Education for Information -1 (2024) 1-20 DOI 10.3233/EFI-240094 IOS Press CORRECTED PROOF Learning settler colonialism in my K-12 education: A re-search counterstory 2 Isabella Zou 3 Austin, TX, USA 4 5 E-mail: isabellawzou@gmail.com 6 In this essay, I examine how settler colonialism operates in the dominant U.S. K-12 education system through an analysis of my own educational experiences in the Eanes School District in Austin, 7 Texas. Grounded in the analytical frameworks of critical race theory and TribalCrit, the methodology of 8 counterstory (telling marginalized stories in critique of dominant narratives), and my positionality as a 9 second-generation Chinese-American settler, the paper examines how my K-12 education taught me the 10 ideologies that underpin Indigenous dispossession and further settler colonialism's "logic of elimination." I 11 re-search my experiences, from a kindergarten lesson on "Indian drums" to high school textbook readings, 12 to trace how educational practices and curricula reinforce settler colonial ideologies and conscript students 13 into settler society. In conclusion, I discuss decolonial teaching and how it gives students tools to recognize 14 and challenge settler colonial ideologies. 15 Keywords: Settler colonialism, counterstory, K-12 education, Asian-American settler colonialism, Tribal-16 Crit, decoloniality 17 18 The week before Thanksgiving in 2005, I brought a peanut can to kindergarten for 19 a lesson about "Indians." Under the watch of my mom and other parent helpers, we 20 glued neon feathers all around the sides of the cans. We snapped on the plastic lids. 21 Then, our teacher led us all in a music lesson. 22 "Let's! Play! In-dian drums!" 23 We banged on the top of the cans: Boom-boom-boom-boom-boom-boom-boom-24 boom-boom-boom! 25 "LET'S PLAY LOUD!" BOOM-BOOM-BOOM-BOOM. 26 "Let's play soft." boom-boom-boom-boom. 27 "Let's play fast!" Boomboomboomboom. 28 "Let's play slow." Boom. Boom. Boom. Boom. 29 Years later, I came home from middle school to the dinner of 糙米,<sup>1</sup> 菜花,<sup>2</sup> and 红 30 烧肉<sup>3</sup> that my grandparents had prepared. My mom came to sit with us. We talked 31 about school, about orchestra. My mom drummed on the table, and her eyes lit up. 32 "欸? 就是你小时候唱的那首歌?"<sup>4</sup> She sang: "Let's! Play!" I joined in – "In-dian 33 <sup>1</sup>cāomi, brown rice. <sup>2</sup>càihuā, broccoli. <sup>3</sup>hóngshāoròu, braised pork belly.

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<sup>4</sup>éi? jiùshìnǐxiǎoshíhòuchàngdenàshǒugē? oh, remember that song you learned as a kid?

drums!" We banged on the wooden table together: *Boom-boom-boom-boom-boom. Boom-boom-boom-boom.* We laughed.

The "Indian drums" song was part of a program teaching me – and my Chinese 36 immigrant mom – to participate in settler colonialism. English scholar Patrick Wolfe 37 defined settler colonialism as a structure, an ongoing project, driven by a "logic 38 of elimination" that dissolves existing societies in order to create a new society, 39 "destroy[ing] to replace." This makes the elimination of Indigenous nations an "orga-40 nizing principle" of our American settler society that persists in the present, rather 41 than a one-time historical event (Wolfe, 2006, p. 388). In Playing Indian, Philip J. 42 Deloria (Yankton Dakota) describes how false representations of Indigenous peoples 43 like the "Indian drum" activity teach not the "real," but the "ideal," a settler conception 44 of Indigenous peoples that justifies settlers' continued subjugation and occupation of 45 the land, and their oppression of the peoples who stewarded it since time immemorial. 46 My kindergarten lesson is just one example of how the dominant K-12 education 47 system helps form and sustain "ideals" and ideologies that underpin the continued 48 existence of settler society, a continual creation that furthers the logic of elimination. 49 In this essay, I will trace the ways that my K-12 education taught me to participate 50 in settler colonialism. From a kindergarten song to a 5th grade field trip to Longhorn 51 Cavern State Park, from the set of *Little House* novels my parents bought me to a 52 high school English project, this essay will examine how I gained fluency not just in 53 offensive speech, imagery, and stereotypes – but in ideological methods of accepting, 54 participating in, and re-creating systems that perpetuate Indigenous dispossession and 55 white supremacy. Importantly, in this paper I focus on *knowledges* and *epistemologies* 56 advanced by curriculum, and not on the *material structures* of educational systems. 57 True decolonizing work requires the latter as well, but they are beyond the scope of 58 this particular paper. 59

First, I will discuss critical race theory and TribalCrit's analyses of racism and 60 colonization as endemic to society, and I will ground my paper in two points: the 61 non-neutrality of knowledge-production, and the methodology of counter-story. After 62 discussing my positionality, I will spend the bulk of the essay tracing the contours 63 of my settler education, discussing how settler colonialism operates in classrooms 64 through my own experience and across other geographic and temporal settings. I will 65 finally discuss decolonial teaching and how it not only avoids conscripting students 66 into settler colonial ideologies, but also gives them tools to recognize and challenge 67 those ideologies. 68

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### CRT and TribalCrit: Education is not neutral

Critical race theory (CRT) began emerging in the 1970s and 80s as an analytical
 and legal activist framework moving beyond critical legal studies (CLS), which ana lyzed class but lacked an engagement with race, and liberal race discourse, which left
 racial inequity persisting even after the legal victories of the civil rights movement
 (Crenshaw, 2002). It analyzes racism as structural, foundational in the bones of soci ety. One of CRT's core tenets is that knowledge-production is not neutral, rejecting

