



Author, Subject Index and Volume Contents Vols. 1–5 (1996)

VOLUME 1

Author Index

- Andrews, J.R., 36
Arrigo, C.A., 36
- Backer, G.S., 103
Bandy, W.D., 87
Brown, E., 216
Buchanan, P.A., 173
Byl, N.N., 122
- Callam Lurvey, P., 75
Catlin, P.A., 103, 117, 207
Chandler, J.M., 75
Clancy, W.G., 36
- Davies, G.J., 6, 7, 62, 81, 117
DeNuccio, D.K., 81
Dickoff-Hoffman, S., 162
Donatelli, R., 103
Drane, D.L., 103
Dvir, Z., 26, 31
- Ellenbecker, T.S., 9
Engle, R.P., 49
Engle, R.P., 72
Erber, D.J., 36
- Faust, J.S., 72
Friedlander, A., 122
- Gallagher, A., 138
George, T.W., 207
Ghena, D., 187
Grady, D., 122
Greenfield, B.H., 207
- Hall, P.S., 131
Halperin, N., 26, 31
Haskvitz, E.M., 99
Hastings, B.J., 207
Hellwig, E.V., 202
- Jarvinen, M., 92
- Kannus, P., 92
Kegerreis, S., 216
Kegerreis, S.T., 173
Keirns, M.A., 36
Klein, A., 146
Kuhn, S., 138
Kurth, A., 187
- Levine, D., 146
Lieska, N.G., 181
Lovelace-Chandler, V., 87
- Malone, T.R., 6, 62, 75, 138, 145, 161
Mattson, P.A., 117
Mayhew, J.L., 187
Mees, K.A., 207
Morrissey, M., 146
- Perrin, D.H., 22, 99, 202
- Reinking, M.F., 193
Robinson, D., 26, 31
Roofner, M.A., 131
Rowinski, M.J., 81
- Sadowsky, S., 122
Schexneider, M.A., 117
Shklar, A., 31
Slater, S.M., 103

Smith, B.A., 173
 Snead, D.B., 22
 Thompson, C.B., 187
 Timm, K.E., 6, 44, 62, 153, 166
 Tis, L.L., 22

Wells, L., 122
 Weltman, A., 22, 99
 Wilk, K.E., 36, 63
 Yang, L.S., 181

Subject Index

Abductor, 103
 Acromioclavicular joint injury, 49
 Adductor, 103
 Aggressive rehabilitation, 36
 Anterior cruciate ligament (ACL), 36
 Anthropometric measures, 187
 Arm, 9
 Arthrometer, 173
 Assessment, 87
 Average work/average power, 131
 Awareness, 216
 Biarticular muscles, 181
 Break phenomenon, 31
 Closed kinematic chain, 146
 Concentric, 81, 193
 Concentric activity, 26
 Concentric/eccentric, 202
 Concentric/eccentric ratio of hamstring/quadriceps, 99
 Contraction, 81
 Criterion-based protocol, 36
 Cross-country runners, 138
 Cybex 340, 122
 Dominance, 9
 Dynamic control, 162
 Dynamometry, 81
 Eccentric, 81, 193
 Eccentric activity, 26, 31
 Efficiency, 75
 Electromyogram, 216
 Electromyography, 81
 Fatigue, 81
 Feldenkrais, 216
 Female runners, 22
 Force curve, 75
 Force production, 75
 Functional assessment, 162
 Functional restoration, 44

Gravity correction, 99
 High-velocity ratio sprinters, 138
 Hip, 22
 Hip/knee extensors, 146
 Hip position, 181
 Imbalance, 162
 Industrial, 44
 Internal/external rotation, 202
 Isokinetic, 81
 Isokinetic activity, 26
 Isokinetic assessment, 173
 Isokinetic concentric assessment, 146
 Isokinetic data, 72
 Isokinetic parameters, 36
 Isokinetics, 9, 22, 44, 49, 103
 Isokinetic testing, 63, 122, 207
 Isokinetic torque ratio, 103
 Isotonic extension, 75
 Kinetic chain states (KCS), 153
 Knee, 122
 Knee injuries, 92
 KT-1000, 173
 Length-tension relationships, 181
 Ligamentous laxity assessment, 173
 Ligaments, 92
 Low-back pain, 44
 Lower kinetic chain, 103
 Lumbar extensors/flexors, 153
 Movement, 216
 Muscle performance, 92
 Muscle strength, 9
 Muscular, 81
 Neurologies integration, 193
 Objective test data, 63
 Pain, 81
 Patellofemoral pain, 26, 31
 Pattern/lesson, 216

- Peak power, 87
 Peak torque, 87, 202
 Peak torque assessment, 153
 Peak torque (quadriceps femoris and hamstring), 138
 Peak work, 87
 Posterior subluxation, 72
 Predictive equations, 187
 Prone/supine positioning, 99

 Quadriceps, 26, 31, 81
 Quadriceps femoris/hamstring, 131

 Reciprocal contractions, 207

 Reliability, 122, 207
 Rotator strength, 72

 Scapular plane, 202
 Shoulder abduction/adduction and internal/external rotation, 63

 Shoulder cuff, 72
 Soreness, 81
 Spinal rehabilitation, 44
 Sprinters, 138
 Standardization, 63
 Strength overflow, 193
 Subluxation, 162

 Tennis, 9
 Throwers, 63
 Torque ratio, 187
 Total arm average power (TAAP), 117
 Total arm strength (TAS), 117
 Total arm work (TAW), 117
 Trunk, 22

 Upper extremity, 9
 Upper extremity isokinetic evaluation, 117

 Velocity spectrum, 131
-

Volume Contents

No. 1	Editorials	
	Introducing IES	6
	<i>George J. Davies, Terry R. Malone, and Kent E. Timm</i>	
	Meeting the Editors	7
	Clinical Research	
	A Total Arm Strength Isokinetic Profile of Highly Skilled Tennis Players	9
	<i>Todd S. Ellenbecker</i>	
	Isokinetic Strength of the Trunk and Hip in Female Runners	22
	<i>Laurie L. Tis, David H. Perrin, David B. Snead, and Arthur Weltman</i>	
	Quadriceps Function and Patellofemoral Pain Syndrome. Part I: Pain Provocation During Concentric and Eccentric Isokinetic Activity	26
	<i>Zeevi Dvir, Nahum Halperin, Arie Shklar, and Dror Robinson</i>	
	Quadriceps Function and Patellofemoral Pain Syndrome. Part II. The Break Phenomenon During Eccentric Activity	31
	<i>Zeevi Dvir, Nahum Halperin, Arie Shklar, and Dror Robinson</i>	
	Clinical Outcome Study	
	Anterior Cruciate Ligament Reconstruction Rehabilitation: A Six-Month Followup of Isokinetic Testing in Recreational Athletes	36

