Supplementary Table 2. Adverse events.

|  |  |  |  |
| --- | --- | --- | --- |
|  | Placebo | Regular Insulin | Determir |
| Rhinitis/ URI  | 2 | 5 | 1 |
| Headache | 0 | 2 | 0 |
| Musculoskeletal Injury/ Pain | 1 | 1 | 2 |
| Dizziness | 0 | 1 | 1 |
| Gastointestinal Symptoms | 1 | 1 | 0 |
| Other (stroke, breast cancer, weakness, rash) | 0 | 1 | 3 |