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(neo)liberalism's principle of neutrality. It asserts that research, education, law, and 77 the way we tell stories about our world shape and are shaped by white supremacy 78 (Crenshaw et al., 1995; Ladson-Billings, 1998; Delgado & Stefancic, 2011; Cren-79 shaw, 2011; Crenshaw et al., 2019). Bryan Brayboy (Lumbee) outlined TribalCrit in 80 response to CRT's omission of an analysis of settler colonialism (Brayboy, 2005). 81 While CRT analyzes racism as endemic to society, he asserts, TribalCrit takes as 82 its foundation that "colonization is endemic to society," meaning that "European 83 American thought, knowledge, and power structures dominate present-day society 84 in the United States" (p. 430). Throughout a history of governmental policies rooted 85 in imperialism and white supremacy, settlers have worked to eliminate Indigenous 86 societies to the point where, he says, dominant members of American society have 87 little awareness of the everyday experiences and lives of Indigenous peoples in the 88 present. Research, education, and other forms of knowledge production have all aided 89 this production of settler colonialism. 90 In his sixth tenet of TribalCrit, Brayboy describes how governmental policies 91 and educational policies have linked in the aim of assimilating Indigenous people. 92 Education (in particular, through boarding schools) has been weaponized as a tool of 93 elimination to break apart Indigenous families, destroy home languages (requiring the 94 use of English instead of their nations' languages), assert the dominance of Western 95

<sup>96</sup> knowledge systems while destroying Indigenous ones, and assimilate Indigenous
<sup>97</sup> children into settler society (Lomawaima, 1995, 1999; Adams, 1995; Trafzer et al.,
<sup>98</sup> 2006).

Education has not only been used as a weapon to target Indigenous people by 99 attempting to eliminate them under settler colonialism, but also as a tool to bring 100 settlers into the ideologies of settler colonialism and white supremacy (Sleeter, 2010; 101 Calderon, 2014). CRT contends that education is not neutral (Ladson-Billings & 102 Tate, 1995; Ladson-Billings, 1998). Ladson-Billings (1998) argues that CRT sees the 103 official school curriculum as "designed to maintain a White supremacist master script" 104 (p. 18). A "master script" silences multiple perspectives and instead "legitimiz[es] 105 dominant, white, upper-class, male voicings as the 'standard' knowledge students 106 need to know" (Swartz, 1992, p. 341). Majoritarian stories, master narratives, or 107 standard stories are stories told about Indigenous peoples, people of color, and all 108 marginalized peoples, and also about the world, that represent and reify dominant 109 ideologies (Solórzano & Yosso, 2002). My "Indian drum" lesson told a majoritarian 110 story about Indigenous peoples as monolithic and primitive, reifying settler colonial 111 ideologies. 112

In their Indigenous studies curriculum guide "Teaching Critically about Lewis and Clark," educators Alison Schmitke, Leilani Sabzalian (Alutiiq), and Jeff Edmundson explain the ways settler dynamics and constructions are traditionally taught through the American K-12 education system. They argue that lessons tend to frame settler colonialism as a neutral-to-positive exploration of new lands and expansion of the American nation, rather than an uneven and eliminatory process of destroying and replacing existing Indigenous societies. When settlers enter Indigenous homelands

with the intent of making those homelands their new home, they need to not only
 make a new dynamic with the existing populations, but make new narratives to justify
 that dynamic – including describing this new civilization as superior, removing any
 mention of harm, freezing Indigenous populations in the past, and portraying them
 as savage and ontologically lower than civilized settlers (Schmitke et al., 2020).
 Education serves as a vehicle for the construction and teaching of these narratives.

Far from being neutral, education remains a vital part of sustaining the process of destroying Indigenous knowledge systems, replacing them with European knowledge systems that are positioned as superior, and crafting narratives that strive to underpin and stabilize the invading settler state.

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### 131 Storytelling & counterstory methodology

Another core contention of both CRT and TribalCrit, as well as Black feminist 132 theory and ethnic studies traditions, is that storytelling and personal narrative is a 133 valuable source of knowledge (Brayboy, 2005; Christian, 1987; Delgado & Stefancic, 134 2011; Archibald et al., 2019). In outlining TribalCrit, Brayboy (2005) asserts a key 135 tenet: "Stories are not separate from theory; they make up theory and are, therefore, real and legitimate sources of data and ways of being." Black feminist literary scholar 137 Barbara Christian wrote in 1987, "People of color have always theorized" – oftentimes 138 in narrative forms that have not been deemed legitimate sources of knowledge by the 139 Western academy (p. 52). 140

Within a critical race theory context, this paper is rooted in the critical race method 141 ology of counterstory, which Solórzano and Yosso (2002) define as the practice 142 of telling marginalized stories, calling it a "tool for exposing, analyzing, and chal-143 lenging the majoritarian stories of racial privilege" (32). Counterstory challenges dominant narratives and counters hegemonic frameworks: it is bound up in a critique 145 of dominant ideology (e.g. liberalism, whiteness, color blindness, settler colonial 146 ism) and an objective of social justice (Martinez, 2020). Delgado (1989) theorized 147 counterstorytelling as helping the oppressed heal while challenging the oppressors. 148 Counterstory can be one way to conduct research without replicating colonial 149 violence onto Indigenous peoples. In her seminal work on Indigenous research, 150 Linda Tuhiwai Smith (Ngāti Awa and Ngāti Porou, Māori) problematizes a history 151 of Western "research" that exerts ontological superiority over Indigenous peoples 152 and extracts knowledge from them in the service of incorporating them into white 153 Western settler systems, institutions, and epistemologies (Smith, 1999). Drawing from 154 her work, Ndlovu-Gatsheni (2017) hyphenates the word into "re-search" to highlight 155 how "research" is not an innocent or neutral pursuit of knowledge, but an active and 156 constantly contended process that can uphold systems like coloniality or work to 157 decolonize knowledge-production. Counterstory as re-search can produce knowledge 158 in a way that works against coloniality. 159

Thus, in this paper, I use counterstory as a re-search methodology. I reject an identitarian liberal multicultural politics that may limit me to investigating my Asian-American experiences to critique anti-Asian racism. Instead, I re-search my own

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experiences to unmask ways that coloniality structures the dominant education system
 and conscripts settlers (including settlers of color) into the settler society on Turtle
 Island.