*Kevin E. Wilk, Michael A. Keirns, James R. Andrews,
William G. Clancy, Christopher A. Arrigo, and
Donna J. Erber*

- Management of the Chronic Low-Back Pain Patient:
A Retrospective Analysis of Different Treatment Approaches 44
Kent E. Timm

Case Study

- Isokinetic Analysis in Acromioclavicular Joint Rehabilitation:
A Case Study 49
Robert P. Engle

No. 2

- From the Desk of the Editors 62
George J. Davies, Terry R. Malone, and Kent E. Timm

Clinical Application

- Standardized Isokinetic Testing Protocol for the Throwing
Shoulder: The Throwers' Series 63
*Kevin E. Wilk, Christopher A. Arrigo, and
James R. Andrews*

Clinical Observation

- Isokinetic Evaluation in Posterior Shoulder Subluxation 72
Robert P. Engle and Jeffrey S. Faust

Clinical Research

- Differences in Force Production on Various Isotonic Loading
Devices 75
*Patricia Callam Lurvey, Julie M. Chandler, and
Terry R. Malone*

- Comparison of Quadriceps Isokinetic Eccentric and Isokinetic
Concentric Data Using a Standard Fatigue Protocol 81
*Dennis K. DeNuccio, George J. Davies, and
Mark J. Rowinski*

- Relationship of Peak Torque to Peak Work and Peak Power of
the Quadriceps and Hamstring Muscles in a Normal Sample
Using an Accommodating Resistance Measurement Device 87
William D. Bandy and Venita Lovelace-Chandler

- Knee Angles of Isokinetic Peak Torques in Normal and
Unstable Knee Joints 92
Pekka Kannus and Markku Järvinen

- Effect of Gravity Correction on Isokinetic Average Force of
the Quadriceps and Hamstring Muscle Groups in Women
Runners 99
David H. Perrin, Esther M. Haskvitz, and Arthur Weltman

- Isokinetic Hip Abductor to Adductor Torque Ratio in Normals 103
*Robert Donatelli, Pamela A. Catlin, Gwendolyn S. Backer,
Debora L. Drane, and Susan M. Slater*

- Calendar 112

No. 3	Clinical Research	
	An Isokinetic Estimation of Total Arm Strength	117
	<i>Malton A. Schexneider, Pamela A. Catlin, George J. Davies, and Paul A. Mattson</i>	
	Consistency of Repeated Isokinetic Testing: Effect of Different Examiners, Sites, and Protocols	122
	<i>Nancy N. Byl, Laurie Wells, Deborah Grady, Anne Friedlander, and Steven Sadowsky</i>	
	Velocity Spectrum Study of Knee Flexion and Extension in Normal Adults: 60 to 500 deg/sec	131
	<i>Pamela S. Hall and Marilyn A. Roofner</i>	
	Comparison of Peak Torque and Hamstring/Quadriceps Femoris Ratios During High-Velocity Isokinetic Exercise in Sprinters, Cross-Country Runners, and Normal Males	138
	<i>Sarah Kuhn, Andrea Gallagher, and Terry Malone</i>	
	Clinical Research/Application	
	Reliability of Isokinetic Concentric Closed Kinematic Chain Testing of the Hip and Knee Extensors	146
<i>David Levine, Aimee Klein, and Matthew Morrissey</i>		
Effect of Different Kinetic Chain States on the Isokinetic Performance of the Lumbar Muscles	153	
<i>Kent E. Timm</i>		
Case Study		
Functional Subluxation of the Glenohumeral Joint in a College Pitcher	162	
<i>Steven Dickoff-Hoffman</i>		
Abstracts of Current Literature	166	
No. 4	Clinical Research	
	Influence of Isokinetic Testing on Measurements of Anterior Knee Laxity	173
	<i>Patricia A. Buchanan, Sam T. Kegerreis, and Brad A. Smith</i>	
	The Effect of Hip Position on Peak Torques in Isokinetic Knee Flexion and Extension	181
	<i>Lili Shiao Yang and Norman G. Lieska</i>	
	Prediction of Isokinetic Leg Strength From Anthropometric Dimensions in Male College Athletes	187
<i>David Ghena, J. L. Mayhew, Amy Kurth, and Clinton B. Thompson</i>		
The Effect of Concentric and Eccentric Training on the Strengthening of Tibialis Anterior	193	
<i>Mark F. Reinking</i>		
A Comparison of Two Positions for Assessing Shoulder Rotator Peak Torque: The Traditional Frontal Plane Versus the Plane of the Scapula	202	
<i>Evan V. Hellwig and David H. Perrin</i>		

Intra- and Interrater Reliability of Reciprocal, Isokinetic Contractions of the Quadriceps and Hamstrings As Measured by the MERAC	207
<i>Bruce H. Greenfield, Pamela A. Catlin, Todd W. George, Beverlee J. Hastings, and Karen A. Mees</i>	
Clinical Research—Application	
Electromyographic Activity of Trunk Musculature During a Feldenkrais Awareness through Movement Lesson	216
<i>Elaine Brown and Samuel Kegerreis</i>	
Author and Subject Index	222

VOLUME 2

Author Index

- Adele, M.F., 140
 Agnidis, Z., 76
 Amundsen, L.R., 166
 Andrews, J.R., 82
 Arrigo, C.A., 82

 Bahamonde, R., 24
 Ball, T.E., 154
 Beisiegel, W.P., 160
 Bennett, G., 60
 Bibre, Ph., 140
 Binkhorsk, R.A., 73
 Bohannon, R.W., 129
 Bourne, R., 76
 Brown, L.E., 101, 191
 Bryant, J.R., 101, 191
 Burns, R., 182

 Capuano-Pucci, D., 124
 Carlson, A.J., 60
 Clancy, W.G., 82
 Clifford, J.A., 124
 Conway, A., 9
 Conway, P., 9

 Davies, G.J., 46
 DeCarlo, M., 24
 Delahaye, H., 140
 Derscheid, G., 133
 Dworkin, K.J., 47

 Edwards, S.W., 160
 Ellenbecker, T.S., 65
 Ellingham, C.T., 166
 Erber, D., 82

 Fees, M.A., 34
 Fees, S., 34
 Fiebert, I.M., 18, 47, 116
 Fleshman, S.A., 195
 France, E.P., 133
 Fyke, D., 182

 Geborek, P., 148
 Gehlsen, G., 24
 Gennrich, P., 182

 Gillan, M.D., 124
 Graves, J.M., 166

 Haas, J.M., 47
 Hardy, C.J., 18
 Hellwig, E.V., 30
 Herlant, M., 140
 Hills, M., 129
 Hinger, D., 82
 Horvat, M., 175
 Housh, T.J., 110

 Irragang, J., 133

 Jacobson, B.H., 160
 Johnson, G.O., 110

 Keppler, M.V., 195
 Kramer, J., 76
 Kulling, F.A., 160

 Latin, R.W., 56
 LeBlanc, W.G., 47, 116
 Lemak, L., 82
 Looney, M., 154
 Lustig, S.A., 154

