

Supplementary Material

The Effectiveness of a Community Nurse-Led Support Program for Dementia Caregivers in Chinese Communities: The Chongqing Ageing and Dementia Study

Supplementary Table 1. Support needs of caregivers in the intervention group at baseline.

Demands	Yes, n (%)
Information	
Methods of hiring temporary caregivers	20 (71.4)
Available support force	23 (82.1)
Get contact with who can provide nursing support services	20 (71.4)
Applicable subsidy	10 (35.7)
Advanced caregiving instruction	9 (32.1)
Assessment methods for the quality of care	11 (39.3)
Knowledge of dementia	21 (75.0)
Available types of services	10 (35.7)
Education and skills	
Care of behavioral psychiatric symptoms of dementia	25 (89.3)
Ways to deal with stress and depression of caregiver	28 (100)
People-centered care	13 (46.4)
How to manage patients' activities of daily life	12 (42.9)
Drug management	9 (32.1)
Wound care	2 (7.1)
Transfer of patient	5 (17.9)
Care of urinary and fecal incontinence	8 (28.6)
Prevention for pressure ulcer	7 (25.0)
Nutrition and water	12 (42.9)
Health care methods for people with dementia	17 (60.7)
Others	1 (3.6)
Environmental security	
Ways to prevent falls	22 (78.6)
Threats to health and safety	14 (35.7)
Food security	5 (64.3)
Emergency care	22 (78.6)
Traffic safety	10 (35.7)
Language, culture, and society	
Activities organized by social, cultural, and religious groups or organizations	18 (64.3)
Communication with other caregivers	22 (78.6)
Appropriate social and cultural activities	18 (64.3)

Culturally and linguistically appropriate reading materials of care knowledge and skills	12 (42.9)
Acquirement of local dialects when needed	2 (7.1)
In contact with friends and family	13 (46.4)
Self-care methods	
Exercise and relaxation	26 (92.9)
Relieving pressure	27 (96.4)
Priority care tasks to be completed	19 (67.9)
Seeking help	19 (67.9)
Self-management of chronic diseases	15 (53.6)
Available consultation	14 (50.0)

Supplementary Table 2. Satisfaction degree of caregivers in intervention group after receiving nurse-led support.

No.	Items	Satisfied, n (%)		Unsatisfied, n (%)	
		Very	Some	Little	None
1	Is it convenient to have access to the services provided by the medical staff in the community service	30 (100)		0	
2	Are you satisfied with the service mode of the medical staff in the community service	30 (100)		0	
3	Are you satisfied with the service level of the medical staff in the community service	30 (100)		0	
4	Are you satisfied with the service attitude of the medical staff in the community service	30 (100)		0	
5	Are you satisfied with the explanation and communication of the medical staff in the community service	30 (100)		0	
6	Are you satisfied with the work of the community health service center	30 (100)		0	
7	Is the medical staff providing community service helpful to you	24 (80.0)	6 (20.0)	0	0