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### 167 Where I come from

Twenty-four generations ago, my patrilineal ancestors moved from 江西<sup>5</sup> province
to the neighboring 湖南<sup>6</sup> province. For twenty-one generations, they stewarded land
in 益阳,<sup>7</sup> in the north-center of 湖南 province. Up until my grandpa's generation,
they were farmers who specialized in working with 鸬鹚<sup>8</sup> to catch fish in the river.
My grandparents moved from 益阳 to 常德,<sup>9</sup> a day's journey by river and foot, where
my dad was born. My aunts and relatives continue to steward land in both 益阳 and
常德 to this day.

My mom comes from farmers outside  $\pm 2^{10}$  and in  $\Im C \widehat{T}^{,11}$  Since genealogy is traditionally recorded patrilineally in China, I know less about her side: I seek to know more. My parents immigrated from China to America in 1992. They moved to Alabama, then Florida, then Texas.

When I was born, I "inherit[ed] the power to represent or enact settler colonial-179 ism" (Morgensen, 2011, p. 20). What's more, as Saranillio's (2013) work on Asian-180 American settler colonialism argues, in moving to a settler colonial state, migrants 181 can use their political agency to either "bolster" or resist a colonial system begun by 182 white settlers. This paper excavates how my settler education set me up to bolster the 183 system. Taking up J. Kēhaulani Kauanui (Kānaka Maoli)'s concept of "enduring In-184 digeneity" – Indigeneity endures, since Indigenous peoples continually "exist, resist. 185 and persist," and settler colonialism must continually "endure" Indigeneity (Kauanui, 186 2016) – as well as Smith (2012)'s conception of Indigeneity as a praxis of building 187 relationship with land, people, and creation and disinvesting from nationhood, I work 188 to recover my own relationship with the idea of Indigeneity, while striving to relate 189 with the enduring Indigenous peoples of Turtle Island and participate in their struggle 190 for sovereignty. 191

The land that I grew up on in Austin, Texas is the ancestral lands of many Indigenous
 peoples, including the Jumanos, Coahuiltecan, Tonkawa, Numunuu (Comanche), and
 Ndé Kónitsaaíí Gokíyaa (Lipan Apache) peoples. Today, the Jumanos nation now has
 more than 300 people registered and is trying to register for federal tribal recognition;
 the Tonkawa nation has more than 700 enrolled members; the Numunuu nation has
 about 17,000 enrolled members and projects such as language revitalization efforts;

<sup>5</sup>jiāngxī, Jiangxi.
<sup>6</sup>húnán, Hunan.
<sup>7</sup>yìyáng, Yiyang.
<sup>8</sup>lúcí, cormorant.
<sup>9</sup>chángdé, Changde.
<sup>10</sup>shànghǎi, Shanghǎi.
<sup>11</sup>liáoníng, Liaoning.

and the Ndé Kónitsąąíí Gokíyaa (Lipan Apache) nation has about 4,500 enrolled
members and many ongoing projects, including creating protective infrastructure
around a sacred burial grounds in what is colonially known as Presidio, Texas, a
project just completed in the spring of 2024 ("Jumanos", 2004; Olvedo, 2016; *About Accomplishments*; Rosenthal, 2024). The land I grew up on is not mine, and as I learn
about where and whom I come from, I hope to build better relationships with it and
those who have stewarded it long before I arrived.

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#### 206 *My education as a case study*

I went through a public school system that had extensive resources. The Eanes 207 Independent School District was established in 1958 and now spans six elementary 208 schools, two middle schools, and a high school (*History*). Westlake High School was 209 established in 1969 by white people avoiding integration after Brown v. Board of 210 Education (Spong, 2005). In the 2022–23 school year, out of 2,825 students, 63.2% 211 were white and 0.8% were Black, in a state where 25.6% of students were white and 212 12.8% were Black (2022–23). 0.1% were reported as "American Indian," a label that 213 itself exemplifies the settler gaze on Indigenous peoples. According to Niche, the 214 district spends an average of \$24,109 per student, as opposed to a national average of 215 \$12,239. Growing up, Westlake was known as one of the best public schools in the 216 area – and the richest, and whitest. 99% of graduating seniors go directly to a four-year 217 college. Considering this, my education makes me a case study for how a materially 218 well-resourced education teaches ideologies that uphold settler colonialism. 219

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# Learning settler colonialism



Decorating "Indian headbands" in kindergarten at Forest Trail Elementary School. 2005.

In this photo, I'm five years old, and we're having another Thanksgiving week lesson about "Indians." We've decorated headbands with brightly colored paints and neon feathers. Our parents are there as volunteers to help coordinate the activities (my mom took this photo, and in the corner one of my classmates clings to a parent). This means the activities have the support of our closest, most trusted authority figures. We've also decorated sugar cookies with sprinkles, which we're snacking on as we put

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on our finished headbands. It's a normal, everyday activity of learning about settler
 colonialism.