 McGuane, S.A., 116
 McManis, B.G., 175
 Malone, T.R., 9, 46, 133
 Metcalf, J., 60

 Patterson, L., 38
 Perrin, D.H., 30
 Petersen, R., 133
 Pleva, D.J., 124
 Porter, D.A., 24

 Ragnarsdottir, M., 166
 Rorabeck, C., 76

 Schnoes, C.D., 116
 Seagraves, F.E., 175
 Seiler, J.S., 124
 Shenk, B.S., 30
 Stam, H.J., 73
 Strickland, K.M., 116

Timm, K.E., 46, 182
 Tippett, S., 133
 Tis, L.L., 30, 38
 Voisin, Ph., 140

Wagner, L.L., 110
 Weir, J.P., 110
 Werner, K.L., 18
 Whitehurst, M., 101, 191
 Whitsel, D., 34
 Wikholm, J.B., 5
 Wilk, K.E., 82, 133

Subject Index

ACL surgery, 140
 Activity level, 166
 Aggressive rehabilitation, 82
 Anaerobic power, 56
 Ankle plantar flexors, 140, 166
 Anterior cruciate ligament reconstruction, 82
 Arm dominance, 65
 Articular effusion, 148
 Average peak torque, 60

Balance ability, 133
 Brace and McConnell taping, 9

Children, 175
 Cinematography, 24
 Closed/open chain, 24
 Comparison to Cybex II, 195
 Concentric and eccentric average force, 30
 Concentric mode, 191
 Concentric/eccentric peak, 60
 Constant joint angle, 110
 Correlations, 56
 Criterion-based protocol, 82
 Cross Sectional Study, 160

Dynamic Muscular Endurance, 160
 Dynamometer, 124, 182

Eccentric activation, 18
 Eccentric and concentric assessments, 9
 Elbow position, 129
 Electromyographic/force relationships, 116
 Electromyography, 24, 47

EMG, 18
 Extensor/flexor strength, 76
 Extensor mechanism dysfunction, 34
 External/internal rotation ratio, 30

Functional progression, 34
 Functional proprioception, 133

Gender differences, 110
 Geriatric population, 166
 Gravity correction, 30
 Gravity-eliminated body positions, 124
 Hand dynamometer, 129
 Hand-held dynamometer, 5
 Hip Extensors, 154
 Hip Range of Motion and Muscular Strength, 154

Internal/external rotation strength, 65
 Isokinetic assessment, 82, 101
 Isokinetic power, 56
 Isometric contractions, 47, 116
 Isometric/isokinetic torque correlation, 73
 Isotonic mode/Kin Com, 34

K.A.T. system, 133
 Knee extension, 5
 Knee extensors, 166

LIDO active, 191
 LIDO sliding cuff, 101

Mechanical/physiological assessments, 182
 Medial/lateral hamstrings, 47
 Muscle force, 124
 Muscle strength, 175
 Muscular function, 148

Neural inhibition, 148

Objectivity, 175
 Orthotron KT II, 195

Patellar alignment, 9
 Peak torque, 110
 Physiologic pattern, 24
 Proprioceptive neuromuscular facilitation techniques,
 154

Quadriceps femoris, 73
 Quadriceps force production, 60

Reliability, 76, 175, 182, 191	Torque comparisons, 140
Shoulder extension, 129	Total knee replacement, 76
Skilled junior tennis players, 65	Vastus medialis/lateralis, 116
Software analysis, 195	Vastus medialis obliquus, 18
Tester experience, 5	Visual feedback, 60
Tibial control system, 101	YMCA Bench Press Test, 160

Volume Contents

No. 1

Research

- Measurements of Knee Extension Force Obtained by Two Examiners of Substantially Different Experience with a Hand-Held Dynamometer 5
Richard W. Bohannon and Joan B. Wikholm

- Patellar Alignment/Tracking Alteration: Effect on Force Output and Perceived Pain 9
Andrea Conway, Terry R. Malone, and Peter Conway

- Electromyographic Analysis of the Quadriceps Femoris During Isokinetic Eccentric Activation 18
Ira Fiebert, Cheryl J. Hardy, and Karee L. Werner

Clinical Research

- Electromyographic and Cinematographic Analysis of the Lower Extremity During Closed and Open Kinetic Chain Exercise 24
Mark DeCarlo, David A. Porter, Gale Gehlsen, and Rafael Bahamonde

- Effect of Gravity Correction on Shoulder Rotation Isokinetic Average Force and Reciprocal Muscle Group Ratios 30
David H. Perrin, Evan V. Hellwig, Laurie L. Tis, and Byron S. Shenk

Clinical Application

- Implementation of the Kinetic Communicator's Isometric, Isokinetic, and Isotonic Protocols for Successful Rehabilitation of Extensor Mechanism Dysfunction 34
Martin A. Fees, Dennis Whitesel, and Sheila Fees

- Letters to the Editor 38

No. 2

- Editorial Comment 46
George J. Davies, Terry R. Malone, Kent Timm

Research

- A Comparison of Medial Versus Lateral Hamstring Electromyographic Activity and Force Output During Isometric Contractions 47

Ira M. Fiebert, Jeannie M. Haas, Karen J. Dworkin, and William G. LeBlanc

- The Relationship Between Isokinetic Power and Selected Anaerobic Power Tests 56
Richard W. Latin

Clinical Research

- The Effect of Visual Feedback in Isokinetic Testing 60
Alice J. Carlson, Gregory Bennett, and James Metcalf
- Shoulder Internal and External Rotation Strength and Range of Motion of Highly Skilled Junior Tennis Players 65
Todd S. Ellenbecker
- The Correlation of Isometric and Isokinetic Torque Measurements of the Knee Extensors 73
Henk J. Stam and Rob A. Binkhorst
- Reliability of Knee Extensor and Flexor Strength Measurements After Total Knee Replacement 76
John Kramer, Zoe Agnidis, Robert Bourne, and Cecil Rorabeck
- Anterior Cruciate Ligament Reconstruction Rehabilitation: A 12-Week Follow-Up of Isokinetic Testing in Recreational Athletes 82
Kevin E. Wilk, Chris A. Arrigo, James R. Andrews, William G. Clancy, Lawrence Lemak, Donna Erber, and David Hinger
- Abstracts of Current Literature 92
- Calendar 95

