☐ I feel the same
	☐ I do not know
20. In times of Covid 10.	☐ I am never stressed
29. In times of Covid-19, are you	Yes
feeling more tired?	□ No, less tired
	☐ I feel the same
	☐ I do not know
	□ I am never tired

30. The following question focus on	
the news.	
How often do you read, listen or	□ Never
watch the paper, radio or television in	Less than 1 time a day
Dutch?	☐ Between 1 and 5 times a day
	\square Between 6 and 10 times a day
	☐ More than 10 times a day
How often do you read, listen or	□ Never
watch the paper, radio or television in	☐ Less than 1 time a day
another language?	☐ Between 1 and 5 times a day
	☐ Between 6 and 10 times a day
	☐ More than 10 times a day
How often do you visit websites of the	□ Never
government, national institute of	Less than 1 time a day
health and environment, and other	☐ Between 1 and 5 times a day
websites focusing on Covid-19?	☐ Between 6 and 10 times a day
	☐ More than 10 times a day
How often do you read messages	□ Never
focusing on COVID-19 at Facebook,	☐ Less than 1 time a day
Twitter, Instagram or other social	☐ Between 1 and 5 times a day
media?	☐ Between 6 and 10 times a day
	☐ More than 10 times a day
How often do you read messages	□ Never
focusing on Covid-19 at YouTube,	☐ Less than 1 time a day
discussion forums and other websites?	☐ Between 1 and 5 times a day
	☐ Between 6 and 10 times a day
	☐ More than 10 times a day
How often do you use other media	☐ Never
focusing on Covid-19?	☐ Less than 1 time a day
	☐ Between 1 and 5 times a day
	☐ Between 6 and 10 times a day
	☐ More than 10 times a day
31.	
In your opinion, what is worst in times	
of Covid-19? (write 1 sentence)	
In your opinion, what supports you in	
times of Covid-19? (write 1 sentence)	
In your opinion, what support would	
you receive most preferably in times	
of Covid-19? (write 1 sentence)	

Thank you very much for participating in the Covid-19 survey!