Deloria's (1998) concept of the "ideal" – "a collection of mental images, stereo-230 types, and imaginings based only loosely on those material people Americans have 231 called Indians" - forms the material with which settlers construct ideas of the "Native" 232 and put them to use in defining the settler nation (p. 20). Our Thanksgiving week 233 activity was a lesson in the "ideal" (an idea of primitive people in the past wearing 234 feathers), not the "real" (what kind of spiritual and political purposes did a headdress 235 traditionally play for Lakota peoples, for example, and what do they play now?). In 236 turn, it allowed us to assume a position as civilized, present producers of knowledge. 237 Deloria traces how Indigenous peoples have been constructed as exterior to 238 colonists, or interior to the nation, depending on what has aided settler colonial-239 ism. In 18th-century America, they were constructed as "exterior" so that the new 240 settlers could self-define against "Indians" as British colonizers. But later, as these set-241 tlers opposed themselves to England and British identity, they constructed Indigenous 242 peoples as "interior" to America. This allowed them to buttress their self-definition as 243 American against the British, as well as gain access to aboriginal belonging (p. 21). 244 As they did so, Americans constructed Indigenous peoples as "savage" – an idea the 245 settlers could then position themselves against to self-define as civilized. This created 246 competing desires: an "urge to idealize and desire Indians and a need to despise and 247 dispossess them" (p. 4). 248

These narratives, as well as the aforementioned described by Schmitke et al. (2020)
 Manifest Destiny as a positive expansion, Western superiority over Indigenous
 societies, erasure of harm, freezing the Indigenous peoples in the past, portraying In digenous peoples as ontologically lower than civilized settlers – resonated throughout
 my education.

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## 255 *Settler colonialism in my education*

In third grade, we played Oregon Trail, a popular video game set up on the school's
desktop computers. The player embodies a family of white settlers traveling in a
covered wagon from Independence, Missouri to Oregon's Willamette Valley in 1848.
Along the way, you trade, buy goods, cross rivers, and avoid natural disasters. You
can "hire an Indian to help" at a river crossing. Otherwise, Indians are considered a
threat.

At the end of the school year, we completed the 3rd grade capstone activity: we built our own covered wagons with red kids' wagons, hula hoops, and canvas cloth, dressed up as Westward-bound settlers, and paraded through the entire school. All the other grade levels came out of their classrooms to sit along the hallways and clap. In music class, we learned the song "Go West." The opening goes: "Go west, young man. Go west, young woman. Go west and seize the day!" (Emerson & Jacobson, n.d.). The song was stuck in my head for years.

These activities taught me about the journey of American settlers westward through the lens of a survival adventure. The settlers were constructed as heroes who faced

life-or-death risks to make better lives for themselves in the new land of the West, 27 which was unoccupied and ripe for the taking. On the other hand, Indigenous people 272 were constructed as already interior to the new nation but savage, and existed either 273 to harm civilized people or to help the settlers safely cross the rivers they mystically 274 knew so well. The video game and activities taught me Manifest Destiny as a positive 275 ideology, where people were doing their duty as Americans to expand the frontier 276 and claim new land, make a better life for themselves, and improve the nation. We 277 embodied that as we marched the hallways of the school; we were individual heroes 278 who would "seize the day" triumphantly, at no consequence to others. 279

We also learned ideologies that freeze Indigenous peoples in the past and erase 280 their presence. On our 5th grade trip to Longhorn Cavern State Park, we read signs 281 that described the geological history of the place, but entirely neglected to mention 282 the existence of Numunuu (Comanche) and other Indigenous peoples in relation to 283 the caves. "Some of the earliest visitors were the area's prehistoric peoples, who 284 used parts of the cave for shelter," the pamphlet today reads. "Anglo settlers found 285 the cavern in the mid-1800s and began mining bat guano" (*Inks*). The language of 286 'visitors" implies that the land was not claimed or truly occupied by anyone prior to Anglo settlement, and the word "prehistoric" places Indigenous peoples before 288 well before civilized time. As we looked at the beautiful, glistening natural caves 289 now, it felt like Earth was back to its pristine, human-free, prehistoric state – just 290 like the settlers must have found it. In reality, Numunuu people were still resisting 29 Anglo settlement of the area throughout the 1800s. After the annexation of Texas into 292 statehood in 1845, there was material federal support for the ongoing state efforts 293 to subdue the Numunuu nation. Settlers made and broke treaties with them, and 204 ultimately waged war until 1875 (Hämäläinen, 2008). 295

Besides geography and history, I was taught settler colonial ideas through literature 296 as well. In kindergarten, we sat on the carpet in front of my teacher's rocking chair 297 as she read to us Little House In the Woods, by Laura Ingalls Wilder. I loved it 298 I continued reading the next book in the series: Little House on the Prairie. I was 299 entranced by the process of boiling maple and pouring it on snow to make maple 300 candy. I felt Laura's fear when two "naked, wild men" approached the house and 301 entered, making "harsh sounds" and smelling terrible – Laura hides as they eat Ma's 302 cornbread and take Pa's furs (Wilder, 1935, pp. 134–141). I breathed a big sigh of 303 relief when they left. I devoured the rest of the series, and read all the books again 304 several times throughout my childhood. 305

I had no idea that it was illegal for Laura's family to be there, on the Osage 306 Diminished Reserve, which had been established and already drastically reduced 307 in size by several rounds of treaties – and that the family's presence represented a 308 continual, messy push westward by white settlers who were breaking those treaties. 309 As Kaye (2000) writes, the little house had been constructed on Osage land, using 310 their lumber, without permission. The Osages would "quite naturally see Pa's trapping 311 as another economic raid on their way of life as well as an affront to the ceremonial 312 relationship between the Osages and their animal kin" (p. 133). 313

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Kaye writes that the danger isn't just in the explicitly harmful language in the 314 book, but in the superficial sympathy that Laura and Pa express for them. Pa explicitly 315 rejects the common statement (popularized by war general Richard Pratt) that the 316 'only good Indian is a dead Indian," instead citing "one good Indian" who prevented 317 others from attacking – a statement that can soothe the reader's consciousness while 318 masking a deeper layer of ideological work (p. 126). Overall Laura's family is cast 319 as making the most of an unfortunate, but inevitable situation, even as they illegally 320 squat on Osage land. 321