No. 3

Research

- A Comparison of the LIDO Sliding Cuff and the Tibial Control System in Isokinetic Strength Parameters 101
Lee E. Brown, Michael Whitehurst, and Jennifer R. Bryant
- Gender Differences in the Isokinetic Torque-Velocity Relationship 110
Loree L. Wagner, Terry J. Housh, Joseph P. Weir, and Glen O. Johnson
- The Relationship of Electromyographic Activity and Force of the Vastus Medialis Oblique and Vastus Lateralis Muscles During Maximal Isometric Knee Extension Contractions 116
Ira M. Fiebert, William G. LeBlanc, Sheila A. McGuane, Cynthia D. Schnoes, and Kathryn M. Strickland
- Elbow Flexion and Extension Force During Testing in Different Positions 124
Donna Capuano-Pucci, Jeff A. Clifford, Matthew D. Gillan, David J. Pleva, and Jason S. Seiler
- Shoulder Extension Strength Is Influenced by Elbow Position 129
Morgan Hills and Richard W. Bohannon

	Preliminary Clinical Evaluation of the Breg K.A.T.: Effects of Training in Normals	133
	<i>E. Paul France, Gary Derscheid, Jay Irragang, Terry Malone, Roger Petersen, Steve Tippett, and Kevin Wilk</i>	
	The Effect of Anterior Cruciate Ligament Surgery on the Ankle Plantar Flexors	140
	<i>M. Herlant, H. Delahaye, Ph. Voisin, Ph. Bibre, and M. F. Adele</i>	
No. 4	Review	
	Juxtaarticular Muscle Function in Relation to Joint Distension <i>Pierre Geborek</i>	148
	Clinical Research	
	A Comparison of Two Proprioceptive Neuromuscular Facilitation Techniques for Improving Range of Motion and Muscular Strength	154
	<i>S. A. Lustig, T. E. Ball, and M. Looney</i>	
	Research	
	A Comparison of Dynamic Muscular Endurance Among Inactive Men and Women: A Cross-Sectional Study	160
	<i>Frank A. Kulling, William P. Beisiegel, Bert H. Jacobson, and Steven W. Edwards</i>	
	Relationship Between Habitual Physical Activity and Isometric Peak Torque of Knee Extensors and Plantar Flexors of Older Men and Women	166
	<i>Joretta M. Graves, Maria Ragnarsdottir, Corinne T. Ellingham, and Louis R. Amundsen</i>	
	Instrumentation Research	
	Reliability and Objectivity of the Nicholas Manual Muscle Tester with Children	175
	<i>Michael Horvat, Beth G. McManis, and Frank E. Seagraves</i>	
	The Mechanical and Physiological Performance Reliability of Selected Isokinetic Dynamometers	182
	<i>Kent E. Timm, Peter Gennrich, Ray Burns, and Dennis Fyke</i>	
	Reliability of the LIDO Active Isokinetic Dynamometer Concentric Mode	191
	<i>Lee E. Brown, Michael Whitehurst, and Jennifer R. Bryant</i>	
	Clinical Research/Application	
	A Biomechanical Comparison Study of the Adapted Orthotron KT-II, with Stress Indicators, to the Cybex II for the Purpose of Isokinetic Testing of the Knee	195
	<i>Sue A. Fleshman and Mark V. Keppler</i>	
	Author and Subject Indices	204

VOLUME 3

Author Index

- Altchek, D.W., 155

 Barrow, L.A., 68
 Bemben, M.G., 164
 Bisbee, L., 195
 Bohannon, R.W., 148, 202
 Boley, S., 195
 Brown, L.E., 160
 Brown, L.J., 216
 Bryant, J.R., 160
 Buchalter, D.N., 160
 Burkholder, R., 111
 Byl, N.N., 139, 181

 Cantafora, N., 101
 Carzon, J., 188
 Chamness, M.S., 68
 Chandler, J.M., 216
 Checchia, G.A., 101
 Chenier, T.C., 68
 Chu, W-K., 133

 Dalpino, M., 57
 Davies, G.J., 50, 207
 Duvallet, A., 188

 Forsman, N., 50
 Franklin, M.E., 68
 Freedson, P.S., 34
 Fry, A.C., 74
 Fyke, D., 123

 Gazzi, A., 101
 Giannone, F., 101
 Gilliam, T.B., 34
 Glick, I.V., 155
 Guskiewicz, K., 111

 Harris, S., 181
 Heitman, R.J., 118
 Helwig, E.V., 85
 Hopkins, J., 27
 Housh, D.J., 133
 Housh, T.J., 133

 Johnson, D.A., 164
 Johnson, G.O., 74, 133

 Kastango, K., 34
 Kemp, D., 195
 Kennedy, K., 155

 Kouassi, B.Y.L., 188
 Kovaleski, J.E., 118
 Kraemer, W.J., 74
 Kramer, J.F., 195

 Lephart, S., 111
 Lo, S.K., 88

 MacDermid, J., 195
 Mahoney, T., 34
 Maliszewski, A.F., 34
 Malone, T., 57, 117, 216
 Mattacola, C.G., 152
 Miccoli, B., 101
 Moening, D., 207
 Mosteller, G.C., 68

 Nusca, D., 195
 Nyland, J., 171

 Olson, B., 57

 Paine, R., 50
 Paulus, L.M., 44
 Pentland, W.E., 88
 Perrin, D.H., 85, 96, 152
 Preston, C., 50
 Puharic, T., 202

 Rieu, M., 188
 Ryan, J., 27

 Sadowsky, H.S., 139
 Scheidt, A., 207
 Schmidt, R.J., 74
 Shenk, B., 85
 Shepardson, L., 207
 Sitler, M., 27
 Stokes, M.J., 4
 Strauss, G.R., 88

 Takiguchi, D., 181
 Tharp, G.D., 74
 Thompson, C.R., 44
 Timm, K.E., 44, 123

 Tis, L.L., 85, 96

 Walmsley, R.P., 16, 21
 Whitehurst, M., 160
 Wiberg Parker, S.L., 216

Subject Index

- Abduction/adduction, 21
- Acoustic myography, 4
- Angular velocity, 27
- Assessment, 4
- Average force, 85
- Average power, 118
- Average torque, 85, 88, 118
- Axis of rotation, 16, 21

- Back lifting ability, 181
- Biochemical analysis, 50
- Biodex System 2, 160
- Blood pressure, 74

- Cold water (cryotherapy), 152
- Concentric assessment, 164
- Concentric/eccentric isokinetic ratio, 155
- Concentric knee extension, 216
- Concentric knee extensor torque, 123
- Correlation, 133, 148
- Creatine kinase, 68
- Cross-sectional area, 133
- Cyber 6000, powered mode, 216
- Cycle ergometry, 74

- Data extraction, 96
- Delayed onset muscle soreness, 68

- Eccentric exercise, 68
- Eccentric peak torque, 27
- Electromyographic signal, 171

- Fatigue rehabilitation, 101
- Flexion extension, 16
- Forearm flexors and extensors, 133
- Forearm, 195
- Functional concentric assessment, 111

- Hand held dynamometer, 148, 202
- Heart rate, 74, 188
- Hip flexor/extensor ratio, 111
- Hip position, 27

