

Erratum

Erratum to: Comparison of the effects of deadlift versus back squat on jumping, acceleration, and change of direction

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On page 91, the effect size values in Table 2 were incorrectly given in the original publication. The corrected Table 2 is given below:

Table 2
 Pre- and Post-test result (Mean ± SD)

Variable	Group	Pre	Post	Effect size (95%CI)
Estimated 1RM DL/BW (%)	DL	140.7 ± 21.9	182.3 ± 19.7**	2.01 (1.03–2.99)
	BSQ	140.2 ± 15.1	159.3 ± 21.0**†	1.04 (0.15–1.94)
Estimated 1RM BSQ/BW (%)	DL	139.0 ± 19.6	161.1 ± 21.2**	1.08 (0.23–1.94)
	BSQ	138.4 ± 16.5	173.9 ± 17.6**	2.08 (1.04–3.12)
Hip Extension Maximum Moment/BW (%)	DL	231.0 ± 44.6	233.7 ± 41.1	0.06 (–0.74–0.86)
	BSQ	243.2 ± 38.2	264.1 ± 42.3	0.52 (–0.33–1.37)
Glute Maximus Muscle Thickness (cm)	DL	4.9 ± 0.8	4.9 ± 0.6	0.00 (–0.80–0.80)
	BSQ	5.1 ± 0.4	4.9 ± 0.7	–0.35 (–1.19––0.49)
Hamstring Muscle Thickness (cm)	DL	3.5 ± 0.5	3.5 ± 0.5	0.00 (–0.80–0.80)
	BSQ	3.4 ± 0.4	3.4 ± 0.5	0.00 (–0.84–0.84)
Countermovement jump (cm)	DL	53.8 ± 4.8	55.5 ± 5.3	0.34 (–0.47–1.14)
	BSQ	53.7 ± 6.3	54.5 ± 8.3	0.11 (–0.73–0.94)
10 m Sprint (sec.)	DL	2.02 ± 0.09	1.94 ± 0.08**	–0.94 (–1.78––0.10)
	BSQ	2.05 ± 0.13	1.98 ± 0.13**	–0.54 (–1.39––0.31)
T-test (sec.)	DL	10.2 ± 0.4	10.1 ± 0.3	0.00 (–0.80–0.80)
	BSQ	10.3 ± 0.6	10.3 ± 0.7	0.15 (–0.68–0.99)

DL = Dead Lift, BSQ = Back Squat, BW = Body weight, 95% CI = 95% Confidence Interval. **: Significant ($p < 0.01$) within-group differences. †: Significant ($p < 0.05$) between-group differences for Post-test.