In her blog analyzing North American Indigenous peoples in children's literature, Nambé Pueblo scholar Debbie Reese identifies many more "ideal" representations in 323 the Little House series – a "very old Indian" who tells Pa, "Heap big snow come," and 324 holds up fingers to say it will last for "many moons"; a passage where Pa tells Laura 325 childhood stories of pretending to "stalk[] the wild animals and the Indians; and more. 326 These present the stereotypes of a nameless and tribeless "wise Indian" who speaks 327 in broken English to help the white settler, and equate Indigenous peoples with "wild 328 animals" to be hunted for play by their ontological superior. Reese writes that the 329 book series' "status and place of nostalgia in the minds of so many Americans" makes these representations particularly insidious. As I read these books I loved so much, 331 inhabiting a settler point of view, I absorbed narratives that constructed Indigenous 332 peoples as inferior to the settler, sometimes a threat, sometimes a help, always other. 333 334

335 State curriculum

Arching over the individual instances that I experienced, the state curriculum standards themselves facilitate the erasure and ontological lowering of Indigenous peoples. The Texas Essential Knowledge and Skills (TEKS) are Texas' curriculum standards, set by the Texas Education Agency. Although they do not dictate the precise methods of individual teachers, they set the expectations for the course content: textbooks are written to match the standards, and passing the state's standardized tests requires these skills.

In the TEKS for 7th grade Texas History, across the historical events and issues 343 that students are expected to know from 1519 (the first Spanish settlement) to the 344 present day, there are only two content standards that explicitly reference Indigenous 345 peoples: "compar[ing] the cultures of American Indians in Texas prior to European 346 colonization," and identifying "the effects of westward expansion on American Indians" (*Chapter 113B*, 2019, pp. 7, 9). This relegates Indigenous peoples to the past 348 and makes their significance relative to, and prior to, contact with Europeans. It 349 erases their experiences throughout ongoing processes of settlement, centering settler 350 perspectives. The second and only other time they are mentioned, westward expansion 351 is framed as a neutral process that had "effects" on Indigenous peoples as passive 352 recipients, rather than a motivated process that inherently necessitated eliminating 353 them. There is no mention of Indigenous nations or communities in contemporary 354 times, contributing to the "freezing" of them in the past and their continued elimi-355 nation. Amid 56 named European and American colonizers in the standards, only 356

three Indigenous Americans are named: Quanah Parker (Numunuu), Chief Bowles
 (CWY),<sup>12</sup> and Amado Peña Jr. (Yoeme).

In my 8th grade U.S. history classroom, my teacher drilled into us that Jamestown 359 was founded in 1607. "Jamestown!" she yelled. "1607!" we yelled back. At various 360 times while teaching, she would suddenly stop and yell, "Jamestown!" "1607!" we 361 yelled back. The date was ingrained into us as the beginning of U.S. history. The 362 first date that the 8th grade U.S. History standards require students to learn is "1607, 363 founding of Jamestown" (p. 14), and the first "major era" students are required to learn is "colonization" (p. 13). This completely erases the histories of Indigenous 365 peoples since time immemorial. When discussing this first major era, the standards ask 366 students to identify the "causes of" and "reasons for" colonization, but not the violent 367 processes towards Indigenous peoples that it inherently entailed. In the one and only 368 explicit mention of Indigenous peoples, students are asked to "analyze the reasons 369 for the removal and resettlement of Cherokee Indians during the Jacksonian era" 370 another exercise requiring students to identify with the settlers and their motivations 371 rather than with Indigenous people (pp. 14–15). Not a single Indigenous person is 372 named in these standards. 373

Texas is not alone in this. A 2015 sociological study conducted by researchers at Pennsylvania State University found that across the nation, 87 percent of social studies standards involving Indigenous peoples are about their pre-1900 history, demonstrating how the education system confines teaching about Indigenous people to the far past. 27 states did not name a single individual Indigenous person in their history standards (Shear, 2015).

Infamously, every year for decades in California, all fourth graders in the state 380 have spent weeks making a model of a colonial mission complex out of sugar cubes, 38 popsicle sticks, or store-bought kits. The practice only just started being explicitly 382 discouraged by the Californian Board of Education in 2016 in their new history 383 curriculum standards (Graff, 2017). "Building missions from sugar cubes or popsicle sticks does not help students understand the period and is offensive to many," the new standards read (*History Social Science*). But the practice still continues at some 386 schools, fueled by nostalgia, tradition, or lack of resources for teachers to develop 387 alternatives (Imbler, 2019). For decades, this project taught Californian students about 388 the beautiful architecture of missions without mentioning the violence they facilitated 389 against Indigenous populations. It taught students to inhabit the perspectives of settler 300 colonizers, and gave the impression of the missions as an idyllic sanctuary for the Anglos and Natives who lived there together in harmony. Gutfreund (2010) writes 392 that, rather than saying anything about actual history, this idealized image of Spanish 393 colonialism was a "conscious creation by Anglos" (p. 163). The image was crafted 394 starting from paintings of missions by William Keith and Edward Deakin in the 1870s, 395

<sup>&</sup>lt;sup>12</sup>The standards use their Anglicized names: their names in Numu Tekwapu and CWY are Kwana and Di'wali respectively.

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and continuing with the 1920 film *The Mark of Zorro*, which was shot among the ruins
 of Mission San Juan Capistrano, reinvigorating public nostalgia for the crumbling
 structures (Imbler, 2019). Bringing students into these images not only teaches them
 incorrect history, but also reduces their ability to handle complexity in the world and
 in their community.

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### 402 Supporting ideologies

I learned settler colonial ideologies not only through teachings of settler conceptions of "the Native," but also through supporting, co-constituting, and intertwined white supremacist ideologies. I will briefly sketch out two of these – Eurocentrism and militarism – and describe how they taught me to devalue knowledge systems that are not European, and to construct the non-Western "other" as expendable, ultimately supporting coloniality.