- Industrial workers, 34
- Isokinetic assessment, 34, 181
- Isokinetic concentric assessment, 152
- Isokinetic exercise, 118
- Isokinetic reliability, 165
- Isokinetics, 139, 195
- Isokinetic testing, 101
- Isometric, 195
- Isometric assessment, 148

- Kinatron II, 50
- Knee extension/flexion, 160
- Knee extensors, 164
- Knee extensor strength, 181
- Knee isokinetic tests, 188
- Knee flexors/extensors, 96

- Leg dominance, 165
- Local muscle fatigue, 171

- Magnetic resonance imaging (MRI), 133
- Measurement, 4
- Movement pattern, 16, 21
- Multiple Sclerosis, 101
- Multisite, 139
- Muscle activity, 4
- Muscle fatigue, 118
- Muscle soreness, 68
- Muscle sounds, 4

- Peak force, 85
- Peak isokinetic torque, 133
- Peak torque, 44, 85, 88, 216
- Planter flexors, 152
- Pronation, 202
- Pronation and supination strength, 195

- Quadriceps/hamstring musculature, 68
- Quadriceps/hamstring ratio, 27
- Quadriceps, 57

- Rate pressure product, 74
- Reliability, 44, 88, 139, 160, 195
- Resistance exercise, 74
- Rotator cuff, 155

- Screening, 34
- Shoulder rotators, 85
- Shuttle 2000, 57
- Specific torque angle, 88
- Spectral parameters, 171
- Sport-specific and speed-specific angle of peak torque, 164
- Sprint speed, 111
- Supination, 202

- Tennis players, 155
- Test speed sequence, 123
- Testing intervals, 44
- Total work, 44
- Treadmill running, 207

- Upper extremity, 88

- Validity, 96

Vertical leap, 57
Video analysis, 207

Water running, 207
Work, 216

Volume Contents

No. 1

Review Article

- Acoustic Myography: Applications and Considerations in
Measuring Muscle Performance 4
M. J. Stokes

Clinical Research

- Movement of the Axis of Rotation of the Glenohumeral Joint
While Working on the Cybex II Dynamometer. Part I.
Flexion/Extension 16
Roy P. Walmsley

- Movement of the Axis of Rotation of the Glenohumeral Joint
While Working on the Cybex II Dynamometer. Part II.
Abduction/Adduction 21
Roy P. Walmsley

- The Effects of Hip Position and Angular Velocity on
Quadriceps and Hamstring Eccentric Peak Torque and
Ham/Quad Ratio 27
Joe Hopkins, Michael Sitler and Jeff Ryan

Clinical Application

- Industrial Torque Levels by Age Group and Gender 34
*Patty S. Freedson, Thomas B. Gilliam, Teresa Mahoney,
Ann F. Maliszewski and Kari Kastango*

- From the Desk of the Editors 43

Student Research

- Concentric Isokinetic Test-Retest Reliability and
Testing Interval 44
Connie R. Thompson, Lisa M. Paulus and Kent Timm

- Biomechanical Analysis of the Kinetron II 50
*Nicole Forsman, Robin Paine, Cynthia Preston and
George J. Davies*

- Strength Changes of the Quadriceps and Alterations
in Vertical Leap Measurements after 6 Weeks of Training
on the Shuttle 2000 57
Brian Olson, Mathew Dalpino, and Terry Malone

No. 2

Exercise Science Research

- A Comparison of Isokinetic Eccentric Exercise on
Delayed-Onset Muscle Soreness and Creatine Kinase in the
Quadriceps Versus the Hamstrings 68
*M. E. Franklin, M. S. Chamness, T. C. Chenier,
G. C. Mosteller and L. A. Barrow*

	Recovery Heart Rate and Blood Pressure Responses to a Graded Exercise Test and Heavy Resistance Exercise <i>Andrew C. Fry, Richard J. Schmidt, Glen O. Johnson, Gerald D. Tharp and William J. Kraemer</i>	74
	Clinical Research	
	Relationship Between Isokinetic Average Force, Peak Force, Average Torque, and Peak Torque of the Shoulder Internal and External Rotator Muscle Groups <i>David H. Perrin, Laurie L. Tis, Evan V. Hellwig and Byron Shenk</i>	85
	Reliability of Upper Extremity Isokinetic Torque Measurements with the Kin-Com (II) Dynamometer <i>Wendy E. Pentland, Sing Kai Lo and Geoffrey R. Strauss</i>	88
	Validity of Data Extraction Techniques on the Kinetic Communicator (KinCom) Isokinetic Device <i>Laurie L. Tis and David H. Perrin</i>	96
	Clinical Application	
	Isokinetic Testing of Muscular Function and Fatigue in Patients with Multiple Sclerosis <i>Giovanni A. Checchia, Fedele Giannone, Beatrice Miccoli, Nella Cantafora and Augusto Gazi</i>	101
	Clinical Research / Application	
	The Relationship Between Sprint Speed and Hip Flexion/Extension Strength in Collegiate Athletes <i>K. Guskiewicz, S. Lephart and R. Burkholder</i>	111
	Editorial Commentary <i>Terry Malone</i>	117
	Interaction of Velocity and Progression Order During Isokinetic Velocity Spectrum Exercise <i>John E. Kovalski and Robert J. Heitman</i>	118
	The Effect of Test Speed Sequence on the Concentric Isokinetic Performance of the Knee Extensor Muscle Group <i>Kent E. Timm and Dennis Fyke</i>	123
No. 3	Erratum	132
	Research	
	The Relationships Between Isokinetic Peak Torque and Cross-Sectional Area of the Forearm Flexors and Extensors <i>Dona J. Housh, Terry J. Housh, Glen O. Johnson, and Wei-Kom Chu</i>	133
	Intersite Reliability of Repeated Isokinetic Measurements: Cybex Back Systems Including Trunk Rotation, Trunk Extension-Flexion, and Liftask <i>Nancy N. Byl and H. Steven Sadowsky</i>	139
	Comparability of Force Measurements Obtained with Different Hand-Held Dynamometers from Older Adults <i>Richard W. Bohannon</i>	148

Clinical Research

- Effects of Cold Water Application on Isokinetic Strength of the Plantar Flexors **152**
Carl G. Mattacola and David H. Perrin

- Concentric and Eccentric Isokinetic Rotator Cuff Ratios in Skilled Tennis Players **155**
Kevin Kennedy, David W. Altchek, and Irving V. Glick

- Reliability of the Biodex System 2 Isokinetic Dynamometer Cocentric Mode **160**
Lee E. Brown, Michael Whitehurst, Jennifer R. Bryant, and David N. Buchalter

Clinical Application

- Reliability of the Biodex B-2000 Isokinetic Dynamometer and the Evaluation of a Sport-Specific Determination for the Angle of Peak Torque During Knee Extension **164**
Michael G. Bemben and David A. Johnson

No. 4**Review Article**

- Relation Between Local Muscular Fatigue and the Electromyographic Signal with Emphasis on Power Spectrum Changes **171**
John Nyland

Clinical Research

- Changes in Lifting Ability After a Training Program to Increase Knee Extensor Strength **181**
Scott Harris, Dean Takiguchi, and Nancy Byl

- Heart Rate During Functional Isokinetic Testing of Muscle **188**
A. Duvallet, B.Y.L. Kouassi, J. Carzon, and M. Rieu

- Isometric and Isokinetic Torques of the Forearm Pronators and Supinators: Reliability and Interrelationships **195**
John F. Kramer, Deborah Nusca, Leslie Bisbee, Joy MacDermid, Deborah Kemp, and Sally Boley

- Measurement of Forearm Pronation and Supination Strength with a Hand-held Dynamometer **202**
Terri Puharic and Richard W. Bohannon

Student Research

- Biomechanical Comparison of Water Running and Treadmill Running **207**
Darci Moening, Amy Scheidt, Linda Shepardson, and George J. Davies

- A Comparison of Concentric Knee Extension Performance Using the Cybex 6000 Nonpowered and Powered Mode for Work and Peak Torque Values **216**
Lori Jean Brown, Sonja Leah Wiberg Parker, Julie M. Chandler, and Terry R. Malone

- Author and Subject Indices **222**

VOLUME 4

Author Index

- Ambrosius, F.M., 34
 Andrews, J.R., 171
 Arrigo, C.A., 171

 Bandy, W.D., 108, 137
 Bartz, S.R., 34
 Belyea, B., 70
 Bernier, J.N., 81
 Binkhorst, R.A., 64
 Bloomberg, J.J., 164
 Bohannon, R.W., 20
 Brown, L.E., 153
 Buchalter, D.N., 153

 Chinn, J., 131
 Conner, S., 20
 Convery, A., 122

 Di Patrizi, S., 76
 Donlin, P., 3
 Duvallet, A., 8

 Emery, L., 91

 Fairbanks, R., 41
 Feedback, D.L., 164
 Felicetti, G., 76
 Ficca, M.H., 104
 Findley, B.W., 153

 Gilbert, R., 153
 Goertzen, D., 58
 Greenberger, H.B., 70
 Grubbs, N., 13

 Hartsell, H.D., 116
 Heitman, R.J., 104
 Herkner, P.B., 34
 Hoens, A.M., 96
 Holm, I., 141
 Housh, D.J., 3, 146
 Housh, T.J., 3, 146

 Ingham-Tupper, S., 51
 Ishee, J., 137

 Johnson, G.O., 3, 146
 Joyce, C.J., 81

 Kegerreis, S., 131
 Kerr, L., 137
 Keskula, D.R., 176
 Kouassi, B.Y.L., 8
 Kovaleski, J.E., 104
 Kramer, J.F., 51
 Kremer, A.M., 34

 Lawler, B., 41
 Layne, C.S., 164
 Ludvigsen, P., 141
 Lysholm, M., 58

 MacDermid, J., 51
 Malone, T.R., 41
 McLean, K.P., 20
 Messner, K., 58
 Mikesky, A., 157

 Perrin, D.H., 81, 150, 176

 Racer, B., 122
 Rieu, M., 8
 Rohland, R., 122
 Rossi, M., 164
 Rusche, K.R., 108
 Ryan, J., 91

 Shannon, J., 122
 Sitler, M., 91
 Sorg, J., 122
 Stam, H.J., 64
 Steen, H., 141
 Stout, J.R., 3, 146
 Stratford, P., 51
 Strauss, G.R., 96

 Taggart, I., 13
 Tekulve, F.Y., 108
 Timm, K.E., 112
 Tis, L.L., 150
 Topp, R., 157
 Trujillo, D., 131

 van Nieuwenhuyzen, J.F., 64

Walters-Stansbury, K., 51
 Weir, J.P., 3, 146
 Weir, L.L., 3, 146
 Whitehurst, M., 153
 Wilkerson, S., 137
 Wilk, K.E., 171

Wilkowski, T., 70
 Worrell, T., 131
 Wyatt, B., 13

Zelaschi, F., 76

Subject Index

Ankle dorsi/plantar flexion, 157
 Average force and torque, 150

Bilateral deficit, 153
 Biodex, 20
 Biofeedback, 122
 Blood lactate concentration, 8

CA-4000 arthrometer, 58
 Clinical instrumentation, 112
 Computerized evaluation, 76
 Concentric/eccentric torque/velocity relationship, 104
 Concentric/eccentric isokinetics, 157
 Concentric and eccentric measures, 91
 Concentric and eccentric patterns, 13
 Correlation of torques, 70
 Correlation to isokinetic torque, 3

Eccentric, 164
 Eccentric/concentric ratio, 41
 Electrical stimulation, 122
 Endurance, 76
 Endurance isokinetic test, 8
 External compression, 81

Fatigue response, 91
 Feldenkrais intervention, 131
 Full rom ave. torque (FRAT), 96
 Functional restoration, 34
 Functional tests, 108

Hand-held dynamometry, 30

Invertor/evertor strength, 116
 Isoacceleration, 13
 Isokinetic, 164
 Isokinetic dynamometers, 70
 Isokinetic endurance, 81
 Isokinetic evaluation, 116
 Isokinetic knee extension, 58
 Isokinetic testing, 20, 112
 Isokinetic tests, 8
 Isokinetics, 41, 76, 146, 171
 Isometrics, 157

Knee, 8
 Knee extension/flexion, 153
 Knee extensors, 64
 Knee muscles, 141

Lateral trunk strength, 30
 Low-back pain, 20
 Lower extremity symmetry, 108

Magnetic Resonance Imaging (MRI), 3
 Maximal repetition work, 20
 Maximum work repetition, 171
 Measurement, 64
 Microgravity, 164
 Middle-distance runners, 8
 Muscle ratios, 116
 Muscule performance, 51, 64

Older adults, 157

Peak force and torque, 150
 Peak torque, 20, 146
 Peak torque repetition, 171
 Perceived exertion, 131
 Plyometric, 164
 Prediction equation, 146
 Prediction of individual muscle contribution, 3
 Predictive factors, 30

Quadriceps cross-sectional area, 3
 Quadriceps femoris, 41, 104, 122

Ratios in isokinetics, 141
 Relationships, 150
 Reliability, 13, 51, 108, 137
 Reproducibility, 141
 Rest interval, 176
 Runners/cyclists, 104

Sagittal tibial translation, 58
 Shoulder functional reach, 131
 Shoulder internal/external rotation, 176
 Shoulder testing, 171
 Skinfold measurements, 137
 Spinal isokinetics, 112
 Spinal muscle strength, 112
 Surgical status, 34

Test reliability, 176	Trunk force production, 34
Tests and measurements, 51	Trunk strength, 20
Trained and untrained testers, 137	
Truncated rom ave. torque (TRAT), 96	Velocity effects, 153
Trunk extensor/flexor, 96	Velocity specificity, 91
Trunk flexor/extensor, 96	
	Work, 81