#### 410 Eurocentrism

Throughout my education, I, a Chinese-American, was taught to see the world through the eyes of the white West. Eurocentrism, the ontological privileging of Western knowledge and knowledge systems, is a driver and an ongoing process of colonization (Brayboy, 2005). Colonization privileges European thought systems over other thought systems, asserting their "moral and intellectual superiority" (p. 432).

W. E. B DuBois uses the term "double consciousness" to describe Black people's 416 experience of "always looking at one's self through the eyes of others." Throughout 417 my life, I was seeing myself through my own eyes, and through the eyes of a dominant 418 white order, and chafing in the friction of these perceptions. Everyone knew the Great 419 Famine in Ireland; no one knew the Great Famine in China that almost killed my 420 grandparents. Eurocentrism created fragmentation in me (between forms and layers of 421 my knowledge, between my embodied experiences and the institutionally described 422 world) and helped me participate in the subjugation of other knowledge systems, 423 including my own.

At the end of my Pre-AP World Geography class in 9th grade, we did a project where we picked a book from a list and wrote a book report analyzing it according to geographical terms. I didn't see anything on the short list that called to me, so I went to the long list of approved books on our library's website. I saw a book with three Chinese women on the cover: *Wild Swans*, by Jung Chang.

As I read, I felt something click. It was my first time learning anything about
Chinese history in school. It contextualized so many of the tidbits of stories I'd heard
from my parents and grandparents over the years: mom repeating "万岁毛主席"<sup>13</sup> at
the store, 姥姥<sup>14</sup> having her braids cut off and high heels cut off in the streets because
they were too Western, 爷爷's<sup>15</sup> siblings dying of starvation during the hard years.

<sup>15</sup>yéye, grandpa.

<sup>&</sup>lt;sup>13</sup>wànsuìmáozhǔxí, *long live Chairman Mao*.

<sup>&</sup>lt;sup>14</sup>lǎolao, grandma.

Through the book, I learned about the Cultural Revolution, and I learned about the Great Famine in China from 1959–1961, when there were many millions of deaths. Seeing some of my home knowledge contextualized in the world of institutional knowledge, which had been constructed as "legitimate" knowledge, I felt a new congruency – a feeling that cast the lifelong omission into sharp relief. My only time to encounter any Chinese history formally again was a brief mention in the AP World History textbook the next year.

I learned that there was one world region that mattered. Even within the AP curriculum, there was AP European History and AP US History, but no AP East Asian History or AP Latin American History – everything that wasn't European or American was lumped under AP World History. I started to realize that there wasn't a real pedagogical reason we didn't have a class called AP Chinese History. This subtly taught me that Europe was the center of world power and of life experiences worth studying.

Throughout my years playing Tchaikovsky, Rachmaninoff, Mozart, and Bach in 449 orchestra, I learned that all great music is written in the West by white men. We 450 also learned that math and science are neutral and objective, and that the center 451 of scientific development and progress has always been Europe (no matter that the 452 Greek foundations of European mathematics are actually based on Black Egyptian 453 civilization; the Pythagorean Theorem was used in ancient Babylon and proved in 454 China at least 1300 and 500 years respectively before it was proved in Greece; and so 455 forth) (Diop, 1991; Joseph, 1997). 456

These omissions and emphases ingrained Eurocentrism in me, and cumulated 457 towards my internal development of an ontologically disdainful gaze towards non-459 European knowledge systems (that, for example, value the land and the nonhuman beings). Teaching that the world's advancements were created, developed and honed 460 by white people reinforced the idea that Western civilization has always been the 461 most progressed, and as a result was justified in its violent conquests and in imposing 462 its "civilized" ideas in America and in other "primitive" areas of the world. At the 463 same time, it created fragmentation in me – it distanced me from possible sources of 464 knowledge I had, from my family's and Chinese-American community's stories to 465 the artwork in my house that wasn't Western and the books at the local library that 466 weren't "classics." 467

468

### 469 *Militarism*

I was taught to accept and sympathize with American imperialism and America's 470 colonial projects abroad, including its continued, violent occupation of Puerto Rico, 471 Guam and other territories. I was trained to construct the "other" as inferior, yet a 472 threat, a construction that supports the superiority and longevity of US state power. 473 Smith (2012) argues that war, anchored by what Edward Said theorizes as "Orien-474 talist" constructions of "the other" as simultaneously inferior and threat and therefore 475 in need of elimination, is one pillar of white supremacy at play with settler colonial-476 ism. Byrd (2011) argues that this Orientalist view was cast in the production of the 477

I. Zou / Learning settler colonialism in my K-12 education: A re-search counterstory 13 'Indian" since the inception of the US settler colonial project, and is extended and 478 projected onto other nations in its imperialist projects to this day. War, underpinned 479 by ontologically lowering constructions of the "other," is constitutive of the US settler 480 state – and my education taught it in a way that justified it. 481 In my AP English Language course in junior year, we did a semester-long project 482 called the "Vietnam Project." We studied a book called *The Things They Carried*. 483 by Tim O'Brien. At the same time, we were each assigned an American veteran of 484 the Vietnam War who died in combat. We researched them, finding out as much as 485 possible about their lives before the war, how they performed in the war, how they died, and so on. We tracked down and interviewed family members, former platoon 487 members, and anyone we could find. We took this information and created video 488 tributes to them. Through this project, we inhabited the suffering of American soldiers 489 and understood it as the principal cost of the Vietnam War. The reading and the project 490 were exercises in feeling out and internalizing the humanity of another American and 491 witnessing the impact of a historic event on American individuals. We weren't asked 492 to empathize with the Vietnamese civilians and soldiers who suffered at the hands 493 of the American military. We learned little about the historic context of the war or how larger American political decisions and attitudes about Communism created the 495 conditions of war and worsened them. 496 Another pedagogical tool that taught militarism and justified American colonialism 497 was our textbook. The widely-used US history textbook that I read was called The 498 American Pageant – the publisher of the book, Cengage, told CBS News in 2020 that 499 more than five million students learn from it each year (Luibrand, 2020). Loewen 500 (2007) analyzed 18 US history textbooks as "works of history and ideology" (p. 31). 501 Textbooks, and required textbook readings, dominate history classrooms more so than 502 any other subject – making history class comprised of facts to be learned, bestowed 503 by a god-like textbook narrator, rather than an opportunity to develop critical thinking 504 and inquiry skills. (In no other field, Loewen points out, do college professors assume 505 that students were mistaught in high school.) In AP US History, I consumed my 506 required readings as facts, answered my multiple choice questions and never thought 507 to question the material on which I was being tested next Friday, two periods after my 508 physics exam. 509 Chapter 39 of The American Pageant, "The Stormy Sixties," provides a very 510 abbreviated survey of US foreign policy. It describes Laos as a "jungle kingdom" that 511 the Eisenhower administration had "drenched ... with dollars" but "failed to cleanse 512 ... of an aggressive communist element." Laos, the textbook said, was "festering 513 dangerously" after the end of French colonization (Bailey et al., 2015, p. 920). This 514 creates an image of Laos and Southeast Asia as an uncivilized backwater, a dangerous 515 breeding ground for the poisonous ideology of communism – which then supposedly 516 justified the US's war in Vietnam. 517