Volume Contents

No. 1

Research

- Isokinetic Peak Torque and Cross-Sectional Area of the Quadriceps 3

Dona J. Housh, PhD, Patrick Donlin, Terry J. Housh, PhD, Joe P. Weir, PhD, Loree L. Weir, PhD, Jeff R. Stout, MPE, and Glen O. Johnson, PhD

- Muscle Lactate and Isokinetic Testing: Middle-Distance Runners Versus Participants in Recreational Sports 8

B.Y.L. Kouassi, A. Duvallet, and M. Rieu

- Reliability of the Isoacceleration Mode of the LIDO Active 13

Nathaniel Grubbs, MHS, PT, Iris Taggart, MS, PT, and Barbara Wyatt, MS, PT

- Editors Note 19

Terry R. Malone

Clinical Research

- Reliability and Typical Isokinetic Trunk Values as Measured by the Biodex 20

Karen Palmer McLean, PhD, PT, and Sandra Conner, PT

- Lateral Trunk Flexion Strength Measured by Hand-held Dynamometry 30

Richard W. Bohannon, EdD, PT, NCS

Clinical Application

- A Preliminary Comparison of Isokinetic Data Among Back-Injured Surgical and Nonsurgical Patients, and the Effect of a Functional Restoration Program on their Ability to Return to Work 34

Frank M. Ambrosius, MS, Ann M. Kremer, BS, Steven R. Bartz, LPT, and Peter B. Herkner, MD, FACS

Student Research

- The Eccentric/Concentric Ratio of Quadriceps Femoris in Sprinters and Normals 41

Rich Fairbanks, MS, PT, Brian Lawler, MS, PT, and Terry R. Malone, EdD, PT, ATC

No. 2**Research**

- Reliability of Absolute and Ratio Data in Assessment of Knee Extensor and Flexor Strength **51**

John F. Kramer, Susan Ingham-Tupper, Karen Walters-Stansbury, Paul Stratford, and Joy MacDermid

- Reproducibility of Sagittal Plane Knee Translation During Isokinetic Exercises **58**

Marketta Lysholm, Darrell Goertzen, and Karola Messner

- The Reliability of Isometric and Isokinetic Torque Measurements of the Knee Extensors in Healthy Subjects **64**

H. J. Stam, R. A. Binkhorst, and J. F. van Nieuwenhuyzen

Clinical Research

- Comparison of Quadriceps Peak Torque Using Three Different Isokinetic Dynamometers **70**

Hilary B. Greenberger, Todd Wilkowski, and Barbara Belyea

- Endurance Tests During Isokinetic Contraction: Reliability of Functional Parameters **76**

Guido Felicetti, Franco Zelaschi, and Stefano Di Patrizi

Clinical Application

- Effects of External Compression on Isokinetic Muscular Endurance of the Quadriceps and Hamstring Muscle Groups **81**

Christopher J. Joyce, Julie N. Bernier, and David H. Perrin

No. 3**Clinical Research**

- Mode of Contraction and Angular Velocity Fatigue Response of the Hamstrings and Quadriceps **91**

Lovell Emery, Michael Sitler, and Jeff Ryan

- The Effect of Deleting Nonisokinetic Phases of Movement from Isokinetic Strength Evaluations **96**

Alison M. Hoens and Geoffrey R. Strauss

- Eccentric and Concentric Torque Production of the Knee Extensors in Endurance Runners and Cyclists **104**

John E. Kovalski, Robert J. Heitman, and Matthew H. Ficca

- Reliability and Limb Symmetry for Five Unilateral Functional Tests of the Lower Extremities **108**

William D. Bandy, Kenneth R. Rusche, and Francis X. Tekulve

- Comparison of Test Data from the Cybex TEF and 6000-TMC Isokinetic Spinal Dynamometers **112**

Kent E. Timm

- Isokinetics and Muscle Strength Ratios of the Ankle Invertors/Evertors: A Pilot Study **116**

H. D. Hartsell

Student Research

- The Effects of Electrical Stimulation and Electromyographic Biofeedback on Muscle Performance Output with Training of the Quadriceps Femoris Muscle **122**
Aileen Convery, Billy Racer, Rock Rohland, Jeanette Shannon, and Joe Sorg

No. 4**Exercise Science Research**

- Effect of a Feldenkrais Intervention on Symptomatic Subjects Performing a Functional Reach **131**
Jonathan Chinn, Daniel Trujillo, Sam Kegerreis, and Ted Worrell
- Reliability and Validity of Skinfold Measurements of Trained Versus Untrained Testers **137**
Lawrence Kerr, Sheila Wilkerson, William D. Bandy, and Jimmy Ishee

Research

- Isokinetic Hamstrings/Quadriceps Ratios: Normal Values and Reproducibility in Sport Students **141**
Iger Holm, Per Ludvigsen, Harald Steen
- Cross-Validation of Equations for Predicting Isokinetic Peak Torque in Men **146**
Dona J. Housh, Terry J. Housh, Joseph P. Weir, Jeff R. Stout, Loree L. Weir, and Glen O. Johnson
- Relationship Between Isokinetic Average Force, Average Torque, Peak Force, and Peak Torque of the Knee Extensor and Flexor Musculature **150**
Laurie L. Tis and David H. Perrin
- Effect of Velocity on the Bilateral Deficit During Dynamic Knee Extension and Flexion Exercise in Females **153**
Lee E. Brown, Michael Whitehurst, Russ Gilbert, Brian W. Findley, and David N. Buchalter
- Reliability of Isometric and Isokinetic Evaluations of Ankle Dorsi/Plantar Strength Among Older Adults **157**
Robert Topp and Alan Mikesky
- Clinical Application**
- Improvement in Knee Extensor Strength After Horizontal Squat and Jump Training **164**
Charles S. Layne, Mark Rossi, Daniel L. Feedback, and Jacob J. Bloomberg
- Peak Torque and Maximum Work Repetition During Isokinetic Testing of the Shoulder Internal and External Rotators **171**
Christopher A. Arrigo, Kevin E. Wilk, and James R. Andrews
- Effect of Test Protocol on Torque Production of the Rotators of the Shoulder **176**
Douglas R. Keskula and David H. Perrin
- Author and Subject Indices **182**

VOLUME 5

Author Index

Arnold, B.L. 5, 81

Ball, D.W. 5, 7
Bandy, W.D. 5, 31
Bennett, J.G. 5, 61
Bethards, S. 5, 31

Calmels, P. 5, 69

David, G. 5, 93
Dias, J.M. 5, 75
Domenach, M. 5, 69
Drost, M. 5, 69
Dvir, Z. 5, 93, 99

Ellenbecker, T.S. 5, 3
Everitt-Smith, S. 5, 31

Felicetti, G. 5, 25

Gieck, J.H. 5, 7
Gillquist, J. 5, 19
Goertzen, D. 5, 19

Heinrichs, K.I. 5, 7
Hellwig, E.V. 5, 85
Horvat, M. 5, 15

Kramer, J.F. 5, 37

Lysholm, M. 5, 19

Messner, K. 5, 19
Minaire, P. 5, 69

Nellen, M. 5, 69
Ng, L.R. 5, 37

Perrin, D.H. 5, 7, 81, 85

Rice, M.A. 5, 61
Roberts, H. 5, 31
Roetert, E.P. 5, 3
Ruhling, R.O. 5, 61

Scarborough, G. 5, 31
Strover, A. 5, 99

Tate, S. 5, 31
Timm, K.E. 5, 43

Van Den Borne, I. 5, 69

Walmsley, R.P. 5, 75
Weltman, A. 5, 7

Zelaschi, F. 5, 25

Subject Index

Adduction interaction 5, 61
Anterior knee pain 5, 61
Average moment (torque) 5, 93

CA-4000 arthrometer 5, 19
Clinical instrumentation 5, 43
Computerized evaluation 5, 25
Concentric 5, 7, 69
Contraction period 5, 15

Eccentric 5, 69
Elite junior tennis players 5, 3
EMG VMO/VL ratio 5, 61

Fatigue 5, 81

Girls 5, 15
Gravity correction 5, 85
Gymnast 5, 69

Hamstrings 5, 3
Hand-held dynamometer 5, 37
Hemiparesis 5, 25

Intraclass correlations 5, 31
Intrarater test-retest reliability 5, 31
Isokinetic 5, 7, 25, 69
Isokinetic assessment at multiple speeds 5, 81
Isokinetic dynamometer 5, 37
Isokinetic testing 5, 43
Isokinetics 5, 75
Isokinetics pain 5, 99
Isometric muscle strength 5, 15
Isometric strength 5, 37

Lower extremity isometric dynamometers 5, 31	Reliability coefficients 5, 31
Measurement 5, 7	Reliability via positions 5, 85
Muscle strength 5, 7, 69	Rest intervals 5, 81
Peak moment (torque) 5, 93	Sagittal translation 5, 19
Plica 5, 99	Shoulder 5, 75
Protocol 5, 7	Shoulder rotation 5, 37
Quadriceps 5, 3, 99	Spinal isokinetics 5, 43
Reliability 5, 37, 75	Spinal muscle strength 5, 43
	Stair walking 5, 19
	Training 5, 25

Volume Contents

<i>Publisher's Note</i>	v
Editorial	1
Concentric isokinetic quadricep and hamstring strength in elite junior tennis players T.S. Ellenbecker, E.P. Roetert (Scottsdale, AZ; Biscayne, FL)	3
Effect of protocol and assessment device on isokinetic peak torque of the quadriceps muscle group K.I. Heinrichs, D.H. Perrin, A. Weltman, J.H. Gieck, D.W. Ball (Charlottesville, VA)	7
Comparison of contraction periods to assess isometric muscular strength in elementary school girls M. Horvat (Athens, GA)	15
Sagittal translation of the tibia during stair walking in normal volunteers. Reproducibility of an electrogoniometric method D. Goertzen, M. Lysholm, K. Messner, J. Gillquist (Linköping, Sweden)	19
Functional isokinetic parameters in the hemiparetic patient: training efficacy F. Zelaschi, G. Felicetti (Montescano (Pavia), Italy)	25
Intrarater test-retest reliability of an instrument used to measure back and leg strength S. Bethards, S. Everitt-Smith, H. Roberts, G. Scarborough, S. Tate, W.D. Bandy (Conway, AR)	31
Concurrent validity of isokinetic dynamometer and hand-held dynamometer protocols in assessment of isometric shoulder rotation strength J.F. Kramer, L.R. Ng (Ontario, Canada)	37
Clinical applications of a normative database for the Cybex TEF and TORSO spinal isokinetic dynamometers K.E. Timm (Saginaw, MI)	43
Instructions to Authors	51
International Society of Clinical Isokinetics Newsletter	55
Comparison of two exercises on VMO and VL EMG activity and force production M.A. Rice, J.G. Bennett, R.O. Ruhling (USA)	61
A pilot study of knee isokinetic strength in young, highly trained, female gymnasts P. Calmels, I. Van Den Borne, M. Nellen, M. Domenach, P. Minaire, M. Drost (France, The Netherlands)	69
Intermachine reliability of isokinetic concentric measurements of shoulder internal and external peak torque R.P. Walmsley, J.M. Dias (Canada, Brazil)	75

Effect of repeated isokinetic concentric and eccentric contractions on quadriceps femoris muscle fatigue B.L. Arnold, D.H. Perrin (USA)	81
The mechanical and clinical reliability of the kinetic communicator's gravity correction procedure E.V. Hellwig, D.H. Perrin (USA)	85
Average or peak moment: which of the two is more suitable to represent isokinetic muscle strength? Z. Dvir, G. David (Israel)	93
Quadriceps strength and pain during isokinetic concentric and eccentric contractions before and after arthroscopic excision of synovial plicae A. Strover, Z. Dvir (UK, Israel)	99
Instructions to Authors	103
International Society of Clinical Isokinetics Newsletter	107
Concentric isokinetic knee torque characteristics of female volleyball athletes B.D. Stocker, J. Nyland, D.N.M. Caborn (USA)	111
Concurrent validity and reliability of standing and supine test positions for measuring passive resistive torque of the plantar flexors M.M. Porter, A.A. Vandervoort, J.F. Kramer (Canada)	115
External rotation — best isokinetic movement pattern for evaluation of muscle function in rotator tendinosis. A prospective study with a 2-year follow-up I. Holm, J.I. Brox, P. Ludvigsen, H. Steen (Norway)	121
Pitfalls in isokinetics R.P. Walmsley (Canada)	127
Gravitational and joint loading during isokinetic exercise: rehabilitation considerations V. Baltzopoulos (UK)	131
A comparison of continuous and discrete testing approaches on concentric and eccentric torque production of the knee extensors G.R. Strauss, C. Allen, M. Munt, J. Zanoli (Australia)	135
Selected issues relating to the medicolegal applications of isokinetic dynamometry Zeevi Dvir (Israel)	143
Effects of cutaneous and joint receptors on the in vivo quadriceps femoris torque-velocity relationship B.L. Arnold, D.H. Perrin, D.M. Kahler, B.M. Gansneder, J.H. Gieck (USA)	149
Effect of cold treatment on the concentric and eccentric torque-velocity relationship of the quadriceps femoris K. Catlaw, B.L. Arnold, D.H. Perrin (USA)	157
Instructions to Authors	161
Newsletter	165
Announcement	169
Author, Subject index, Volume contents (Vols. 1-5)	171