The chapter paints the US as heroes "pumping dollars" into and giving "handouts" 518 to other countries. However, it laments that "American handouts had little positive im-519 pact on Latin America's immense social problems" (p. 921), framing it as inevitable: 520

despite the hero's best efforts, the countries' inherent problems persisted. It does not 52 discuss the US' direct role in creating political instability and social problems by 522 interrupting democratic processes, staging coups and installing right-wing political 523 leaders whose policies favored US business interests in places like Guatemala, Bo-524 livia, Cuba, Chile, and Nicaragua. Instead the textbook's description seems to warrant 525 and justify continued US militarism in Latin America. 526 As I went through history classes in high school, I came away with the belief 527 that the US had never lost a war. I felt a sense of security knowing that our nation 528 was the strongest nation on Earth, and that our efforts domestically and abroad were 529 always moving along a teleology of progress and civilization – even if they sometimes 530 required violence. This trained my own Orientalist gaze denigrating non-Western nations and those that fall outside the front edge of this teleology, including the 532 'primitive" peoples of America's "past," as inferior. 533 534 Conclusion: What does decolonial teaching and learning look like? 535 Only in college, by stumbling into ethnic studies, did I begin to see the ideologies 536 that I'd been taught. But the vast majority do not have access or support to study 537 ethnic studies materials, nor should higher educational institutions be the first and 538 primary site of critical study. 539 Since 2015, Washington state law has required all public K-12 schools to teach 540 the tribally developed Since Time Immemorial: Tribal Sovereignty in Washington 541 State curriculum – or an alternative tribally-developed curriculum (Elementary Cur-542 riculum). As an example, the first lesson plan in the "Honoring the Salmon" lesson 543 track for elementary schools, meant for kindergarten to 3rd graders, starts off with an 544 activity: 545 "Raise your hand if you: 546 Have seen salmon in rivers and/or streams 547 Have eaten salmon 548 Like salmon 549 Have read books about salmon Have been fishing for salmon Have read books about salmon or learned about salmon in school" (Honoring 552 Salmon, p. 2). 553 Then students read the story "Salmon Boy," a Traditional Story told by Haida and 554 shíshálh nations and other nations across the Pacific Northwest about a boy who 555 disrespects the salmon and in turn is transformed into a salmon and taken in by the 556 Salmon People. Students discuss what they learn ("What did Salmon Boy learn from 557 the salmon people? What can we learn from the salmon people?"). This lesson has 558 students connect their existing knowledge of and interaction with salmon with that of 559 Indigenous peoples' enduring knowledge, stories, traditions, and relationships with salmon. This helps build a more healthy and intentional relationship with a material 561 aspect of students' lives, from the basis of Indigenous knowledge. 562

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Argentinian theorist Walter D. Mignolo describes decoloniality as an epistemo-563 logical project whose goal is for colonized peoples globally to "delink in order to 564 re-exist" – to first delink from Western structures of knowledge and relations in order 565 to then re-establish existence on their own terms (Mignolo, 2017). As Brah (2022) 566 writes, decoloniality "enables us to prioritize and foreground regimes of knowledge 567 that have been sidelined, ignored, forgotten, repressed, even discredited by the forces 568 of modernity, colonialism, imperialism, and racial capitalism" (p. 15). Decolonial 569 education can be understood as foregrounding Indigenous and other marginalized 570 modes of knowledge, and in an American context, works towards material decol-57 onization. As Sleeter (2010) puts it, we must "critically examine that knowledge 572 [traditional school curricula] and its relationship to power, recentering knowledge 573 in the intellectual histories of indigenous peoples". Just as settler colonialism and 574 white supremacy are intertwined, so must decolonial education be with anti-racist 575 education. Anti-racist education challenges white supremacy through both curriculum 576 and pedagogy and avoids conscripting students into white supremacist ideologies 577 *while* teaching them to recognize and challenge existing ideologies. Together, the 578 goal is to provide students the agency to act from the power of their own knowledge to value their own embodied and cultural knowledge, to gain tools to work through 580 the sea of ideologies given to them by textbooks, classes, news media, and other sites 581 of socialization, to see their relatives instead of "the other," and work towards right 582 relations and a just future. 583 Even as we challenge dominant epistemologies and majoritarian stories that support 584

<sup>584</sup> ideologies of settler colonialism and white supremacy, Tuck and Yang (2012) vitally <sup>586</sup> remind us that "decolonization is not a metaphor." The goal of decolonization in <sup>587</sup> America is land back: "the repatriation of Indigenous land and life" (p. 21). Decolonial <sup>588</sup> education work must be a part of that, not a substitute that enlightens settlers while <sup>589</sup> preserving settler futurity and Indigenous dispossession. How decolonial education <sup>590</sup> can explicitly contribute to material decolonization, and what decolonial work against <sup>591</sup> and outside the formal classroom looks like, are subjects for much further study and <sup>592</sup> action beyond the limits of this paper.

In the meantime, teachers can and are already working towards change, starting in their own classrooms. I will discuss examples in Connecticut and Texas – places where I've lived, gone to school, and reported – but there are countless more examples across the nation.

In Connecticut, Nataliya Braginsky's African and Latinx studies class researched 597 the significance of local sites in Black, Indigenous, and Latinx history – like a 598 local park where Frederick Douglass spoke to Black soldiers preparing for the Civil 599 War, and the popular hiking area now known as Sleeping Giant that has roots in 600 a Quinnipiac Traditional Story – and created a virtual walking tour representing a 601 "Black, Indigenous, and Latinx Peoples' History of New Haven" (A Black). One 602 student who researched the park, Fair Haven's Criscuolo Park, told his teacher, "I go 603 there all the time to play basketball, and I get shivers now, knowing that Frederick 604 Douglass was there" (Zou, 2020). 605

Through the Anti-Racist Teaching and Learning Collective (an educational organiz-606 ing collective where I have worked), hundreds of teachers in Connecticut are gathering 607 to develop anti-racist curriculum and pedagogical strategies, attend webinars on topics 608 like teaching Asian-American studies and teaching Indigenous studies, brainstorm 609 and troubleshoot pedagogical ideas through Communities of Practice, and support 610 each other in implementing these practices. Teachers are thinking through how to 611 teach ballet in a way that affirms all bodies, jazz technique in a way that highlights the 612 political implications of improvisation, and agriculture in a way that respects plants 613 as beings and not just as objects of human consumption (*Stories*). 614

Through the "Teaching about Race and Racism Across the Disciplines" seminar at 615 the Yale-New Haven Teachers Institute, teachers have developed curricular projects 616 including reworking an AP US History course to center Indigenous peoples' histories, 617 presents, and future possibilities; creating literature lessons about Afro-Futurism; 618 reteaching an international relations course from colonized people's perspective; 619 writing a unit on histories of segregation and law in New Haven; and developing 620 an art unit focusing on Confederate monuments to think about art making and art 621 reception (*Teaching*). 622

In Texas, where critical education is being actively legislated against, Luke Am-623 phlett begins his AP US History course with a painting by Titus Kaphar depicting a 624 painting of Thomas Jefferson being peeled back to reveal Sally Hemmings, one of the 625 people he enslaved and the mother of six children he fathered – and discusses with 626 his students why it is that they know Jefferson but not Hemmings. He and elementary 627 school teacher Alejandra Lopez founded PODER, the social justice caucus of the San 628 Antonio teachers' union, to hold monthly teacher-led trainings and resource-sharing 629 on critical pedagogies (Zou, 2021). An Austin area teachers' network Educators 630 in Solidarity connects anti-racist educators and holds a yearly conference for the 631 exchange of ideas on topics like reimagining discipline and incorporating rest in the 632 classroom (Fall '22 UnConference). 633

Critical education can happen outside the formal classroom too. ISTEAM (Indigenous STEAM), based in Chicago and Seattle, is a collaborative that runs a free 635 summer camp for Indigenous youth and provides open-access learning activities 636 online for families to do together, focused on building relationships with plants. 637 water, food, and birds. For example, one activity, called "Walking Land: Making Plant 638 Relatives," asks participants to go on a walk together, notice their "plant relatives," 639 document observations, and discuss questions like: "What role does this plant play in 640 this place? What is our role in this place? How are these roles related? How do we 641 know?" (Walking Land). These activities center and develop Indigenous knowledge 642 systems, and operate outside the formal institution of the school. 643

All these practices can help teach students to grapple with the complexity and
 conflict they see all around them, training them not to constantly consent to the
 violence being enacted on and around them.

#### 648 Coda

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Caribbean feminist scholar M. Jaqui Alexander formulates colonization not only as

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exploitative and violent practices that shape a political reality, but also deep internal 650 processes of fragmentation (Alexander, 2012). It is linked to "divisions among mind, 651 body, spirit; between sacred and secular, male and female, heterosexual and homo-652 sexual: in class divisions; and in divisions between the erotic. The endless division of 653 colonization causes "material and psychic" fragmentation and dismemberment. Be-654 cause of this, she writes, the work of decolonization has to address our "deep yearning 655 for wholeness" and belonging (p. 281). In my time learning settler colonialism and 656 white supremacy in the US education system, I felt fragmented, distanced from my 657 body, distanced from my knowledges, distanced from real knowledge about the land 658 that I'm on. 659

At the time of writing this, I have spent the past year living in China for the 660 first time, learning in ways that are "de-linked" from American institutions and 661 epistemologies: slowly building deeper relationships with my language, land, rituals, 662 ancestors, histories, and creation stories. I have been physically moving on and with 663 the land that my family stewarded for many generations, following my aunts in burning 664 joss paper at the bottom of my ancestors' graves, studying Chinese cosmologies (including origin stories and ways with time) with a friend who teaches Chinese 666 literature. As I learn more and more about the places, stories, and people that I 667 come from, lands where I have "creation stories, not colonization stories" (Tuck & 668 Yang, 2012, p. 6) about how I came to be there, I feel my own investment in finding 669 belonging within the current US settler state lessening. Knowing more about where I 670 come from and feeling hints of "wholeness" is making it fundamentally clear to me 671 how a basis of dispossession and elimination is a deeply unstable way to be in a place 672 and to relate with land- and people-relatives. Decolonial and anti-racist education has the power to help us practice right relations with "humans and all creation" (Smith. 674 2012), including pursuing land back for Indigenous peoples and journeying towards 675 wholeness in ourselves. 676

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